

1.3.1 The institution integrates cross-cutting issues relevant to gender, environment and sustainability, human values, health determinants, right to health and emerging demographic issues and Professional ethics into the curriculum as prescribed by the university/ respective regulative councils.

## INDEX SHEET

SL NO	DESCRIPTION	PAGE NO
1.	Certificate of the Head of Institution	02-03
2.	Any Other Relevant Information	04-132
3.	Programs integrating cross-cutting issues	05-66
4.	Events/Programs addressing Gender	67-94
5.	Events/Programs addressing Environment & Sustainability	95-112
6.	Events/Programs addressing Human values	113-132



Prof. Dr. Vii Al-Azhar Denta Thodupuzha - 685 605

Perumpillichira P. O., Thodupuzha Idukki Dist., Kerala- 685 605 8 +91 94977 20069 | +91 94463 91111

## CERTIFICATE OF THE HEAD OF THE INSTITUTION



Prof. Dr. Vinou Kunar RB Principal V Al-Azhar Dental College Thodupuzha - 685 605 DR. VINOD KUMAR R B, MDS **PRINCIPAL** 

## TO WHOMSOEVER IT MAY CONCERN

1.3.1 This is to certify that all the documents provided are verified and true to the best of my knowledge.



Thodupuzha - 68

Perumpillichira P. O., Thodupuzha Idukki Dist., Kerala- 685 605 @ +91 94977 20069 | +91 94463 91111

## ANY OTHER RELEVANT INFORMATION



Prof. Dr. Vin Al-Azhar Den Thodupuzha - 685 605

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## PROGRAMS INTEGRATING CROSS CUTTING **ISSUES**



Al-Azhar Dent Thodupuzha - 685 605



1.3.1 CDE (Continuing Dental Education) programs incorporating cross cutting issues relevant to Gender, Environment and sustainability, Human values, Health determinants, Right to health and emerging demographic issues and Professional ethics.

SL NO	TITLE	DATE	PAGE NO
1.	Stress Management	12.06.2023 to 16.06.2023	08-12
2.	Avoiding Litigation in Dental Practice	27.07.3023	13-15
3.	Opportunity in Health care Sector in Germany	04.08.2023	16-21
4.	Work Ethics	04.09.2023 to 08.09.2023	22-26
5.	Be the Best	21.11.2023	27-30
6.	AIDS Awareness Talk	01.12.2023	31-35
7.	Anti Ragging Seminar	01.01.2024	36-39
8.	Bio-Medical Waste Management	16.01.2024 to 20.01.2024	40-44
9.	Carve your niche: Guidelines for a successful Dental career	23.02.2024	45-49

College



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10	Soft Skill Development	12.03.2024	50-54	•
		to 16.03.2024		
11.	Professional Etiquettes	22.04.2024 to 26.04.2024	55-58	
12.	Anti-Tobacco Day Program	31.05.2024	59-66	



Thodupuzha - 685 605



## AL-AZHAR DENTAL COLLEGE

## STRESS MANAGEMENT

## CONTENTS

Introduction to Stress and its effects in life

- Conflicts and Stress
   Management strategies
- Mental & Physical Stress -Strategies
  - Time Management tips

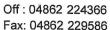
DATE: 12-06-2023 to 16-06-2023

TIME: 02:30 - 05:30 PM

VENUE: MINI AUDITORIUM, ALAZHAR DENTAL COLLEGE



DR ANU MATHEW
SENIOR LECTURER
PERIODONTICS
AADC





## AL-AZHAR DENTAL COLLEGE

(APPROVED BY DENTAL COUNCIL OF INDIA & AFFILIATED TO KUHS) **RUN BY NOORUL ISLAM TRUST** PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Ref. No. AADC/CIR/85 C/23

Date: 08 - 06 - 2023

## **CIRCULAR**

This is to inform all the staff and students that the IQAC of Al - Azhar Dental College is conducting a Value-added course on 'Stress Management' by Dr Anu Mathew from 12-06-2023 to 16-06-2023 in Mini Auditorium at 2:30 pm. All are invited for the same.



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**PRINCIPAL** 

Prof. Dr. Karvey Thomas MDS **Principal** Al-Azhar Dental College Thodupuzha - 685 605

Thodupuzha - 685 605

Off: 04862 224366 Fax: 04862 229586



## AL-AZHAR DENTAL COLLEGE

(APPROVED BY DENTAL COUNCIL OF INDIA & AFFLIATED TO KUHS)

RUN BY NOORUL ISLAM TRUST

PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA– 685 605

## **REPORT**

**PROGRAM** 

: STRESS MANAGEMENT

DATE

: 12-06-2023 to 16-06-2023

VENUE

: AL-AZHAR DENTAL COLLEGE

TIME

: 02:30 - 05:30 pm (15 hours course)

**NO. OF PARTICIPANTS: 57** 

Registration of participants for the Value-added course on 'Stress Management' started at 1:30 pm. The program started with a prayer song at 02:00 pm. The inaugural address was delivered by Dr. Harvey Thomas (Principal). The introduction of the speaker, Dr. Anu Mathew, Senior Lecturer, Periodontics was done by Dr. Binila S Babu. The session started at 02:30 pm.

DAY 1 (12.06.2023, 03 hours) - The speaker emphasized the stressful conditions that the curriculum offers and reported that dental students show considerable stress symptoms during the training period. The students demonstrate higher levels of stress, depression, obsessive-compulsive disorders, and interpersonal sensitivity.

DAY 2 (13.06.2023, 03 hours) – Speaker instructed the students methods to identify the cause of their stress and importance of overcoming the same.

DAY 3 (14.06.2023, 03 hours) – The session consisted of the importance of stress management to help the students to better deal the stressful situations throughout the course and advantages of practicing stress management techniques. The techniques include relaxation strategies, interpersonal approaches such as counseling systems, programs designed to improve studying and test-taking skills and stress management workshops.

Prof. Dr. Vindo Harris R Principal Al-Azhar Dental College Thodupuzha - 685 605 DAY 4 (15.06.2023, 03 hours) – The stress management techniques were explained to the students. Advised students to practice certain physical exercises like running, jogging, swimming, walking, cycling. Also, to make changes in their diet by avoiding stress aggravating foods like coffee, energy drinks, meat, alcohol etc.

DAY 5 (16.06.2023, 03 hours) – He addressed the benefits of practicing yoga as one effective method to alleviate stress. All the participants actively interacted throughout the session and performed some relaxation techniques on instruction.

Certificates were distributed to all the participants on the last day of the course. A memento was given to the speaker as a token of appreciation. A total of 57 students participated in the course. A vote of thanks was given by the coordinator of IQAC. The participants found the course informative and useful.

THOODIPUZHA COLLEGE

Prof. Dr. Karvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

Prof. Dr. Vinod Kurrer B Principal Al-Azhar Denta Milege Thodupuzha - 685 605

## PHOTOS OF VALUE - ADDED COURSE ON STRESS MANAGEMENT



Al- Azhar Dental College, Thodupuzha, Kerala, India Perumpillichira, Thodupuzha - Ezhalloor Rd, Thodupuzha, Kumaramangalam part, Kerala 685605, India Lat 9.912889° Long 76.715888° GPS Map Camera Al- Azhar Dental College, Thodupuzha, Kerala, India Perumpillichira, Thodupuzha - Ezhalloor Rd, Thodupuzha, ental College Kumaramangalam part, Kerala 685605, India Thodupuzha - 685 605 Lat 9.912889° Long 76.715888° ■ 12/06/23 03:12 PM GMT +05:30 Speaker interacting with the participants.



CDE

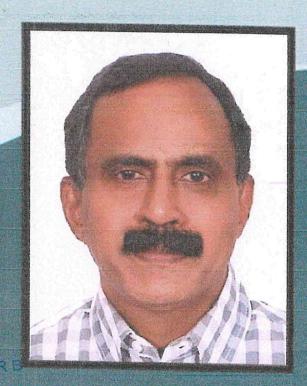
Dept. of Oral and Maxillofacial Surgery in association with IQAC

AVOIDING
LITIGATION IN
DENTAL PRACTISE

2023 JULY

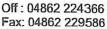
THURSDAY

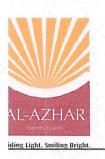




Speaker

Dr. George Varghese MDS





## **AL-AZHAR DENTAL COLLEGE**

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RUN BY NOORUL ISLAM TRUST
PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA— 685 605

Ref. No. AADC/CIR/103 /23

Date: 26-07-2023

## **CIRCULAR**

This is to inform all the staff and students that, the Department of Oral and Maxillofacial Surgery in association of IQAC is organizing a CDE programme on the topic 'Avoiding Litigation in Dental Practice' by Dr. George Varghese, MDS, on 27-07-2023 at 10.30 am in Mini Auditorium. All students and interns are instructed to attend the lecture without fail.



PRINCIPAL

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605

Copy to

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Prof. Dr. Vinod Kurtiara B B

Al-Azhar Dental College Thodupuzha - 685 605

Off: 04862 224366 Fax: 04862 229586



## **AL-AZHAR DENTAL COLLEGE**

(APPROVED BY DENTAL COUNCIL OF INDIA & AFFILIATED TO KUHS)

RUN BY NOORUL ISLAM TRUST

PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA—685 605

## REPORT

TOPIC

: Avoiding litigation in dental practice

FACULTY

: Dr. George Varghese MDS

DATE

: 27-07-2023 (Thursday)

VENUE

: Mini Auditorium, Alazhar Dental College.

ORGANIZED BY

: Department of Oral and maxillofacial Surgery in association

with IQAC Alazhar Dental College

NO. OF PARTICIPANTS : 105 Students

A CDE program on the topic 'Avoiding Litigation in Dental Practice' was organized by Department of Oral and maxillofacial Surgery in collaboration with IQAC Alazhar Dental College in the Mini auditorium on 27-07-2023. The event aimed to provide students with valuable insights to avoid litigations in dental practice.

The program began on a spiritual note with a prayer, setting a positive and focused atmosphere for the day's activities. Dr. Abhilash Thomas, delivered the welcome address. Prof Dr. Harvey Thomas, The Principal and HOD, Department of Oral and Maxillofacial Surgery introduced the speaker Dr. George Varghese MDS to the audience. Dr. George Varghese explained about the risk management to audience including how to prevent adverse events in dental practice while limiting damage from those that occur. He emphasized the need of proper documentation including written consent, record of all patients history, treatment plan ,procedures done and complications experienced if any.

The program concluded with a vote of thanks delivered by Dr.Riny George. The certificates of participation were then distributed to acknowledge the students' attendance and active participation.

This CDE provided a platform for 105 students to enhance their personal and professional development under the valuable insights of Dr. George Varghese. The event successfully achieved its objective of providing students with valuable information regarding avoiding litigation in dental practice. The organizers and speakers were commended for their efforts in creating a meaningful and impactful program

ALABANTOO TARK

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College

Prof. Dr. Vinod Kumbrik B

Al-Azhar Dental College Thodupuzha - 685 605

## AL AZHAR

JENTAL COLLEGE

A career guidance program on

**AZHAR** 

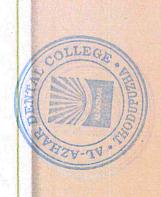
# CARE SECTOR IN GERMANY OPPORTUNITIES IN HEALTH

in association with IQAC and AAMC

By: Voyage to Victory Academy Date: 04/082023

Venue: Lecture hall 1





Prof. Dr. Vindd Kumbr R B Principal Al-Azhar Dental Callege Thodupuzha 1885 605 FREE PG FOR MBBS/BDS PASSED STUDENTS IN GERMANY

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Seminar Invite by Career Talks with Voyage Team on 4 August

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Ref. No. AADC/CIR/ 105A /23

Date: 31-07-2023

## **CIRCULAR**

This is to inform all staff and students that Al-Azhar Dental College in association with IQAC and AAMC is organizing a career guidance program on 04-08-2023 at Lecture Hall- 1 at 10:30 Pam. All are invited for the same.

Copy to

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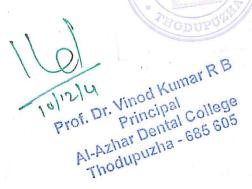
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PRINCIPAL

Prof. Dr. Harvey Thomas MDS Principal Al-Azhar Dental College Thodupuzha-685 605





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### REPORT

## "Opportunities in the Health Care Sector in Germany"

(in association with AAMC)

Date: 4th August 2023

Time: 10:30 AM to 1:30 PM

Location: Lecture Hall 1

Audience: 113 Students

### Introduction

The lecture on "Opportunities in the Health Care Sector in Germany" was organized to provide students with insights into the vast career opportunities available within Germany's health care system. It aimed to educate participants about the current landscape of the sector, potential career paths, and the skills required to succeed. The event was well-attended by 113 students, and the session was held from 10:30 AM to 1:30 PM in Lecture Hall 1.

## **Key Highlights**

## 1. Overview of the Health Care Sector in Germany

The session began with an overview of the German health care system, one of the most advanced in the world. The presenter explained the structure of health care in Germany, which is characterized by both public and private insurance systems, as well as a robust infrastructure that includes hospitals, outpatient services, and specialized medical practices.

## 2. Career Opportunities

The speaker elaborated on various career opportunities within the health care sector in Germany, which include but are not limited to:

 Medical Professionals: Doctors, nurses, and allied health professionals like physiotherapists and radiologists.

alazhardentaloffice@gmail.com
 aadc.ac.in

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• Health Management and Administration: Health care administrators, managers, and policy-makers involved in the planning and management of health care facilities.

Research and Development: Opportunities for students in medical research, biomedicine,

pharmaceuticals, and public health.

• IT and Digital Health: With the increasing importance of technology in healthcare, positions in health informatics, telemedicine, and health data management are on the rise.

The speaker also emphasized the expanding demand for professionals due to Germany's aging population and increasing need for healthcare services.

## 3. Skills and Qualifications

To pursue careers in Germany's healthcare sector, the speaker highlighted the importance of a combination of specialized education and soft skills. Some of the key skills and qualifications required include:

Medical Training and Certification for medical professionals.

• Language Proficiency: Proficiency in the German language, particularly for those planning to work directly with patients or in clinical settings, is a must.

Adaptability and Technical Skills: In areas like digital health, knowledge of emerging

technologies such as AI in medicine is valuable.

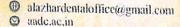
Cultural Competence: Understanding the diverse cultural needs of Germany's population
is important, especially for those in care and nursing roles.

## 4. Challenges and Solutions

The presenter also discussed some challenges in the sector, including staff shortages, long working hours, and the increasing complexity of medical technologies. Solutions such as better work-life balance initiatives, recruitment from international talent pools, and improved training programs were explored as ways to address these challenges.

## 5. Networking and Internships

The session concluded with advice on how students can gain practical experience in the field. Internships, networking with professionals through health care conferences and associations, and utilizing university partnerships with hospitals were all recommended as avenues to build a career in the sector.



Under the engis of Noortal Islam Trus Recognised by Devial Coursel of India & Adillated to KUHS



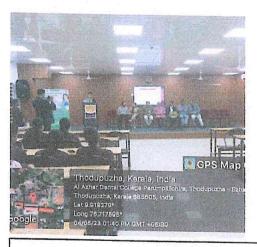
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## Student Engagement

Throughout the session, students actively engaged with the speaker. There were several questions asked, primarily about opportunities for international students in the German health care sector, language requirements, and the potential for telemedicine careers.

### Conclusion

The lecture on "Opportunities in the Health Care Sector in Germany" provided valuable insights into a promising and diverse field. The health care industry in Germany is a growing sector, offering multiple career paths for students with the right qualifications and skills. The session ended with students being encouraged to pursue further education and training, and to seize opportunities for internships and networking in the health care industry





The Faculty Delivering the Talk





AL-AZHAR DENTAL **COLLEGE** 

DR VISHNU THOMAS READER **PROSTHODONTICS** AADC

Thodupuzha - 68<mark>5 605</mark>

## MORK ETHICS

CONTENTS

- Introduction to Ethics
  - Ethics Meaning
- Personal Ethics and Morality
  - Dental Ethics
  - Principles of Dental Ethics
    - Hippocratic Oath
    - Codes of Ethics

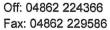


04-09-2023 to 08-09-2023

02:30 - 05:30 PM

MINI AUDITORIUM,

ALAZHAR DENTAL COLLEGE • Unethical Practices





## AL-AZHAR DENTAL COLLEGE

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PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Ref. No. AADC/CIR/114/23

Date: 01 - 09 - 2023

## **CIRCULAR**

This is to inform all the staff and students that the IQAC of Al - Azhar Dental College is conducting a Value-added course on 'Work Ethics' by Dr Vishnu Thomas from 04-09-2023 to 08-09-2023 in mini auditorium at 02:30 pm. All are invited for the same.



**PRINCIPAL** 

Prof. Dr. Karvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

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Prof. Dr. Vinod Kungar R.B. Principal 12 Al-Azhar Denial College Thodupuzha - 685 605

Off: 04862 224366 Fax: 04862 229586



## AL-AZHAR DENTAL COLLEGE

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## **REPORT**

**PROGRAMME** 

: WORK ETHICS

DATE

: 04-09-2023 to 08-09-2023

VENUE

: AL-AZHAR DENTAL COLLEGE

TIME

: 02:30 - 05:30 pm (15 hours course)

**NO. OF PARTICIPANTS: 81** 

Registration of participants for the Value-added course on 'Work Ethics' started at 01:30 pm. The program started with a prayer song at 02:00 pm. The inaugural address was delivered by Dr. Harvey Thomas (Principal). The introduction of the speaker, Dr Vishnu Thomas, Reader, Department of Prosthodontics was done by Dr. Moushmi C B. The session started at 02:30 pm.

Day 1 (04.09.2023, 03 hours) - Our speaker started the session with the meaning of dental ethics which is the moral duties and obligations of the dentist towards his/her patients, professional colleagues and to society. Emphasize the importance of ethical values in dentistry and one should focus on the moral aspects of dental treatment rather than the price.

Day 2 (05.09.2023, 03 hours) – He addressed how dental ethics help support autonomy and self-determination, protect the vulnerable and promote the welfare and equality of human beings.

Day 3 (06.09.2023, 03 hours) – He said that the dental profession has a special trust in the community and the best dentist-patient relationship should be based on that trust, honesty, providing high quality and appropriate treatment, and keeping the patient safe and healthy.

Prof. Dr. Vinod Remar R E Principal Al-Azhar Dental College Thodupuzha - 685 605 Day 4 (07.09.2023, 03 hours) - He explained the code of ethics prescribed by regulatory bodies which should act as a guiding light in distinguishing between the right and the wrong, observing one's duties and maintaining good interpersonal relationships. The principles of ethics: patient autonomy, nonmaleficence, beneficence, justice, and veracity.

Day 5 (08.09.2023, 03 hours) – The students were made aware of that as a professional we should: 1. Be aware of the responsibilities that we accept when entering the dental profession. 2. Meet the standards of competence, care and conduct while rendering service. Also, the value of the Hippocratic Oath taken as professionals.

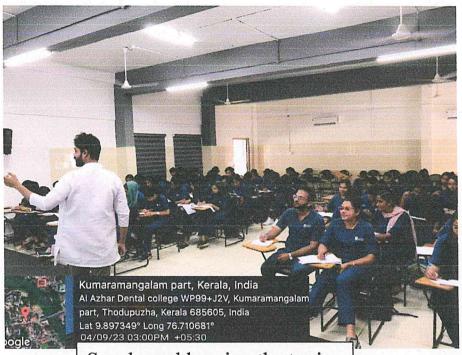
Certificates were distributed to all the participants on the last day of the course. A memento was given to the speaker as a token of appreciation. A total of 81 students participated in the course. A vote of thanks was given by the coordinator of IQAC. The participants found the course informative and useful.

DENTAL COLLEGE

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

Prof. Dr. Vinod Kara B.B Principal Al-Azhar Dental College Thodupuzha - 685 605

## PHOTOS OF VALUE - ADDED COURSE ON WORK ETHICS



Speaker addressing the topic.



Prof. Dr. Vinod Kurtanby Principal Al-Azhar Dental College Thodupuzha - 685 605



## BETHE BEST

in association with Alazhar Academy for MDS coaching & Career guidance &IQAC AADC

## Mr. Arun Jose

Corporate Trainer Motivational Speaker Brand Strategist



TUESDAY 21st NOVEMBER 2023



10:00 AM



MINI AUDITORIUM





0

Al-Azhar Dental College Thodupuzha - 685 605





## **AL-AZHAR DENTAL COLLEGE**

(APPROVED BY DENTAL COUNCIL OF INDIA & AFFILIATED TO KUHS)

RUN BY NOORUL ISLAM TRUST

PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA—685 605

Ref: AADC/CIR/162A/2023

Date:18-11-2023

## **CIRCULAR**

This is to inform all students and staff that Al Azhar Dental College in association with Al-Azhar Academy for MDS coaching & Career guidance and IQAC AADC is organizing a CDE Pogram on the topic 'BE THE BEST' by Mr. Arun Jose (Corporate Trainer), on 21-11-2023 at 10.00am in Mini Auditorium. All interested students & staff are requested to be on time at mini auditorium.

OLIVIA COLIVIA

PRINCIPAL

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605

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Administrative officer All Departments Office File

> Prof. Dr. Vinod Corrar R E Principal Al-Azhar De tal College

Thodupuzha - 685 605

Off: 04862 224366 Fax: 04862 229586



## **AL-AZHAR DENTAL COLLEGE**

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RUN BY NOORUL ISLAM TRUST

PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA—685 605

## REPORT

TOPIC

: Personality Development Program - "Be the Best"

FACULTY

: Mr. Arun Jose

DATE

: 21-11-23 (Tuesday)

VENUE

: Mini Auditorium, Alazhar Dental College.

ORGANIZED BY

: Alazhar Academy for MDS Coaching and Career

Guidance (AAMC) and IQAC Alazhar Dental College

NO. OF PARTICIPANTS : 103 Students

The Personality Development Program, titled "Be the Best," organized by Alazhar Academy for MDS Coaching and Career Guidance in collaboration with IQAC Alazhar Dental College, took place on 21.11.23. The event aimed to provide students with valuable insights and tools for personal and professional growth.

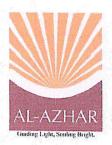
The program began on a spiritual note with a prayer, setting a positive and focused atmosphere for the day's activities. Dr. Harvey Thomas, the principal, delivered a welcome address. A crucial component of the program 'be the best' by Mr. Arun, was a stress relief session designed to help students cope with the challenges they face. The session provided practical techniques to manage stress and foster a healthy mindset. He highlighted the importance of maintaining a positive attitude, not only for personal well-being but also for success in one's chosen profession. The emphasis on positivity as a driving force for personal and career development was a key takeaway. The speaker stressed the need for continuous learning and updating of knowledge in the ever-evolving fields of medicine and dentistry. He encouraged the participants to embrace change and stay current with advancements in their respective fields.

The program concluded with a vote of thanks delivered by Dr. Amal E A, the administrative officer. Dr. Moushmi.C.B, Reader from the Department of Conservative Dentistry and Endodontics, also expressed her gratitude. The certificates of participation were then distributed to acknowledge the students' attendance and active participation.

The "Be the Best" Personality Development Program provided a platform for 103 students to enhance their personal and professional skills. Mr. Arun Jose insightful address, stress relief session, and emphasis on positive attitudes and continuous updating contributed to a holistic learning experience. The event successfully achieved its objective of providing students with valuable tools for personal and professional development. The organizers and speakers are the commended for their efforts in creating a meaningful and impactful program.

hoduputha - 685 605

Off: 04862 224366 Fax: 04862 229586



## AL-AZHAR DENTAL COLLEGE

## (APPROVED BY DENTAL COUNCIL OF INDIA & AFFILIATED TO KUHS) RUN BY NOORUL ISLAM TRUST

PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Program: BE THE BEST

Name of speaker: Mr. Arun Jose

Date: 21st nov 2023

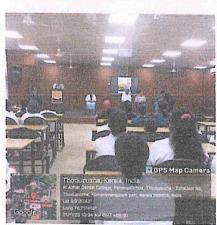
Time: 10am

Venue: Mini Auditorium











Prof. Dr. Vinod Kurral R-B Principal Al-Azhar Dental College Thodupuzha - 685 605



## A DSAMAREN ESS TALK



Speaker:

## Gayathri V K

Public Health Nurse **Family Health Centre** Kumaramangalam



FRIDAY 1st DECEMBER 2023



12:00PM - 1:00PM



MINI AUDITOF



Principal W Al-Azhar Denal College Thodupuzha - 685 605



(O) f @alazhardentalc



aadc.ac.in





## AL-AZHAR DENTAL COLLEGE

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RUN BY NOORUL ISLAM TRUST
PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Ref. No. AADC/CIR/171/23

Date: 29-11-2023

## CIRCULAR

This is to inform all staff and students that on occasion of World Aids Day on 1<sup>st</sup> December 2023, Department of Public Health Dentistry has organized an Aids Awareness talk by Mrs Gayathri V K (Public Health Nurse) at Mini Auditorium by 12.00 pm. All are invited for the same.



PRINCIPAL

Cof. Dr. Harvey Thomas MDS Principal Al-Azhar Dental College Thodupuzha-448 406

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Prof. Dr. Winosli Principal R B

Al-Azhar Dertal College Thodupuzha - 685 605

Off: 04862 224366 Fax: 04862 229586



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## Report on AIDS Awareness Talk at Al Azhar Dental College

### **Event Details:**

- Date and Time: 1st December 2023, 12:00 PM to 1:00 PM
- Venue: College Mini Auditorium

Overview: Gayathri V K conducted a comprehensive and informative AIDS awareness talk, emphasizing the importance of spreading awareness about HIV/AIDS within the college community. The timing of the event on World AIDS Day added significance to the cause.

## **Key Points Covered:**

- 1. **Epidemiology of HIV/AIDS:** Gayathri provided an overview of the current global and local statistics related to HIV/AIDS, highlighting the prevalence and incidence rates.
- Transmission and Prevention: The talk focused on modes of transmission of HIV and practical measures for prevention. Gayathri emphasized the role of safe practices and regular testing in preventing the spread of the virus.
- 3. Stigma and Discrimination: An essential aspect of the discussion involved addressing the stigma associated with HIV/AIDS. Gayathri discussed the importance of creating a supportive and non-discriminatory environment for those affected by the virus.

Prof. Dr. Voed Kumar R E Prindpal Al-Azher Dental College Thodupuzha - 685 605

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- 4. Testing and Counseling: The public health nurse elaborated on the significance of voluntary testing and counseling services available at the Family Health Centre in Kumaramangalam.
- Role of Educational Institutions: Gayathri stressed the role that
  educational institutions, like Al Azhar Dental College, can play in
  promoting awareness and eradicating misconceptions surrounding
  HIV/AIDS.

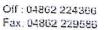
Audience Engagement: The audience actively participated in the session through Q&A sessions and interactive discussions. Gayathri's engaging presentation style and real-life examples resonated well with the attendees.

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Deaf De Hangy Thomas M

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

Prof. Dr. Vinod Kurra B B Principal VIII B Al-Azhar Dental College Thodunuzha - 685 605



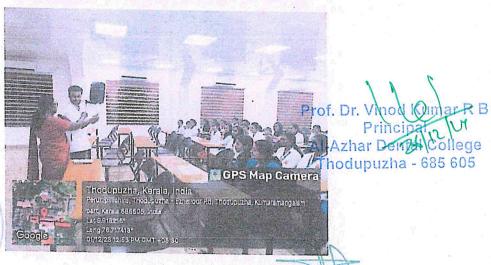


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Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605



## SEMINAR ON ANTI-RAGGING







1st JANUARY



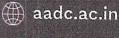
10:30 - 11:30 AM



Mini Auditorium



🕽 f @alazhardentalcollege





Thodupuzha - 685 605





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PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA—685 605

Ref. No. AADC/CIR/179 /23

Date: 30-12-2023

#### CIRCULAR

This is to inform all the staff and students that Al-Azhar Dental College is conducting an Anti-Ragging Seminar by Dr. Bindu R, MDS (DCI Member, Associate Professor, DEPT of OMFS, GDC Trivandrum) on 01-01-2024 at 10.30am in Mini Auditorium. All students and interns are instructed to attend the lecture without fail.



PRINCIPAL.

Prof. Dr. Harrey Thomas MD8 Principal Al-Azhar Dontal Gollego Thodupuzha-885 665

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Al-Azhar Dental College Thodupuzha - 685 605

Prof. Dr.



#### **Program Report**

Event: Anti-Ragging Seminar Program

Date: January 1, 2024

Venue: Mini Auditorium, Al Azhar Dental College, Thodupuzha

Organized by: IQAC, Al Azhar Dental College

Introduction: The Anti-Ragging Seminar held at the Mini Auditorium of Al Azhar Dental College on January 1, 2024, was a significant event aimed at creating awareness and promoting a ragging-free environment within the college premises. The seminar featured an esteemed speaker, Dr. Bindu R. MDS and Additional Professor in the Department of Oral and Maxillofacial Surgery at GDC, Trivandrum, who is also a distinguished member of the Dental Council of India (DCI).

#### **Event Schedule:**

1. Welcome Speech: Dr. Lakshmipriya E, Head of the Department of Oral Pathology, delivered a warm welcome speech, setting a positive tone for the seminar.

2. Principal Address: Dr. Harvey Thomas, the Principal of Al Azhar Dental College, shared insightful thoughts on the importance of maintaining a safe environment within the institution.

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- 3. Felicitation:Dr. Litto Manual, Head of the Department of Prosthodontics and Crown & Bridge, extended felicitations to the speaker and emphasized the significance of the seminar's theme.
- 4. **Introduction of the Speaker:**Dr.Prijitha Alex, Head of the Department of Public Health Dentistry, introduced Dr. Bindu R, highlighting her expertise and contributions in the field.
- 5. Seminar by Dr. Bindu R:Dr. Bindu R conducted an informative and engaging seminar on anti-ragging measures, drawing from her vast experience. Her insights were valuable in creating awareness and understanding among the attendees.
- 6. Vote of Thanks:Dr.Moushmi C B, from the Department of Conservative Dentistry and Endodontics, expressed gratitude to Dr. Bindu R, all the dignitaries, and participants for making the event a success.
- 7. National Anthem: The program concluded with the national anthem.

Conclusion: The Anti-Ragging Seminar Program at Al Azhar Dental College was a commendable initiative in fostering a safe and inclusive atmosphere for students. Dr. Bindu R's expertise added significant value to the event, and the active participation of anti-ragging committee members, squad members, hostel wardens, faculty, 1<sup>st</sup> year and 2<sup>nd</sup> year BDS students alike contributed to its success. Such endeavours play a crucial role in promoting a healthy educational environment, ensuring the well-being of all members of the college community.



PRINCIPAL

Prof. Dr. Harvay Thomas 1800 Principal Al-Azhar Dontal College Thodusuzha-688 see



## AL-AZHAR DENTAL COLLEGE

# Bio-Medical Waste Management

CONTENTS

- Types of Wastes
- Sources of Waste
- Biomedical Waste Storage & Handling -Intermediate and **FinalStorage Area** 
  - Color Coding Systems
  - Sharps management
- Liquid Waste Management from Clinical Dept and Laboratories
  - Linen management
    - Infection Control
- Biomedical Waste Treatment Technologies

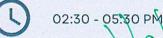


DR STACEY THOMAS SENIOR LECTURER PEDIATRIC AND PREVENTIVE DENTISTRY AADC



16-01-2024 to 20-01-2024







VENUE: MINI AUDITORIUM.

Thodupuzha - 685 605



ALAZHAR DENTAL COLLEGE



Ref. No. AADC/CIR/1 A2/24

Date: 12 - 01 - 2024

#### **CIRCULAR**

This is to inform all the staff and students that the IQAC of Al - Azhar Dental College is conducting a Value-added course on 'Bio-Medical Waste Management' by Dr. Stacey Thomas from 16-0811-2024 to 20-01-2024 in Mini Auditorium at 2:30 pm. All are invited for the same.



**PRINCIPAL** 

Prof. Dr. Karvey Thomas MDS Principal Al-Azhar Dental College Thodupuzha - 685 605

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#### REPORT

**PROGRAMME** 

: BIO-MEDICAL WASTE MANAGEMENT

DATE

: 16-01-2024 to 20-01-2024

**VENUE** 

: AL-AZHAR DENTAL COLLEGE

TIME

: 02:30 - 05:30 pm (15 hours course)

**NO. OF PARTICIPANTS: 52** 

Registration of participants for the Value-added course on 'Bio-Medical Waste Management' started at 01:45 pm. The program started with a prayer song at 02:00 pm. The inaugural address was delivered by Dr. Harvey Thomas (Principal). The introduction of the speaker, Dr Stacey Thomas, Senior Lecturer, Pediatric and Preventive Dentistry was done by Dr. Binila S Babu. The session started at 02:30 pm.

Day 1 (16.01.2024, 03 hours) - Our speaker explained what bio-medical wastes are? How are they different from household waste? The importance of handling and proper management of bio-medical waste to decrease environmental pollution.

Day 2 (17.01.2024, 03 hours) - Detailing of each of the types of biomedical waste like infectious waste, pathological waste, sharps, pharmaceutical waste, genotoxic waste, chemical waste, radioactive waste etc. were done.

Day 3 (18.01.2024, 03 hours) - The Collective teamwork of the college with the committed government support in finance and infrastructure development is an important factor for the effective disposal of BMW.

Day 4 (19.01.2024, 03 hours) - She emphasized the color-coding systems and types of wastes to be disposed in each. Having systems is essential for proper waste segregation. The separation of hazardous and non-hazardous waste can be done by installing bins or

Prof. Dr. Wno

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supervising waste disposal sites. This can improve the rate of recycling, reduce costs, and reduce the overall impact of waste on the environment.

Day 5 (20.01.2024, 03 hours) – The steps in the management of biomedical wastes were addressed. Steps being 1. Survey of the waste generated, 2. Segregation of hospital waste, 3. Collection and categorization of waste, 4. Storage of waste (not beyond 48hrs) 5. Transportation of waste, 6. Treatment of waste.

Certificates were distributed to all the participants on the last day of the course. A memento was given to the speakers as a token of appreciation. A total of 52 students participated in the course. A vote of thanks was given by the Coordinator of IQAC. The participants found the course informative and useful.



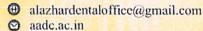
Prof. Dr. Karvey Thomas MDS Principal Al-Azhar Dental College Thodupuzha - 685 605

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### PHOTOS OF VALUE - ADDED COURSE ON BIO-MEDICAL WASTE MANAGEMENT







## TRAINING PROGRAM

2024 FEBRUARY 23

VENIE-MINI AUDITORIUM

Prof. Dr. Civy V. Pulayath

MDS, MBA, MSc ( Psy ), PhD
Professor and Head
Public Health Dentistry, Atlas Dental College
Addis Ababa University, Ethiopia



8:30 AM -10:00 AM

**TEACHER TO GURU** 

**INNOVATIVE PEDOGOGICAL APPROACHES** 

FACULTY ORIENTATION PROGRAM

11:30 AM- 1:00 PM

**CARVE YOUR NICHE** 

GUIDELINES FOR A SUCCESSFUL DENTAL CAREER

FOR DENTAL STUDENTS AND INTERNS

2:00 PM - 4:00 PM

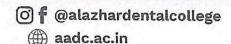
**AMAZING ASSISTANTS** 

TEAM WORK AND PRODUCTIVITY AT WORKPLACE

TRAINING FOR NON TEACHING STAFF



Prof. Dr. Hockumar R B Principal Al-Azhar Dental College Thodupuzha - 685 605





Ref. No. AADC/CIR/21/24

Date: 09.02.2024

#### CIRCULAR

This is to inform all the staff, non-teaching staff, interns and students, a training program by Prof. Dr. Civy V Pulayath (Professor and Head, Public Health Dentistry, Atlas Dental College Addis Ababa University, Ethiopia) will be held on 23-02-2024 in association with IQAC, AADC.

For faculty Orientation Program 'Teacher to Guru' at 8.30 am to 10.00am, for Students and Interns 'Carve Your Niche' (Guidelines for a successful dental career) at 11.30 to 1.00 pm and Training for Non-Teaching staff 'Amazing Assistants' (Team work and productivity at workplace) at 2.00pm to 4.00 pm. All are invited for the same.

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PRINCIPAL

Prof. Dr. Harvey Thomas MDS Principal

Al-Azhar Demoi College Thodupuzha

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Prof. Dr. Vi

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#### REPORT

Title: CARVE YOUR NICHE: Guidelines for a Successful Dental Career

Speaker: Dr. Civy V Pulayath

Date: February 23, 2024

Venue: Mini Auditorium, Al Azhar Dental College

Participants: 104

Overview:

Dr. Civy V Pulayath's talk, "CARVE YOUR NICHE: Guidelines for a Successful Dental Career," delivered at Al Azhar Dental College's mini auditorium, was a profound journey through the realms of dentistry, professionalism, and personal growth. With 104 aspiring dental students in attendance, the event was not only a testament to the keen interest of the students in enhancing their future careers but also a reflection of the significance of mentorship in the field of dentistry.

#### Key Takeaways:

- Embrace Lifelong Learning: Dr. Pulayath emphasized the importance of continuous
  education beyond dental school. The dental field is ever-evolving, with new technologies,
  treatment methodologies, and materials emerging regularly. Staying abreast of these
  developments can set a dentist apart in their practice.
- Specialize Wisely: The decision to specialize should be informed by a combination of
  passion, market demand, and the opportunity to make a meaningful impact. Dr. Puliyath
  shared insights into how identifying and pursuing a niche can lead to a fulfilling and
  successful career.
- Build a Strong Network: The significance of networking with peers, mentors, and professionals across the dental community was highlighted. Networking can lead to opportunities for collaboration, referrals, and continued learning.
- 4. Prioritize Patient Care: Exceptional patient care should be the cornerstone of dental practice. Building trust and rapport with patients, understanding their needs and fears, and delivering outstanding service can cultivate a loyal patient base and generate referrals.

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- Innovate and Adapt: Innovation in dental practices, whether through adopting new technologies or developing unique patient care models, can distinguish a dentist in a competitive market. Adaptability to change was underscored as a critical trait for success.
- 6. Wellness and Balance: Dr. Pulayath touched upon the importance of personal wellness and work-life balance. The demanding nature of dental careers can take a toll on mental and physical health; therefore, practitioners should adopt healthy coping mechanisms and strive for a balanced life.
- 7. Ethics and Professionalism: Upholding the highest standards of ethics and professionalism in all aspects of dental practice was stressed as essential. Integrity, honesty, and ethical patient care are the foundation of a reputable and successful career.

#### Conclusion:

Dr. Civy V Pulayath's insightful talk provided a comprehensive roadmap for dental students aspiring to carve out successful niches in their dental careers. The blend of professional advice, personal wisdom, and practical tips left a lasting impression on the attendees, equipping them with the tools to navigate their future paths in dentistry with confidence and ambition.



Prof. Dr. Vinod Kumar R B Principal Al-Azhar Dental Co Nege Thodupuzha - 685 605



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Title: CARVE YOUR NICHE: Guidelines for a Successful Dental Career

Speaker: Dr. Civy V Pulayath

Date: February 23, 2024

Venue: Mini Auditorium, Al Azhar Dental College





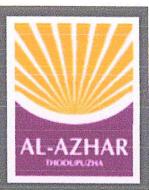
Dr. Civy interacting with the students of Al Azhar Dental College

Vinod Kumar RB

lege | Principal N Azhar Dental College Thodupuzha - 685 605

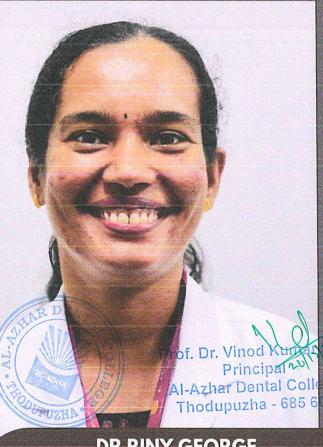
## AL-AZHAR DENTAL COLLEGE

## SOFT SKILL DEVELOPMENT



## **CONTENTS**

- Introduction
- Importance of interpersonal relationship b/w dentist & patient
  - Importance of empathy
    - Positive attitude
  - Friendliness and social skills
    - Problem solving skills
    - Time management skills
    - Good communication skills
      - Flexibility & adaptability
        - Strong work ethics
      - · Emphasis of inclusivity



DR RINY GEORGE
SENIOR LECTURER
ORAL & MAXILLOFACIAL SURGERY
AADC

DATE: 12-03-2024 to 16-03-2024

TIME: 02:30 - 05:30 PM

VENUE: MINI AUDITORIUM, ALAZHAR DENTAL COLLEGE

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Ref. No. AADC/CIR/ 27A/24

Date: 07 - 03 - 2024

#### **CIRCULAR**

This is to inform all the staff and students that the IQAC of Al - Azhar Dental College is conducting a Value-added course on 'Soft Skill Development' by Dr. Riny George from 12-03-2024 to 16-03-2024 in Mini auditorium at 2:30 pm. All are invited for the same.



**PRINCIPAL** 

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Prof. Dr. Karvey Thomas MDS **Principal** Al-Azhar Dental College Thodupuzha-685 605

Prof. Dr. Vinod Kumai

Al-Azhar Dental Colle Thodupuzha - 685 605



#### **REPORT**

**PROGRAMME** 

: SOFT SKILL DEVELOPMENT

DATE

: 12-03-2024 TO 16-03-2024

**VENUE** 

: AL-AZHAR DENTAL COLLEGE

TIME

: 02:30 - 05:30 pm (15 hours course)

**NO. OF PARTICIPANTS: 53** 

Registration of participants for the Value-added course on 'Soft Skill Development' started at 01:45 pm. The program started with a prayer song at 02:00 pm. The inaugural address was delivered by Dr. Harvey Thomas (Principal). The introduction of the speaker, Dr Riny George, Senior Lecturer, Department of Oral and Maxillofacial Surgery was done by Dr. Binila S Babu. The session started at 02:30 pm.

Day 1 (12.03.2024, 03 hours) -. The speaker addressed the importance of acquiring soft skills to improve the patient flow in dental institutions by improving the interpersonal relationship between the dentists and patients, which is one of the primary factors in determining patient satisfaction.

Day 2 (13.03.2024, 03 hours) – The session was on the different types of soft skills being positive attitude, strong work ethics, leadership, problem-solving skills, flexibility and adaptability, time management, good communication, self-confidence, and teamwork which are considered as important tools for the success of dental practices.

Day 3 (14.03.2024, 03 hours) – Soft skills help in organizing, planning, managing, and tracking changes in the growing dental practices.

Day 4 (15.03.2024, 03 hours) – Session was on the difference between the hard and soft skills for its applications. The hard skills are object oriented, and soft skills are people oriented. Two important soft skills were mentioned as Conventional and Tribal Skills.

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Prof. Dr. Vinod Karan R.B.

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Day 5 (16.03.2024, 03 hours) - Speaker addressed the types of soft skills that have importance in dentistry. Conventional Skills - Communication Skills, Management Skills, Presentation Skills, Team-work Skills, Mentoring Skills, Leadership Skills, Interpersonal Relationship Skills. Tribal Skills - Negotiation Skills, Self-promoting Skills, Net-working Skills, Persuasion Skills, Skills in handling difficult situations, Skills in Handling office politics and Skills in dealing with difficult personalities.

Certificates were distributed to all the participants on the last day of the course. A memento was given to the speakers as a token of appreciation. A total of 53 students participated in the course. A vote of thanks was given by the Coordinator of IQAC. The participants found the course informative and useful.



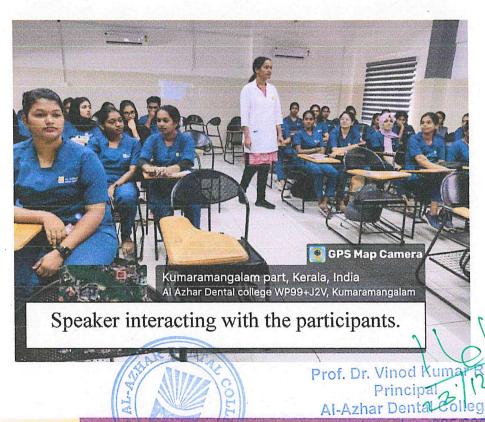
Prof. Dr. Karvey Thomas MDS **Principal** Al-Azhar Dental College Thodupuzha - 685 605

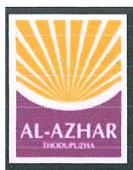
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## PHOTOS OF VALUE - ADDED COURSE ON SOFT SKILL DEVELOPMENT







## AL-AZHAR DENTAL COLLEGE

## PROFESSIONAL

## ETIQUETTES

### CONTENTS

- OBJECTIVES OF PROFESSIONAL DEVELOPMENT
  - ETIQUETTES SIGNIFICANCE
  - PROFESSIONAL ETIQUETTE
- · SOCIAL ETIQUETTE AND BEHAVIOUR
  - WORKPLACE ETIQUETTE
    - PROFESSIONAL ETHICS
      - EFFECTIVE SKILLS
- CONSTITUTIONAL OR NATIONAL VALUES
  - PROFESSIONAL VALUES
    - RELIGIOUS VALUES

DR PRIJITHA ALEX
READER
PUBLIC HEALTH DENTISTRY
AADC



02:30-05:30 PM



22-04-2024 TO 26-04-2024

VENUE: MINI AUDITORIUM, ALAZHAR DENTAL COLLEGE





Ref. No. AADC/CIR/40 B/24

Date: 19 - 04 - 2024

#### **CIRCULAR**

This is to inform all the staff and students that the IQAC of Al - Azhar Dental College is conducting a Value-added course on 'Professional Etiquettes' by Dr. Prijitha Alex from 22-04-2024 to 26-04-2024 in mini auditorium at 2:30 pm. All are invited for the same.

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Prof. Dr. Vinod Kumar R B Principal Al-Azhar Dental College Thodupuzha - 685 605



#### REPORT

**PROGRAMME** 

: PROFESSIONAL ETIQUETTES

DATE

: 22-04-2024 to 26-04-2024

VENUE

: AL-AZHAR DENTAL COLLEGE

TIME

: 02:30 – 05:30 pm (15 hours course)

**NO. OF PARTICIPANTS: 105** 

Registration of participants for the Value-added course on 'Professional Etiquettes' started at 01:45 pm. The program started with a prayer song at 02:00 pm. The inaugural address was delivered by Dr. Vinod Kumar R B (Principal). The introduction of the speaker, Dr Prijitha Alex, Reader, Department of Public Health Dentistry was done by Dr. Sharon Vincent. The session started at 02:30 pm.

Day 1 (22.04.2024, 03 hours) – Speaker addressed the meaning, importance, significance and need of professional etiquette in dentistry.

Day 2 (23.04.2024, 03 hours) – Types of etiquette were discussed like personal etiquette, office or workplace etiquette, telephone etiquette, and social etiquette and behavior.

Day 3 (24.04.2024, 03 hours) – The concept of professional ethics was mentioned that are important for better professional practice.

Day 4 (25.04.2024, 03 hours) – Communication is an important part of workplace etiquette. She emphasized that more than what is said, the way of saying counts more in professional practice. Tips to improve communication skills were addressed.

Day 5 (26.04.2024, 03 hours) – Speaker mentioned the constitutional, professional and religious values for a better professional future.

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Certificates were distributed to all the participants on the last day of the course. A memento was given to the speakers as a token of appreciation. A total of 105 students participated in the course. A vote of thanks was given by the Coordinator of IQAC. The participants found the course informative and useful.

## PHOTOS OF VALUE - ADDED COURSE ON PROFESSIONAL ETIQUETTES





Prof. Dr. Vino Al-Azhar Dentan Thodupuzha - 685 605



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#### Program Report on World No Tobacco Day Awareness Program

Date: May 31, 2024

Time: 10:30 AM

Venue: Mini Auditorium, Al Azhar Dental College

#### Introduction

The Excise Department of Thodupuzha, in association with the Department of Public Health Dentistry at Al Azhar Dental College, organized a World No Tobacco Day awareness program on May 31, 2024. The event aimed to raise awareness about the dangers of tobacco use and promote a tobacco-free lifestyle among the community.

#### **Program Schedule**

- 1. Prayer
- 2. **Welcome Speech:** Dr. Prijitha Alex, HOD, Department of Public Health Dentistry
- 3. **Presidential Address:** Dr. Vinod Kumar R B, Principal, Al Azhar Dental College
- 4. **Inaugural Speech:** Sri R Jayachandran, Deputy Excise Commissioner, Idukki
- 5. Anti-Narcotic Day Messages:
  - Sri Ani Kumar P, Excise Circle Inspector, Thodupuzha
  - Sri Dijo Das, District Vimukthi Coordinator, Idukki
- 6. Awareness Class: Sri Shinoj V R, Civil Excise Officer
- 7. Anti-Narcotic Day Pledge: Sri Binshad C.M. Assistant Excise Inspector Grade
- 8. Skit: Performed by Al Azhar College students

9. Vote of Thanks: Dr. Amal E.A, Administrative Officer Al-Azhar Dental College Thodupuzha - 685 605

#### **Detailed Report**

#### 1. Prayer

The event commenced with a prayer, invoking blessings for the success of the program and the well-being of the participants.

#### 2. Welcome Speech

Dr. Prijitha Alex, Head of the Department of Public Health Dentistry, welcomed the dignitaries, guests, and attendees. She highlighted the importance of World No Tobacco Day and the need for collective efforts to combat tobacco use.

#### 3. Presidential Address

Dr. Vinod Kumar R B, Principal of Al Azhar Dental College, delivered the presidential address. He emphasized the role of educational institutions in spreading awareness and fostering a tobacco-free culture. He praised the collaborative effort between the Excise Department and the college in organizing this significant event.

#### 4. Inaugural Speech

The inaugural speech was delivered by Sri R Jayachandran, Deputy Excise Commissioner of Idukki. He spoke about the ongoing efforts of the Excise Department in curbing tobacco use and the importance of community involvement in these initiatives. He commended the college for its active participation and support.

#### 5. Anti-Narcotic Day Messages

Sri Ani Kumar P, Excise Circle Inspector of Thodupuzha, and Sri Dijo Dasin Vial District Vimukthi Coordinator of Idukki, delivered impactful messages on Anti- 685 605 Narcotic Day. They shared insights on the dangers of narcotic substances,

Perumpillichira P. O., Thodupuzha Idukki Dist., Kerala- 685 605 +91 94977 20069 | +91 94463 91111

including tobacco, and stressed the importance of vigilance and education in preventing substance abuse.

#### 6. Awareness Class

Sri Shinoj V R, a Civil Excise Officer, conducted an informative awareness class. He provided statistical data, discussed the health impacts of tobacco use, and highlighted the legal aspects related to tobacco control. The session was highly interactive, with participants actively engaging and asking questions.

#### 7. Anti-Narcotic Day Pledge

Sri Binshad C.M, Assistant Excise Inspector Grade, led the gathering in taking an Anti-Narcotic Day pledge. The attendees solemnly vowed to abstain from tobacco and other narcotics, and to spread the message of a healthy, drug-free life.

#### 8. Skit

Students of Al Azhar College performed a skit depicting the adverse effects of tobacco use and the benefits of quitting. The performance was well-received, effectively conveying the message through engaging and creative storytelling.

#### 9. Vote of Thanks

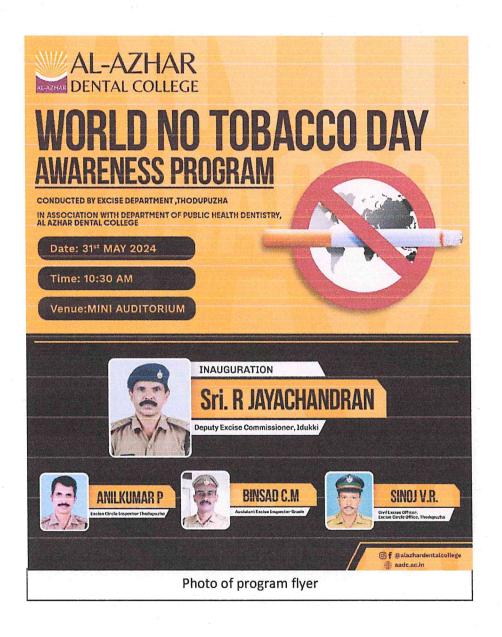
Dr. Amal E.A, Administrative Officer, concluded the program with a vote of thanks. He expressed gratitude to the dignitaries, organizers, participants, and the audience for their contributions and support in making the event a success.

#### Conclusion

The World No Tobacco Day awareness program was a resounding success in the collaborative efforts of the Excise Department of Thodupuzha and 685 605 the Department of Public Health Dentistry at Al Azhar Dental College. The



event effectively raised awareness about the dangers of tobacco use and inspired participants to commit to a tobacco-free lifestyle. The program's success underscores the importance of continued efforts and collaboration in the fight against tobacco and other narcotics.





Prof. Dr. Vinod Kurrar A Principal Al-Azhar Dental College Thodupuzha - 685 605







Prof. Dr. Vinod Kumer R B Principal Al-Azhar Dental College Thodupuzha - 685 605



#### **Anti-Narcotic Day Pledge Report**

On May 31, 2024, during the No Tobacco Day Awareness Class organized by the Indian Dental Association (IDA) Kerala at Al Azhar Dental College, Thodupuzha, a significant highlight was the Anti-Narcotic Day pledge led by Sri Binshad C.M, Assistant Excise Inspector Grade.

#### **Event Details**

Date: May 31, 2024

• Time: 12:30 PM - 1:30 PM

• Venue: Al Azhar Dental College, Thodupuzha

#### **Pledge Ceremony**

Sri Binshad C.M. took the stage to lead the gathering in a solemn Anti-Narcotic Day pledge. This moment was crucial in reinforcing the commitment of the attendees towards a drug-free and tobacco-free lifestyle. The pledge included promises to abstain from the use of tobacco and other narcotics, and to actively promote the message of healthy living within their communities.

#### **Pledge Content**

#### The attendees vowed to:

- 1. Abstain from using tobacco and other narcotics.
- 2. Promote awareness about the harmful effects of tobacco and narcotics.
- 3. Support and encourage those attempting to quit tobacco and narcotic use.
- 4. Advocate for a healthier, drug-free life among peers and in the wider community.

#### Significance

The pledge ceremony was a powerful and unifying moment for all present. It emphasized personal responsibility and collective action in the fight against tobacco and narcotic use. By taking the pledge, participants committed themselves to being ambassadors of a healthier lifestyle and contributing to the broader goal of a drug-free society dupuzha - 685 605



#### Conclusion

The Anti-Narcotic Day pledge led by Sri Binshad C.M. was a significant component of the No Tobacco Day Awareness Class. It not only reinforced the educational messages shared during the program but also empowered attendees to take concrete steps towards promoting a tobacco-free and drug-free environment. This pledge stands as a testament to the dedication and proactive efforts of the dental community and the Excise Department in tackling the challenges posed by tobacco and narcotics.





Prof. Dr. Vinod Kumar R Hyc.
Principal 2 122
Al-Azhar Dental College
Thodupuzha - 685 605

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Prof. Dr. Vinod Kunta Principal 1/12 Al-Azhar Dental Bollege Thodupuzha - 685 605



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#### **EVENTS/PROGRAMS ADDRESSING GENDER**



Prof. Dr. Vind Thodupuzha - 685 605



1.3.1 CDE (Continuing Dental Education) programs incorporating cross cutting issues relevant to Gender, Environment and sustainability, Human values, Health determinants, Right to health and emerging demographic issues 10.25 and Professional ethics.

SL NO	TITLE (ASSESSED TO THE PROPERTY OF THE PROPERT	DATE	PAGE NO
1.	International Day of Girl Child	12.10.2023	69-73
	Challenges and Opportunities for Girl Child		
2.	International day of rural women	16.10.2023	74-78
	Bridging the Gap in Oral Health Care for Rural Women		32.
3.	International Day for the Elimination of Violence against women Self Defense Workshop	10.11.2023	79-84
4.	National Girl Child Day Women's Wellness Session	22.01.2024	85-89
5.	International Women's Day  Learn, Prevent & Screen – Awareness Talk on Cervical Cancer	12.03.2024	90-94



Prof. Dr. Vi Al-Azhar Denta Thodupuzha - 685 605



## AL-AZHAR DENTAL COLLEGE THODUPUZHA



INTERNATIONAL DAY OF GIRL CHILD

## ORGANIZED BY ABHEDYA WOMEN CELL AADC

In association with IQAC,AADC

THURSDAY 12 October 2023



**TIME** 9.00 -10:30Am



VENUE Lecture hall 4



SPEAKER
Dr.SHARON VINCENT
faculty, Pedodontics



Resource person

**SEMINAR ON:** 

CHALLENGES AND OPPURTUNITIES
FOR THE CHILD

Prof. Dr. Vince Kulbar R B Prideipal Al-Azhar Dental College Thodupuzha - 685 605

Off: 04862 224366 Fax: 04862 229586



#### AL-AZHAR DENTAL COLLEGE

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RUN BY NOORUL ISLAM TRUST

PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA—685 605

Ref. No. AADC/CIR/131-B/23

Date: 09-10-2023

#### CIRCULAR

As a part of the International Day of Girl Child celebration organized by Abhedya, Women's Cell of Al - Azhar Dental College in association with IQAC, AADC, there will be a seminar on 'Challenges and Opportunities for the Girl Child', on 12-10-2023 in lecture hall 4 by Dr. Sharon Vincent at 9.00 am. All are invited for the same.



PRINCIPAL

Prof. Dr. Harvey Thomas 1908. Principal Al-Axhar Dental College Thodupuzhe-688 ens

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Prof. Dr. Vinod Kurtar F Principal 1/2 Al-Azhar Dental Collect

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PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

#### REPORT

International Day of the Girl Child Seminar - 2023

Date:

October 12, 2023

Event:

Seminar on "Challenges and Opportunities for the Girl child"

Organized by: Abhedya- The Women's Cell of Al Azhar Dental College in association with IQAC, AADC

Time:

9am-10.30 am

Venue:

Lecture Hall 4, Al Azhar Dental College

The International Day of the Girl Child is celebrated globally on October 11th each year to promote the rights of girls and address the challenges they face. In celebration of this important day, Abhedya, the Women's Cell of Al Azhar Dental College, in collaboration with the Internal Quality Assurance Cell (IQAC) of Al Azhar Dental College, organized a seminar on October 12, 2023. The event aimed to raise awareness about the issues facing girl children and empower them with knowledge and inspiration.

Dr. Waheda Pyarelal delivered the welcome speech, setting the tone for the event and emphasizing the importance of celebrating the International Day of the Girl Child. Dr. Binila S Babu introduced the keynote speaker, Dr. Sharon Vincent, and provided context for the topic of discussion.

Dr. Sharon Vincent, a faculty member in the Department of Pedodontics at Al Azhar Dental College, was the keynote speaker for the seminar. She brought her expertise to the event, shedding light on important issues related to the health and well-being of girl children.

The seminar addressed a wide range of topics related to girl children's well-being, including healthcare, education, gender equality, and the empowerment of girls. Dr. Sharon Vincent's presentation was insightful and impactful, offering valuable insights into the challenges and opportunities facing girl children in today's world. She emphasized the need for healthcare and dental care specifically tailored to the unique needs of young girls. Her talk also touched on the importance of educating girls about oral hygiene and the benefits of maintaining good dental health from a young age.

AHAR DENTAL COLLEGE

Prof. Dr. Vinod Komar R B Principal(2) Al-Azhar Derkal College Thodupuzha - 685 605 The audience consisted of students, faculty members, and staff of Al Azhar Dental College. The seminar encouraged active participation and discussions on the topics presented. Many insightful questions were raised, and the event fostered a sense of shared responsibility toward ensuring a brighter future for girl children. Dr. Surya Suprabhan delivered the vote of thanks, expressing gratitude to all the participants and organisers who contributed to the success of the seminar.

The International Day of the Girl Child seminar organized by Abhedya and IQAC AADC, with Dr. Sharon Vincent as the keynote speaker, was a significant event that brought attention to important issues surrounding girl children's well-being. It served as a platform to discuss challenges and solutions, promoting the empowerment and equality of girl children in society. The event's success can be attributed to the enthusiastic participation of all involved, and it underlined the commitment of Al Azhar Dental College to contribute positively to the cause of girl child development.

Prof. Dr. Harvey Thomas MDS Principal Al-Azhar Dental College Thodupuzha-625 605

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Prof. Dr. \

Al-Azhar Denta Chilege Thodupuzha - 685 605

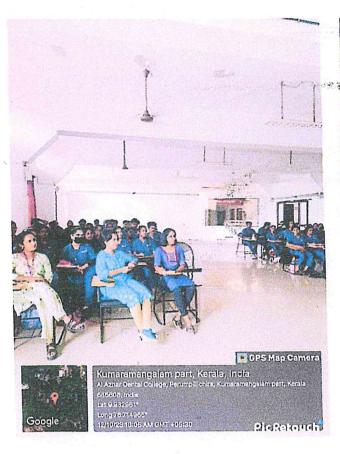


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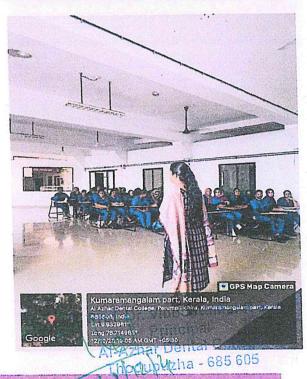
#### **GLIMPSES**

## CHALLENGES AND OPPORTUNITIES FOR THE GIRL CHILD BY DR. SHARON VINCENT

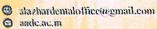
12-10-2023













## AL AZHAR DENTAL COLLEGE THODUPUZHA



## INTERNATIONAL DAY OF RURAL WOMEN

**SEMINAR ON:** 

Bridging the Gap in Oral Health Care for Rural Women

ORGANIZED BY ABHEDYA WOMEN CELL AADC
In association with IQAC,AADC



MONDAY

16 OCTOBER 2023



TIME

09.00-10.30 am



## SPEAKER

Prof .Dr.Vinny oommen faculty, Department of prosthodontics



Prof. Dr. Resource Person

Al-Azhar Dental College Thodupuzha - 685 605

Off: 04862 224366 Fax: 04862 229586



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Ref. No. AADC/CIR/144 - A/23

Date: 13-10-2023

## CIRCULAR

As a part of the International Day of Rural Women celebration organized by Abhedya, Women's Cell of Al - Azhar Dental College in association with IQAC, AADC, there will be a seminar on 'Bridging the Gap in Oral Health Care for Rural Women', on 16-10-2023 in lecture hall 4 by Dr. Vinni Mary Oommen at 9.00 am. All are invited for the same.



PRINCIPAL

Al-Azhar Des

Thodupuzha-665 685

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Prof. Dr. Vinod Kumpr R D Principal Al-Azhar Dental College

Thodupuzha - 685 605



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#### REPORT

International Day of Rural Women 2023

Date:

October 16, 2023

Organized by:

Abhedya in association with IQAC, AADC

Event:

Seminar on "Bridging the Gap in Oral Health Care for Rural Women"

Time:

9:00 AM - 10:30 AM

Venue:

Lecture Hall 4, Al Azhar dental College

The International Day of Rural Women, celebrated worldwide on October 15th, aims to recognize and appreciate the contributions of rural women and address the challenges they face. In commemoration of this important day, *Abhedya*, in collaboration with the Internal Quality Assurance Cell (IQAC), organized a seminar on October 16, 2023, titled "Bridging the Gap in Oral Health Care for Rural Women."

Dr. Bijimole Jose, Chairperson of *Abhedya* gave the welcome speech, setting the stage for the seminar and emphasizing the significance of the International Day of Rural Women. Dr. Rini George introduced the speaker, Dr. Vinni Mary Omen, providing context for the topic of discussion. Dr. Vinni Mary Oomen a distinguished faculty member from the Department of Prosthodontics, was the resource person for the seminar. Her expertise and insights greatly contributed to the event's success.

The seminar revolved around the critical issue of oral health care for rural women. Dr. Vinni Mary Oomen's presentation was both informative and enlightening, shedding light on the unique challenges rural women face in accessing oral health care. She emphasized the importance of oral hygiene and discussed ways to bridge the gap in healthcare services for this underserved population. The seminar provided a platform for participants to discuss, share ideas, and explore solutions to improve rural women's oral health care.



Prof. Dr. Vinog Kundar R B Principal Al-Azhar Dental College Thodupuzha - 685 605 The audience consisted of students, faculty members, and staff, who were interested in the welfare of rural women. The seminar encouraged active participation and fostered an environment where attendees could engage in meaningful discussions and raise important questions. The Q&A session provided valuable insights and suggestions for addressing oral health disparities in rural areas.

Dr. Anjana Mohankumar delivered the vote of thanks, expressing appreciation to all participants, organizers, and contributors who made the seminar possible.

The "Bridging the Gap in Oral Health Care for Rural Women" seminar organized by *Abhedya* in collaboration with IQAC was a significant event that highlighted the unique healthcare challenges faced by rural women. Dr. Vinni Mary Oomen's expertise and insights offered valuable guidance on how to address these challenges effectively. The seminar served as a catalyst for greater awareness, dialogue, and action to improve oral health care for rural women.

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Prof. Dr. Harvey Thomas MD: Principal Al-Azhar Dental College Thodupuzha-685 605

Prof. Dr. Vinod Kry

Al-Azhar Dentál College Thodupuzha - 685 605

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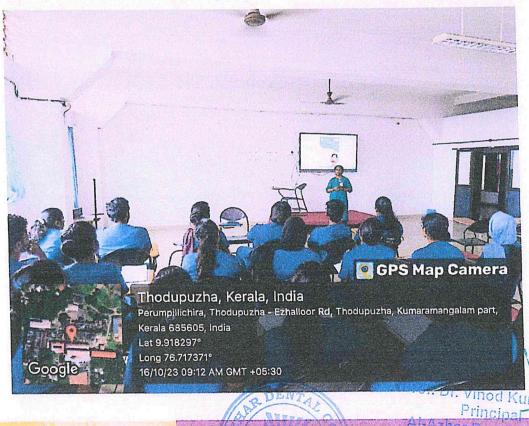
#### **GLIMPSES**

### BRIDGING THE GAP IN ORAL HEALTH CARE BY DR. VINNI MARY OOMMEN

16-10-2023

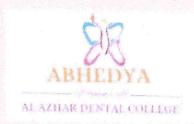








# AL-AZHAR DENTAL COLLEGE THODUPUZHA



Organised by Department of Public Health Dentistry & Abhedya Women Cell, AADC<sup>®</sup> In association with IQAC, AADC



## 

(On the occasion of International Day for Violence against Women celebrated on November 25th ,2023)



ASI Bindu T G



SCPO Sophia K S



SCPO Bindumol TG

1分前点ovember 2023 | Mini auditorium

Prof. Dr. Vinod Remark B

Principal Al-Azhar Dental College Thodupuzha - 685 605





## AL-AZHAR DENTAL COLLEGE

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PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA— 685 605

Ref: /CIR/ 51/2023

Date: 07.11.2023

## Circular

This is to inform you that a self defence training workshop for women is being conducted by Police Department, Thodupuzha on 10<sup>th</sup> November 2023, 11.00am onwards. Interested candidates should contact Department of Public Health Dentistry for registration.

PRINCIPAL

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Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605

Prof. Dr. Vinod Kumar R B Principal 10 Al-Azhar Derkal College Thodupuzha - 685 605 AL-AZHAR

Off: 04862 224366 Fax: 04862 229586

## **AL-AZHAR DENTAL COLLEGE**

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RUN BY NOORUL ISLAM TRUST
PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA– 685 605

Title

: Report on Self-Defence Workshop

Conducted by: SCPO Bindumol T and Sophia KS

Date

: November 10, 2023

Organized by : Al Azhar Dental College

Venue

: Mini Auditorium

#### Introduction:

On November 10, 2023, Al Azhar Dental College hosted a highly beneficial and empowering Self-Defence Workshop. The workshop was conducted by SCPO Bindumol and Sophiya, experts in self-defense techniques, with the aim of equipping participants with essential skills for personal safety.

#### Workshop Overview:

The workshop commenced with an insightful introduction by SCPO Bindumol, emphasizing the importance of self-defence in today's world. Attendees were enlightened about the significance of being proactive in ensuring personal safety and the role self-defense plays in building confidence.

#### Key Highlights:

#### Practical Demonstrations:

The workshop featured practical demonstrations of fundamental self-defense techniques. They showcased effective methods for escaping common holds, defending against potential threats, and using one's body to gain an advantage in challenging situations.

#### Interactive Sessions:

Attendees actively participated in interactive sessions, allowing them to practice the learned techniques in a controlled environment. This approach fostered a sense of empowerment among participants as they gained confidence in executing the moves taught during the workshop.

#### Awareness and Prevention:

SCPO Bindumol and Sophia stressed the importance of situational awareness and prevention strategies. Participants were educated on recognizing potential threats and adopting proactive measures to avoid potentially dangerous situations.

Prof. Dr. Vined Janer R E Principal Al-Azhar Dental College Thodupuzha - 685 605

### **Empowerment and Confidence Building:**

The workshop went beyond physical techniques, focusing on the mental aspect of self-defense. Attendees were encouraged to develop a mindset of self-assurance and assertiveness, contributing to an overall sense of empowerment.

Conclusion:The Self-Defense Workshop at Al Azhar Dental College, conducted by SCPO Bindumol and Sophiya, proved to be a valuable and empowering experience for all participants. The event successfully equipped attendees with practical skills, awareness, and confidence to navigate and respond to potential threats effectively. The College extends its gratitude to the esteemed facilitators for their expertise and commitment to promoting personal safety and well-being.



Cof. Dr. Harvey Thomas MDS Principal Al-Azhar Dental College Thodupuzha-685 605

THE DENTAL COLLEGE

Prof. Dr. Vinod Rumar R B Principal V Al-Azhar Dellal College Thodupuzha - 685 605



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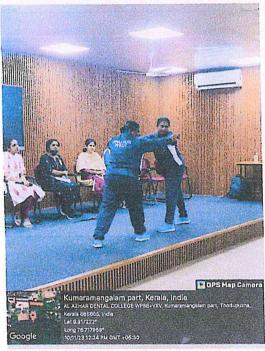
#### SELF DEFENCE TRAINING WORKSHOP

10-11-2023

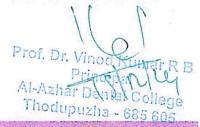
















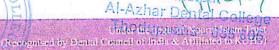
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## WOMEN'S WELLNESS SESSION

in honor of National Girl Child Day by Abhedya women's cell AADC in association with IQAC

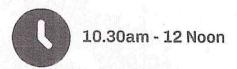
Resource Faculty from Saroj Devi Foundation

## Sreelatha Pradeep

M Sc, BEd, SET, Diploma in Counseling











Prof. Dr. Vinod Aumar R E Principal Al-Azhar Dental College Thodupuzha - 685 605





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Ref. No. AADC/CIR/02/24

Date: 19.01.2024

## CIRCULAR

This is to inform all the staff & students that in honor of National Girl Child Day by Abhedya, Women's cell of AADC in association with IQAC, there will be a session on Women's Wellness on 22-01-2024 at 10.30 am in Mini Auditorium. All are invited for the same.



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Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

Prof. Dr. Vihod Cumar R B Principal No. Al-Azhar Dental College

Al-Azhar Dental College Thodupuzha - 685 605



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i nodupuzha - 685 605

## REPORT

**PROGRAMME** 

: WOMEN'S WELLNESS SESSION.

RESOURCE PERSON

: MS. SREELATHA PRADEEP

ORGANISED BY

: ABEDHYA WOMEN CELL & IQAC

DATE

: 22-01-2024

VENU

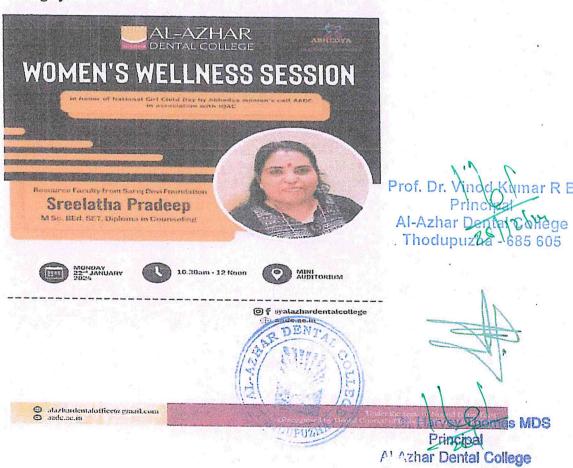
: MINI AUDITORIUM, AL AZHAR DENTAL COLLEGE

TIME

11AM

**NO OF PARTICIPANTS: 87** 

The Programme started with prayer. Welcome address was given by Dr. Prijitha Alex, HOD Dept of Public Health Dentistry. Dr Vinni Mary Oomman Prof. Dept of Prosthodontics, introduced the speaker. Smt. Sreelatha Pradcep, Saroj Devi Foundation took a session on "Women wellness session". The Vote of thanks was given by Dr. Renu Ann Mathew, Prof. Department of Paediatric Dentistry. A total of 87 participants attended the programme. The Programme got over with National Anthem. The session was highly informative.





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Prof Dr. Harvey Thomas MDS
Principal

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 oulc.nc.m

Al-Azhar Dental College

Prof. Dr. Vinockspron RB Principal Al-Azhar De Hal College



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#

Principal
Azhar Dental College
modupuzha - 685 605

Prof. Dr. Vinosi Kunar R E Principal College

Thodupuzha - 685 605





Abhedya, in association with IQAC, AADC presents

## LEARN PREVENT SCREEN!

An awareness talk on cervical cancer

In observance of International women's day 2024

## **Dr Michelle Aline Antony**

ASSOCIATE PROFESSOR, DPT OF GYNEC ONCOLOGY





TUESDAY 12th MARCH 2024



10:00 - 11:00 am



MINI AUDITORIUM

Al-Azhar Dental College Thodupuzha - 685 605





Off: 04862 224366 Fax: 04862 229586

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Ref. No. AADC/1/28/2024

Date: 11-03-2024

## CIRCULAR

This is to inform all the staff and students that in honor of International Women's Day - Abhedya, the Women Cell of AADC in association with IQAC, is conducting an awareness talk on Cervical Cancer 'Learn, Prevent, Screen' from 10:00 am onwards in Mini Auditorium on 12-03-2024. All are invited for the same.

PRINCIPAL

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

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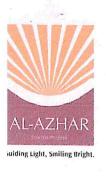
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PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA— 685 605

Report on International Women's Cell Day Celebration by Women's Wing of Al Azhar Dental College – Abhedya

Topic: Learn, Prevent, Screen- An awareness talk on cervical cancer

Organized by: Women's Cell of Al Azhar Dental College - Abhedya in association with IQAC

Faculty: Dr. Michelle Aline Antony, Associate Professor, Al-Azhar Medical College

Venue: Mini Auditorium, AADC

Date: 12-03-2024

Time: 10.00 am

The Women's Wing of Al Azhar Dental College, under the aegis of Abhedya, hosted a significant event on March 12, 2024, to mark International Women's Cell Day. Held at the mini auditorium of Al Azhar Dental College, the event aimed to shed light on critical women's health issues, with a particular focus on cervical cancer. The day was commemorated with an enlightening awareness talk titled "Learn, Prevent, Screen - An Awareness Talk on Cervical Cancer," delivered by the esteemed Dr. Michelle Aline Antony.

The event commenced with a warm welcome address by Dr. Bijimol Jose, HOD, Department of Pedodontics and Coordinator of the Women's Wing of Al Azhar Dental College - Abhedya. Madam highlighted the significance of International Women's Cell Day and the imperative need to focus on women's health issues, especially cervical cancer. Felicitation was done by Dr. Jabimol C. Maitheen, Principal, Al-Azhar, B. ed college, and Prof. Dr. Litto Manuel, IQAC Coordinator and HOD, Department of Prosthodontics.

Dr. Michelle Aline Antony, the keynote speaker, was introduced to the audience by Dr. Surya Suprabhan, Senior Lecturer, Department of Periodontics. With her extensive expertise and experience in the field of oncology, Dr. Michelle provided a comprehensive overview of cervical

cancer, including its causes, risk factors, and global impact.

Prof. Dr. Vinod Kuma R B Principal Al-Azhar Dental College Thodupuzha - 685 605

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College

#### Key Highlights from Dr. Michelle 's Talk:

Understanding Breast and Cervical Cancer: Dr. Antony began her talk by explaining what cervical cancer is and how it affects women's reproductive organs. She discussed the human papillomavirus (HPV) as a primary cause and its transmission.

Prevention Strategies: Emphasizing prevention, Dr. Michelle highlighted the importance of HPV vaccination, and quitting smoking as effective strategies to reduce the risk of cervical cancer.

The Role of Screening: The significance of regular screening through Pap tests and HPV tests was stressed. Dr. Michelle elucidated how early detection through screening could lead to successful treatment and significantly lower the chances of getting cancer.

The winners of the photography contest conducted on behalf of Women's Day - Inspire Inclusion were also declared.

The program ended by handing over the memento to Dr, Michelle by Administrative Officer, Dr. Amal. E.A. The Vote of thanks was given by Dr. Lakshmipriya, HOD, Department of Oral Pathology.

#### GLIMPSES OF THE PROGRAM:

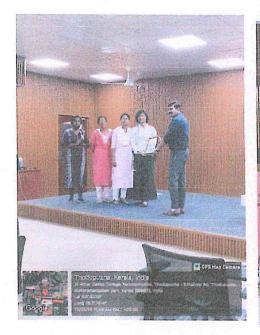




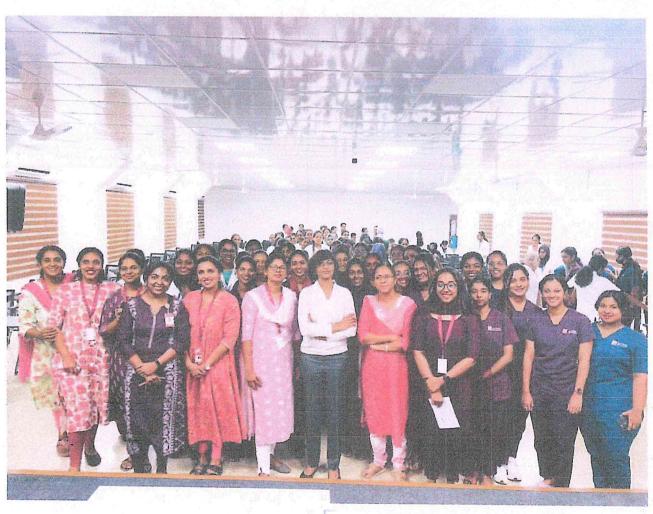
DENTAL COLLEGE

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

Prof. Dr. Vinoa fallya Prigelpal Al-Azhar Dental Co Thodupuzha - 688







Prof. Dr. Vinod Kurar RB Principal 2 W Al-Azhar Den 2 O College Thodupuzha - 685 605



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605



1.3.1 CDE (Continuing Dental Education) programs incorporating cross cutting issues relevant to Gender, Environment and sustainability, Human values, Health determinants, Right to health and emerging demographic issues and Professional ethics.

SL NO	TITLE	DATE	PAGE NO
1.	World Environment Day	05.06.2023	97-99
2.	International Clean Energy Day	26.01.2024	100-101
3.	Plantation drive	31.01.2024	102-105
4.	Vegetable Harvesting – Vegetable Garden	18.04.2024	106
5.	Green Campus		107-112



Thodupuzha - 685 605

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## **EVENTS/PROGRAMS ADDRESSING ENVIROMENT** AND SUSTAINABILITY



Thodupuzha - 685 605

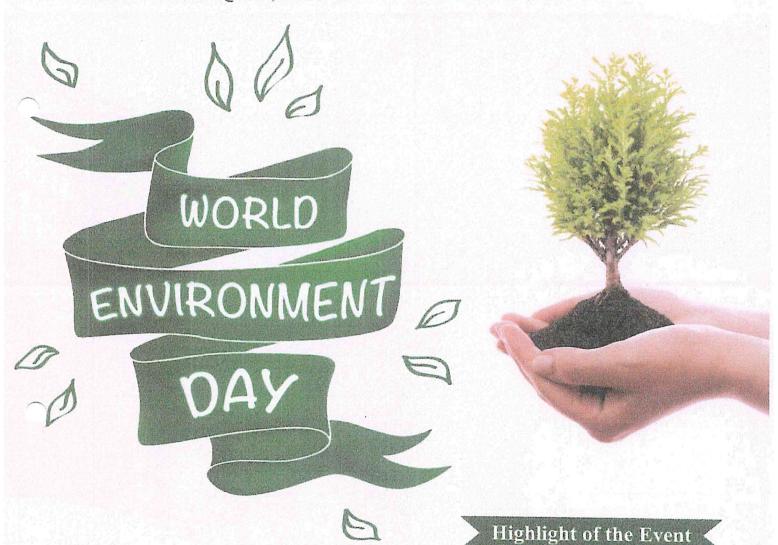


# AL-AZHAR DENTAL COLLEGE THODUPUZHA



Organized by

Nature Club & Birds Club International of Al Azhar Dental College in association with IQAC, AADC



JUNE 5

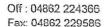
Sapling
Plantation

Prof. Dr. Harvey Thomas MDS

Time: 19.30am

PUZHA .

Al-Azhar Denlal Collego Thodupuzha - 685 605





## AL-AZHAR DENTAL COLLEGE

(APPROVED BY DENTAL COUNCIL OF INDIA & AFFLIATED TO KUHS)
RUN BY NOORUL ISLAM TRUST
PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Ref. No. AADC/CIR/ 79/23

Date: 01-06-2023

## CIRCULAR

This is to inform all the staff and students that Nature Club and Birdsclub International of Al-Azhar Dental College in association with IQAC, AADC is conducting 'Sapling plantation' as a part of World Environment Day Celebration in the campus on 05-06-2023 at 10.30am, All are invited for the same.



PRINCIPAL

Prof. Dr. Harvey Thomas MDS Principal Al-Azhar Dental College Thodupuzha - 686 606

Copy to

Administrative officer

All Departments

Notice Boards

Office File

Prof. Dr. Vinos Ramar R B

Al-Azhar Dental College Thodupuzha - 685 605



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## ACTIVITY REPORT

## WORLD ENVIRONMENT DAY -5th JUNE 2023

The Nature Club and Bird's Club of Al Azhar Dental College in association with IQAC celebrated World Environment Day on 5th June 2023. The Principal, Dr Harvey Thomas planted saplings of a fruit bearing tree and a flowering tree in the dental college campus. The program was attended by students, interns, teaching and non-teaching staffs. The initiative was inaugurated by the Principal Dr Harvey Thomas.



Principal Dr Harvey Thomas planting saplings of a fruit bearing tree and a flowering tree in the dental college campus.



Dr Lakshmipriya (Coordinator, Nature Club AADC) and Dr Binila S Babu (Coordinator, Bird's Club AADC) with the members and participants of the program

ar Dental College 685 605 Thodupuzha

Prof. Dr. Harvey Thomas MDS Principal



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Ref. No. AADC/CIR/06/24

Date: 25.01.2024

## CIRCULAR

Nature club in association with IQAC is celebrating International Clean Energy day on 26th January 2024 by distribution of vegetable seeds to the students at 11.00am in the nature club premises. All are invited for the same.

PRINCIPAL

Copy to

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Office File

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

Prof. Dr. Vinod Kumar R B Al-Azhar Dental College Inodupuzhal-885 605

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#### **ACTIVITY REPORT**

### International clean energy day -26th January 2024

The Nature Club, Al Azhar Dental College in association with IQAC celebrated International Clean Energy Day on 26<sup>th</sup> January 2024.Packets of assorted vegetable seeds of various plants like spinach, green chilly, beans etc were distributed to 100 individuals which included students, teaching and non-teaching staffs. The initiative was inaugurated by the Principal Dr Harvey Thomas and the Administrative officer Dr Amal E.A.



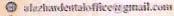
Principal Dr Harvey Thomas distributing vegetable seeds to administrative officer Dr Amal E.A and to non-teaching staff Ms Nassera



Dr Lakshmipriya (Coordinator, Nature Club AADC) and Dr Prijitha Alex distributing the vegetable seeds to the interns

Principal Thodypuzia - 685 605

ODUPU





Principal
Al Azhar Dental College



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Ref. No. AADC/CIR/07/24

Date: 30.01.2024

## CIRCULAR

This is to inform that there is a plantation drive on 31-01-24 at 10.30am in Al-Azhar Dental College Campus in association with Birds Club International AADC. All students, faculty and staff are invited to participate in this green initiative.

PRINCIPAL

Copy to

Administrative officer
All Departments
Notice Boards
Office File

Prof. Dr. Harvey Thomas MDS Principal Al-Azhar Dental College Thodupuzha - 685 605

alazhardentaloffice@gmail.com

andc.ac.in

Under those of Neural County of Read States (County of States)

Prof. Dr. Vinod Karar R B Principal V.W Al-Azhar Dental College Thodupuzha - 685 605

Off: 04862 224366 Fax: 04862 229586



## AL-AZHAR DENTAL COLLEGE

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#### REPORT

PROGRAMME

: AADC Plantation Drive

ORGANISED BY

: Bird Club International, in association with IQAC-AADC

DATE

: January 31, 2024

VENUE

: Al -Azhar Dental College

TIME

: 10:30 AM

NO OF PARTICIPANTS: 36

The Bird Club International, Al Azhar Dental College, organized a plantation drive on January 31, 2024, at the Al Azhar Dental College Campus. The primary objective of the event was to promote environmental sustainability and biodiversity by creating a rain groove to support local ecosystems and enhance the campus environment.

#### Activities:

Planting Fruit Bearing Trees and Shrubs: Participants engaged in the planting of fruit-bearing trees and shrubs across designated areas of the campus. This activity aimed not only to beautify the campus but also to provide sustainable food sources for local birds.

Creating Bio-fencing for Bird club international's Area: Another key activity involved the creation of a bio-fence to demarcate the area allotted for Bird club international, Al Azhar Dental College. This initiative aimed to protect and preserve the designated area for bird-related activities.

Dr. Binila S. Babu, the coordinator of Bird club international AADC, distributed saplings to all participants. The event was inaugurated by Dr. Harvey Thomas, the Principal, along with Dr. Somashekaran Pillai, the Academic Dean, and Dr. Amal, the Administrative Officer, by planting shrubs in the area dedicated for Birds Club International.

Students and faculty members from various departments actively participated in the plantation drive, contributing to the establishment of bio-fencing around Bird club international's area. Members of Bird club international showed keen interest in nurturing the planted trees and shrubs.

The event witnessed enthusiastic participation from students, faculty, and staff members of Al Azhar Dental College. Their dedication and efforts were pivotal in making the plantation drive a resounding success.

Prof. Dr. Whod Kumar R B

Prof. Dr. Whod Kum

Off: 04862 224366 Fax: 04862 229586



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The AADC Plantation Drive made a significant contribution to the campus environment and the broader ecosystem. By planting trees, creating bio-fencing, and establishing a rain groove, participants took concrete steps towards promoting biodiversity, conserving water resources, and enhancing the aesthetic appeal of the campus.

Through collective efforts, we can continue to make a positive impact on our campus and the planet, one plant at a time.





建.

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605
Prof. Of Vinod Kumar R B
Principal
Al-Azhar Dental College
Thodupuzha - 685 605





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## @ +91 94977 20069 I +91 94463 91111

### **ACTIVITY REPORT**

#### Vegetable harvesting - 18th April 2024

The Nature Club, Al Azhar Dental College in association with IQAC initiated the harvesting of vegetables from the plants on 18th april 2024 The harvesting was carried out by the Coordinator of Nature Club, Dr Lakshmipriya, members and interns at the nature club premises at 12 noon.

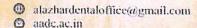


Dr Cyril, Dr Diana and Interns (Members of Nature Club AADC) harvesting the vegetables from plants



The plants bearing the vegetables ready for harvest and the harvested brinjals and chilly.

Dental College





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## **GREEN CAMPUS: LANDSCAPING WITH TREES**





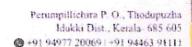




(Recognised by Dental Council of India & Allifer (11863)

Thodupuzha - 685 605

ODUPUZHA.







Battery powered vehicle in Al- Azhar dental college



Prof. Dr. Vin O Aumar R B Principal M Al-Azhar Dental College Thodupuzha - 685 605



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

### alazbardentaloffice@gmail.com aade.ac.in



Perumpillichira P. O., Thodupuzha Idukki Dist., Kerala- 685 605



LED STREET LIGHT IN DENTAL COLLEGE CAMPUS

LED SENSOR LIGHTS



SOLAR PANELS





**BIOGAS PLANT** 



Prof. Dr. Virgoli Oraar R B Prodipal Al-Azhar Dental College Thodupuzha - 685 605



Perumpillichira P. O., Thodupuzha Idukki Dist., Kerala- 685 605 (§ +91 94977 20069 | +91 94463 91111

### **BAN ON USE OF PLASTICS**



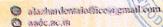






Prof. Dr. Vinod Koner RB Principal 2

Al-Azhar Gernales a Paga Islam Trust (Recognisch Dette Fuzziar 1986 Buyled to KUHS)





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Prof. Dr. Vinces Kumar R E Principal Al-Azhar Dental College Thodupuzha - 685 605

## WASTEWATER TREATMENT PLANT CHART

# COLLECTION PIT -STP IN AADC BOYS HOSTEL

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### FILTERED WATER



RAINWATER HARVESTING



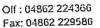
Prof. Dr. V Prof. Dr. Vinos Guntal R I Propopal Al-Azhar Dental College Thodupuzha - 685 605

Perumpillichira P. O., Thodupuzha Idukki Dist., Kerala- 685 605 +91 94977 20069 | +91 94463 91111

### **EVENTS/PROGRAMS ADDRESSING HUMAN VALUES**



Prof. Dr. Vino Thodupuzha - 685 605





### AL-AZHAR DENTAL COLLEGE

(APPROVED BY DENTAL COUNCIL OF INDIA & AFFILIATED TO KUHS) RUN BY NOORUL ISLAM TRUST PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA-685 605

DATE:21/7/2023

### DENTAL CAMP

Event

: Dental Treatment Camp

Date

: 22/7/2023

Time

: 10:00 AM

Venue

: Divyarakshalayam, mylacombu

Staff in charge

: Dr Bharath sekhar nayanar

: Dr Archana

Interns

: Dr Hima

: Dr Jobitha

: Dr Aneena

: Dr Neeraja

Students

: Neenu Joy

: Noby tom joseph

: Parvathy harikumar

: Pranav karuvath

· Safeeda M S : Safna basheer

: Ajmila rahman

Dental assistant

:Omana K.P ·

All are instructed to report in time.

for From a call HOD

Dept. of Public Health Dentistry

Copy to: Principal, Chairman, Academic A.O, Notice Board,

Transportation in charge

Prof. Dr. Vinod Kumar R B Principal

Al-Azhar Dental College Thodupuzha - 685 605



### AL-AZHAR DENTAL COLLEGE

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RUN BY NOORUL ISLAM TRUST
PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

### **CAMP REPORT**

Program: Dental Treatment Camp

Date: 22nd July 2023

Venue: Divyarakshalayam, Mylacombu

Time: 10 AM to 2 PM

Staff in charge: Dr. Bharath Sekhar Nayanar and Dr. Archana

No. of Interns: 6

No. of Students: 8

### WORK STATISTICS

No. of patients checked: 35

No. of patients referred: 5

The Dental Checkup Camp held on 22nd July 2023 at Divyarakshalayam in Mylacombu was an exemplary and well-organized event. Dr. Bharath Sekhar Nayanar and Dr. Archana, along with a team of six interns, demonstrated utmost dedication while providing dental checkups and consultations to the community. The camp garnered enthusiastic participation, with a total of 35 patients benefiting from comprehensive dental examinations.

The dental team referred 5 individuals for specialized treatment, ensuring that each patient's unique dental needs were addressed with personalized care. The camp effectively fulfilled its primary objective of delivering essential oral health care services while also raising awareness about dental health among the participants.

Dr. Bharath Sekhar Nayanar and Dr. Archana, alongside the committed interns and supporting staff, played a pivotal role in making this dental checkup camp a remarkable success, greatly benefiting the community and contributing to the enhancement of oral health in the region.

HODSIGNATURE

HEAD OF THE DEPT.
DEPT. OF PUBLIC HEALTH
DENTISTRY
AL-AZHAR DENTAL COLLEGE

orthodupuzha - 685 605

Prof. Dr. Vinod Kumar R

Principal
Al-Azhar Dental College
The dupurba - 685 605



### **AL-AZHAR DENTAL COLLEGE**

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### AL-AZHAR DENTAL COLLEGE

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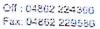
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9/12/4





### AL-AZHAR DENTAL COLLEGE

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PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Ref.No. AADC/CAMP/CIR/03/24

DATE:20/01/2024

### DENTAL CAMP

Event

: Dental Treatment Camp

Date

: 22/01/2024 : 10:00 AM

Time Venue

: Divyarakshalayam, Mylacombu

Staff in charge

: Dr Bharath Sekhar Nayanar

: Dr Ananya K

Intern

: Mohammed Siraj

: Minnu Maria Joseph Manne

: Nadia N

Students

: Sneha M.S

: Sneha Raju

: Surabhi M.S

: Shajitha S Pancheri

: Sheeba P S Ruch

: Sneha Tresa

: Thamanna Basheer

: Maajida Naseer

Dental assistant: Omana K.P All are instructed to report in time.

Dept. of Public Health Dentistry

Copy to: Principal, Chairman, Academic A.O, Notice Board,





Penimpilitehira P. O., Thedupuzha Idukki Dist., Kerala- 685 605 © -91 94977 20069 | -91 94464 94111

### CAMP REPORT

Report on Dental Camp Conducted at Divyarekshalayam, Mylakombu

Date: 22/01/2024

Venue: Divyarekshalayam, Mylakombu

Conducted by: Al Azhar Dental College, PHD Department

A dental camp was organized at **Divyarekshalayam**, **Mylakombu** The camp was an initiative by the Public Health Dentistry Department of Al Azhar Dental College, aimed at providing essential dental care and raising awareness about oral hygiene among the local community. The primary objectives of the camp were:

- To provide free dental check-ups and treatment to the students and community members.
- To educate participants on the importance of oral hygiene and preventive dental care.
- To identify common dental issues and offer appropriate advice and referrals for further treatment if necessary.

The camp was open to all students and local residents. A total of 09 patients were treated during the camp. The participants ranged from young children to elderly individuals, ensuring a wide demographic was reached.

The dental camp provided a range of services, including:

- Comprehensive oral examinations were conducted to assess the dental health of each patient.
- Immediate treatments, such as cleaning, filling, and extraction, were provided as needed
- Participants were educated on proper brushing techniques, the importance of regular dental check-ups, and the role of diet in maintaining dental health.
- Patients requiring more advanced care were referred to the Al Azhar Dental College for further treatment.

The camp was successful in achieving its objectives, with many participants expressing gratitude for the free services provided. The dental team from Al Azhar Dental College received positive feedback for their professionalism and dedication. The camp also highlighted the need for more regular dental check-ups and education in the community.





Perumpillichira P. O., Thodupuzha Llukki Dist., Kerela- 685-605 

### Ref.No. AADC/CAMP/CIR/14/24

DATE:25/03/2024

### DENTAL CAMP

Event

: Dental Treatment Camp

Date

: 26/03/2024

Time

: 10:00 AM

Venue

: Mariyasadanam, Pala

Staff in charge

: Dr Ananya K (Public Health Dentistry)

: Dr Anu(Periodontics)

Intern

: Aleena

: Anandu Jagan - Aus

: Ronnie B Dominio

: Anjan Ravi\_

: Adithya M Haridasan

: Akshay P V

: Alsana K

: Ajoby B Joy

: Asher suresh

: Mohammed Niyas P.K

: Lekshmi S Ajith

Dept. of Public Health Dentistry

Students

Dental assistant: Omana K.P All are instructed to report in time.

Copy to:

Principal, Chairman,

Academic A.O. Notice Board,



### AL-AZHAR DENTAL COLLEGE

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RUN BY NOORUL ISLAM TRUST

PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

### CAMP REPORT

Program: Dental Treatment Camp

Date: 26th March 2024

Venue: Mariyasadanam, Pala

Staff in charge : Dr

: Dr Ananya K (Public Health Dentistry)

: Dr Anu(Periodontics)

The Dental Screening Camp was conducted for children on 26<sup>th</sup> March 2024 at Mariyasadanam, Pala was a significant and beneficial event Dr Ananya K led the camp, ensuring the delivery of essential dental services and promoting oral health. Focused on providing dental screening to the school children, the camp successfully attended to 18 patients.

The camp's efforts extended beyond the screenings, as it aimed to raise awareness about oral health and the importance of maintaining good dental hygiene practices for public. The event made a positive impact on the participants, emphasizing the significance of regular dental checkups and fostering a greater understanding of oral health care.

HOD SIGNATURE

THODUS OF THOODS



### AL-AZHAR DENTAL COLLEGE

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Photo of team participated in dental camp







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### Ref.No. AADC/CAMP/CIR/15/30

DATE:20/05/2024

### DENTAL CAMP

Event

: Dental Treatment Camp

Date

: 21/05/2024

Time

: 10:00 AM

Venue

: Mariyasadanam, Pala

Staff in charge

: Dr Ananya K (Public Health Dentistry) -

: Dr Anu (Periodontics)

Intern

: Rukhiya Hamza

: Roshna

Students

: Vismaya P.P

: Vismaya S

: Al Ajmal

: Sharanya Kunjamma

: Lakshmi Anil

: Shajitha Pancheri

: Sneha Theresa

Dental assistant: Omana K.P

All are instructed to report in time.

Dept. of Public Health Dentistry

Copy to:

Principal,

Chairman,

Academic A.O,

Notice Board,

Penimpilitchira P. O., Thediquizha Idakki Dist., Kerala: 685-603 • 91 94977 20069 - 91 94463 91111

### CAMP REPORT

### Report on Dental Camp Conducted at MARIYASADHANAM, PALA

Date: 21/05 2024

Venue: MARIYASADHANAM, PALA

Conducted by: Al Azhar Dental College, PHD Department

A dental camp was organized at MARIYASADHANAM, PALA The camp was an initiative by the Public Health Dentistry Department of Al Azhar Dental College, aimed at providing essential dental care and raising awareness about oral hygiene among the local community. The primary objectives of the camp were:

- To provide free dental check-ups and treatment to the students and community members.
- To educate participants on the importance of oral hygiene and preventive dental care.
- To identify common dental issues and offer appropriate advice and referrals for further treatment if necessary.

The camp was open to all students and local residents. A total of 33 patients were treated during the camp. The participants ranged from young children to elderly individuals, ensuring a wide demographic was reached.

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- Patients requiring more advanced care were referred to the Al Azhar Dental College for further treatment.

The camp was successful in achieving its objectives, with many participants expressing gratitude for the free services provided. The dental team from Al Azhar Dental College received positive feedback for their professionalism and dedication. The camp also highlighted the need for more regular dental check-ups and education in the community.

DENTAL COLLEGE



### MARIYASADHANAM, PALA











10/12/14



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### **HUMAN ASSISTANCE**







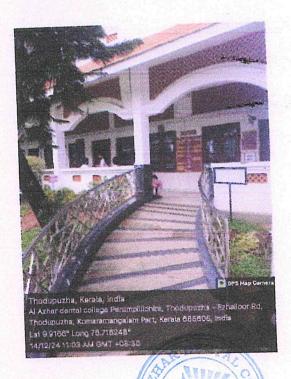


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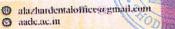
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(Resonanced by Densal Principles & All Land to KUIS)



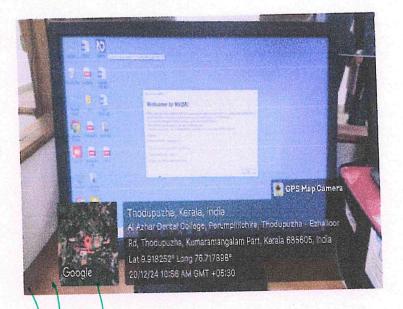
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### SIGNAGE BOARDS





### **NVDA SOFTWARE FOR BLINDS**





Under the negis of Nooral Islam Trust
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### SIGNAGE INCLUDING TACTILE PATH AND DIVYANGJAN PARKING AREA







or Vin Cikimar RE

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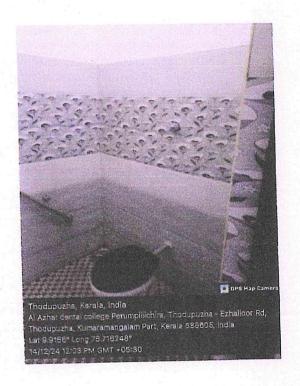
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### **DIVYANGJAN FRIENDLY WASHROOMS**







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### PEDESTRIAN FRIENDLY PATHWAY

