

AL-AZHAR DENTAL COLLEGE

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RUN BY NOORUL ISLAM TRUST

PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685605

7.1.1 Total number of gender equity sensitization programmes organized by the Institution during the last five years

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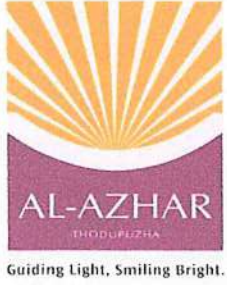
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Guiding Light, Smiling Bright.

**COPY OF CIRCULAR/ BROCHURE/ REPORT OF THE
PROGRAM**



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DR HARVEY THOMAS, MDS

PRINCIPAL

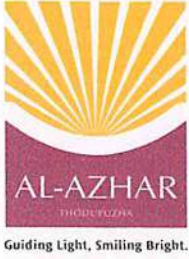
TO WHOMSOEVER IT MAY CONCERN

This is to certify that the total number of gender equity sensitization programmes organized by the Institution during the last five years is as follows.

YEAR	2022-23	2021-22	2020-21	2019-2020	2018-19
Number of gender equity sensitization programme organized	3	6	5	4	5



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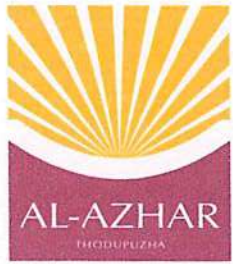
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ACADEMIC YEAR 2022-2023



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Ref. No. AADC/CIR/8B/23

Date: 23-01-2023

CIRCULAR

As a part of the National Girl Child Day celebration organized by Abhedya, Women's Cell of Al - Azhar Dental College in association with IQAC, AADC, there will be a seminar on 'Gender Sensitization', on 24-01-2023 in lecture hall 1 by Dr. Prijitha Alex at 11.00am. All are invited for the same.



PRINCIPAL

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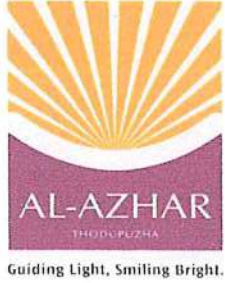
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Ref. No. AADC/CIR/8A /23

Date: 21-01-2023

CIRCULAR

Due to unavoidable circumstances the Programme on 'Gender Sensitization', which was scheduled to be conducted on 24-01-2023 has been postponed to 07-03-2023 in lecture hall 1 by Dr. Prijitha Alex at 11.00am. All are invited for the same.

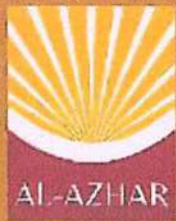
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AL - AZHAR DENTAL COLLEGE
THODUPUZHA



Organized by **ABHEDYA WOMEN'S CELL , AADC**

In association with IQAC , AADC

GENDER SENSITIZATION

Speaker : **Dr PRIJITHA ALEX**
HOD , Department of Public Health Dentistry



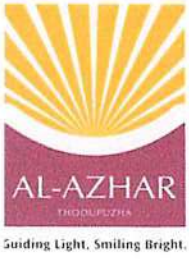
Time : 10: 30 am
Venue : Lecture hall 1
Date : 24/01/2023



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REPORT


PROGRAMME	: Gender Sensitization Programme as a part of Women's Week Celebration 2023
ORGANISED BY	: Abhedya, Women's Cell, in association with IQAC, Al Azhar Dental College, Thodupuzha
RESOURCE PERSON	: Dr.Prijitha Alex (HOD, Department of Public Health dentistry,AADC)
DATE	: 07-03-2023
TIME	: 11.00 am to 12.30 pm
VENUE	: Lecture hall - 1
NO. OF PARTICIPANTS	: 36

The programme started with a prayer song at 11 am, and Prof Dr. Vinni Mary Oomen, Professor, Department of prosthodontics, AADC, welcomed the gathering.

The introduction of the speaker, Dr. Prijitha Alex, HOD, Department of public health dentistry, was done by Dr. Pallavi Ammu Thomas, Senior lecturer, Department of public health dentistry. The session started at 11 am, with Dr. Prijitha Alex delivering an inspirational talk on gender sensitization and role reversal.

During her talk, Dr. Prijitha stressed the importance of gender equality and emphasized that women are in no way inferior to men in terms of strength, ability or position in society. She also highlighted the importance of respecting women for their identity, rather than just their gender.




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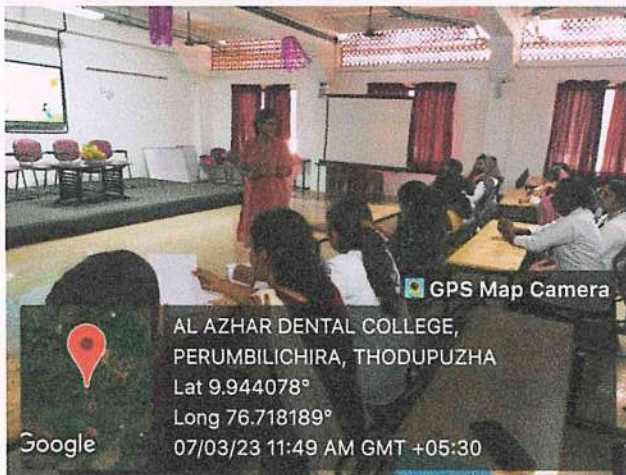
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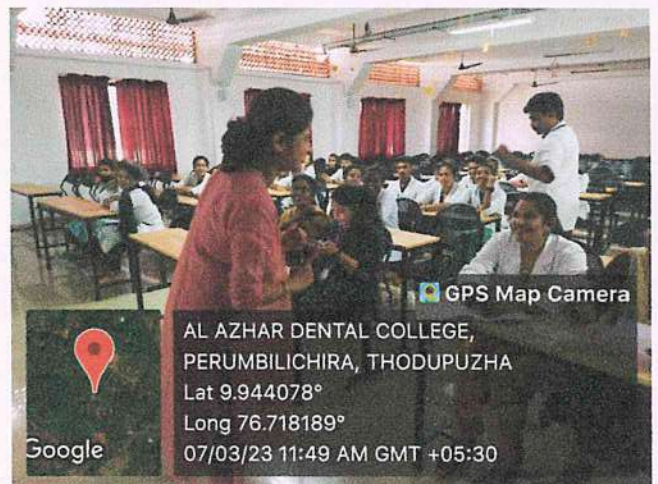
The session was interactive, with participants actively engaging with the speaker. Some members of the audience asked about current scenarios related to the topic, and the speaker explained them effectively.

The programme ended at 12.30 pm, and the invited faculty was given a memento as a token of appreciation. A total of 46 participants attended the programme, and Dr. Renu Ann Mathew, Professor, Department of pediatric dentistry, AADC, gave the vote of thanks, followed by National Anthem.

The participants found the talk informative and useful, indicating a positive impact of the programme. The programme emphasis on promoting gender equality and eliminating gender discrimination aligns with the need for creating a more inclusive and equitable society.



Speaker giving the talk



Speaker interacting with audience


Prof. Dr. Harvey Thomas MDS
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QAE

Date: 4/03/23

Date: 7/3/23

Topic: Gender Sensitisation.
184 Faculty: Dr Pujitha
Venue: Lecture hall 1

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Ref. No. AADC/CIR/15C /23

Date: 11-02-2023

CIRCULAR

Due to unavoidable circumstances the Programme on 'National Women's Day', which was scheduled to be conducted on 14-02-2023 has been postponed to 01-03-2023 in lecture hall 1. All are invited for the same.



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Ref. No. AADC/CIR/15B/23

Date: 28-02-2023

CIRCULAR

As a part of the National Women's Day celebration organized by Abhedya, Women's Cell of Al - Azhar Dental College in association with IQAC, AADC, there will be a seminar by Smt. Nisha Jose K Mani on 1-03-2023 in lecture hall 1 at 11.00am. All are invited for the same.


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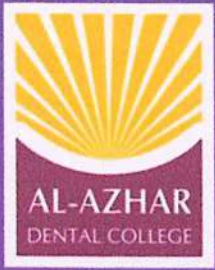
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AL-AZHAR
DENTAL COLLEGE
THODUPUZHA

Organized by
Abhedya Women's Cell, AADC
In association with IQAC, AADC



**INTERNATIONAL
WOMEN'S DAY**

MARCH 8TH 2023

INAUGURAL CEREMONY

Al Azhar Dental College Women's Week

*Observance of International Women's Day themed
#Embrace Equity as "Al Azhar Dental College Women's Week"



Smt. Nisha Jose K Mani

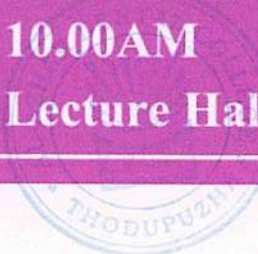
Social Enabler, Author, Eminent Speaker

Date - 1st March 2023

Timing - 10.00AM

Venue - Lecture Hall 1

Prof. Dr. Harvey Thomas
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REPORT

PROGRAMME	: Inauguration of women's week: Talk on Women Empowerment.
ORGANISED BY	: ABHEDYA, (Women's Cell) in association with IQAC, AADC
TOPIC	: 'You are the Power'
RESOURCE PERSON	: Smt. Nisha Jose (Author and Social Enabler)
DATE	: 01-03-2023
TIME	: 11.00 am to 12.30 pm
VENUE	: Lecture hall - 1
NO. OF PARTICIPANTS	: 86

In view of women's day, the institution had decided to celebrate women's week starting from 1st to 8th March 2023. The week included many sessions and activities for all the grown up ladies in the college. The inauguration of women's week programme started with a prayer song at 11.am. The women's cell Coordinator Prof. Dr. Bijimole Jose, HOD Department of pedodontics, AADC welcomed the gathering. This was followed by the Principal's address delivered by Professor Dr Harvey Thomas. The introduction of the speaker was done by Dr. Anjana Mohankumar, Reader Department of Oral medicine and radiology. The session started at 11.00am by the invited speaker Smt. Nisha Jose (Author and Social Enabler) , on the topic 'You are the power. 'She gave an inspirational talk regarding women empowerment and quoted that "a strong woman talks for herself but it takes a stronger woman to talk for everybody else". All the participants actively interacted throughout the session. The session ended at 12.30 pm. A memento was given as a token




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of appreciation to the invited faculty. A total of 86 participants attended the programme. Vote of thanks was given by Dr. Binila S Babu, Reader Department of conservative dentistry and endodontics followed by the National Anthem. The participants found the talk both informative and useful.



Speaker addressing the participants



Honoring the Speaker



Speaker interacting with audience



Prof. Dr. Harvey Thomas MDS.
Principal
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TOPIC : YOU ARE THE POWER
 FACULTY : Smt NISHA JOSSE
 VENUE : LECTURE HALL -1

Date: 13/03

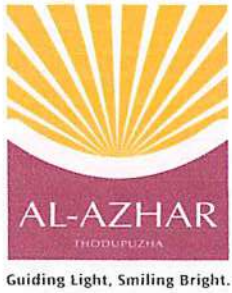
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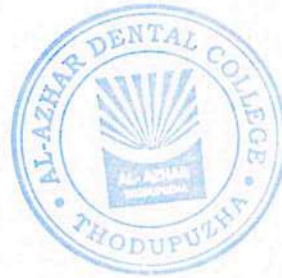
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Ref. No. AADC/CIR/31/23

Date: 06-03-2023

CIRCULAR

This is to inform all the staff and students that on the occasion of International Women's Day, Abhedya, Women's Cell of Al - Azhar Dental College is celebrating Women's week (March 1-8), in association with IQAC, AADC. There will be a session on 08-03-2023 in lecture hall 1 by Adv. Lysha Sherif (LLM) at 11.00am. All are invited for the same.



PRINCIPAL

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

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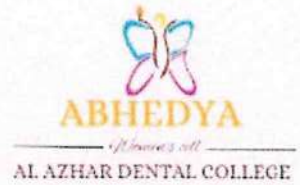
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**AL-AZHAR
DENTAL COLLEGE**
THODUPUZZHA



**Organized by Abhedya Women's Cell, AADC
In association with IQAC, AADC**

**Observance of
INTERNATIONAL WOMEN'S DAY**

MARCH 8TH 2023

Theme : Women Empowerment Session

Chief Guest



Adv. Lysha Sherif

(LLM, Leading Advocate in Idukki District
"An Eminent Reverse Speech Orator")

Date - 8th March 2023

Time - 11am

Venue - Lecture Hall 1



Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

Off : 04862 224366

Fax: 04862 229586

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PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685605

REPORT

PROGRAMME	: International women's day celebration 2023
ORGANISED BY	: Abhedya, Women's Cell, in association with IQAC, AADC
TOPIC	: 'Women empowerment'
RESOURCE PERSON	: Adv. Lysha Sherif(LLM)
DATE	: 08-03-2023
TIME	: 11.00 am to 12.30 pm
VENUE	: Lecture hall - 1
NO. OF PARTICIPANTS	: 80

The programme started with a prayer song at 11.am. Dr.Lakshmipriya, HOD Department of Oral pathology, AADC welcomed the gathering. This was followed by the Principal's address delivered by Professor Dr Harvey Thomas. The introduction of the speaker was done by Dr.Anjana Mohankumar,Reader Department of oral medicine and radiology. The session started at 11.00am by the invited speaker Adv.Lysha Sherif(LLM), on the topic '**Women empowerment**'. Being International women's day, she wished the same preceded by an inspirational talk regarding women empowerment. She stressed that every woman's success should be an inspiration to another. We are the strongest when we cheer upon one another. Today's society has seen a lot of changes. Women have started realizing their strengths. They are contributing to the success of their home and the entire society.




Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605



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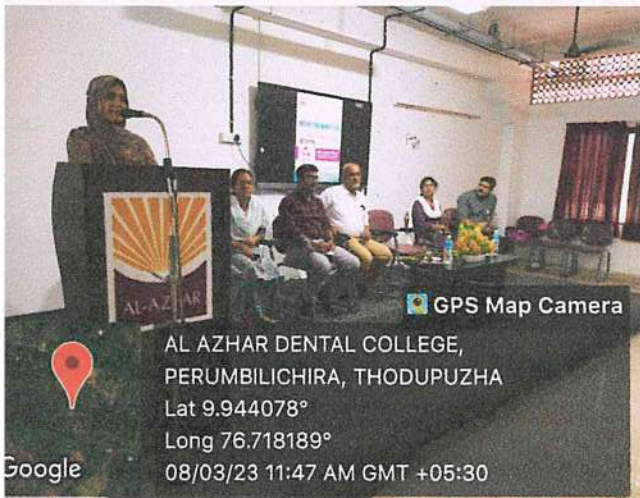
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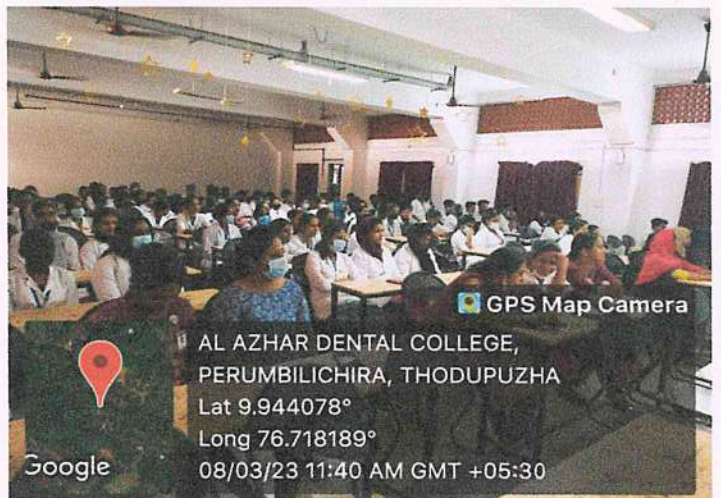
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In this fast moving transforming world woman is no longer dependent. She is strong and self-confident. Empowering women is essential for achieving sustainable development and creating a more equal and just world. Women empowerment has many benefits, such as improving the health and education of families, increasing economic growth, reducing poverty, and promoting gender equality. "All the participants actively interacted throughout the session. The session ended at 12.30 pm.


A memento was given as a token of appreciation to the invited faculty. This was followed by the felicitation speeches delivered by Prof Dr. Litto Manuel, IQAC Coordinator and HOD Department of prosthodontics, AADC and Dr. Amal E A, Administrative officer, AADC. A total of 80 participants attended the programme. Vote of thanks was given by Prof Dr. Bijimole Jose, Chairperson and HOD Department of Pedodontics, AADC. This was followed by the National Anthem. The participants found the talk both informative and useful. Feedback forms were collected.



Speaker giving Talk



Audience attending the lecture


Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605





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GPS Map Camera

AL AZHAR DENTAL COLLEGE,
PERUMBILICHIRA, THODUPUZHA
Lat 9.944078°
Long 76.718189°
08/03/23 11:36 AM GMT +05:30

Google

Speaker with dignitaries on the dais

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605



Date: 8/8/2023

186 TOPIC : Women Empowerment Session
 Chief guest: Adv. LXsha Sheriff
 venue: Lecture Hall 1

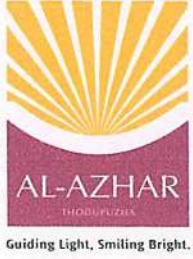
Sr. No	Name of Participant	Email Id	Phone No	Sig
1.	Dr. Anjane M/K	anjane_mst@qcc	9446567822	
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7.	Sabana Saimudheen		9447091584	
8.	Shadha Saheem		8889885570	
9.	Rasheeda A.A		8129637010	
10.	Shamuna Rasheed		9961137290	
11.	BOJATH Hameeda		702575369	
12.	SHIBI ALIYAS		9847262068	
13.	Omaha Suresh		9497709729	
14.	Shanvi		9562372278	
15.	Sreeraja		7025898034	
16.	SHREERAJA KARAN		9387252204	
17.	Vasanthi Dhamodhan		9207566592	
18.	KUNDARI GILON		9656434876	
19.	SYAMILY C.S		7025045187	
20.	Sindhu K.S		9446823071	
21.	Kamarunissa		9562618712	
22.	Ambili		9539202560	
23.	Sulagna Zakkir		9207484850	
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65.	Arya Elizabeth Roy	aryaelizabeth123@gmail.com	7907608952	

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70	Sneha Raju	snehasaju23@gmail.com	9947502199		5)
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73	Manisha Nelfa	manishanelfa@gmail.com	8943473154		8)
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76	Laura Thomas	Laurathoma@gmail.com	934256781		11)
77	Vismaya M-S	Vismayams76@gmail.com	9544126629		12)
78	Petreashya S Raj	Petreashyasshahu@gmail.com	9074741646		13)
79	Rachana kumar	Rachanakumarv@gmail.com	7593025419		14)
80	Vaishna S	Vaishnasu24@gmail.com	8281260855		15)



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605



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PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

ACADEMIC YEAR 2021-2022

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Ref. No. AADC/CIR/57-4 /22

Date: 22-01-2022

CIRCULAR

This is to inform all the staff and students that, Public health Department is conducting an essay competition on National Day of Girl Child on 24-01-2022 at 11.30 am in lecture hall 1. All are invited for the same.

Prof. Dr. Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha
PRINCIPAL

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**AL AZHAR DENTAL COLLEGE
THODUPUZHA**



**NATIONAL GIRL CHILD
DAY**

**ESSAY COMPETITION :RIGHT TO
LIFE;ABOLITION OF FEMALE FOETICIDE**

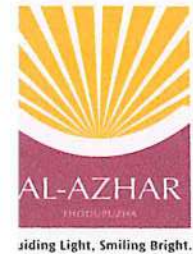
DATE:24/1/2022

TIME:11:30TO12:30PM

VENUE:LECTURE HALL 1

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605





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PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685605

REPORT

PROGRAMME : Essay Competition on National Girl Child Day
ORGANIZED BY : Women's Cell and IQAC, Al Azhar Dental College, Thodupuzha
DATE : 24-01-2022
TIME : 11.30 am- 12.30PM
VENUE : Lecture hall – 1
TOPIC : “Right to life-abolition of female foeticide”
NO. OF PARTICIPANTS : 12

National Girl Child Day is observed in India on January 24th every year to celebrate the girl child and raise awareness about the importance of gender equality and girls' education. The main objective of the day is to promote gender sensitivity and eliminate discrimination against girls. It aims to create a positive environment for the growth and development of girls by providing them with equal opportunities and resources. The day is also a reminder to all stakeholders to work towards the protection, education, and empowerment of girls.

In accordance to this, Al Azhar Dental College observed National Girl Child Day with an Essay writing competition among students and interns organized by the women cell & IQAC. The topic given was 'Right to life- Abolition of female feticide'. Female feticide is the practice of selectively aborting female fetuses, usually because of the preference for male children in a patriarchal society. India has been grappling with this issue for decades, and it remains a serious problem in many parts of the country.


Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-686 605





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The root causes of female feticide in India are complex and multifaceted, and include factors such as deep-seated patriarchal attitudes, economic pressures, and the availability of modern technologies such as ultrasound and prenatal testing. In many parts of India, boys are still considered more desirable than girls, as they are seen as providers and heirs who can continue the family name. To acknowledge this the students and interns were given an opportunity to write their views and opinions on the same.

The essays reflected the following facts :

The consequences of female feticide are far-reaching and include a skewed gender ratio, which has led to an increase in violence against women, child marriage, and trafficking. It has also created a shortage of brides in some regions, which has resulted in the bride trafficking and forced marriages of girls from poorer states. Keeping this in mind, observance of such days are of keen importance.

The observance of National Girl Child Day concluded with prize and sweets distribution among the participants. Winners were awarded by the principal and IQAC coordinator.

1st Prize was grabbed by an intern Noel and 2nd prize by a final year student Abbygail.

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605





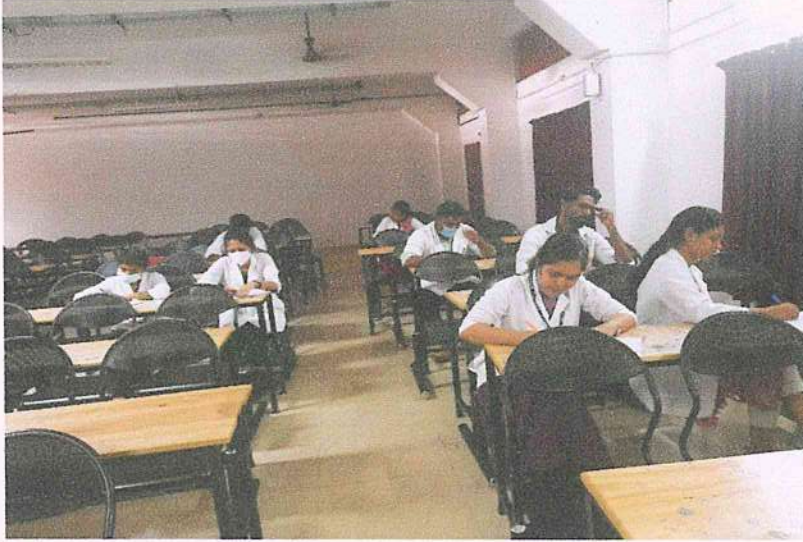
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Students participating in essay writing competition

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605





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PERUMPILICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Topic: National Girl Child Day

Date: 24/1/22

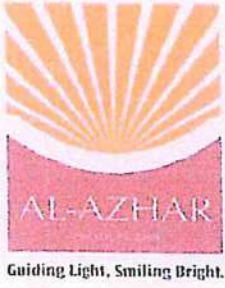
Resource person: Essay Competition "Right to Life - Abolition of female Feticide"

Venue: Lecture Hall - 1

Attendance Sheet

Sl. No.	Name of the Participants	Email ID	Mob No	Signature
1.	Thasni. MS	innuthasni@gmail.com	9207976267	
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3.	Fathima Nasar	amibrafnazar@gmail.com	9647288542	
4.	Namitha. N	nazarnamitha168@gmail.com	9497663756	
5.	Alsara.R.	Alsaraenhajell@gmail.com	7306286501	
6.	Adithya. M.	adithyahasidasan351@gmail.com	7736921020	
7.	Asher Suresh	ashersuresh2014@gmail.com	9074827778	
8.	Reeth. V. Prasad	v1prohith100@gmail.com	9440694845	
9.	Nimra Fathima	Nimalafathima009@gmail.com	9047102375	
10.	Safaa Sheerin.	Safashum@gmail.com	9745237151	
11.	Sahira K.S	sahirak102@gmail.com	97532721	
12.	Akhela Tomo	akhelatomo117@gmail.com	6282957398	

Prof. Dr. Harvey Thomas MDS
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Date: 07-03-2021

Ref. No.: AADC/CIR/18 D/21

CIRCULAR

This is to inform all the staff and students that the Department of Public Health Dentistry is celebrating 'International Women's Day' on 8-03-2021 at 1.00PM in Dept. of PHD. All are invited for the same.



Prof. Dr. A. AFZAL, M.D.S.
PRINCIPAL
Al-Azhar Dental College
Perumpilichira P.O., Thodupuzha-685 605

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All Departments

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Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha

AL - AZHAR DENTAL COLLEGE
THODUPUZZHA



Women's Day Celebration

DATE: 08/03/2021
VENUE: AL AZHAR DENTAL COLLEGE
TIME: 1:00 PM



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

BY

Dr. Tency Mathew

Associate Professor, Al Azhar Dental College



Prof. Dr. V.A. Afzal, M.D.S.
Principal
Al-Azhar Dental College
Thodupuzha - 685 605



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PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685605

REPORT

PROGRAMME: INTERNATIONAL WOMEN'S DAY CELEBRATION

ORGANISED BY: DEPT OF PUBLIC HEALTH DENTISTRY

DATE: MARCH 8TH 2021

VENUE: AL AZHAR DENTAL COLLEGE


TIME: 1.00-2.00 PM

NO OF PARTICIPANTS: 55


International Women's Day is celebrated annually on the 8th of March to recognize the social, economic, cultural, and political achievements of women across the globe. In commemoration of this day, Dr. Tency Mathew, an Associate Professor at Al Azhar Dental College, delivered a powerful speech on the importance of women's empowerment through education.

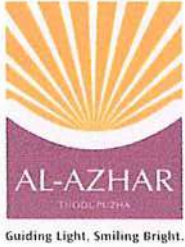
Dr. Tency Mathew began by acknowledging the struggles that women face in society, particularly with regards to gender-based discrimination, harassment, and violence. She emphasized that education is a powerful tool that can empower women to fight against these atrocities and move forward with courage and determination.

She spoke about the critical role that education plays in the lives of women, highlighting how it helps to develop their intellectual capacity, broaden their horizons, and improve their socio-economic status. Dr. Mathew emphasized that education is not only a means to acquire knowledge but also a pathway towards achieving greater gender equality, social justice, and human rights.


Prof. Dr. V.A. AFZAL., M.D.S.
Principal
Al-Azhar Dental College
Perumpillichira P.O., Thodupuzha-685 605




Prof. Dr. Harvey Thomas MDS
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Thodupuzha-685 605



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Furthermore, Dr. Mathew stressed the importance of promoting gender-sensitive education, where the needs and concerns of women are taken into consideration. This includes providing equal opportunities for women to access education, addressing gender-based discrimination and harassment, and empowering women to take leadership roles in various fields. The speech was well-received by the nearly 55 students and all the female staff who attended the program. Dr. Mathew's message of empowerment and upliftment through education resonated with the audience, inspiring them to take charge of their lives and fight against gender-based discrimination and violence.

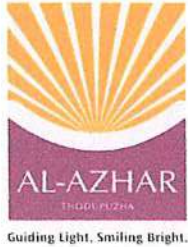
The program concluded with a cake-cutting ceremony, a symbolic gesture that represented the collective celebration of women's achievements and the collective effort required to achieve gender equality. Overall, the program served as a powerful reminder of the ongoing struggle for women's rights and the crucial role that education plays in achieving greater gender equality and social justice.

In conclusion, Dr. Tency Mathew's speech on Women's Day was a timely reminder of the importance of women's empowerment and upliftment through education. Her message of courage, determination, and resilience in the face of gender-based discrimination and violence was both inspiring and empowering. It is through initiatives like these that we can continue to work towards a more equitable and just society, where every woman has the opportunity to thrive and succeed.


Prof. Dr. V.A. AFZAL., M.D.S.
Principal
Al-Azhar Dental College
Perumpillichira P.O., Thodupuzha-685 605




Prof. Dr. Harvey Thomas MDS
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Guiding Light, Smiling Bright.

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Dr Tency Mathew celebrating International women day with students


Prof. Dr. V.A. AFZAL., M.D.S.
Principal
Al-Azhar Dental College
Perumpillichira P.O., Thodupuzha-685 605




Prof. Dr. Harvey Thomas MOS
Principal
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PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Topic: Women's Day Celebration

Date: 8/3/2021

Resource person: Dr. Tency Mathew

Venue: Leaf Hall I
Al-Azhar Dental College




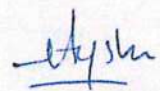








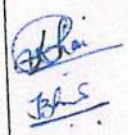

Attendance Sheet

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2	Adhila V-T	vtadhila546@gmail.com	8259950557	
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13	Dalaya Devis	dalayadevis@gmail.com	8281900152	

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605



Prof. Dr. AAFZAL, M.D.S.
Principal
Al-Azhar Dental College
Perumpillichira P.O., Thodupuzha-685 605

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9)	Aruna Joy Thomas	arunajoythomas@gmail.com	9207131571	
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Prof. Dr. V.A. AFZAL., M.D.S.
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Fax: 04862 229586

AL-AZHAR DENTAL COLLEGE

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PERUMPILICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Topic: Women's day
Date: 8/3/21
Resource person: Dr. Teny Mathew
Venue: Lect Hall F

Attendance Sheet

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21.	Hafsa Zubair	hafsyubair@gmail.com	9846324998	Hafsa
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32.	Sumera Sulthana Muhammed	sumerasulthana@gmail.com	8606377354	Sumera
33.	V.S. Gonika	gonikagopindasa@gmail.com	8086087340	Gonika

Prof. Dr. Harvey Thomas MDS
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Prof. Dr. V.A. Afzal, M.D.S.
Principal
Al-Azhar Dental College
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34	Soundharya G	Soundharya8888@gmail.com	9448391454	
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37	Shabna Sherif	Shabnasherif98@gmail.com	9562056906	
38	Irfana shajahan	irfanana23322@gmail.com	7907695356	
39	Thuzmi Rahmi	thuzmirahmi95@gmail.com	7592972405	
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41	Sindhu Anand	Sindhuanand@gmail.com	6238679086	
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49	Dr. Tency	tencymari.tette@gmail.com	9895850422	

Prof. Dr. Harvey
Principal
Al-Azhar Dental College
Thodupuzha - 685 005



Dr. V.A. AFZAL., M.D.S.
Principal
Al-Azhar Dental College
Mullichira P.O., Thodupuzha - 685 005



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PERUMPILICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Topic: Women's day
Date: 8/3/21
Resource person: Dr. Terry Mathew
Venue: Lect Hall I, AADC

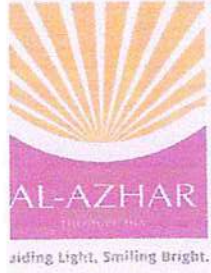
Attendance Sheet

Sl. No.	Name of the Participants	Email ID	Mob No	Signature
50	Dr. Renu Ann Mathew	ra00mathew@gmail.com	9447717842	
51	Dr. Anyana. Mohan	anyanamohan99@gmail.com	944656782	
52	Dr. Vinni Dommen	oktviz@gmail.com	9539920729	
53	Dr. Tina George	tinunora@gmail.com	9447235925	
54	Dr. Seelakshmi G.	seelakshmi.g@gmail.com	9656906589	
55	Shiny Joseph	drshinyjoseph@rediffmail.com	8606384476	

Prof. Dr. V.A. Afzal MDS
Principal
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Thodupuzha-685 605



Prof. Dr. V.A. AFZAL, M.D.S.
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PERUMPILICHIRA P. O., THODUPUZHA, IDUKKI DIST, KERALA- 685605

Date: 11-02-2022

Ref. No. AADC/CIR/58 A-3 /22

CIRCULAR

This is to inform you that, the Women's Cell of Al Azhar Dental College is planning to conduct a gender sensitization programme by Dr. Usha Narayanan on 14 -02- 2022 (Monday) at 10: 30 am at Lecture hall 1



PRINCIPAL

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

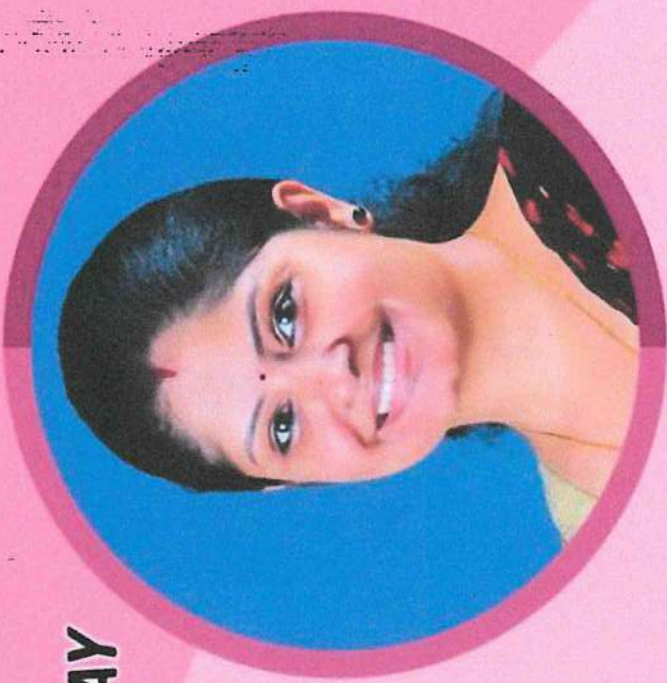
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AL-AZHAR DENTAL COLLEGE

Gender Equity Sensitisation Programme
in connection with NATIONAL WOMENS DAY



സ്പ്രിംഗ്: ഖാറ്റുത്തിന്റെ ഉയർന്നുവരവ്

Speaker : Dr. Usha Narayanan
(psychologist; Personal wellness coach)



14TH FEBRUARY 2022

10.30am

LECTURE HALL 1



Prof. Dr. Usha Narayanan
Principal
Al-Azhar Dental College
Thochupuzha - 685 605

Off : 04862 224366

Fax: 04862 229586

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REPORT

PROGRAMME : GENDER SENSITIZATION PROGRAMME ON NATIONAL WOMENS DAY 2022

ORGANISED BY : WOMEN'S CELL AND IQAC-AADC

DATE : 14-02-2022

VENUE : Lecture Hall 1

TIME : 10:30AM-12.00PM

NO. OF PARTICIPANTS :71

On 14th February 2022, a gender sensitization program was conducted by Dr. Usha Narayanan, a psychologist and personal wellness coach. The program started with a prayer, followed by a welcome speech by Prof. Dr. Shiny Joseph from the Department of Periodontics. The Principal, Prof. Dr. Harvey Thomas, also addressed the gathering, highlighting the importance of gender sensitization in today's world.

The introduction of the speaker was done by Dr. Binila S Babu, who explained the speaker's credentials and expertise in the field of gender sensitization. The session started at 10:30 am and continued for three hours. The program covered various topics related to gender sensitization, including gender roles, gender-based violence, and gender stereotypes.

During the program, Dr. Usha Narayanan provided insights into how gender norms and stereotypes affect our behavior, attitudes, and beliefs. She also discussed how these biases can




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create unequal opportunities and limit the potential of individuals. The program was highly informative and raised everyone's awareness of the issues surrounding gender sensitization.

Towards the end of the program, the felicitation of the speaker was done by Prof. Dr. Harvey Thomas, the Principal, Prof. Dr. Rema J, and Dr. Anjana Mohan Kumar. This was followed by the vote of thanks given by Prof. Dr. Vinni Mary Oommen. The feedback forms were collected from the participants, which showed that the program was well-received and appreciated by everyone who attended.

Soft drinks were served in between the program, which gave the participants a break to refresh themselves and network with other attendees. The overall atmosphere was very engaging, and the participants were actively involved in the discussions and activities conducted by the speaker.

The program was a great success, and it helped in creating a better understanding of gender sensitization among the participants. It provided a platform for the participants to interact, share their experiences, and learn from each other. The program also helped in highlighting the need for creating an equal and inclusive society that values diversity and promotes gender equality.

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
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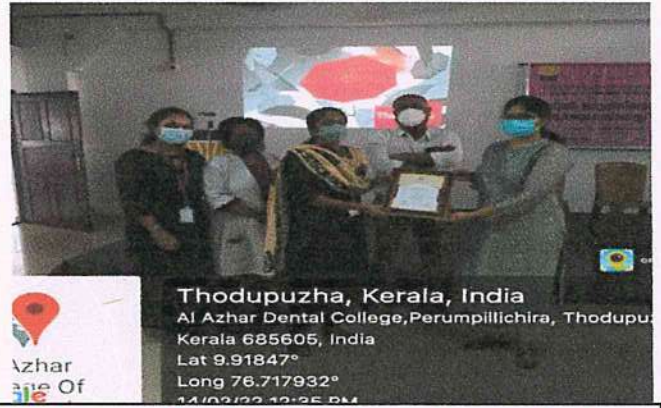
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In conclusion, the gender sensitization program conducted by Dr. Usha Narayanan was an insightful and informative experience for all the participants. The program helped in creating awareness about gender-based issues and provided a platform for the participants to engage in meaningful discussions.



Honoring the speaker by Principal



Thodupuzha, Kerala, India
Al Azhar Dental College, Perumpillichira, Thodupu
Kerala 685605, India
Lat 9.91847°
Long 76.717932°
14/02/22 12:25 PM

Presentation of memento to the speaker by women's cell members



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605



TOPIC : Gender Equity Sensitisation Programme

FACULTY : Dr. USHA NARAYANAN

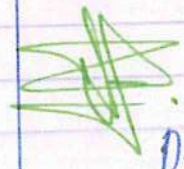
7

VENUE : LECTURE HALL 1

No	Name of Participant	E-mail id	Mobile Number	Sign
1	Reshma Rajan	reshmarajanisas@gmail.com	6238354335	Reshma
2	Fathima Sameer	fathimasameer247@gmail.com	8590844912	Fathima
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5	Dr. SHANILAA.M	shanilathedentist@gmail.com	9916016586	Shanila
6	Dr Anjana M.K	anjana m k 99@gmail.com	9446567822	Anjana
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30	Omang . K . P		7025230845	Omang
31				

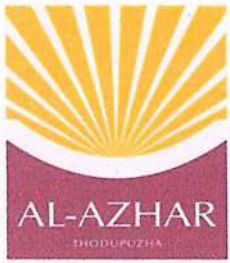
Sl. No	Name of Participant	E-mail Id	Mobile Number	Signature
33	Gopika Shylajan	gopikashylajan@gmail.com	7025195490	Gopika
34	Fathima Thasneem	fathimathasneem28@gmail.com	8848159036	Fathima
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				Nihar

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71	Elizabeth Sojan	elsasojan@gmail.com	7907788364	<u>Elizabeth</u>
72	Dr. Binila B. Babu	dr. Binila@yahoo.com	9440580103	
73	Dr. Karanraj			
74	Dr. Shyja Mahalingam			



Dr. Hawey Thomas
Principal





Guiding Light, Smiling Bright.

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Ref. No. AADC/CIR/57D-1/22

Date: 04-03-2022

CIRCULAR

This is to inform you that, the Women's Cell of Al Azhar Dental College is conducting a legal awareness programme by Ms. Prameela P. D (Asst Sub Inspector & Counselor, Thodupuzha) on 11-03- 2022 (Monday) at 10: 30 am at Lecture hall -1.


Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha
PRINCIPAL

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AL-AZHAR DENTAL COLLEGE



INTERNATIONAL
WOMEN'S
DAY

**“Women Empowerment:
An awareness talk on the
legal rights”**



Chief Guest : Mrs Rajeena P.M
Director, Al Azhar group of Institutions



Guest of honour :
Mrs P.K Fathima



Speaker : Prameela P.D
Asst.Sub Inspector & Counsellor, Thodupuzha

Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha -685 605



8TH MARCH 2022

10.30am

LECTURE HALL 1



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Fax: 04862 229586

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REPORT

PROGRAMME : AN AWARENESS TALK ON LEGAL RIGHTS OF WOMEN

ORGANIZED BY : WOMEN'S CELL AND IQAC, AADC

DATE : 11-3-2022

VENUE : LECTURE HALL 1

TIME : 9:30AM-10.30AM

NO. OF PARTICIPANTS : 80

On March 11th, a legal awareness program was conducted by Mrs. Prameela P. D., Assistant Sub Inspector and counselor, Thodupuzha police station organized by Women's cell and IQAC-AADC. The program was held at Lecture hall 1, and it began with a prayer, after which Prof. Dr. Shiny Joseph, Chairperson of the Women's Cell, gave a welcome speech. Principal Prof. Dr. Harvey Thomas addressed the gathering and stressed the importance of awareness of legal rights.

Mrs. Fathima P. K. and Mrs. Rajeena P. M., trustees of Al Azhar Group of Institutions, were honored during the programme. The new logo of Women's Cell and name were unveiled by Mrs. Fathima P. K., and the winners of the competition, Ms.Nimisha Prakash and Ms Anumol joseph were awarded.



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605



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PERUMPILlichira P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685605

Miss Salma P. P. received an award of recognition from the Women's Cell for securing a place in the India Book of Records for making the largest portrait of Mahatma Gandhi using dental waste.

The speaker, Miss Afiya T.S was introduced by Miss Beneeta George, and the session started at 10.30 am and continued for 4 hours. The participants actively interacted with the speaker, and Miss Afiya T.S. thanked the gathering.

Legal awareness programs are essential to educate people about their legal rights and empower them to stand up for themselves. The speakers provided valuable information and advice to the participants, ensuring that they were better equipped to handle legal issues that may arise in their lives.

The recognition and awards presented to Mrs. Fathima P. K., Mrs. Rajeena P. M., and Miss Salma P. P. served as inspiration for the participants, as they were able to see what can be achieved through hard work and dedication.

Overall, the legal awareness program was a success, and it provided an opportunity for individuals to learn more about their legal rights and how to protect them. It also highlighted the importance of promoting legal awareness in society, and how it can lead to positive changes in people's lives.

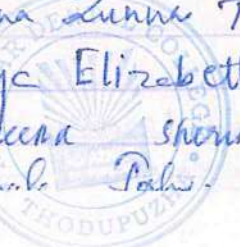
Vote of thanks given by Dr. Anjana Mohankumar



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

Faculty :- SPEAKER - MS PRAMEELA P.D. 31
 VENUE: decluce Hall 1.

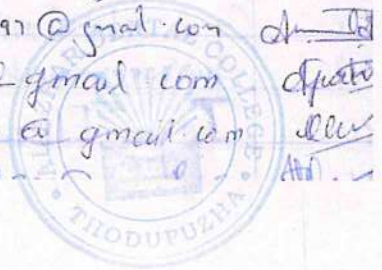
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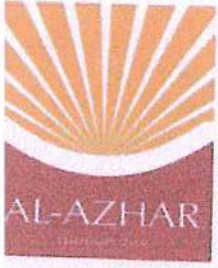


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Dr. Harvey Thomas
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PERUMPILICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Ref: AADC/ CIR/59-6/22

Date: 25-05-2022

CIRCULAR

This is to inform all the staff and students that, Women's cell is conducting a Programme on Menstrual Health & Hygiene. 'Menstrual Cups: Greening the Red' by Dr. Shiny Daniel, Senior Consultant and HOD, Smitha Memmorial Hospital, Thodupuzha on 28-05-2022 at 9.00 am in lecture hall I. All are invited for the same.



PRINCIPAL

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

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AL-AZHAR DENTAL COLLEGE



ABHEDYA

Women's cell

AL AZHAR DENTAL COLLEGE

in association with IQAC



World menstrual hygiene day

28th May 2022

An awareness talk on
menstrual health and hygiene

'Menstrual cups:
Greening the Red'

28th May 2022 @ 9.00 am
Lecture Hall - I



Session by

Dr. Shiny Daniel
MBBS, DGO, DNB, FMAS

Senior Consultant and HOD,
Smrita Memorial hospital and



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REPORT

PROGRAMME : Awareness Talk On Menstrual Health and Hygiene

ORGANISED BY : Women's Cell and IQAC, Al Azhar Dental college,
Thodupuzha

TOPIC : 'Menstrual Cups: Greening the Red'

RESOURCE PERSON : Dr. Shiny Daniel (MBBS, DGO, DNB)

DATE : 28-05-2022

TIME : 9.00 am to 10.30 am

VENUE : Lecture hall - 1

NO. OF PARTICIPANTS : 73

Registration of participants for the programme 'Menstrual Cups: Greening the Red' started at 8.30am organized by Women's cell and IQAC, Al Azhar Dental College. The programme started with a prayer song at 9.am. The women's cell Coordinator Prof. Dr. Shiny Joseph, welcomed the gathering.

Introduction of the speaker was done by Dr. Vinni Mary Oommen. The session started at 9.00am by the invited speaker Dr. Shiny Daniel (MBBS, DGO, DNB) Senior Consultant & Head of the department of Gynecology, Smitha Memorial Hospital and Research Centre, Thodupuzha, on the topic 'Menstrual Cups: Greening the Red'. She stressed the importance of menstrual hygiene and spoke elaborately on Menstrual Cups.




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During the talk the speaker highlighted on the following points:

Poor menstrual hygiene can lead to various health issues such as bacterial infections, rashes, and urinary tract infections. It can also cause social and psychological challenges such as shame, embarrassment, and stigma.

It is important for individuals to have access to menstrual hygiene products and education about proper menstrual hygiene practices. This can help reduce the negative impact of menstruation on individuals' health and well-being, as well as promote gender equality and women's empowerment.

Menstrual hygiene refers to the practices and products used by women and girls during their menstrual cycle to maintain cleanliness and manage their menstrual flow. It is important for women and girls to have access to proper menstrual hygiene practices and products, as it can have a significant impact on their health, well-being, and overall quality of life.

Menstrual cups are a safe and effective option for managing menstrual bleeding, and they offer several advantages over traditional menstrual products as they are cost-effective, environmentally friendly, comfortable have increased capacity, convenient, reduced odor and reduced risk of toxic shock syndrome (TSS).

All the participants actively interacted throughout the session. The lecture ended at 10.30 am. A memento was given as a token of appreciation to the faculty. A total of 74 participants attended the programme. Vote of thanks was given by Ms. Fathima Sameer. The participants found the talk both informative and useful.



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Audience attending the lecture



Speaker on dais

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605



TOPIC: MENSTRUAL CUPS: GREENING THE RED.

SPEAKER: DR. SHINY DANIEL

VENUE: LECTURE HALL 1

✓ (3)

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DATE: 28/5/22

71

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11.

Prof. Dr. Harvey Thomas MDS
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Al-Azhar Dental College
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TOPIC : MENSTRUAL CYCLE : GREENING THE RED

SPEAKER : DR. SHINY DANIEL


VENUE : LECTURE HALL I

DATE : 28/5/22

73

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TOPIC: MENSTRUAL CUPS : GREENING THE RED

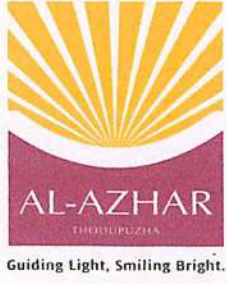
SPEAKER: DR. SHINY DANIEL

VENUE: LECTURE HALL 1

DATE: 28/5/22
75

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Ref. No. AADC/CIR/67 /21

Date: 14-10-2021

CIRCULAR

This is to inform all the staff and students that, Public health Department is celebrating International Day of Rural Women on 15-10-2021 at 11.00 am in lecture hall 1. All are invited for the same.


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AL AZHAR DENTAL COLLEGE
THODUPUZHA

**INTERNATIONAL DAY
OF RURAL WOMEN**
**LECTURE :RURAL WOMEN
EMPOWERMENT**



DATE:15/10/21

TIME:11AM-12PM

VENUE:LECTURE HALL 1

BY DR TENCY (DEPT OF PUBLIC HEALTH
DENTISTRY)



Prof. Dr. Harvey Thomas MDS
Principal
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REPORT

PROGRAMME : CELEBRATION OF INTERNATIONAL DAY OF RURALWOMEN

ORGANISED BY : DEPT OF PUBLIC HEALTH DENTISTRY AND WOMEN'S CELL

DATE :15TH OCTOBER 2021

VENUE : LECTURE HALL 1


TIME :11.00 am- 12.00pm

NO OF PARTICIPANTS : 34

Rural women play a critical role in sustainable development and there is a need to empower them. An event was organized by the Department of Public Health Dentistry and Women's cell on the occasion of International Day of Rural Women. The event was a seminar on the topic of "Rural Women Empowerment," presented by Dr. Tency Mathew, who is a faculty member in the Department of Public Health Dentistry at Al Azhar Dental College.

Dr. Mathew's presentation focused on the theme of 2021, which was "Rural Women Cultivating Good Food for All." The speaker highlighted the essential role that rural women and girls play in the world's food system, and emphasized the need to empower them for sustainable development. The talk aimed to raise awareness about the challenges faced by rural women and the importance of empowering them to achieve sustainable development.




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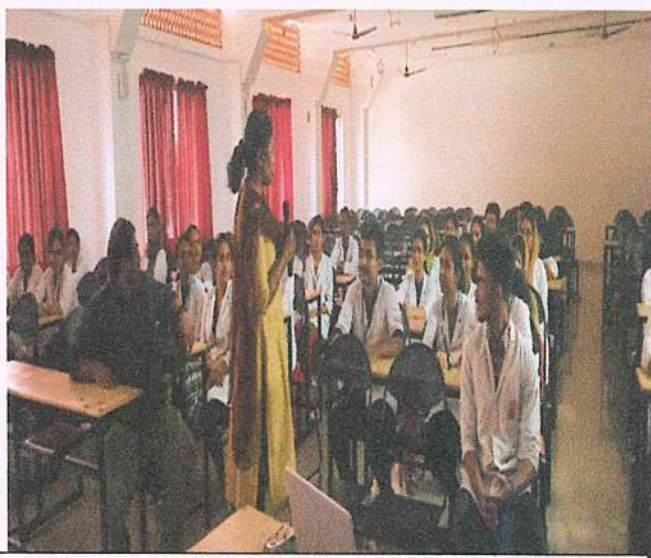
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The audience comprised of 35 interns and students of Al Azhar Dental College. The seminar started at 11.00 am with a prayer, followed by a principal address. The event was well received by the participants, who engaged in active interaction with the speaker. The session provided an opportunity for the participants to learn about the critical role of rural women in sustainable development and the need to empower them for the same.

In conclusion, the event organized by the Department of Public Health Dentistry and Women's Cell was a significant step towards raising awareness about the critical role of rural women in sustainable development and the need to empower them. The seminar highlighted the challenges faced by rural women and emphasized the need to empower them for sustainable development. The event was well perceived by the audience, who actively engaged with the speaker and the topic. The vote of thanks was given by Dr. Vinni Oommen.



Dr Tency giving lecture



Speaker interacting with students


Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
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Topic: International Day of Dental Women

Date: 15/10/21

Resource person: Dr. Terry H. Thomas

Venue: Lecture Hall - 1


Attendance Sheet

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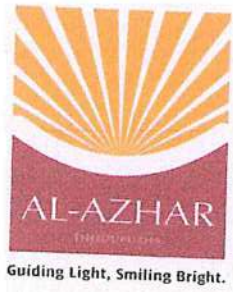
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Ref. No. AADC/CIR/54 V /21

Date: 25-08-2021

CIRCULAR

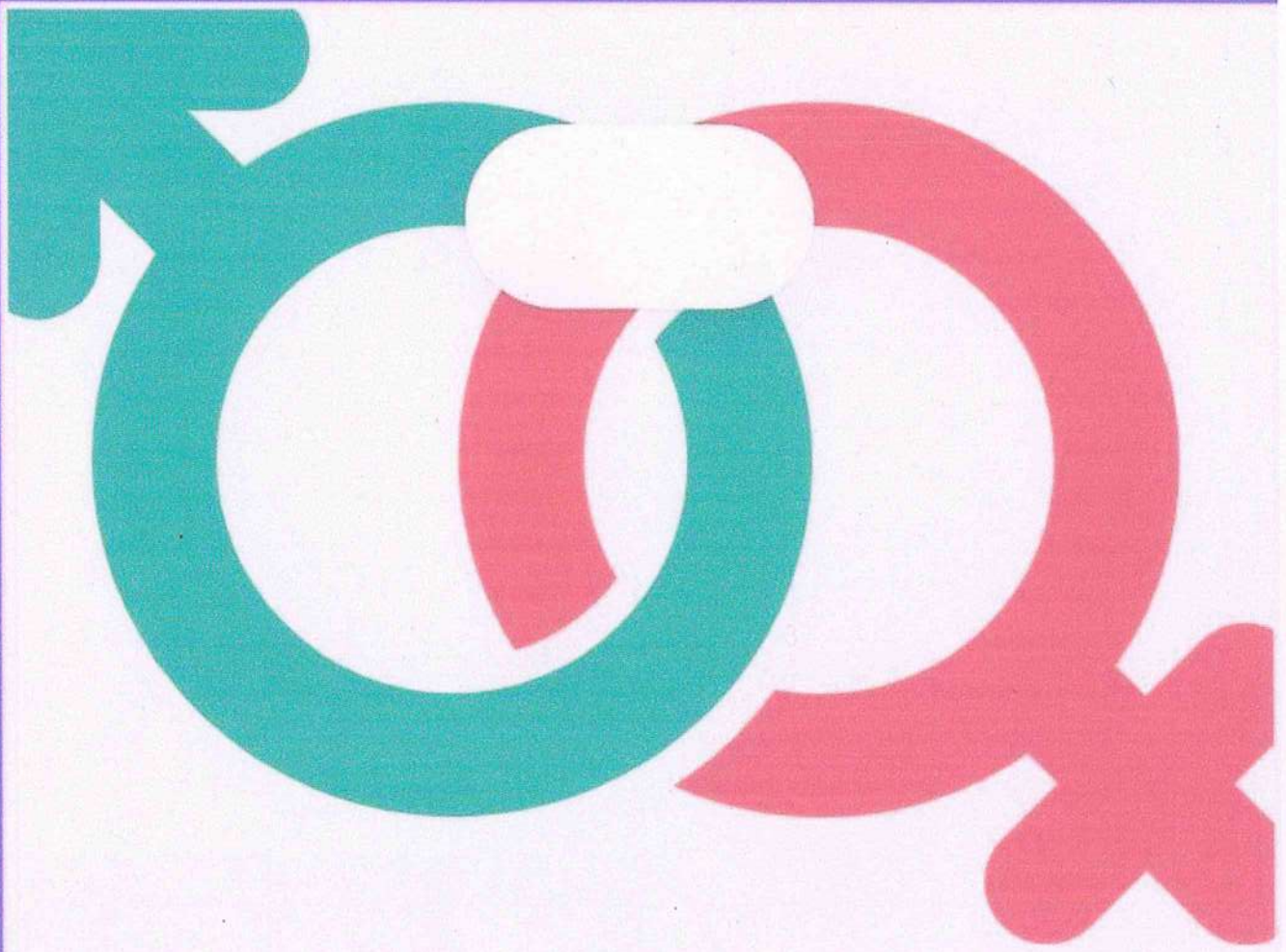
This is to inform all the staff and students that, Women's cell and Public health Department is celebrating Gender Equality Day on 26-08-2021 at 10.30 am in lecture hall 1. All are invited for the same.

Prof. Dr. W.A. AFZAL., M.D.S.
Principal
Al-Azhar Dental College
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GENDER EQUALITY DAY



AL AZHAR DENTAL
COLLEGE THODUPUZHA

GENDER EQUALITY LECTURE
DATE:26/8/2021
TIME:10AM-12PM
VENUE :LECTURE HALL 1
BY DR RENU ANN MATHEW
[DEPT.OF PEDODONTICS]

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha -685 605



Prof. Dr. V.A. AFZAL., M.D.S.
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Perumpillichira P.O., Thodupuzha-685 605



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AL-AZHAR DENTAL COLLEGE

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REPORT

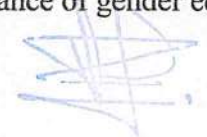
PROGRAMME : GENDER EQUALITY DAY CELEBRATION
ORGANISED BY : WOMEN'S CELL AND PUBLIC HEALTH DENTISTRY
DATE : 26TH AUGUST , 2021
VENUE : LECTURE HALL 1
TIME : 10.30am-12.00pm
NO OF PARTICIPANTS : 35

Gender Equality Day is celebrated on 26th August 2021 with great pomp in Al Azhar dental college. This day is celebrated as an opportunity to reflect the progress that has been made towards achieving gender equality. By promoting gender equality we can create a world where individuals are treated equally regardless of their gender.

The Department of Public Health Dentistry in association with Women's cell organized an event to commemorate Gender Equality Day, an occasion that seeks to promote gender equality and women's rights. The event aimed to raise awareness and understanding about the importance of gender equality, both in the workplace and in society as a whole. The event consisted of a seminar on the topic of "Gender Equality," which was presented by Dr. Renu Ann Mathew, a distinguished faculty in the Department of Pedodontics at AADC. Dr. Mathew's presentation aimed to highlight the importance of gender equality in the dental profession and other fields.


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The event was attended by over 35 interns and students from Al Azhar Dental college. The participants included both male and female students, who were keen to learn about the various aspects of gender equality. The seminar began at 11.00 am with a prayer, after which the principal of the college gave an address, welcoming the participants and emphasizing the importance of gender equality in the field of dentistry.

During the seminar, Dr. Mathew delivered an insightful presentation that covered various aspects of gender equality. She highlighted the challenges faced by women in the dental profession and the need for gender parity. Dr. Mathew also discussed the role of men in promoting gender equality and encouraged the male participants to be allies of gender equality.

The event was well received, with active interaction from the audience. The participants engaged in lively discussions and asked thought-provoking questions, indicating their interest and engagement in the topic. The event provided an opportunity for the participants to learn about the various aspects of gender equality and understand the challenges faced by women in the dental profession. Overall, the event was a success in promoting awareness and understanding of gender equality and its importance in the workplace and society. Vote of thanks was delivered by Dr. Binila S.Babu

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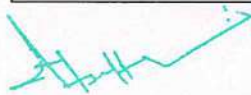
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Speaker giving talk



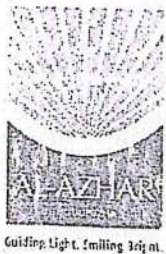
Speaker interacting with students



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PERUMPILICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Topic: Gender Equality Day

Date: 26/8/21

Resource person: Dr. Resu Ann Mathew

Venue: Lecture Hall - 1

Attendance Sheet

Sl. No.	Name of the Participants	Email ID	Mob No	Signature
1.	Rahul Ramesh	rahulramesh@gmail.com	9895561228	
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5.	Catherin Benny	catherinbenny@gmail.com	9567777348	
6.	SUMENI SULTHANA	sumenisulthana@gmail.com	9048739388	
7.	Babitha Baby	babitha25@gmail.com	9847032169	
8.	Silpa S	silpa@gmail.com	9495343038	
9.	NAJUMA NOUSHAD	najumanoushad@gmail.com	9847028359	
10.	Tanzeer Shah N.	tanzeershah@gmail.com	9605717955	
11.	Safna K.Z	safnake@gmail.com	9995812093	

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Sl. No.	Name of the Participants	Email ID	Mob No	Signature
12	Narveer P	Narveerpe@gmail.com	9497225297	<u>Narveer</u>
13	HIMAS	Himas@gmail.com	999625943	<u>Himas</u>
14	Jobitha Jose	jobithajose@gmail.com	9446932823	<u>Jobitha</u>
15	Shabna Sherif	shabnasherif91@gmail.com	9562516374	<u>Shabna</u>
16	NIHARA ROJY.	niharurojy@gmail.com	9447607988	<u>Niharurojy</u>
17	Srethy Jayan	srethy645@gmail.com	9447127217	<u>Srethy Jayan</u>
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22	Athira P.	athiravit@gmail.com	9947312162	<u>Athira</u>
23	Muhammed Shanil	mshani124@gmail.com	9446136910	<u>M. Shanil</u>
24	Alfiyah Shah	alfiyahshah@gmail.com	7594944845	<u>Alfiyah Shah</u>



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2021



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Topic: Gender Equality Day

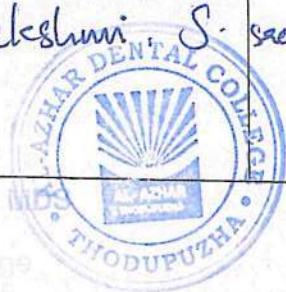
Date: 26/8/21

Resource person: Dr. Rene Ann Mathew


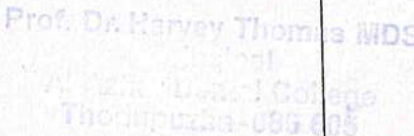
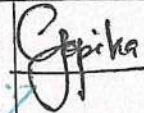
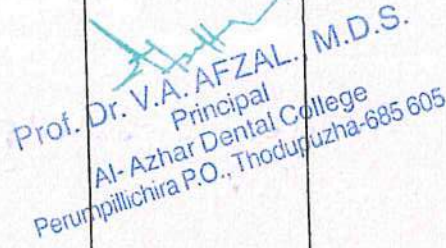

Venue: Lecture Hall - I

Attendance Sheet

Sl. No.	Name of the Participants	Email ID	Mob No	Signature
25	Shilpa P.	shilpapedator@gmail.com	94495343038	
26	Janeera Rasheda	janeeraraashida@gmail.com	9745603603	
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29	Shilpa Sadan	shilpasadan@gmail.com	9449522874	
30	Noora Ashraf	nooraashraf7@gmail.com	9207061349	
31	Hashmi RA	hashmi97@gmail.com	9846875235	
32	Aishwarye Joseph	aishwarye@gmail.com	94496729692	
33	Muhammed Ajmal	majmal@gmail.com	8592977125	
34	Sree lakshmi S.	sreekutty71@gmail.com	944787922	



Prof. Dr. V.A. AFZAL, M.D.S.
Principal

Sl. No.	Name of the Participants	Email ID	Mob No	Signature
35.	V. S. Gopika.  	gopu123@gmail.com	9495121893	  



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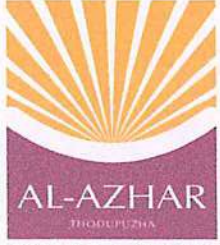
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Ref. No. AADC/CIR/11/21

Date: 01-02-2021

CIRCULAR

This is to inform all the staff and students that, Women's cell in association with Public health Dentistry AADC is organising Gender Sensitisation Workshop on 03-02-2021 at 10.30 am in lecture hall 2. All are invited for the same.

Prof. Dr. V.A. AFZAL., M.D.S.
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AL AZHAR
DENTAL COLLEGE
THODUPUZHA

Organized by Women's Cell AADC
GENDER EQUITY PROGRAM

WORKSHOP ON

EQUAL STRIDE: WALKING TOGETHER



Resource person
Dr SREELAKSHMI G
Faculty, Dept Of Pedodontics

Date : 3 February 2021

Time: 10:30 am - 11:30 am

Venue: ~~Lecture Hall 2~~

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REPORT

TITLE : "EQUALSTRIDE: WALKING TOGETHER"
ORGANIZED BY : WOMEN'S CELL OF AL AZHAR DENTAL COLLEGE
RESOURCE PERSON: Dr. Sreelakshmi G, Dept of Paediatric and Preventive dentistry
DURATION : 10.30-11.30 AM
DATE : 03-02-2021
VENUE : Lecture Hall 2


In an effort to foster a more inclusive and equitable learning environment, Al Azhar Dental College organized a groundbreaking Gender Sensitization Workshop titled "Equal Stride: Walking Together." led by Dr. Sreelakshmi, a renowned advocate for gender equality. The workshop aimed to sensitize participants about the importance of gender equity, address the impact of gender biases, and introduce strategies to create an environment of inclusivity within the institution.

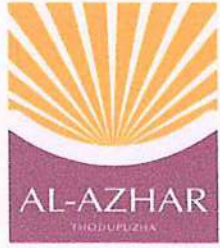
Dr Anjana Mohankumar from the Department of Oral medicine and Radiology welcomed the gathering and introduced the speaker to the audience. The workshop began with an engaging introduction from Dr. Sreelakshmi, emphasizing the significance of gender sensitivity in academic and professional settings. She highlighted the urgency to recognize the societal constraints that have perpetuated gender disparities and the necessity for each individual to be an agent of change in challenging these norms.

The first session delved into understanding the concept of gender equity. Dr. Sreelakshmi provided insights into how gender equity goes beyond merely ensuring equal opportunities but also requires addressing historical imbalances and structural barriers that affect different genders differently. The participants were encouraged to recognize and challenge traditional gender roles, promoting a more balanced and just society.


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**Dr. Sreelekshmi delivering speech
on "Equalstride: Walking Together"**


The workshop then delved into exploring the impact of gender biases. Through interactive discussions and thought-provoking activities, Dr. Sreelekshmi sensitized the participants about the unconscious biases that often influence decision-making and perceptions. Attendees were urged to critically analyze their own biases and reflect on how these biases might inadvertently affect their interactions with peers, colleagues, and patients.

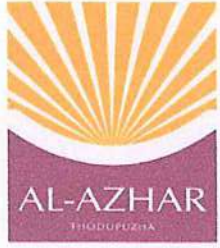
To reinforce the importance of empathy and compassion, Dr. Sreelekshmi presented real-life stories of individuals who have faced discrimination based on their gender. These stories served as powerful reminders of the necessity to cultivate a compassionate and supportive environment for all members of the college community.

The workshop also focused on practical strategies to create an inclusive environment. Dr. Sreelekshmi introduced techniques for active listening, respectful communication, and promoting diverse perspectives. Participants engaged in role-playing scenarios, enabling them to practice handling situations with sensitivity and empathy.


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The workshop concluded with a call to action, urging participants to become change agents in their respective spheres of influence. Vote of thanks was delivered by Dr Vinni Mary Oommen from the Department of Prosthodontics.

"Equal Stride: Walking Together" was not just a one-time event but a catalyst for an ongoing culture shift within Al Azhar Dental College. Dr. Sreelakshmi's workshop left a lasting impact on the participants, igniting a passion for promoting gender equity and inclusivity. As students and faculty members continue to implement the strategies learned during the workshop, the ripple effect of this powerful initiative is bound to create a more egalitarian and harmonious academic community at Al Azhar Dental College.

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Topic: EQUAL STRIDE : WALKING TOGETHER

Date: 3/2/21

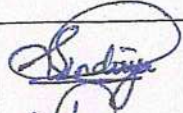
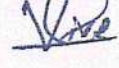


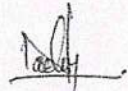
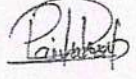

Resource person: Dr. Jee Leelohmi. A

Venue: Lecture Hall - 2
Attendance Sheet

Sl. No	Name of the Participants	Email ID	Mob No	Signature
1.	Rukya Hamsa	rukya.hamsa29@gmail.com	7947319432	
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Sl. No.	Name of the Participants	Email ID	Mob No	Signature
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15	Vivek S.	Vivek9@gmail.com	9437424536	
16	Linitha Jose	linithajose93@gmail.com	9544313228	
17	Salman S	Salman007@gmail.com	9737443723	
18	Nadiya	nadiya0098@gmail.com	9605166368	
19	Parvna Nileep	parvanadilip98@gmail.com	9645857678	
20	Jeerana Rushda	Jeerana00@gmail.com	9447980605	



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Ref. No.: AADC/CIR/33/20

Date: 06-03-2020

CIRCULAR

This is to inform all the staff and students that Women's cell and CDE is conducting a seminar on 'Women Empowerment' by Dr Shiny Joseph MDS, on 9-03-2020 at 10.00AM in lecture Hall 1. All are invited for the same.




Prof. Dr. V.A. AFZAL., M.D.S.
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AL AZHAR DENTAL COLLEGE

A SEMINAR ON

WOMEN EMPOWERMENT

BY DR. SHINY JOSEPH MDS

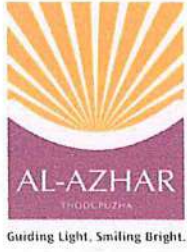
DATE: 09/03/2020

TIME: 10 AM - 11 30 AM

#empower



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REPORT

PROGRAMME : INTERNATIONAL WOMENS DAY CELEBRATION

ORGANISED BY :WOMEN'S CELL AND PUBLIC HEALTH DENTISTRY

DATE : 09-03-2020

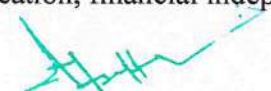
VENUE :LECTURE HALL - 1

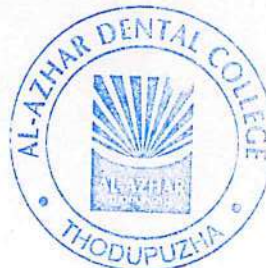
TIME : 10.00 AM -11.30 AM

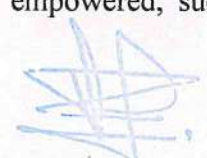
NO. OF PARTICIPANTS : 59

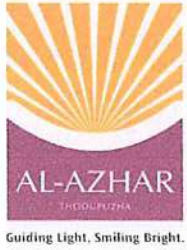
On International Women's Day, the women's cell of Al-Azhar Dental College in association with Department of PHD conducted a Continuing Dental Education (CDE) session on Women Empowerment, led by Dr. Shiny Joseph MDS. The session started at 10:00 am. The session was an insightful one, with Dr. Shiny Joseph sharing her thoughts on women empowerment and how it can be achieved.

Women empowerment is a critical issue in today's world, and it is imperative to ensure that women have access to the same opportunities and resources as men. In her session, Dr. Joseph talked about the importance of empowering women and how it can help in creating a more equal and just society. She also shared some practical ways in which women can be empowered, such as education, financial independence, and leadership roles.


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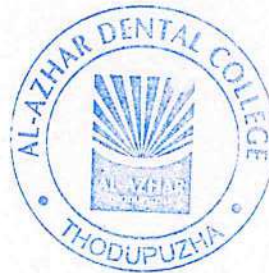
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Dr. Shiny emphasized the need for women to be assertive and confident in their abilities. She talked about the challenges that women face in a male-dominated world and the need for women to support each other. She also discussed the role of men in promoting women empowerment and how they can be allies in the fight for gender equality.

One of the highlights of the session was the quote by Meghan Markle that Dr. Shiny shared at the end of the session. The quote, "women don't need to find a voice, they have a voice, and they need to feel empowered to use it, and people need to be encouraged to listen," emphasizes the importance of women using their voice and being heard.

Overall, the CDE session on Women Empowerment by Al-Azhar Dental College was an insightful and thought-provoking session. Dr. Joseph's thoughts and ideas on women empowerment were inspiring and motivational. It is essential to continue to have such sessions and discussions to raise awareness and promote gender equality. Only by working together can we create a world where women are empowered, respected, and valued.


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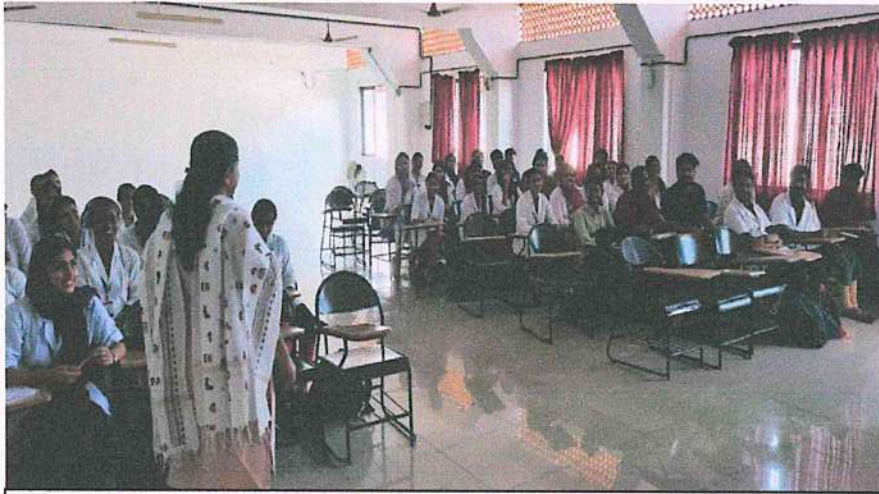
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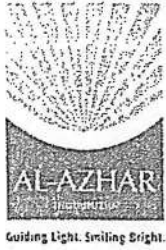


Dr. Shiny interacting with students

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PERUMPILICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Topic: Women Empowerment
Date: 9th March, 2020
Resource person: Dr. Shirey Joseph
Venue: Lecture Hall 1

Attendance Sheet

()

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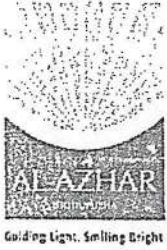
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Sl. No.	Name of the Participants	Email ID	Mob No	Signature
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PERUMPILICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Topic: Women Empowerment
Date: 9.03.2020
Resource person: Dr. Shiny Joseph, MDS
Venue: Lect Hall I

Attendance Sheet

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Ref. No. AADC/CIR/15/21

Date: 12-02-2021

CIRCULAR

This is to inform all the staff and students that, Women's cell and Public Health Department is celebrating National Women's Day on 15-02-2021 at 11.00 am in lecture hall 1. All are invited for the same.

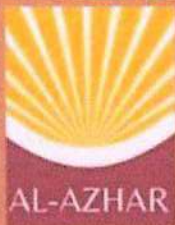


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AL AZHAR DENTAL COLLEGE THODUPUZHA SEMINAR ON NATIONAL WOMENS DAY



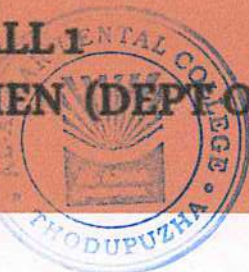
LECTURE

DATE: 15/2/21

TIME: 10AM-12:30PM

VENUE: LECTURE HALL 1

**BY DR VINNI OOMMEN (DEPT OF
PROSTHODONTICS)**



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REPORT


PROGRAMME : NATIONAL WOMEN'S DAY CELEBRATION
ORGANISED BY : WOMEN'S CELL AND PUBLIC HEALTH DENTISTRY
DATE : 15TH FEBRUARY 2021
VENUE : LECTURE HALL 1
TIME : 11.00 am- 12.00 pm
NO OF PARTICIPANTS : 40

In India, National Women's Day is observed and celebrated highlighting the achievements and contributions of women, as well as raising awareness about gender equality and women's rights issues. Gender equality in the workspace is crucial for ensuring that all individuals have equal opportunities, treatment, and benefits, regardless of their gender. Women's rights awareness is the understanding and recognition of the social, political, and economic rights that women are entitled to as equal members of society. On this note National Women's Day was celebrated at Al Azhar Dental College organized by the department of public Health Dentistry.

The programme started off with a seminar, presented by Prof Dr. Vinny Oommen highlighting on the topics such as Women education and promotion, equality in workspace, achievements and contributions of women. The programme had 40 participants.


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Later bouquets were distributed among lady staff by female students as a mark of appreciation of the women in our lives. Bouquets are often used as a symbol of love and affection. They are given to express love, admiration, and appreciation for someone special.

The event ended with a cake cutting ceremony by the non teaching staff of the institution. Cake cutting holds a significant cultural and social importance in many societies. It is often associated with celebrations and special occasions and is a symbol of joy, happiness, and togetherness. Sharing cake is a way to bring people together and create a sense of community. It is a shared experience that brings people closer and allows them to connect and bond with each other. All the participants appreciated the programme.




Cake cutting by Support staff and other faculty members



Bouquet distribution was conducted by female students posted in the department of Public Health Dentistry, facilitated by the student union.

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Topic: *National Women's Day*

Date: *15/2/21*

Resource person: *Vinai Oommen.*

Venue: *Lecture Hall - 1*

Attendance Sheet

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Topic: National Women's Day
Date: 19/2/21
Resource person: Dr. Vinnie Oommen.
Venue: Lecture Hall - 1

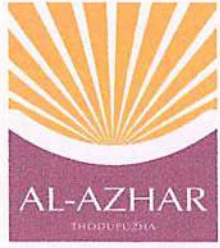
Attendance Sheet

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36	Ambaly Shyju		953120756	
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38	Ramla Raji		9526088353	
39	Sathyajith		9746514816	
40	Shyju Sivas		6235563506	



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Ref. No. AADC/CIR/20/21

Date: 11-03-2021

CIRCULAR

This is to inform all the staff and students that, Women's cell in association with Public Health Dentistry AADC is organising a Gender Promotion Programme on 15-03-2021 at 10.30 am in lecture hall 3. All are invited for the same.


Prof. Dr. V.A. AFZAL., M.D.S.
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AL AZHAR
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THODUPUZHA

Organized by Women's Cell, AADC

Gender Promotion Program

FEMALE LEADERSHIP ROLE IN DENTISTRY AND BEYOND



Resource person

Dr. ANJANA MOHAN KUMAR
Faculty , Oral medicine and radiology

Date : 15 March 2021

Time : 10 :15 am - 11: 15 am

Venue : Lecture Hall 3



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REPORT

TITLE : "Female Leadership Roles in Dentistry and Beyond"
ORGANIZED BY : Women Cell of Al Azhar Dental College
RESOURCE PERSON: Dr. Anjana Mohankumar, Dept of Oral Medicine and Radiology
DURATION : 10.15-11.15 AM
DATE : 15-03-2021
VENUE : Lecture Hall 3

Gender equality and the promotion of women's leadership roles have become crucial topics in today's world. To address these issues and encourage female students to pursue leadership positions within the dental profession and other fields, the Women's Cell of Al Azhar Dental College organized a highly impactful and empowering session on "Female Leadership Roles in Dentistry and Beyond". The session, conducted by the esteemed resource person, Dr. Anjana Mohankumar, from the Department of Oral Medicine and Radiology, aimed to inspire and motivate female students to break barriers, embrace their ambitions fearlessly, and emerge as strong leaders.

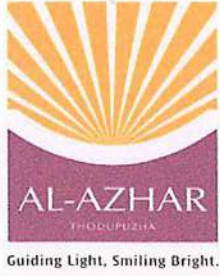
The session started with a welcome address by Dr Renu Ann Mathew, Dept of Paediatric and Preventive Dentistry who also introduced the speaker to the audience.

The session had four key objectives. Firstly, it sought to inspire female students by presenting them with the possibilities and opportunities available in leadership roles within the dental profession. The idea was to ignite a sense of ambition and drive in them, encouraging them to explore and seize leadership opportunities.

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Secondly, the session aimed to highlight the achievements and contributions of successful women leaders in dentistry and diverse fields. Dr. Mohankumar shared inspiring success stories, shedding light on the journeys, challenges faced, and remarkable accomplishments of these women. By providing these role models, the session demonstrated that women can excel in leadership positions and become catalysts for change.

Thirdly, the session delved into the challenges faced by women in leadership positions and explored potential solutions to overcome these obstacles. The resource person engaged in open discussions about the various barriers and biases that women may encounter in their pursuit of leadership roles. Strategies and effective approaches to surmount these challenges were suggested, enabling participants to develop resilience and determination in their endeavors.

Lastly, the session emphasized the importance of gender equality and inclusivity in all professions. By encouraging a balanced representation of women in leadership roles, the event aimed to foster an environment that values diversity and provides equal opportunities for all genders.

The content and structure of the session were thoughtfully designed to address various aspects of female leadership roles. The session also addressed the challenges faced by women in leadership positions and discussed effective strategies to overcome them. Dr. Mohankumar provided guidance and encouragement, empowering the participants to navigate any obstacles that may arise on their leadership journey.

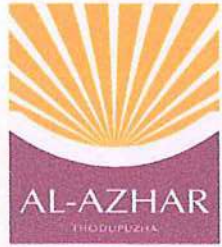
Additionally, the session focused on essential leadership skills, including communication, decision-making, time management, and the importance of building a supportive team. These skills are fundamental to effective leadership and were imparted to equip the participants with the tools necessary for their future roles.

The session concluded with an interactive Q&A segment, followed by Vote of thanks delivered by Dr Binila S Babu, Dept of Conservative Dentistry and Endodontics.

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The impact of the session was overwhelmingly positive, with attendees expressing feelings of inspiration and motivation to pursue leadership roles within the dental profession and beyond. Many participants reported an increased sense of self-confidence and a belief in their abilities to take on leadership responsibilities. The session highlighted the importance of having female role models.

In conclusion, the session on “Female Leadership Roles in Dentistry and Beyond” organized by the women’s cell at Al Azhar Dental College was a resounding success. Dr. Anjana Mohankumar’s expertise and experiences provided valuable insights, fostering an environment of empowerment and encouragement for female students. The event aligned well with the college’s commitment to promoting gender equality and inclusivity within the dental profession and beyond. It is hoped that such initiatives will continue to inspire and nurture future generations of female leaders in dentistry and various other domains, ultimately creating a more equitable and diverse society.



Dr. Anjana delivering talk on “Female Leadership Roles in Dentistry and Beyond”


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Topic: Female Leadership Role in Dentistry & Beyond

Date: 15/3/21

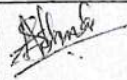

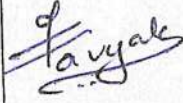



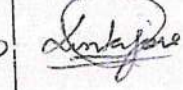
Resource person: Dr. Ajayia Mohan Kumar

Venue: Lecture Hall - 3
Attendance Sheet

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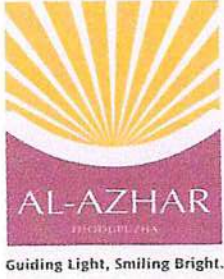
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Date: 23-11-2020

Ref. NO. BADC/CIR/SS/20

CIRCULAR

This is to inform all the staff and students that, Women's cell and Public health Department is celebrating International Day of Elimination of Violence Against Women on 25-11-2020 at 11.00 am in lecture hall 1. All are invited for the same.



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AL AZHAR DENTAL COLLEGE

A Program On Human Value Development

“ INTERNATIONAL DAY OF ELIMINATION OF VIOLENCE AGAINST WOMEN ”

BY DR. BINILA S BABU. MDS

DATE: 25/11/2020

TIME: 12 NOON

VENUE : LECTURE HALL 1

Thomas MDS

Al-Azhar Dental College
Thodupuzha - 685 605

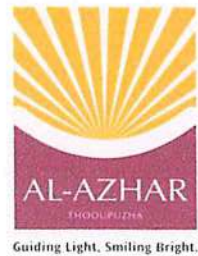


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REPORT

PROGRAMME : AWARENESS TALK ON INTERNATIONAL DAY OF ELIMINATION
OF VIOLENCE AGAINST WOMEN

ORGANISED BY : WOMEN'S CELL AND PUBLIC HEALTH DENTISTRY

DATE : 25TH NOVEMBER , 2020


VENUE : LECTURE HALL 1

TIME : 12.00PM


NO OF PARTICIPANTS : 25

The Department of Public Health Dentistry held a seminar on "Where Am I Safe" in honour of the International Day for the Elimination of Violence Against Women, which was presented by Dr. Binila S. Babu, MDS, AADC (Department of Conservative and Endodontics). Information about the rise in domestic violence against women during the COVID period was presented at the beginning of the session (lockdown days).

There was an active discussion regarding gender-based violence, with an emphasis on the importance of listening to and believing survivors. The discussion also encouraged teaching the next generation based on the experiences and stories of survivors, as well as calling for an end to gender-based violence.


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The 2020 campaign's slogan, "FUND, RESPOND, PREVENT, COLLECT," indicates a call to action in terms of providing resources and support to address and prevent gender-based violence, as well as collecting data to better understand and address the issue.

The 2021 campaign's subject, "END VIOLENCE," indicates a continued commitment to addressing and ending gender-based violence. The session was attended by 25 interns and students from Al Azhar Dental College. The session began at around 12 o'clock with prayer. The audience actively participated in the session and it was warmly received.

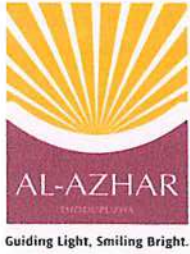
Overall, the session highlighted the need for call to action regarding gender-based violence, with an emphasis on listening to and believing survivors, teaching the next generation, and calling for an end to violence. The attendance and active participation of the interns and students from Al Azhar Dental College indicate a willingness to engage with this important issue.

The seminar was concluded at 2pm with a vote of thanks delivered by Dr. Renu Ann Mathew.

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Dr Binila S Babu giving talk on International Day of Elimination of Violence against Women



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Topic: International Day of Eliminating Violence against Women.

Date: 25/11/20

Resource person: Dr Biila - S Babu

Venue: Lecture Hall - 1

Attendance Sheet

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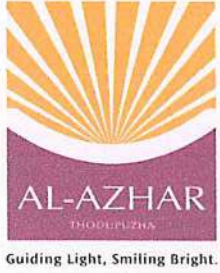
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Ref. No. AADC/CIR/48/19

Date: 17-11-2019

CIRCULAR


This is to inform all the staff and students that, Women's cell and Public Health Department is organising a panel discussion on "Beyond Gender :Building a Balance World", on 21-11-2019 at 11.00 am in mini auditorium. All are invited for the same.




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**AL AZHAR
DENTAL COLLEGE
THODUPUZHA**

Organized By Women's Cell AADC

**Gender Sensitisation Program
Panel Discussion on**

**BEYOND GENDER : BUILDING A
BALANCED WORLD**



Dr Renu Ann Mathew



Dr. E. Lakshmi Priya



Dr Anjana Mohan Kumar



Dr Binila S Babu



Dr Sreelakshmi G

Date : 21 October 2019

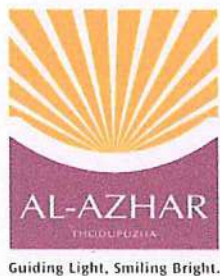
Time : 10.30 am -1.30 pm

Venue : Mini Auditorium

**Prof. Dr. J. Jey Thomas MDS
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**Prof. Dr. V.A. AFZAL., M.D.S.
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REPORT

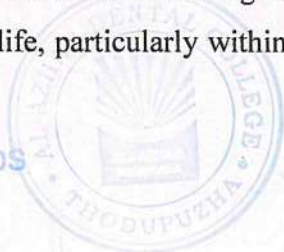
TITLE : "BEYOND GENDER: BUILDING A BALANCED WORLD"
ORGANIZED BY : WOMEN'S CELL OF AL AZHAR DENTAL COLLEGE
PANEL DISCUSSION : Dr. Anjana Mohankumar, Dr. Binila S Babu, Dr. Lakshmipriya, Dr. Renu Ann Mathew, Dr. Vinni Mary Oommen
DURATION : 10.30 am-1.30 pm
DATE : 21-10-2019
VENUE : Mini Auditorium


In an earnest effort to promote gender equality and inclusivity, the Women's Cell of Al Azhar Dental College, orchestrated a thought-provoking panel discussion titled "Beyond Gender: Building a Balanced World." The event served as a platform to explore the significance of breaking down gender barriers and striving for a society where gender does not determine one's opportunities and achievements. Distinguished members of the college faculty comprised the panel, including Dr. Lakshmipriya from the Department of Oral Pathology, Dr. Vinni Mary Oommen from the Department of Prosthodontics, Dr. Renu Ann Mathew from the Department of Pedodontics, Dr. Binila S Babu from the Department of Conservative Dentistry and Endodontics, and Dr. Anjana Mohankumar from the Department of Oral Medicine and Radiology.

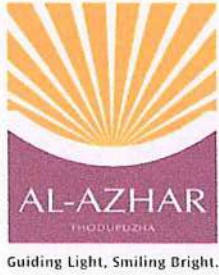
The welcome address by Ms. Nihara Roji set the tone for the event, expressing gratitude to the esteemed panelists for their valuable contributions and emphasizing the significance of the panel discussion's theme. Nihara urged all attendees to actively engage in the dialogue and participate in the pursuit of gender equality.

The panel discussion commenced with an enlightening exploration of the theme "BeyondGender" across various spheres of life, particularly within the dental profession and society at large. The


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panelists shared their valuable insights and experiences, emphasizing the imperative of challenging stereotypes and advocating for equal opportunities for individuals of all genders.

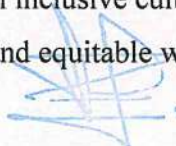
One of the primary focal points of the discussion was the prevalence of gender stereotypes in society and their consequential impact on career choices and professional growth. The panelists collectively stressed the importance of dispelling these deeply ingrained biases, advocating for an environment where individuals can wholeheartedly pursue their passions without the constraints of gender-based limitations.

A significant aspect of the discourse was the emphasis on promoting gender inclusivity within dental education and clinical practice. The panelists highlighted how embracing diverse perspectives enriches the dental profession, leading to more comprehensive and patient-centric care. By fostering inclusivity, the dental field can tap into a broader pool of talent, ultimately elevating the quality of care provided to patients.

Another pivotal topic that came to the forefront during the discussion was the role of mentorship and support in nurturing the talents of female students and encouraging them to take on leadership roles. The panelists underlined the importance of creating a supportive ecosystem that empowers women to excel in their chosen fields, recognizing the positive impact mentorship can have on personal and professional growth.

The challenges faced by women in balancing professional and personal commitments were also candidly addressed by the panelists. They shared valuable strategies to maintain a work-life balance and highlighted the significance of creating supportive environments that facilitate personal growth and career advancement.

Additionally, the panelists stressed the importance of inspiring and empowering the next generation of dental professionals to transcend gender barriers. Providing equal opportunities for all students and cultivating an inclusive culture within dental institutions were deemed vital steps in creating a more balanced and equitable world.


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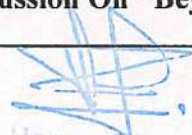
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In her vote of thanks, Ms.Anthea Judy extended sincere appreciation to the panelists for their profound insights and contributions to the discussion. She also expressed gratitude to the organizing committee and attendees whose active participation contributed to the event's success.


In conclusion, the panel discussion on "BeyondGender: Building a Balanced World" provided a conducive platform for meaningful conversations on gender equality and inclusivity. The experiences and perspectives shared by the esteemed panelists served as an inspiration to challenge gender stereotypes and work towards creating a balanced and equitable world. The success of the event reflects Al Azhar Dental College's steadfast commitment to promoting a more inclusive and diverse academic community, actively contributing to a society where gender will no longer act as a limiting factor in achieving one's aspirations. By fostering an environment that transcends gender, we can pave the way towards a brighter and more equitable future for all.



Panel discussion On "Beyond Gender: Building A Balanced World"


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Topic: Beyond Gender : Building a Balanced World.

Date: 21/10/19

Resource person: Dr. Resu, Dr. Anjana, Dr. Binila, Dr. Lakshmi-p. Jaya



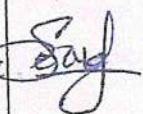
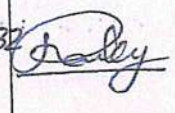

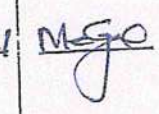

Venue: Mina Auditorium Dr. See Lalshmi

Attendance Sheet

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13.	Silva Siraj	silvasiraj08@gmail.com	9182104206	

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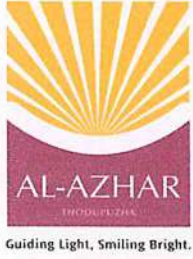
Sl. No.	Name of the Participants	Email ID	Mob No	Signature
14.	Sumen Sultan Mohid.	Sumensu@gmail.com	8606377354	
15.	Thunzeer Shah.	Thunzeer@gmail.com	9606792537	
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20.	Salman.	Salman97@gmail.com	9847792939	



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REF. NO. AADC/CIR/09A/20

Date: 21-01-2020

CIRCULAR

This is to inform all the staff and students that, Women's cell and Public health Department is celebrating National Girl Child Day on 24-01-2020 at 11.00 am in lecture hall 1. All are invited for the same.



Prof. ~~Dr. A. H. K.~~ **PRINCIPAEZAL** M.D.S.
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Al-Azhar Dental College
Perumpillichira P.O., Thodupuzha-685 605

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AL AZHAR DENTAL COLLEGE
THODUPUZHA

Seminar on **NATIONAL GIRL CHILD DAY**


Speaker: Dr Vinny Mary Oommen

Date : 24 January 2020

Time : 11:00 am - 12:30 pm

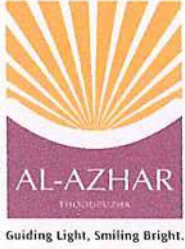
Venue : Lecture Hall 1




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REPORT

PROGRAMME : NATIONAL GIRL CHILD DAY CELEBRATION
ORGANISED BY : WOMEN'S CELL AND PUBLIC HEALTH DENTISTRY
DATE : 24th JANUARY 2020
VENUE : LECTURE HALL 1
TIME : 11.00 AM-12.30 PM
NO. OF PARTICIPANTS: 20

National Girl Child Day is observed on January 24th each year. This day is celebrated in India to spread the awareness about the rights of girls and to highlights the inequalities that they face in their lives .The objective of this day is to provide support and opportunities to the girls of India.

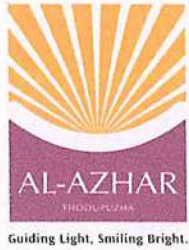
On account of national Girl Child day Women's Cell of Al Azhar dental college, in association with PHD conducted a seminar on the topic "Save Girl Child to Save World" presented by Dr Vinni Mary Oommen MDS (Professor, Department of Prosthodontics and Implantology), Al Azhar dental college.

The talk mainly foregrounded on the importance of girl child to the family. Girl child is not a burden but a boon to the society, without them neither the civilization nor the mankind exist. The audience consisted of 20 students of Al Azhar Dental college. The session commenced at 10.00 am with prayer, followed by the principal address. The welcome speech was given by Dr Anjana Mohankumar (Reader, Department of Oral Medicine and Radiology).


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The session was well perceived with active interaction from the audience. The participants were encouraged to share their experiences as a child. Many talked about the discriminations they had to face as a child, in their own families and told that they never realized the bias at that time. The talk ended with the pledge to protect and value every girl child around us. Vote of thanks was delivered by Dr Renu Ann Mathew, (Professor Department of Paediatric and Preventive Dentistry)




Dr Vinni interacting with audience



Speaker giving lecture


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Topic: National Girl Child Day - "Save Girl child to Save World"
Date: 24/1/2020
Resource person: Dr. Vinni Maryommen
Venue: Lecture Hall - 1

Attendance Sheet

Sl. No.	Name of the Participants	Email ID	Mob No	Signature
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Sl. No.	Name of the Participants	Email ID	Mob No	Signature
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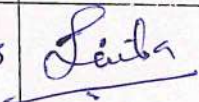

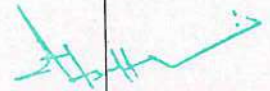
Topic:

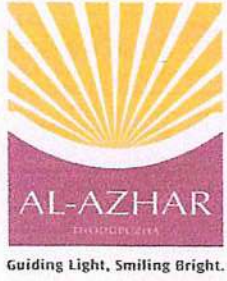
Date:

Resource person:

Venue:

Attendance Sheet

Sl. No.	Name of the Participants	Email ID	Mob No	Signature
28	Linita Jose	linitajose@gmail.com	91447349183	
29	Bhagyas	bhagyas@gmail.com	9400810464	
30	Catherine Benny	catherinebenny@gmail.com	9567777348	
	 Prof. Dr. Harvey Thomas MDS Principal Al-Azhar Dental College Thodupuzha-685 605			 Prof. Dr. V.A. AFZAL., M.D.S. Principal Al-Azhar Dental College Perumpilichira P.O., Thodupuzha-685 605



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Ref. No. DADC / CIR / 19 / 20

Date: 11-02-2020

CIRCULAR

This is to inform all the staff and students that, Women's cell and Public Health Department is conducting a poster competition in accordance with National Women's Day on 14-02-2020 at 12.00 pm in lecture hall 1. All are invited for the same.



Prof. Dr. V.A. AFZAL., M.D.S.
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AL AZHAR DENTAL COLLEGE
THODUPUZHA

Poster Competition on National Women's Day

Organised by Women's Cell and PHD

Date : 14 February 2020

Time : 12 .00 pm – 2.00pm

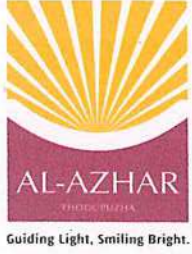
Venue : Lecture Hall 1



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REPORT

PROGRAMME : Poster Competition On National women's day

ORGANISED BY : Women cell and Public Health Dentistry

DATE : 14-02-2020

TIME : 12.00PM -2.00PM

VENUE : Lecture hall - 1

NO. OF PARTICIPANTS : 59

National Women's day is a day to celebrate the social, economic, cultural, and political achievements of women and to raise awareness about gender equality and women's rights. It is an important day to promote gender equality and to work towards a more inclusive and equitable society.

National Women's Day 2020 was celebrated at Al Azhar Dental College with an inter department Poster Making competition for both students and interns. The topic for the poster making competition was 'National Women's Day'. Celebrating womanhood is a way of recognizing and honoring the unique qualities, strengths, and experiences that women bring to the world. It involves acknowledging the contributions of women to society, valuing their voices and perspectives, and creating spaces that allow them to thrive. Both students and interns actively participated in the competition.

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Feminism is a social, political, and cultural movement that advocates for gender equality and women's rights. Feminism is important because it seeks to address and rectify the inequalities and injustices that women have historically faced, and continue to face, in various aspects of life. By observing National Women's day, the students had an opportunity to understand and realize the importance of women and their struggles.

The day ended with sweets distribution among staff, students and interns. The competition concluded with prize distribution to the winners by members of the Women's cell.



Posters made by students on National Women's Day



Students participating in Poster



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Topic: Poster Competition - "Celebrating Women's in Our Lives"
Date: 14/2/20
Resource person: National Women's Day
Venue: Lecturer Hall - I

Attendance Sheet

Sl. No.	Name of the Participants	Email ID	Mob No	Signature
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15.	K.S. Lekshmi	lekshmi612@gmail.com	8078421235	



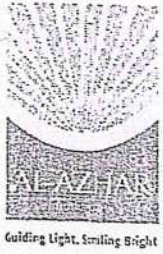
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Topic: Poster Competition - "Celebrating women's in our lives"

Date: 14/2/20

Resource person: National Women's Day

Venue: Lecture Hall - I

Attendance Sheet

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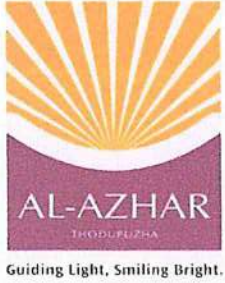
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Ref. No. AADC/CIR/13G/18

Date: 25-08-2018

CIRCULAR

This is to inform you that, the Women's Cell of Al Azhar Dental College and PHD is celebrating Gender Equality Day on 28-08-2018 at 11.00 AM in lecture Hall 1. All are invited for the same.

Prof. Dr. V.A. AFZAL., M.D.S.
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Perumpillichira - 685 605
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AL AZHAR DENTAL COLLEGE
THODUPUZZHA

GENDER EQUALITY DAY

Seminar on Gender Equality

DATE:28/8/2018

VENUE:LECTURE HALL 1

TIME:11AM TO 2 PM

By DR BINILA S BABU [DEPT.OF
CONSERVATIVE DENTISTRY)



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Prof. Dr. V.A. AFZAL., M.D.S.
Principal
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REPORT

PROGRAMME : GENDER SENSITIZATION PROGRAMME ON GENDER EQUALITY

DAY

ORGANISED BY : WOMEN'S CELL AND PUBLIC HEALTH DENTISTRY

DATE : 28TH AUGUST, 2018

VENUE : LECTURE HALL 1


TIME : 11.00 AM - 2.00 PM

NO OF PARTICIPANTS : 30


Gender equality is the principle that all individuals, regardless of their gender, should have equal rights, opportunities, and treatment in all aspects of life, including education, employment, politics, and the social and cultural spheres. It is a fundamental human right and a key goal of many international organizations and governments.

Gender Equality Day was celebrated on 28th August 2018 with great pomp in Al- Azhar dental college. This day is celebrated to create a state of equal ease of access to resources and opportunities regardless of gender.

On account of Gender Equality Day, the Department of Public Health Dentistry in association with women's cell conducted a seminar on the topic "Gender Equality" presented by Dr Binila S Babu MDS (Dept of Conservative and Endodontics) AADC.


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The speaker started the session by mentioning the quote, "I want every girl to know that her voice can change the world, "it is a powerful statement that highlights the importance of empowering girls and giving them the opportunity to express their opinions and ideas. By providing girls with education and the tools they need to succeed, we can help them realize their true potential and create a better future for themselves and their communities.

The audience consisted of 30 Interns and students of Al-Azhar Dental college. The session started at 11.00 am with prayer, followed by the Principal's address. The welcome speech was delivered by Dr. Renu Ann Mathew, Department of Pedodontics and the vote of thanks was conveyed by Dr. Anjana Mohan Kumar, Department of Oral Medicine and Radiology. The session was well perceived with active interaction from the audience.



Dr Binila interacting with audience during the session

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Go'od & Light Smiling Bright.

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Topic: Gender Equality Day
Date: 28th August 2018
Resource person: Dr. Binila S. Babu
Venue: Lecture Hall - 1

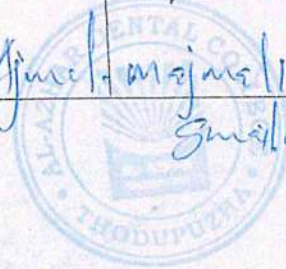
Attendance Sheet

Sl. No.	Name of the Participants	Email ID	Mob No	Signature
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12	Crupa Mary.	crupamary@gmail.com	9846036689	

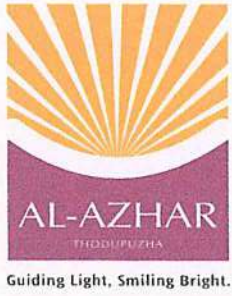


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Sl. No.	Name of the Participants	Email ID	Mob No	Signature
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Ref. NO. AADC/CIR/14K/18

Date: 09-10-2018

CIRCULAR

This is to inform all the staff and students that Women's cell and Public Health Department is conducting an essay competition in accordance with International Day of Girl Child on 11-10-2018 at 11.00 am in lecture hall 1. All are invited for the same.

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Essay writing competition on



International day of Girl Child

Date : 11 October 2018

Time : 11am - 12pm

Venue :Lecture hall :1



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REPORT

PROGRAMME : ESSAY WRITING COMPETITION ON INTERNATIONAL DAY OF GIRL CHILD

ORGANISED BY : WOMEN'S CELL AND PUBLIC HEALTH DENTISTRY

DATE : 11-10-2018

VENUE : LECTURE HALL 1

TIME : 11.00AM -12.00PM

NO OF PARTICIPANTS :10


The International Day of the Girl Child is celebrated annually on October 11th. This day aims to highlight the challenges faced by girls around the world, promote girls' empowerment and advocate for gender equality. On this note the observance of International Girl Child Day started off at Al Azhar Dental College organized by the women's cell and the Department of Public Health Dentistry. An essay writing competition was conducted for the students and interns.

The topic of the competition was Women Empowerment and its Relevance.

The essays highlighted the following points:

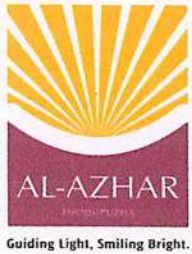
The International Day of the Girl Child is an important occasion to raise awareness on the issues faced by girls around the world and to promote gender equality. By highlighting these issues and advocating for change, we can help ensure that girls have the opportunity to reach their full potential and contribute to building a more equitable world.

The day is an opportunity to celebrate the achievements of girls and young women around the world, as well as to raise awareness about the challenges they face. It is also a call to action for governments, civil society organizations, and individuals to work together to ensure that every girl can reach her full potential and live a life free from discrimination and violence.


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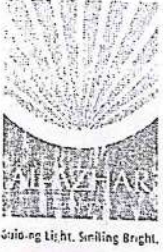


Participants attending essay writing competition on International Day of Girl Child

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Topic: International Day of Girl Child

Date: 11/10/18

Resource person: Essay Competition - "Women Empowerment and its Relevance"

Venue: Lecture Hall - 1

Attendance Sheet

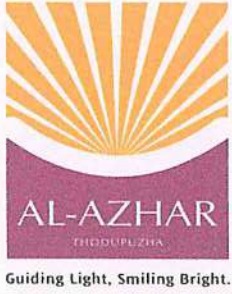
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Ref. NO. AADC/CIR/12A/19

Date: 22-1-2019

CIRCULAR

This is to inform all the staff and students that Women cell and Public Health Department is celebrating National Girl Child Day on 24-1-2019 at 11.00 am in lecture hall 1. All are invited for the same.



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NATIONAL GIRL CHILD DAY



AL AZHAR DENTAL COLLEGE THODUPUZHA

DATE:24/1/2019

Venue:lecture hall 1

Time:11am -12,30pm

SEMINAR :EMPOWERING GIRLS ,EMPOWERING NATIONS

BY DR LAKSHMPRIYA [DEPT OF ORAL PATHOLOGY]

Prof. Dr. Harvey Thomas MDS
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REPORT

PROGRAMME : SEMINAR ON NATIONAL GIRL CHILD DAY
ORGANISED BY : WOMEN'S CELL AND PUBLIC HEALTH DENTISTRY
DATE : 24TH JANUARY, 2019
VENUE : LECTURE HALL 1
TIME : 11 AM-12.30 PM
NO OF PARTICIPANTS : 40

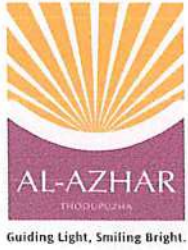
National Girl Child Day is observed in India on January 24th every year. It was initiated by the Ministry of Women and Child Development in 2008 to promote awareness about the rights of the girl child and to highlight the challenges that girls in India face. The day is meant to encourage people to take action to improve the lives of girls, to provide them with equal opportunities, and to ensure that they are safe from discrimination and violence.

National Girl Child is celebrated on 24th January with great pomp in Al-Azhar dental college. This day is celebrated to spread public awareness about inequities that a girl faces in society. On account of National Girl child day, the Department of Public Health Dentistry conducted a seminar on the topic "Empowering girls, Empowering Nations" presented by Dr Lakshmi Priya MDS (Dept of Oral Pathology) AADC. The session started with the theme of 2019 National Girl child day "Empowering Girls for a brighter tomorrow".

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The talk mainly foregrounded on the rights of girl child and also on the importance of female education and health. The programme comprised 40 Interns and students of Al Azhar Dental college. The session started at 11.00 am with prayer, followed by principal address and welcome address by Dr. Vinni Oommen and later the vote of thanks was given by Dr. Anjana MohanKumar. The session was well perceived with active interaction from the audience.

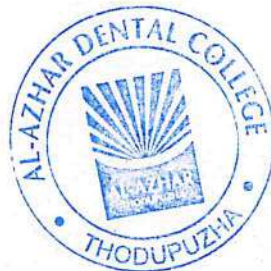



Dr Lakshmi priya giving lecture on National Girl Child Day



Dr Lakshmi priya (Speaker) interacting with students


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Guiding Light. So. In. To. Right.

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Topic: National Girl Child Day - Empowering Girls, Empowering Nations

Date: 24th January 2019

Resource person: Dr. Lakshmi Peija

Venue: Lecture Hall - 1

Attendance Sheet

Sl. No.	Name of the Participants	Email ID	Mob No	Signature
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Topic: National Girl Child Day

Date: 24/1/29

Resource person: Dr. Lakshmi Peiya

Venue: Lecture Hall 1

Attendance Sheet

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Ref. No. AADC/CIR/18/19

Date: 12-02-2019

CIRCULAR

This is to inform all the staff and students that, CEC is conducting a Seminar on 'Women Empowerment' by Dr. Shiny Joseph, MDS, on 14-02-2019 at 10.30 am in lecture hall 1. All are invited for the same.



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NATIONAL WOMENS DAY



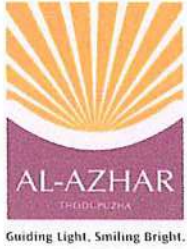
AL AZHAR DENTAL COLLEGE
THODUPUZHA

DATE:14/2/2019
VENUE:LECTURE HALL 1
TIME:10:30-2PM
TOPIC:SEMINAR ON WOMEN EMPOWERMENT
BY SHINY JOSEPH (DEPT.OF PERIODONTICS)

*Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605*



*Dr. V.A. AFZAL, M.
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REPORT

PROGRAMME: Seminar on Women Empowerment

ORGANISED BY: Dept of Periodontics

DATE: 14-02-2019


VENUE: Lecture hall - 1

TIME: 10.30 am-2 pm


NO OF PARTICIPANTS: 48

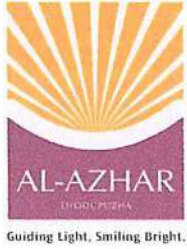
National Women's Day is celebrated globally on 14TH February every year to highlight the social, economic, cultural, and political achievements of women and to promote gender equality. In 2019, Al-Azhar Dental College celebrated this day with great enthusiasm and excitement. The primary purpose of celebrating Women's Day at the college was to create awareness about the status and dignity of women among the students.

As a part of the celebrations, a seminar on women empowerment was organized, which was presented by Prof. Dr. Shiny Joseph, MDS, from the Department of Periodontics, AADC. The seminar was attended by 48 students of AADC and aimed to inspire and motivate them to be agents of change in promoting gender equality.


Prof. Dr. V.A. AFZAL., M.D.S.
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AL-AZHAR DENTAL COLLEGE

(APPROVED BY DENTAL COUNCIL OF INDIA & AFFILIATED TO KUHS)

RUN BY NOORUL ISLAM TRUST

PERUMPILlichIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685605

The session started at 10.30 am with a prayer, followed by the Principal's address. Then, Dr. Shiny Joseph delivered a powerful talk on women empowerment. She highlighted the importance of promoting women's self-worth, their ability to make their own choices, and their right to influence social change for themselves and others. Dr. Joseph also emphasized the need for gender-sensitive policies and laws to ensure equal opportunities for women.


The seminar received an excellent response from the audience, and the students actively interacted with Dr. Joseph. The session must have been a thought-provoking and empowering experience for the students, and it would have helped them to recognize and appreciate the role of women in society.



Dr Shiny Joseph interacting with students


Prof. Dr. V.A. AFZAL., M.D.S.
Principal
Al-Azhar Dental College
Perumpillichira P.O., Thodupuzha-685 605




Prof. Dr. Harvey Thomas MDS
Principal
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PERUMPILICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Topic: *Women Empowerment*
Date: *14/2/2019*
Resource person: *Dr. Shiny Joseph, MDS*
Venue: *Lecture Hall - 1*

Attendance Sheet

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PERUMPILICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Topic: *Women Empowerment*
Date: *14/2/2019*
Resource person: *Dr. Shrey Joseph MDS*
Venue: *Lecture Hall - 1*

Attendance Sheet

Sl. No.	Name of the Participants	Email ID	Mob No	Signature
29.	<i>Sayed Ali</i>	<i>Sayedali160@gmail.com</i>	<i>9446292618</i>	<i>Sayed Ali</i>
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Prof. Dr. Harvey Thomas MDS

Principal

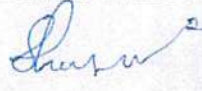



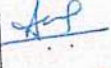




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Prof. Dr. V.A. AFZAL, M.D.S.


Principal

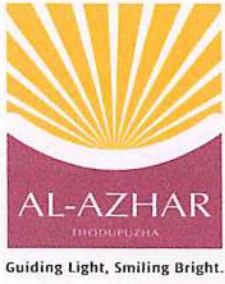
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Ref. No. AADC/CIR/22E/19

Date: 06-03-2019

CIRCULAR

This is to inform all the staff and students that, Women's cell in association with Public health Dentistry AADC is Celebrating International Women's Day on 8-03-2019 at 10.30 am in lecture hall 1. All are invited for the same.

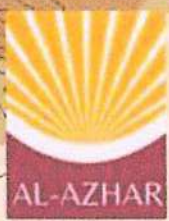
Prof. Dr. V.A. AFZAL., M.D.S.
PRINCIPAL
Al-Azhar Dental College
Perumpillichira P.O., Thodupuzha-685 605

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Administrative officer
All Departments
Notice Boards
Office File



Prof. Dr. Harvey Thomas MDS
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Thodupuzha - 685 605



AL AZHAR DENTAL COLLEGE
THODUPUZHA

INTERNATIONAL WOMEN'S DAY
8 MARCH



DATE: 8/3/2019

VENUE : LECTURE HALL 1

TIME: 10;30AM-2PM

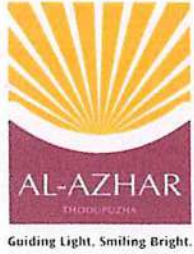
SEMINAR: "EQUAL RIGHTS" WOMEN IN
LEADERSHIP

BY DR ANU GEORGE

Prof. Dr. Harvey Thomas MDS
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REPORT

PROGRAMME : INTERNATIONAL WOMEN'S DAY CELEBRATION

ORGANIZED BY : WOMEN'S CELL AND IDA MALANADU

DATE : 08-03-2019


VENUE : AL-AZHAR DENTAL COLLEGE, THODUPUZHA [Lecture hall 1]

TIME : 10.30 AM to 2.00 PM


NO OF PARTICIPANTS :100

On the occasion of International Women's Day, an awareness programme was organized by the Women's Cell of Al Azhar Dental College in association with IDA Malanadu March 8, 2019. The programme aimed at empowering women and encouraging them to fight against all forms of injustice and discrimination. The programme started with a prayer song followed by the welcome address by the Women's Cell Chairperson, Professor Dr. Shiny Joseph. She welcomed the gathering and introduced the speaker of the day, Dr. Anu George, MBA, PhD, Associate professor, Viswajyothi College of Engineering and Technology.

Dr. Anu George delivered a speech on the importance of women empowerment and education. She emphasized that education is the key to uplift and empower women. She encouraged women to step out of their comfort zones and fight against atrocities and discrimination. She highlighted the need for women to have a strong support system to achieve their dreams and goals.


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The speech was followed by an interactive session where the participants actively engaged with the speaker and shared their own experiences and opinions. The participants included nearly 100 students from different departments of the college. After the session, a high was provided to the participants.

The programme aimed to create awareness about women's rights and gender equality. It also highlighted the importance of education and empowerment in achieving these goals. The speaker's emphasis on the need for women to support and uplift each other was particularly inspiring. Overall, the programme was a success in promoting awareness and encouraging women to fight against discrimination and injustice. The Women's Cell of Al Azhar Dental College should be commended for organizing such a thought-provoking and informative event.

Prof. Dr. Harvey Thomas MDS
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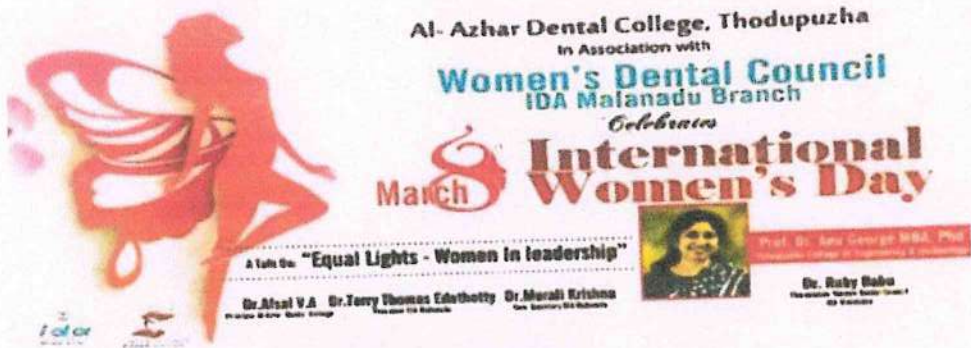
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VENUE: Lecture Hall 1, Al-Azhar Dental College.



Al-Azhar Dental College, Thodupuzha
In Association with
Women's Dental Council
IDA Malanadu Branch
Celebrates
March International Women's Day

A talk on "Equal Lights - Women in leadership"

Dr. Ahsan V.A. Dr. Terry Thomas Edathetty Dr. Marali Krishna
Principal & Sr. Staff Group Treasurer for Kerala Sr. Staff Group

Prof. Dr. Ruby George M.B.A., Ph.D.
Executive Director of International Women's Day

Dr. Ruby Babu
Executive Director of International Women's Day



Speaker giving lecture



Audience hearing the lecture

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605



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PERUMPILICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Topic: International Women's Day

Date: 8/3/2019

Resource person: Dr. Ann George

Venue: lecture hall - 1

Attendance Sheet

Sl. No.	Name of the Participants	Email ID	Mob No	Signature
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Topic: International Women's Day

Date: 8/8/2019

Resource person: Dr. Anu George

Venue: lecture hall - I

Attendance Sheet

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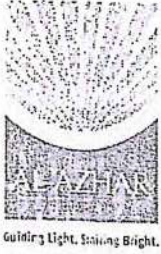
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PERUMPILICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

Topic: International women's Day

Date: 8/3/2019

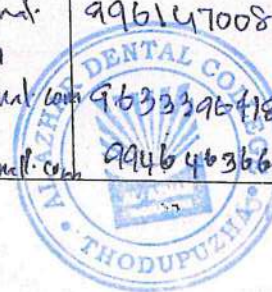
Resource person: Dr. Anu George

Venue: Lecture hall - I.

Attendance Sheet

Sl. No.	Name of the Participants	Email ID	Mob No	Signature
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