



Off : 04862 224366

Fax: 04862 229586

AL-AZHAR DENTAL COLLEGE

(APPROVED BY DENTAL COUNCIL OF INDIA & AFFILIATED TO KUHS)

RUN BY NOORUL ISLAM TRUST

PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

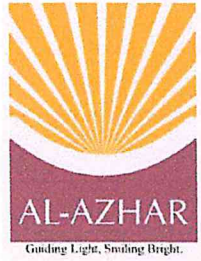
4.1.2 The Institution has adequate facilities to support physical and recreational requirements of students and staff – sports, games (indoor and outdoor), gymnasium, auditorium, yoga center, etc. for cultural activities.

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Prof. Dr. Harvey Thomas MDS
Al-Azhar Dental College
Thodupuzha 685 605





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CERTIFICATE OF THE HEAD OF THE INSTITUTION



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DR HARVEY THOMAS MDS
PRINCIPAL

TO WHOMSOEVER IT MAY CONCERN

This is to certify that our institution has adequate facilities to support physical and recreational requirements of students and staff - sports, games (indoor, outdoor), gymnasium, auditorium, yoga center, etc.) and for cultural activities and the details are given below:



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605



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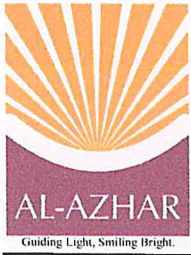
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LIST OF AVAILABLE SPORTS AND CULTURAL FACILITIES



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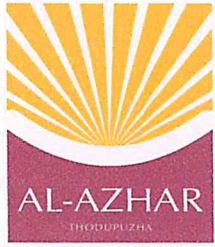
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LIST OF SPORTS AND CULTURAL FACILITIES

1. GYMNASIUM
2. FOOTBALL GROUND
3. VOLLEYBALL COURT
4. CRICKET GROUND
5. BADMINTON COURT
6. CARROM BOARD
7. CHESS BOARD
8. MINI AUDITORIUM
9. AUDITORIUM
10. YOGA CENTER




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Guiding Light, Smiling Bright.

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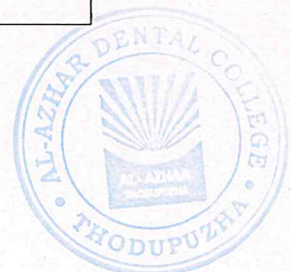
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LIST OF GYM EQUIPMENTS

SL.NO.	NAME OF EQUIPMENT	NUMBER
1	Treadmill	4
2	Smith Machine	1
3	Preacher Curl Machine	1
4	Leg Extension Machine	1
5	Lat Pulling Down Machine	1
6	Cable Cross-Over Machine	1
7	Chest Press Machine	1
8	Twist Machine	2
9	Chest Fly Machine	1
10	Leg Press Machine	1
11	Olympic Bar	3
12	Dips Machine	1
13	Chest Press Machine Inclined	1
14	Chest Flat Bench	1
15	Chest Decline Bench	1
16	Electric Cycle	2
17	Stationary Cycle	2

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18	Dumbells	25
19	Battle Rope	1
20	Hardles	10
21	Baseball	1
22	Medicine Ball	4
23	Disc	20
24	Chair	4
25	Stool	3



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