

CORE COMPETENCIES

Our college strictly adheres to the guidelines set by the Dental Council of India (DCI) and Kerala University of Health Sciences (KUHS) regarding the clinical competencies required in the field of dentistry.

Upon admission, the students are introduced to various departments that provide excellent oral health care to the patients. Throughout the course, students are assigned to different departments for a specific period of time. During the posting in each department the students are informed about the clinical competencies to be developed at the end of the course and they are directed to acquire the same. To meet the required guidelines, students are encouraged to complete the required quota of cases in each department under the supervision of the concerned faculty.

After the completion of undergraduate training programme the graduate shall be competent in the following

- **General skills**

- Apply knowledge and skills in day to day practice
- Apply principles of ethics
- Analyze the outcome of treatment
- Evaluate the scientific literature and information to decide the treatment
- Participate and involve in professional bodies
- Self-assessment and willingness to update the knowledge and skills from time to time
- Involvement in simple research projects
- Minimum computer proficiency to enhance knowledge and skills
- Refer patients for consultation and specialized treatment
- Basic study of forensic odontology and geriatric dental problems

- **Practice management**

- Evaluate practice location, population dynamics and reimbursement mechanism

- Coordinate and supervise the activities of allied dental health personnel
 - Maintain all records
 - Implement and monitor infection control and environmental safety programs
 - Practice within the scope of one's competence
- **Communication and community resources**
 - Assess the patient's goals, values and concerns to establish rapport and guide patient care
 - Able to communicate freely, orally and in writing with all concerned
 - Participate in improving the oral health of the individuals through community activities
- **Patient care- Diagnosis**
 - Obtaining patient's history in a methodical way
 - Performing thorough clinical examination
 - Selection and interpretation of clinical, radiological and other diagnostic information
 - Obtaining appropriate consultation
 - Arriving at provisional, differential and final diagnosis
- **Patient care- Treatment planning**
 - Integrate multiple disciplines into individual
 - Comprehensive sequence treatment plan using diagnostic and prognostic information
 - Able to order appropriate investigation
- **Patient care- Treatment**
 - Recognition and initial management of medical emergencies that may occur during dental treatment
 - Perform basic cardiac life support
 - Management of pain including post-operative
 - Administration of all forms of local anaesthesia
 - Administration of intra-muscular and venous injections
 - Prescription of drugs, pre-operative, prophylactic and therapeutic requirements

- Uncomplicated extraction of teeth
- Trans-alveolar extractions and removal of simple impacted teeth
- Minor oral surgical procedures
- Management of orofacial infections
- Simple orthodontic appliance therapy
- Taking, processing and interpretation of various types of intra-oral radiographs
- Various kinds of restorative procedures using different materials available
- Simple endodontic procedures
- Removable and fixed prosthodontics
- Various kinds of periodontal therapy

Oral Medicine and Radiology

On completion of the undergraduate training programme the graduate should:

- Be able to identify the common dental problems like dental caries and periodontal disease and their sequelae
- Be able to differentiate the normal variations and oral mucosal lesions
- Be able to identify pre cancerous and cancerous lesions of the oral cavity and refer to the concerned specialty for their management.
- Have an adequate knowledge about common laboratory investigations and interpretation of their results.
- Have adequate knowledge about medical complications that can arise while treating systemically compromised patients and take prior precautions/ consent from the concerned medical specialist.
- To formulate a clinical diagnosis, order investigations, seek expert consultations to come to a final diagnosis and chart out a proper treatment plan for patients with oral lesions.
- Have adequate knowledge about radiation health hazards, radiation safety and protection.
- Be competent to take intra-oral radiographs and interpret the radiographic findings
- Gain adequate knowledge of various extra-oral radiographic procedures, TMJ radiography and sialography.
- Be aware of the importance of intra- and extra-oral radiographs in forensic identification and age estimation.
- Be familiar with jurisprudence, ethics and understand the significance of dental records with respect to law.

Oral & Maxillofacial Surgery

On completion of the undergraduate training programme the graduate should:

- Be able to apply the knowledge gained in the basic medical and clinical subjects in the management of patients with surgical problems.
- Be able to diagnose, manage and treat patients with basic oral surgical problem
- Have a broad knowledge of maxillofacial surgery and oral Implantology.
- Be familiar with legal, ethical and moral issues pertaining to patient care and communication skills.
- Have acquired the skill to examine any patient with an oral surgical problem in an orderly manner.
- Understand and practice the basic principles of asepsis and sterilization.
- Be competent in the extraction of the teeth under local anesthesia.
- Be Competent to carry out certain minor oral surgical procedures under Local Anesthesia like trans-alveolar extraction, frenectomy, Dentoalveolar procedures, simple impaction, biopsy, etc.
- Be Competent to assess, prevent and manage common complications that arise during and after minor oral surgery.
- Able to provide primary care and manage medical emergencies in the dental office.
- Be familiar with the management of major oral surgical problems and principles involved in the in-patient management.
- Be able to Certify Death

Periodontology

On completion of the undergraduate training programme the graduate should:

- Be able to diagnose the patient's periodontal problem, plan and perform appropriate periodontal treatment.
- Be Competent to educate and motivate the patient.
- Be Competent to perform thorough oral prophylaxis, subgingival scaling, root planning and minor periodontal surgical procedures.
- Give proper post treatment instructions and do periodic recall and evaluation.
- Be Familiar with concepts of osseointegration and basic surgical aspects of implantology.

Conservative Dentistry and Endodontics

On completion of the undergraduate training programme the graduate should:

- Be Competent to diagnose all carious lesions.
- Be Competent to perform Class I and Class II cavities and their restoration with amalgam.
- Be able to restore class V and Class III cavities with glass ionomer cement.
- Be able to diagnose and appropriately treat pulpally involved teeth (pulp capping procedures).
- Be able to perform RCT for anterior teeth
- Be competent to carry out small composite restorations
- Understand the principles of aesthetic dental procedures

Orthodontics and Dentofacial Orthopaedics

On completion of the undergraduate training programme the graduate should:

- Understand about normal growth and development of facial skeleton and dentition.
- Be able to pinpoint aberrations in growth process both dental and skeletal and plan necessary treatment
- Be able to diagnose the various malocclusion categories
- Be able to motivate and explain to the patient and parent/guardian about the necessity of treatment
- Be able to plan and execute preventive orthodontics (space maintainers or space regainers)
- Be able to plan and execute interceptive orthodontics (habit breaking appliances)
- Be able to manage treatment of simple malocclusion such as anterior spacing using removable appliances
- Be able to handle delivery and activation of removable orthodontic/myofascial appliances.
- Be able to diagnose and appropriately refer patients with complex malocclusion to the specialist.

Public Health Dentistry

On completion of the undergraduate training programme the graduate should:

- Apply the principles of health promotion and disease prevention.
- Have knowledge of the organization and provision of health care in community and in the hospital service
- Have knowledge of the prevalence of common dental conditions in India
- Have knowledge of community based preventive measures
- Have knowledge of the social, cultural and environmental factors, which contribute to health or illness.
- Be able to administer hygiene instructions, topical fluoride therapy and fissure sealing.
- Be able to educate patients concerning the etiology and prevention of oral disease and encourage them to assure responsibility for their oral health.

Prosthodontics and Crown & Bridge

On completion of the undergraduate training programme the graduate should:

- Be able to understand and use various dental materials.
- Be competent to carry out treatment of conventional Simple complete and partial removable dentures and anterior crowns.
- Be able to carry out Prosthodontic laboratory procedures.
- Be familiar with the concepts of osseointegration and the value of implant supported Prosthodontic procedures.
- Be able to diagnose and appropriately refer patients requiring complex treatment procedures to the specialist

Paediatric and Preventive Dentistry

On completion of the undergraduate training programme the graduate should:

- Be able to instill a positive attitude and behavior in children towards oral health and understand the principles of prevention and preventive dentistry right from birth to adolescence.
- Be able to guide and counsel the parents/guardian in regards to various treatment modalities including different facets of preventive dentistry.
- Be able to treat dental diseases occurring in child patient.
- Be able to manage the physically and mentally challenged / disabled children effectively and efficiently, tailored to the needs of individual requirement and conditions.