



JUNE - JULY 2025

AADC TIMES



**AL-AZHAR DENTAL COLLEGE
THODUPUZHA**

JUNE - JULY 25



KM Moosa Chairman, Al Azhar Group of Institutions

Dear Students, Faculty, and Valued Stakeholders.

It is with immense pride and a deep sense of commitment that I address you in this month's newsletter. Each day at Al Azhar Dental College brings new achievements and that reaffirms our commitment to excellence in dental education, patient care, and research. We've seen significant progress across all our departments—from the successful organization of a national-level Continuing Dental Education (CDE) program on advanced endodontic techniques to our students' outstanding performance in recent academic competitions. We are committed to integrating the latest digital technologies into our curriculum and clinical training, ensuring our graduates are fully prepared to lead the future of dentistry. This includes expanding our clinical outreach programs, which play a vital role for providing essential dental services to underserved communities while providing our students invaluable hands-on experience. I wish to express my sincere gratitude to our dedicated faculty members, whose efforts ensure the smooth functioning of our college and most importantly, to our students, who are the future torchbearers of this noble profession. As we move forward, let us embrace the opportunities that lie ahead and continue to foster a culture of compassion, innovation, and ethical practice. I encourage every member of the Al Azhar family to actively participate in college life, contribute their unique ideas, and uphold the high standards that define our institution. Wishing you all success and joy in all your endeavors with warm regards and best wishes,

KM Moosa
Chairman,
Al Azhar Dental College



Adv. KM Moosa Managing Director Al Azhar Group of Institutions

Dear Adv. KM Mijas,

Warm greetings.

It gives me immense happiness and pride to reach out to you as we continue to see Al Azhar Group of Institutions reaching new heights of achievement and excellence. Each day, our journey reaffirms the vision we share — to shape an educational environment that not only imparts knowledge but also builds character, compassion, and commitment to service. At Al Azhar Dental College, our dedication to excellence in dental education, research, and patient care remains stronger than ever. Recent months have witnessed remarkable progress — from hosting national-level academic initiatives to our students excelling in both clinical and theoretical domains. These accomplishments reflect the collective efforts of our faculty, staff, and students who strive each day to uphold the values of integrity, innovation, and empathy. We are steadily integrating modern technology and digital dentistry into our curriculum to ensure our graduates are well-prepared for the evolving demands of healthcare. Our community outreach and clinical programs continue to make meaningful contributions by extending vital dental services to underserved populations — a true reflection of our commitment to social responsibility. I take this moment to extend my heartfelt appreciation to our dedicated faculty members for their relentless efforts and to our students, who embody the spirit of Al Azhar through their hard work and enthusiasm. They are the true ambassadors of our mission and the future of this noble profession. As we look ahead, I am confident that under your dynamic guidance and leadership, our institutions will continue to move forward with the same zeal and purpose. Together, let us embrace every opportunity to innovate, inspire, and instill the values that make Al Azhar a name synonymous with excellence and compassion. Wishing you continued success and fulfillment in all your endeavours.

With warm regards and best wishes,

Adv. KM MIJAS

Director

Al Azhar Group of Institutions

JUNE - JULY 25



Prof. Dr Shiny Joseph

Principal

Al Azhar Dental College

Principal's Message

Dear Students, Faculty, and Members of the Dental Fraternity,

It gives me immense pleasure to address you through this edition of our college newsletter. Each issue reflects the vibrant academic spirit, creativity, and professional commitment that define our institution. This year has been remarkable for our college, with achievements in academic performance, continuing education programs, and social responsibility activities. Such milestones are the result of collective effort — visionary leadership of the management, the dedication of our teachers, the enthusiasm of our students, and the support of our administrative staff. As we move forward, let us continue to nurture curiosity, uphold ethical practice, and remain lifelong learners. Together, we can strengthen our mission of producing skilled, compassionate, and globally competent dental professionals. My heartfelt congratulations to the editorial team for their efforts in bringing this newsletter to life. May it inspire each reader to contribute to the growth and excellence of our college community.

With best wishes,

Prof. Dr Shiny Joseph

Principal

Al Azhar Dental College

JUNE - JULY 25

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Chairman,
Al Azhar Group of Institutions



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Managing Director,
Al Azhar Group of Institutions



Dr. K.M Paijas
Executive Director,
Al Azhar Group of Institutions



Dr. K.M Rijas
Executive Director,
Al Azhar Group of Institutions

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CONTENTS

- 01 Achievements
- 02 Events
- 03 Outreach Programmes
- 04 Special Cases
- 05 Research
- 06 Healing Hands & Guiding Minds
- 07 Happy Patients
- 08 Alumni Corner
- 09 Enrichment Activities
- 10 What's Next..



JUNE - JULY 25

CBCT INAUGURATION

Significant mile stone in academic excellence of Al Azhar Dental college was achieved on 17 June with the inauguration of Planmeca Promax Mid CBCT machine by former principal Dr. KT Sreelatha. The event marked a notable upgradation as it is the only largest FOV CBCT machine in Idukki district. The program was graced by the Chairman of Al Azhar group of institutions, KM Moosa and Managing director Adv. KM Mijas and Executive Director Dr. Pajjas KM in the presence of various department heads. An enlightening session by Dr. Rema J, Professor and HOD (Department head oral medicine and radiology) on introduction to CBCT and its application was followed for the faculties and students. Al Azhar Dental college aims to provide high resolution 3D imaging solutions for precise diagnosis & treatment planning for its patients thus providing a complete work up of a patient under one roof. CBCT (Cone Beam Computed Tomography) is a valuable imaging technology in dentistry, providing high-resolution 3D images for precise diagnosis and treatment planning. It enables detailed visualization of dental and facial structures, facilitating accurate implant placement, orthodontic analysis, and surgical guidance, all while minimizing radiation exposure.



JUNE - JULY 25

AROGYA ANANTHAM 2.0

Aarogya Anantham Seminar Highlights Cancer Prevention on June 3, 2025 the Ministry of Health and Family Welfare, Kerala Government, organized a district-level inauguration and seminar on cancer prevention, "Aarogya Anantham," at Al Azhar Dental College. Idukki District Collector V. Vigneshwari IAS inaugurated the event. The seminar aimed to raise awareness on cancer prevention and early detection. The initiative reflects the state's commitment to promoting public health and well-being, empowering individuals to prevent cancer and promote healthy living.



WORLD ENVIRONMENTAL DAY

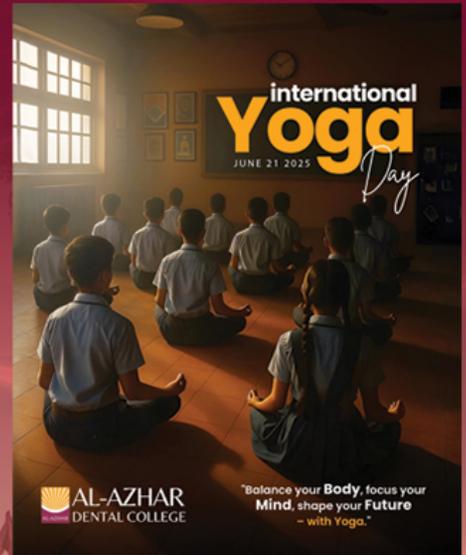
"Going green with a sparkling smile!" on June 5 2025 Al Azhar dental college in association with department of Public health dentistry joins with global celebration of world environment ,proving that caring for the planet is just as important as caring for your pearly whites.



JUNE - JULY 25

INTERNATIONAL YOGA DAY

Our college celebrated International Yoga Day on June 21, 2025, in collaboration with IQAC & SSGP, Ithiha Students Council, and Health & Fitness Club. A yoga session was conducted from 8-9 AM by Mr. Anandkrishnan and Ms. Harishma, focusing on physical and mental well-being. The event saw active student participation, promoting unity, relaxation, and mindfulness through various yoga asanas, breathing exercises, and meditation techniques.



GIVE BLOOD, GIVE HOPE: TOGETHER WE SAVE LIVES

IQAC in association with SSGP cell, AADC

On the occasion of



WORLD BLOOD DONOR DAY 2025

AWARENESS CLASS

RESOURCE PERSON :

Dr. Riny George

Assistant Professor

Department of Oral & Maxillofacial surgery



DATE:
JUNE 14, 2025

TIME:
10:00 AM

VENUE:
MINI AUDITORIUM



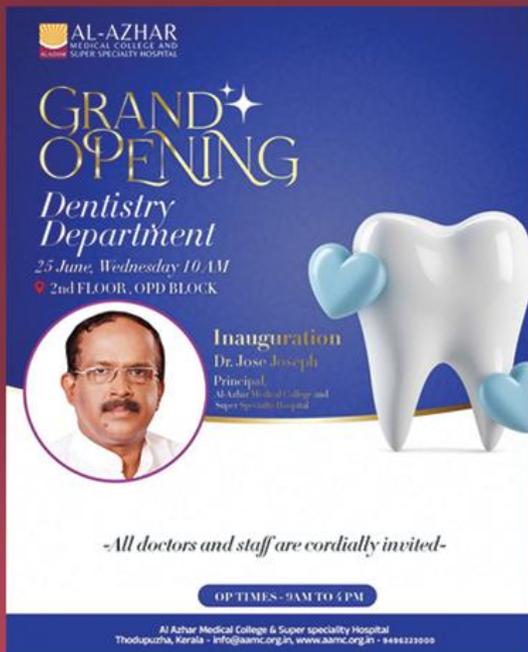
WORLD BLOOD DONOR DAY

On June 16 2025, IQAC in association with SSGP cell, Al Azhar Dental college on the occasion of world blood donor day 2025 conducted an awareness class on the importance of blood donation by Dr. Riny George, assistant professor, department of oral and Maxillofacial surgery at mini auditorium. The class effectively promoted understanding and encouraged participation in blood donation among attendees, contributing to spreading awareness about this lifesaving act.



JUNE - JULY 25

GRAND OPENING OF DENTISTRY DEPARTMENT

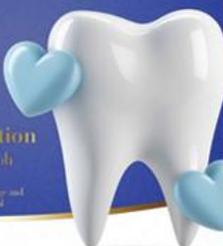


AL-AZHAR
MEDICAL COLLEGE AND
SUPER SPECIALITY HOSPITAL

GRAND OPENING

Dentistry Department

25 June, Wednesday 10 AM
2nd FLOOR, OPD BLOCK



Inauguration
Dr. Jose Joseph
Principal,
Al Azhar Medical College and
Super Speciality Hospital



-All doctors and staff are cordially invited-

OP TIMES - 9AM TO 6PM

Al Azhar Medical College & Super speciality Hospital
Thodupuzha, Kerala - info@aamc.org.in, www.aamc.org.in - 9449223009

"The medical college marked a significant milestone with the official opening of its new Dentistry Department on 25th June Wednesday with presence of Dr. Jose Joseph the principal of Al Azhar medical college and Adv. K.M Mijas and Dr. Paijas K.M, expanding its commitment to comprehensive healthcare education and service.



INAUGURATION OF NSS UNITS

Its a proud and inspiring moment for Al Azhar dental college inaugurated NSS unit on July 21 2025 at 10:00 AM. NSS program officer Dr. Adithya Sunil welcomed the gathering, Dr. Anzer RN inaugurated the program, Dr. Somasekharan B Pillai, Dr. Shyam kumar B, Arun Chandramohan and Dr. Praveen. S were present. Various NSS unit in Al Azhar dental College, pharmacy college and medical were installed.



Inauguration of
NSS Units

AL-AZHAR MEDICAL COLLEGE AND SUPER SPECIALITY HOSPITAL | AL-AZHAR DENTAL COLLEGE | AL-AZHAR COLLEGE OF PHARMACY



Dr Anzer RN
State NSS officer

TUESDAY
1st JULY
2025

10.00AM

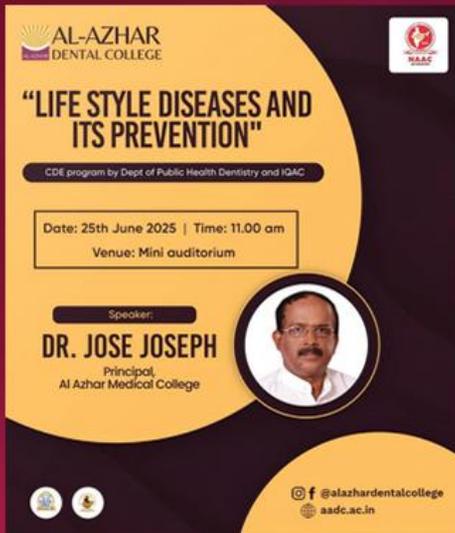
AUDITORIUM
AL AZHAR
DENTAL COLLEGE

alazhargroupofinstitutions
www.alazharthodupuzha.org



JUNE - JULY 25

LIFE STYLE DISEASE AND ITS PREVENTION



AL-AZHAR DENTAL COLLEGE

"LIFE STYLE DISEASES AND ITS PREVENTION"

CDE program by Dept of Public Health Dentistry and IQAC

Date: 25th June 2025 | Time: 11.00 am
Venue: Mini auditorium

Speaker:
DR. JOSE JOSEPH
Principal,
Al Azhar Medical College

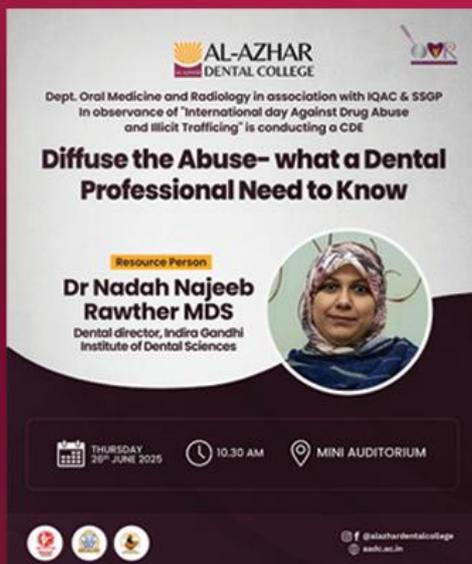
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aad.ac.in

"Breaking the cycle ;how to outsmart life style disease"CDE program conducted by department of public health dentistry on 25 June at mini auditorium. A Lifestyle Disease Awareness & Prevention Program within a Department of Dentistry typically focuses on educating the public and integrating oral health strategies to combat chronic –or "lifestyle"–diseases like diabetes, cardiovascular conditions, and certain cancers. Such programs underscore how oral health and systemic wellness are deeply interconnected. Speaker: Dr. Jose Joseph ,Principal Al azhar medical college.



DIFFUSE THE ABUSE -

WHAT A DENTAL PROFESSIONAL NEED TO KNOW



AL-AZHAR DENTAL COLLEGE

Dept. Oral Medicine and Radiology in association with IQAC & SSGP
In observance of "International day Against Drug Abuse and Illicit Trafficking" is conducting a CDE

Diffuse the Abuse- what a Dental Professional Need to Know

Resource Person:
Dr Nadah Najeeb Rawther MDS
Dental director, Indira Gandhi
Institute of Dental Sciences

THURSDAY
25th JUNE 2025 10.30 AM MINI AUDITORIUM

@alazhardentalcollege
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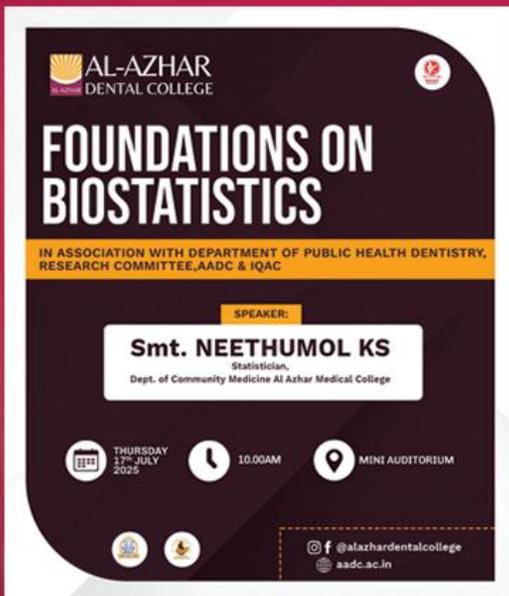
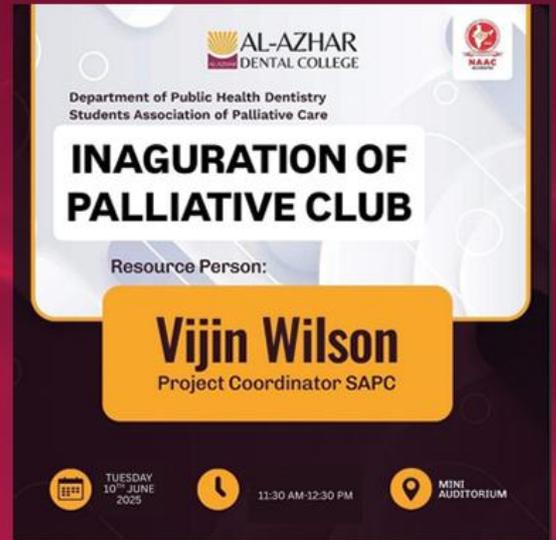
"Beyond the smile ; recognizing and responding to abuse "- Department of oral medicine and radiology in association with IQAC & SSGP in observance of international day against drug abuse and Illicit Trafficking Speaker: Dr. Nadah Najeeb Rawther MDS (Dental director, Indira Gandhi Institute of Dental science).



JUNE - JULY 25

PALLIATIVE CARE INAUGURATION

In association with Department of Public Health Dentistry Students Association of Palliative Care, a new Palliative care unit was inaugurated at Al Azhar Dental College, Thodupuzha by Mr. Vijin Wilson (Project Coordinator SAPC) on 10th June 2025. This unit aims to provide knowledge about the importance of palliative care. It also aims to instill the ways that can be taken to uplift the palliative patients and how this can be associated with dentistry.



FOUNDATIONS ON BIOSTATISTICS

Al-Azhar Dental College in association with the Department of Public Health Dentistry, Research Committee, AADC & IQAC, organized a session titled "Foundations on Biostatistics." The event took place on Thursday July 17 2025 at 10:00 AM in the Mini Auditorium. Smt. Neethumol KS, a statistician from the Department of Community Medicine at Al Azhar Medical College, was the speaker. The session likely focused on the basics of biostatistics and its applications in dental research and public health dentistry.



JUNE - JULY 25

STRATEGIC BLUEPRINTING : ENHANCING ASSESMENT QUALITY

The Faculty Development Program on "Strategic Blueprinting: Enhancing Assessment Quality" was conducted at Al-Azhar Dental College on Wednesday, July 23, 2025. Led by Prof. Dr. Subramaniam R from Indira Gandhi Institute of Dental Sciences, the event aimed to enhance assessment quality through strategic blueprinting. The program was held at 10:30 AM in the Mini Auditorium, organized by IQAC-AADC.

AL-AZHAR DENTAL COLLEGE
Organised by IQAC-AADC
FACULTY DEVELOPMENT PROGRAM on
**"Strategic Blueprinting:
Enhancing Assessment Quality"**

Resource Person
Prof. Dr. Subramaniam R
HOD, Department of Public Health Dentistry,
Indira Gandhi Institute of Dental Sciences

WEDNESDAY
23rd JULY 2025

10:30 AM

MINI AUDITORIUM

@alazhardentalcollege
aadc.ac.in



AL-AZHAR DENTAL COLLEGE

"ORAL CANCER AWARENESS"

In Association with Oral Oncology Day

Speaker:
Dr Sankar Vinod Vichattu
Professor and HOD
Dept. of Oral and Maxillofacial Surgery
Mar Baselios Dental College

THURSDAY
31st JULY
2025

10.00 AM

MINI AUDITORIUM

@alazhardentalcollege
aadc.ac.in

ORAL CANCER AWARENESS

Oral cancer awareness program was conducted at Al Azhar Dental college on 31st July, 2025 at mini auditorium , led by Dr.Sankar Vinod , professor and HOD of Oral and Maxillofacial Surgery Mar Baselios Dental College , Kothamangalam. The program was conducted as part of college's community outreach and educational initiative to promote,



JUNE - JULY 25

ECO-CONSCIOUS DENTISTRY

A talk on "Understanding waste management" correlated with Eco-Conscious Dentistry was conducted on 29th July 2025 at Al Azhar Dental College, Thodupuzha. Mr. Ajeesh (Midzone coordinator) and Mr. Jineesh R (Idukkicoordinator) were the renowned speakers. The talk was about waste management in dentistry and the methods to conserve useful products. It aimed to develop environmental consciousness among the upcoming dentists in protecting the environment.



FACULTY DEVELOPMENT PROGRAM

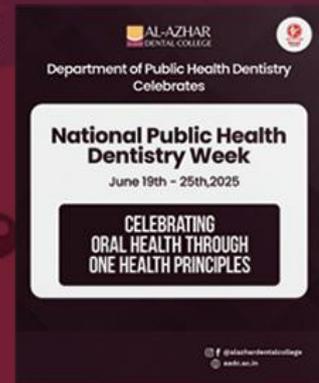
Al-Azhar Dental College Hosts Faculty Development Program on "Strategic Blueprinting: Enhancing Assessment Quality" Al-Azhar Dental College, through IQAC-AADC, organized a Faculty Development Program titled "Strategic Blueprinting: Enhancing Assessment Quality." The event took place on Wednesday July 23 2025 at 10:30 AM in the Mini Auditorium. Prof. Dr. Subramaniam R The Head of the Department of Public Health Dentistry at Indira Gandhi Institute of Dental Sciences, was the resource person. The program likely focused on strategies for improving assessment quality in dental education through effective blueprinting.



JUNE - JULY 25

NATIONAL PUBLIC HEALTH DENTISTRY WEEK

Every year National public health dentistry week offers an opportunity to spotlight the vital role in the overall health and wellbeings of communities. From June 19 to 25 the Department of Public Health Dentistry will celebrates this important week under the theme "CELEBRATING ORAL HEALTH THROUGH ONE HEALTH"

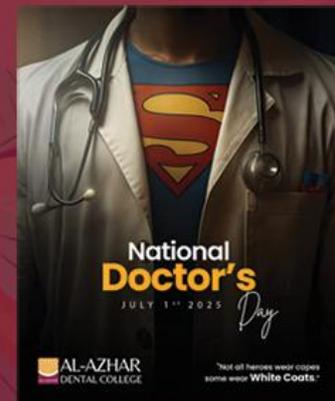


INTERNATIONAL FRIENDSHIP DAY

On July 30 th 2025, Al Azhar Dental college celebrated international friendship day dedicated to promoting global unity and understanding through friendships.

NATIONAL DOCTOR'S DAY

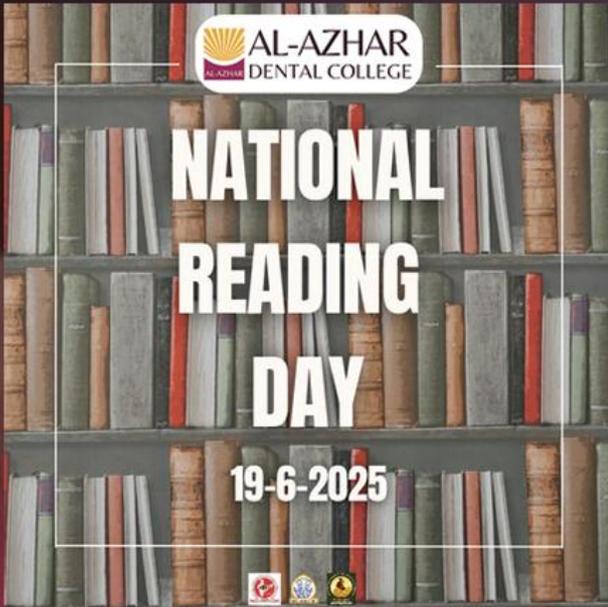
On July 1 st 2025 Al Azhar Dental college celebrated National Doctor's day honoring their dedication ,skill and commitment to patient care.



WORLD NO TOBACCO DAY

"To mark World No Tobacco Day" Geetanjali Dental & research institute organized special awareness program and certificate distributed to recognizing students who contributed to promoting a tobacco- free campus and community.

JUNE - JULY 25



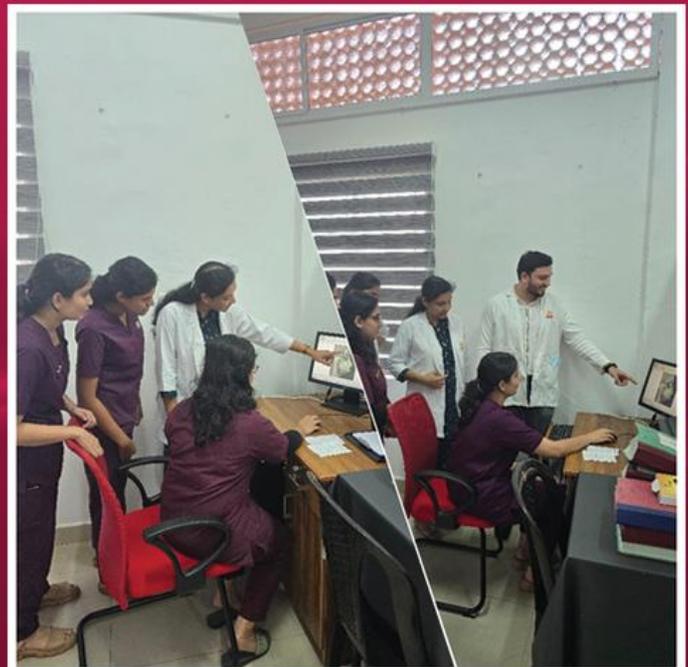
NATIONAL READING DAY

On June 19 2025 the Ithiha Students Council, in association with the Library Committee and Movie and Literature Club, organized a Reading Day event featuring an activity called "Twist the Tale." Students gathered in Lecture Hall 1 at 2 PM to write alternate endings to their favorite novels. The event aimed to promote creative thinking and a love for literature among participants. It provided a platform for students to express their imagination and engage with literary works in a unique way. The activity was well-received, and participants enjoyed exploring new perspectives on beloved stories.



CEPHALOMETRIC ASSESSMENT

Dr. Cecilia Wilson and Dr. Christo George (Assistant Professor of Department Orthodontics) conducted a demonstration session on cephalometric assessment using Nemoceph software for interns. They showcased the software's features, including automatic tracing with AI, smart zoom for precise landmark placement, and integrated analysis options like Ricketts and Steiner. The session covered growth prediction tracing, treatment planning, and visualization tools for effective case presentation. Interns gained hands-on experience with the software, learning how to generate customized cephalometric tracings and predict treatment outcomes. The session highlighted Nemoceph's accuracy, speed, and comprehensive analysis capabilities, enhancing the interns' skills in orthodontic diagnosis and treatment planning.



JUNE - JULY 25

OUT REACH PROGRAMMES

A dental camp was organized at MARTHOMA HALL, EDAVETTY on 5th July 2025. The camp was an initiative by the Public Health Dentistry Department of Al Azhar Dental College, aimed at providing essential dental care and raising awareness about oral hygiene among the local community. The camp was open to all local residents. A total of 44 patients were treated during the camp.



A dental camp was successfully conducted on 21/06/2025 at KALLOORKADU GRAMAPANCHAYATH by the Department of Public Health Dentistry, Al Azhar Dental College. The objective of the camp was to provide essential dental care and promote oral health awareness among the residents. The camp was open to all residents. A total of 51 patients were treated during the camp.



A dental camp was organized at Govt..LP School East Kalloor on the 11th of July, 2025. The camp was an initiative by the Public health dentistry Department of Al Azhar Dental College, aimed at providing essential dental care and raising awareness about oral hygiene among the local community. A total of 21 patients were treated during the camp.





A dental camp was organized at Snehalayam Muthalakodam on the 1st of July, 2025. The camp was an initiative by the Public health dentistry Department of Al Azhar Dental College, aimed at providing essential dental care and raising awareness about oral hygiene among the local community. A total of 17 patients were treated during the camp.

A dental camp was organized Poomala Panchayath Auditorium on the 16th of July,2025. The camp was an initiative by the Public health dentistry Department of Al Azhar Dental College,aimed at providing essential dental care and raising awareness about oral hygiene among the local community A total of 30 patients were treated during the camp.



A dental camp was successfully conducted on 27 July 2025 at Divyarakshalayam by the Department of Public Health Dentistry, Al Azhar Dental College. The objective of the camp was to provide essential dental care and promote oral health awareness among the residents of Divyar aksh layam.Comprehensive dental examinations were carried out for all 11 patients.

A dental camp was organized at St Sebastians UP School on the 7th of July, 2025. The camp was an initiative by the Public health dentistry Department of Al AzharDental College, aimed at providing essential dental care and raising awareness about oral hygiene among the local community.A total of 28 patients were treated during the camp.



JUNE - JULY 25



A dental camp was organized Karikode Nainar Auditorium on the 12th of July, 2025. The camp was an initiative by the Public health dentistry Department of Al Azhar Dental College, aimed at providing essential dental & medical care and raising awareness about basic health & oral hygiene among the local community. A total of 63 patients were treated during the camp.

A dental camp was organized Saraswathy Vidhyabhavan Central School on the 4th of July, 2025. The camp was an initiative by the Public health dentistry Department of Al Azhar Dental College, aimed at providing essential dental care and raising awareness about oral hygiene among the local community. A total of 105 patients were treated during the camp.



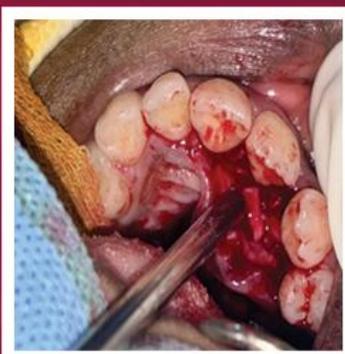
A dental camp was organized Government L.P. School on the 21 of July, 2025. The camp was an initiative by the Public health dentistry Department of Al Azhar Dental College, aimed at providing essential dental care and raising awareness about oral hygiene among the local community. A total of 25 patients were treated during the camp.

SPECIAL CASES

SPECIAL CASE-1

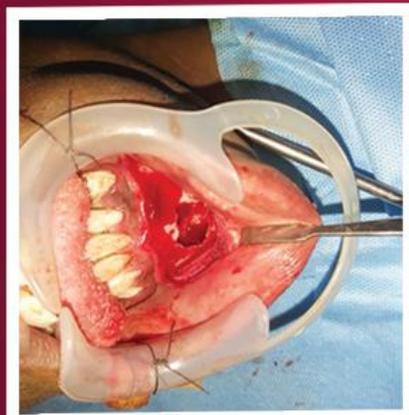
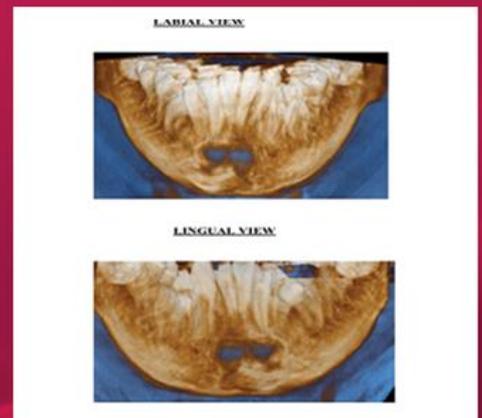
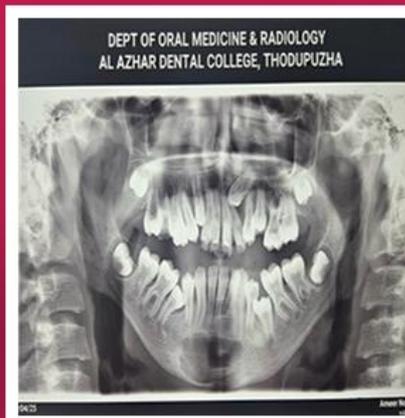
Case Summary Secondary Alveolar Bone Grafting

A 20-year-old female, presented with Department of Oral and maxillofacial surgery with a bone defect in the left maxillary alveolar process. She had a history of alveolar bone grafting for cleft palate repair at the age of 8 years. Clinical and radiographic evaluation revealed incomplete unilateral oblique clefting of the alveolus extending mesiodistally between 21 distally and 23 mesially, continuing posteriorly as a palatal cleft along the left anterior hard palate without extension to the posterior palate. The maxillary arch was constricted secondary to clefting, with mesial tilting of 21 towards the right and mesial tilting of 23 and missing teeth with respect to 22 and 18. CBCT confirmed a bony defect in the nasal floor on the left side with oronasal communication and inferior dipping of the nasal floor. Under general anaesthesia, secondary alveolar bone grafting was performed. A palatal crevicular incision from 21 to 23 was made, and a full-thickness mucoperiosteal flap was raised to expose the bony defect and oronasal communication. The donor site was prepared at the symphysis region via a vestibular incision from 33 to 43 and an autogenous bone graft was harvested. The graft was packed into the maxillary alveolar defect, supplemented with Novabone biosynthetic alloplastic bone graft. Both donor and recipient sites were closed in layers with 3-0 vicryl sutures. Postoperatively, the patient showed satisfactory healing and resumed normal oral functions following recovery.



SPECIAL CASE-2

A 14 year old male patient presented to Department of oral and maxillofacial surgery with complaints of a lesion in the lower jaw which was detected incidentally during a panoramic radiograph taken for orthodontic assessment. Patient is Mentally Retarded with low IQ. Bystander gives history of trauma to the jaw and no history of pain and swelling. On examination no gross facial asymmetry noted. No swelling or Tenderness on Palpation or mobility of teeth in the affected area. CBCT was taken which revealed a well-defined unilocular mildly expansile homogenous periapical osteolytic hypodense lesion with delicately corticated & scalloped borders wrt 45-34 with anteroposterior spread considering the benign nature of the lesion, a probable radiographic diagnosis of a benign periapical cystic lesion can be considered. Patient was taken up for wide local excision and biopsy followed by reconstruction plate fixation. Bony defect noted with blackish discoloration. Aspiration of the lesion (dusky red colour, 2ml) was done. A sample of the lesion with surrounding bone of size approx. 1*1 cm is taken up for histopathologic examination. One 1.5mm reconstruction plate 10 holed without gap is used and fixed using Titanium screws. Wound closure done in layers using 3-0 vicryl. Patient had satisfactory healing and has been able to resume his normal routine within 3 days of surgery.



SPECIAL CASE-3

A 70-year-old female patient presented to the Department of Prosthodontics and Crown and Bridge with a complaint of a loose mandibular denture, affecting her chewing and speech. Clinical and radiographic evaluation, including OPG and CBCT, revealed sufficient bone in the interforaminal region, and a treatment plan was made to place two implants (3 × 10 mm in the third quadrant and 3.5 × 10 mm in the fourth quadrant) for an overdenture. Implants were placed in the canine regions under local anaesthesia with a standard surgical protocol, and healing was uneventful. After 3 months, osseointegration was confirmed, and the prosthetic phase was initiated. Ball abutments were attached, and a chairside pickup technique was used to incorporate metal housings with plastic retentive inserts into the existing denture using self-cure acrylic resin. The occlusion was adjusted according to maxillary natural teeth and partial denture and the patient was instructed on hygiene and maintenance. She expressed satisfaction with the improved stability and function of the prosthesis.



SPECIAL CASE-4

A 6-year-old girl patient presented to the Department of Paediatric and Preventive Dentistry, Al Azhar Dental College, with a complaint of a swelling at the ventral tip of the tongue for the past 2 months. The parent reported noticing a small bulge at the tip of the tongue approximately 2 months ago. The lesion was initially small, painless, and asymptomatic. Over the subsequent 2 weeks, there was a gradual increase in its size. The patient had a history of tongue biting. On intraoral examination revealed a solitary swelling located on the ventral surface of the tongue tip, measuring approximately 1 × 2 mm. The swelling was soft in consistency, non-tender on palpation, and covered by mucosa of normal colour, with no signs of ulceration or secondary infection. No regional lymphadenopathy was detected. Under conscious sedation, laser excision of the lesion was performed, ensuring complete removal. Minimal intraoperative bleeding was observed, and no immediate complications occurred. At the 1-week follow-up, the surgical site demonstrated satisfactory healing.



SPECIAL CASE-5

Whitening wonders - a smile makeover story

Bleaching

A 23 -years -old male patient presented to Department of Conservative Dentistry with a complaint of tooth discoloration in both the upper and lower arches persisting for the past two years the discoloration had gradually worsened overtime. On Clinical examination stains were noted on the upper and lower anterior teeth along with crowding in the lower arch. Tooth 11 had previously undergone root canal treatment and was restored with a crown of mismatched shade compared to the adjacent teeth. No other abnormalities were noted The treatment plan included oral prophylaxis followed by in - office bleaching of both arches using opalescence boost , and replacement of the crown on tooth 11 to match the post bleaching shade Bleaching was carried out under proper isolation followed by the crown replacement on tooth 11 .The shade was matched to the post-bleaching color. The patient was satisfied with the final esthetic outcome.



ONGOING RESEARCH - UG

SL.NO	TOPIC	STUDENT'S NAME	GUIDE
1	Equipping dental professionals for life: A study on awareness of legal, financial and practical competencies	Vineetha Rani Vincent	Dr. Jennie Sebastian (DEPT. Of Oral Pathology)
2	Impact of artificial intelligence tools on cognitive engagement and clinical reasoning among dental students: A cross sectional study	Asha Rose Willson	Dr. Akhila (DEPT. Of Oral Pathology)
3	Perceptions and Knowledge of Dental Implants among local population- A Questionnaire based Study.	Adheena Ajikumar	Dr. Adithya Sunil (dept.of periodontics)
4	Knowledge, attitude and practices of infection control among dental students in kerala – A cross sectional study	Shania Rose Petson	Dr. lekshmi prabha (dept.of oral medicine and radiology)
5	Assessment of awareness and practices of general dental practitioners in kerala regarding radiation hazards and protection- A cross sectional questionnaire survey	Adithya P Sasidharan	Dr. Soumya Gopinathan (dept.of oral medicine and radiology)
6	Assessment of knowledge and perception regarding proper orthodontic referral timing in children among general dentist and dental students in kerala	Sreenaga Kaleshwari	Dr. Cecilia Willson (dept.of orthodontics)

7	Impact of social media influencers on the choice of orthodontic appliances among dental students	Roopa Chinth	Dr.Joby Anu (dept. of orthodontics)
8	Perception of dental aesthetics and its impacts on teenagers , general dentists and orthodontists	Pooja Harikumar	Dr. Sanjay Menon (dept. of orthodontics)
9	Awareness of oral biopsy procedure among dental students		Dr.Joe Manual (dept.of oral pathology)
10	Impact of social media on the selection of dentist among the general population in kerala:A cross sectional study	Amra Haq	Dr.Surya (dept.of periodontics)
11	Perceptions surrounding tobacco use and cessation among dental college students:A qualitative exploration	Wafa Jabin	Dr.Bharath Sekhar (dept.of public health dentistry)
12	Assessing the impact of integrating a family adoption programme in dental curriculum: A pre and post implantation analysis	Tintumol Issac	Dr.Prijitha Alex (dept.of public health dentistry)
13	Prevalence of premenstrual syndrome and its influence on the quality of life among dental students in kerala-An institutional study	Aneeta Zella	Dr.Lekshmi priya (dept.of oral pathology)
14	Stress: concerns of second year dental dental students	Muhammed Shinu	Dr.Aby Kuruvilla (dept.of conservative dentistry)
15	Comparative evaluation of pressure perception during bilateral mandibular molar extraction using conventional inferior alveolar nerve block. A prospective split mouth study	Amrutha Krishna	Dr.Abhilash (dept.of oral surgery)

16	Comparative prevalence and stress associated risk factors of minor aphthous ulcer among health science students-A cross-sectional study	Ibnu Fazal	Dr.Pijas (dept.of oral medicine)
17	Prevalence of hypertension in patients undergoing dental extractions : A cross sectional study	Angaleena Benny	Dr.Riny (dept.of oral surgery)
18	Comparison of post- operative pain following single visit and multivisit therapy	Nandu M	Dr.Moushmi (dept.of conservative dentistry)
19	Patient awareness on the importance of post-endodontic crowns	Gowri S. Mohan	Dr.Shreya (dept.of conservative dentistry)
20	Evaluating knowledge and awareness of root canal procedure among residents of thodupuzha :A questionnaire based study	Mohammed Shabeer	Dr.Nikhil
21	Awareness , knowledge and attitude towards CBCT , among BDS , MDS students and general practitioners:A questionnaire study	Amalesh Jayakumar	Dr.Anjana (dept.of oral medicine)
22	Knowledge, attitude and practice(KAP). Study of digital dentures among dental students	Anamika R Nath	Dr.Vishnu (dept.of prosthodontics)
23	Prevalence and associated risk features of chromogenic stains in school going students in central kerala	Akshaya E	Dr.Bijimole (dept.of pedodontics)
24	Oil pulling a traditional folk medicine for better oral health : A myth or reality	Shahana A. J	Dr.Mazood Ahammed (dept.of periodontics)
25	Awareness among general public of local population in regards to periodontics – As a speciality in dentistry	Sona Salam	Dr.Archana Rajesh (dept.of periodontics)

26	Assessment of knowledge and attitude of practicing green dentistry among dental students in kerala	Keziya Mary Sam	Dr.Shiny (dept.of periodontics)
27	Parental awareness on the effect of oral habits on malocclusion and the need for early diagnosis and interception	Chinchil Ann Santo	Dr.Aishwarya (dept.od pedodontics)
28	Study for assessment of microbial contamination using swabs from dental students scrub	Neenu Krishna C. N	Dr.veena (dept.of prosthodontics)
29	Impact of removable partial denture insertion on dental anxiety and its association with oral health behaviours , prosthesis care and quality of life	Hawa Ibrahim Aramko	Dr.Jincy (dept.of prosthodontics)
30	Students self-confidence and perceived quality of prosthodontic education:A study in dental college	Esabel Reji	Dr.Nair Sreeja (dept.of prosthodontics)
31	An analysis of association between screen time , dietary pattern and oral health in children	Hanna B Mathew	Dr.Jones (dept.of pedodontics)

ONGOING RESEARCH – PG

1	Traumatic dental injuries in pediatric population:A retrospective analysis	Dr. Nikhitha A.A	Dr. Bijimole (dept.of pedodontics)
2	Assessing the attitude and acceptance of parents towards behavior management techniques used during pediatric dental treatment:A crosssectional study	Dr.Brinda B K	Dr. Bijimole (dept.of pedodontics)
3	Novel method to assess surface damage in ceramic crowns after bedonding	Dr. Khadeeja	Dr.Joby Paulose (dept.of orthodontics)
4	Assessing the extent of diversity in opinion regarding interproximal reduction of teeth among orthodontists and general practitioners in south kerala-A Questionnaire study	Dr.Rahul Krishnan R	Dr. Joby Paulose (dept.of orthodontics)
5	Knowledge of impacted canine among undergraduates dental and non- dental students in al azhar campus-A descriptive crosssectional study	Dr.Jithinsha S	Dr. Joby Paulose (dept.of orthodontics)
6	Comparative evaluation of calcium hydroxide iodoform paste and triple antibiotic paste on healing of periapical lesion:A randomized controlled trial	Dr.Srijila R G	Dr.Aby Kuruvilla (dept.of conservative dentistry)
7	A comparative assessment of post - operative presentation of pain and its long term prognosis in teeth with irreversible pulpitis:A randomized clinical trial	Dr.Preethi	Dr.Moushmi (dept.of conservative dentistry)

8	Comparative evaluation of efficiency of MTA , biodentin and CaOH as pulp capping agents in treating chronic irreversible pulpitis: A invivo study	Dr.Sarah Eldhose	Dr.Aby Kuruvilla (dept.of conservative dentistry)
9	Assessment of perception and attitude of parents towards pulpectomy procedures:A crosssectional study	Dr.Shahana	Dr.Bijimole Jose (dept.of pedodontics)

HEALING HANDS AND GUIDING MINDS

Dr Sumayya Ismail (Intern batch 2019) Doing splinting of lower anteriors under the guidance of Dr. Shiny Jospeh.



Dr .Sayana and Dr. Fathima Nazar interns from 2019 batch successfully performed local drug delivery (LDD) using periodontal plus AB fibers for pocket therapy under the guidance of Dr. Mazood Ahamad.

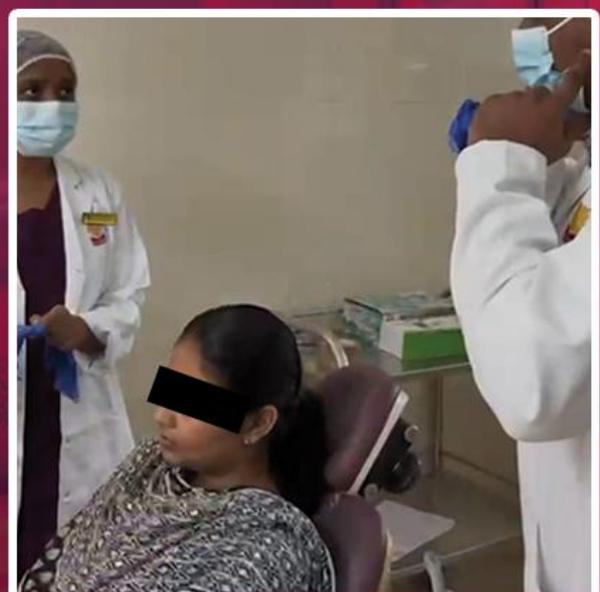
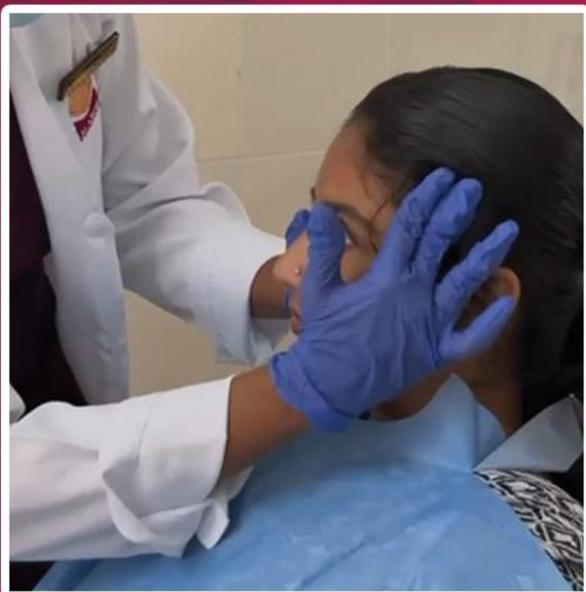
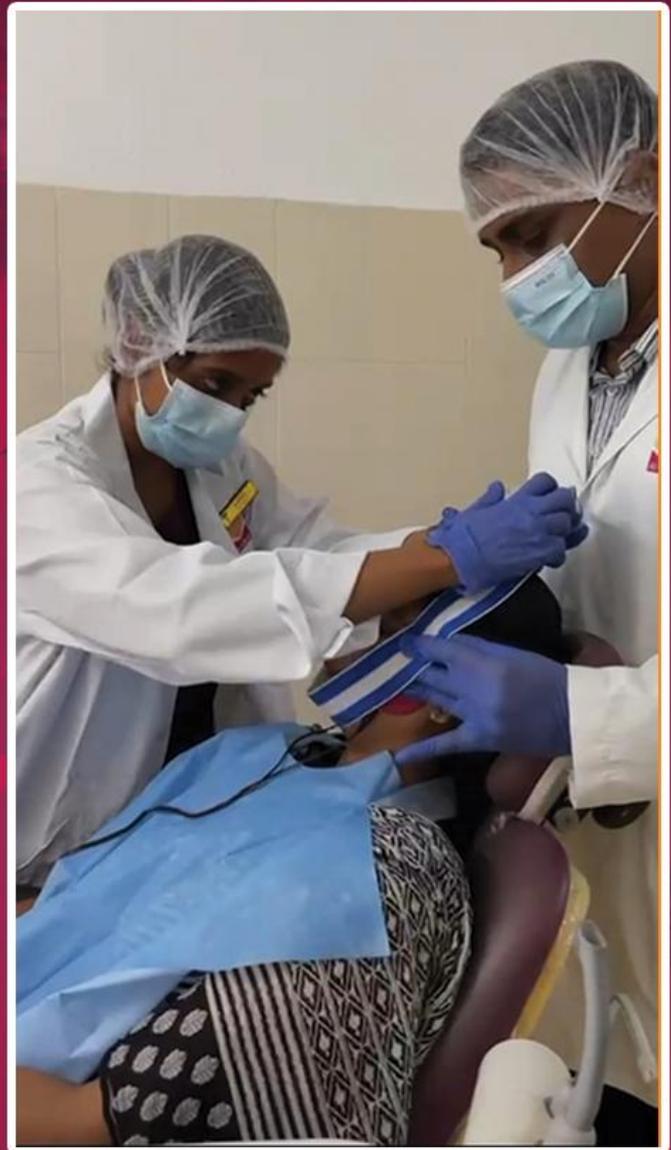
Dr. Mohammad Niyas (intern 2019 batch) doing splinting of lower anteriors under the guidance of Dr. Surya Suprabhan.



Dr. aswathy Harikumar (intern 2019 batch) doing PNB laser therapy (photo bio- modulation) for tooth sensitivity under the guidance of Dr Mazood Ahamad.

HEALING HANDS AND GUIDING MINDS

A patient presented with Myofascial pain in the masseter, temporalis, and lateral pterygoid muscles, reporting a Visual Analog Scale (VAS) score of 8/10. Under the guidance of Dr. K M Paijas Assistant Professor the Department of Oral Medicine & Radiology, intern Dr. Sarga treated the patient with a combination of muscle relaxants and Transcutaneous Electrical Nerve Stimulation (TENS), followed by the use of an occlusal splint. Post-treatment, the patient reported significant relief, with a VAS score reducing to 0/10, indicating complete resolution of pain. This case highlights the effectiveness of a multimodal approach in managing myofascial pain.



JUNE - JULY 25

HAPPY PATIENTS



A PERFECT SMILE REFINED
Every smile begins with a moment of trust. Professor, Dr. Joby Paulose , HOD at the Department of Orthodontics handing over a set of invisible aligners a gesture of trust , transformation and beauty of Modern Orthodontics.



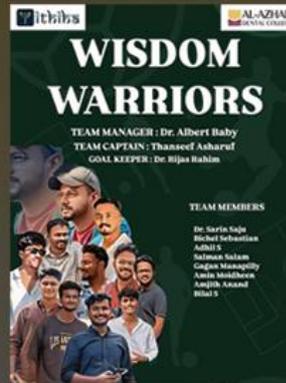


A SMILE IN PROGRESS

"Every aligner represent a small step towards a big change "Dr. Cecilia Wilson assistant professor Department of orthodontics hand over a set of clear aligners , symbolizing the blend of precision , care and innovation that define modern orthodontics.

ENRICHMENT ACTIVITIES

The Ithiha Students Council of Al Azhar Dental College organized its first-ever football auction on June 27 2025. The event was a huge success, with three teams participating in the auction. Team managers selected their team captains a day before the auction. Council Chairman Yacob Sumon briefed the participants about the auction rules and welcomed everyone. The program started around 2 PM. The auction was conducted in an exciting and transparent manner, with teams bidding for their preferred players. Each team consisted of a maximum of 10 players with a budget of Rs 2000. All three teams successfully acquired their team members through the auction. The football tournament is scheduled to take place on July 7 2025. The event marked the beginning of an exciting football tournament, promoting teamwork and sportsmanship among the students.



FOOTBALL LEAGUE

A football league was conducted by the ITHIHA students union at the Al Azhar turf on 28/7/25. There were 3 participating teams namely Crown crushers, Enamel Eleven and Wisdom Warriors of which the Enamel Eleven became the champions.



JUNE - JULY 25

GENTLE HANDS & BRILLIANT SMILES



Nehala Basheer
1 review



★★★★★ 5 days ago **New**

I have ortho treatment AL AZHAR DENTAL COLLEGE after my treatment I am so happy with my treatments. Special tanks to Dr.Cecilia and team orthodontics for their good care and co-ordination. I highly recommend AL AZHAR DENTAL COLLEGE for their excellent facilities and affordable treatments.

1



Suhara Ubaid
1 review · 1 photo



★★★★★ 2 weeks ago **New**

എനിക്ക് ALAZHAR ഡെന്റൽ കോളേജിൽ നിന്ന് വളരെ നല്ല ട്രീറ്റ്‌മെന്റ് ലഭിച്ചു. PROSTHODNTICS വിഭാഗത്തിലെ ഡോ. വിഷ്ണു സർ എന്റെ പല്ല് വെച്ച് നൽകി. വളരെ നല്ല സേവനം, നല്ല കൈയർ, എല്ലാം വളരെ പ്രൊഫഷണലായാണ് നടത്തിയത്. ഒരുപാട് നന്ദി ഡോ. വിഷ്ണു സാറിനും മുഴുവൻ സ്റ്റാഫിനും.

ALAZHAR DENTAL COLLEGE - BEST TREATMENT EVER!

[See translation \(English\)](#)

2



Anand Sasi
1 review · 1 photo



★★★★★ a week ago **New**

I got good service from al azhar dental college.. Especially dr. Johns his service is very remarkable.. He cared and treated my son lovable way... I highly recommend this institution to everyone to solve their dental issues...

1



sreekumar venugopal
1 review



★★★★★ 2 weeks ago **New**

Very good experience with the Al Azhar team for the medical care and follow-ups. Special thanks to Dr. Hafiz, Dr. Hisham, Dr. Nikil and the team for better coordination. Especially for my children, they were more comfortable with medical procedures.

Highly recommended for anyone seeking top-quality dental and surgical care.

1



←  **Najumudeen P S**
1 review · 2 photos

★★★★★ a month ago

I had a wonderful experience at Al-Azhar Dental College when I brought my mother for dental treatment. The Endodontics Department provided outstanding care—Dr. Sreya performed a root canal treatment with great skill and patience, ensuring my mother was comfortable throughout.

We also visited the Oral Surgery Department, where Dr. Rini handled a tooth extraction smoothly and professionally. Both doctors were compassionate, knowledgeable, and made us feel completely at ease.

The overall environment of the college is clean, well-organized, and patient-friendly. I am deeply thankful to the doctors and the college team for their excellent service and care. Highly recommended for anyone looking for quality dental treatment!

❤️ 2



←  **RAIHANA AZEEZ**
1 review

★★★★★ 2 months ago

I had an excellent experience at Al-Azhar Dental College, specifically in the Oral Surgery Department under Dr. Hisham.

From the moment I arrived, I was impressed by the professionalism, care, and organization of the department. Dr. Hisham and his team were not only highly skilled but also incredibly kind and patient throughout the entire treatment process. He explained every step clearly, which made me feel confident and at ease.

The facilities were clean and well-maintained, and the staff made sure I was comfortable at all times. I truly appreciated the combination of expertise and genuine care.

Highly recommended for anyone seeking top-quality dental and surgical care. Thank you, Dr. Hisham and team!

❤️ 2



← **B** Badusha TA
2 reviews

★★★★★ a month ago

ഞാൻ മുൻഭാഗത്തുള്ള പബ്ലിനീടയിൽ ഒരു വിടവ് കൊണ്ട് ALAZHAR DENTAL COLLEGE-ൽ എത്തുകയായിരുന്നു. മറ്റ് ക്ലിനിക്കുകൾ ഓർത്തഡോണ്ടിക് ചികിത്സ നിർദേശിച്ചപ്പോൾ, ഇവിടെ Dr. ഹാഫീസ് സാദിന്റെ സഹായത്തോടെ വെറും ₹300-ൽ വിടവ് അടിച്ചു. കൂടാതെ ഇന്റേൺ ആയ Dr. നീമയുടെ നേതൃത്വത്തിൽ പല്ലു വൃത്തിയാക്കലും വെറും ₹150-ൽ നടത്തി. കുറവായ ചിലവിൽ മികച്ച ചികിത്സ ലഭിച്ചതിൽ ഞാൻ വളരെ സന്തോഷവാനാണ്. നന്ദി ALAZHAR DENTAL COLLEGE!

See translation (English)

♡ ❤️ 2



← **N** Noufal pa Noufi
5 reviews

★★★★★ 2 weeks ago **New**

Thank you so much DR ABILASH Oral SURGERY AND ALAZHAR DENTAL COLLEGE

♡ Press and hold to react



← **G** George Francis
1 review

★★★★★ 3 weeks ago **New**

I came for braces treatment for spaces between my front teeth. After 7 months of treatment my smile is much improved and i am very satisfied with to the treatment. Thank you to Dr. Joby and team@orthodontics department.

♡ ❤️ 1



← **S** Subina pareeth
1 review

★★★★★ a month ago

I had a very good experience at Al Azhar Dental Medical College... I went there for a minor surgery and root canal... I went there with a lot of fear, but the interaction of the doctors there is beyond words! They talked to me in such a friendly way. I got to meet and get to know a lot of good doctors, and thank you Dr. Nikhil and Dr. Mohan and the team!!❤️

♡ ❤️ 2



← **R** Risha Haris
2 reviews

★★★★★ a month ago

I had a great experience at Al-Azhar Dental College. Dr. Sreekala did my root canal treatment with great care and made the procedure smooth and comfortable. Dr. Veena handled my crown placement perfectly the fit and finish were excellent. Both doctors were professional, kind, and skilled. I'm very happy with the treatment and highly recommend them.

♡ ❤️ 1

WHAT 'S NEXT



Department of Periodontics in association with IQAC, AADC
CDE PROGRAM ON

LASER APPLICATIONS IN DENTISTRY UNPLUGGED

Resource Person:

Dr. KAUSHIK HARIDAS

Associate Professor,
Amrita School of Dentistry.
Associate Fellow- AALT



TUESDAY
5th AUGUST
2025



10.00 AM



MINI AUDITORIUM

@alazhardentalcollege
aadc.ac.in



FIRE SAFETY AWARENESS AND DEMONSTRATION

CLASS BY FIRE STATION , THODUPUZZHA

Dept of Public Health Dentistry in association with IQAC & Safety Committee

Date: 1st August 2025

Time: 10:30 AM

Venue: Mini Auditorium



@alazhardentalcollege
aadc.ac.in

AL AZHAR DENTAL COLLEGE

RADIAURA

ILLUMINATED GLOW PARTY



PRE CONVO & LOGO REVEALING

GRADUATION '25

AUGUST | 2025

FUNMAX



Oral Hygiene Day celebration
by Department of Periodontics

**Demonstration of brushing
technique and use of interdental
aids in models to Public**

Oral health Awareness class for BDS students



FRIDAY
01st AUGUST
2025



10.00 AM - 2.00PM



DEPARTMENT
OF PERIODONTICS



@alazhardentalcollege
aadc.ac.in

WHAT 'S NEXT

AL-AZHAR DENTAL COLLEGE **ithiha**

JOIN US FOR A

Farewell Party

OF MEMORE '25

AUGUST

FRIDAY **08** AT 05 PM

AL AZHAR DENTAL COLLEGE
MINI AUDITORIUM

*A chapter ends, but the memories remain.
Come and have a beautiful evening with your loved ones,
all together*

AL-AZHAR DENTAL COLLEGE

DEPARTMENT OF PROSTHODONTICS

INAUGURATION OF CAD CAM DIGITAL LAB

CDE PROGRAMME ON
"DENTISTRY 4.0: THE RISE OF INTELLIGENT DENTAL SYSTEM"

Resource Person:
Dr. Joe Mathew
Professor, Komar University of Science and technology, Iraq

CAD CAM Lab Inauguration:
T.N Narayanan
M.D Top line construction

WEDNESDAY 13th AUGUST 2025 10.00 AM MINI AUDITORIUM

@alazhardentalcollege aadc.ac.in

AL-AZHAR DENTAL COLLEGE

IQAC in association with the
College Committee for Prevention of Ragging Activities

"RAGGING: AWARENESS, ACTION AND CHANGE"

AN ANTI-RAGGING AWARENESS SESSION

Session by:

MR. ABI K. M
Assistant Sub Inspector of Police,
Kuruppampady Police Station

TUESDAY 12th AUGUST 2025 11:30 AM MINI AUDITORIUM DENTAL COLLEGE

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AL AZHAR DENTAL COLLEGE
BATCH OF 2019

GRADUATION 25

FUNMAX ENTERTAINMENT



AADC TIMES

Al-azhar dental college thodupuzha





AL-AZHAR
GROUP OF INSTITUTIONS

where the **WORLD** of
EDUCATION
OPENS for you

- AL-AZHAR COLLEGE OF ARTS AND SCIENCE
- AL-AZHAR PUBLIC SCHOOL
- AL-AZHAR COLLEGE OF PARAMEDICAL SCIENCES
- AL-AZHAR TEACHER TRAINING INSTITUTE
- AL-AZHAR TRAINING COLLEGE
- AL-AZHAR DENTAL COLLEGE
- AL-AZHAR COLLEGE OF ENGINEERING AND TECHNOLOGY
- AL-AZHAR POLYTECHNIC COLLEGE
- AL-AZHAR LAW COLLEGE
- AL-AZHAR MEDICAL COLLEGE AND SUPER SPECIALTY HOSPITAL
- AL-AZHAR COLLEGE OF PHARMACY
- AL-AZHAR COLLEGE OF NURSING
- AL-AZHAR SCHOOL OF NURSING
- AL-AZHAR COLLEGE OF ALLIED HEALTH SCIENCES
- BRILLIANT INDIAN INTERNATIONAL SCHOOL, QATAR
- THE SCHOLAR'S INTERNATIONAL SCHOOL QATAR



 9496 911 119 , 8281 649 026

 www.alazharthodupuzha.org

 THODUPUZHA, KERALA

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