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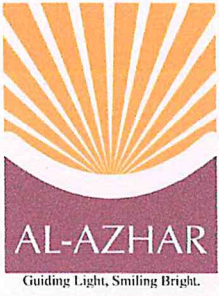
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CERTIFICATE OF THE HEAD OF THE INSTITUTION



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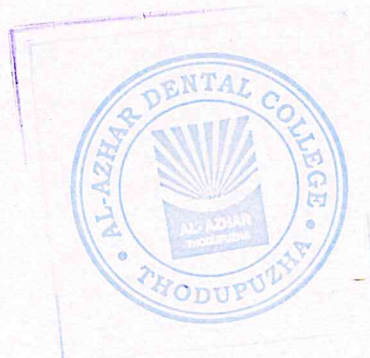
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Dr. HARVEY THOMAS, MDS.
PRINCIPAL.

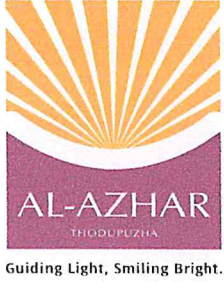
TO WHOMSOEVER IT MAY CONCERN

This is to certify that our institution, Al-Azhar Dental College has conducted the following capability enhancement programs during 2018-2019, 2019-2020, 2020-2021, 2021-2022 & 2022-2023.

1. **Soft Skill Development**
2. **Language And Communication Skill Development**
3. **Yoga And Wellness**
4. **Analytical Skill Development**
5. **Human Value Development**
6. **Personality And Professional Development**
7. **Employability Skill Development**



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Principal
Al-Azhar Dental College
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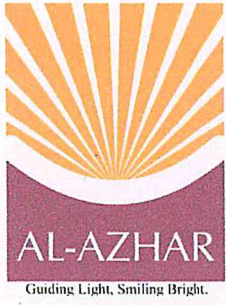
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**CAPABILITY ENHANCEMENT
AND DEVELOPMENT SCHEMES**



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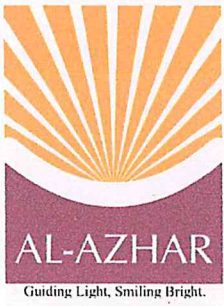
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ACADEMIC YEAR 2022-2023



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SOFT SKILL DEVELOPMENT

THE YOU FACTOR!

Interpersonal skills in
association with IQAC



Session by:
SAJAN PAPPACHEN



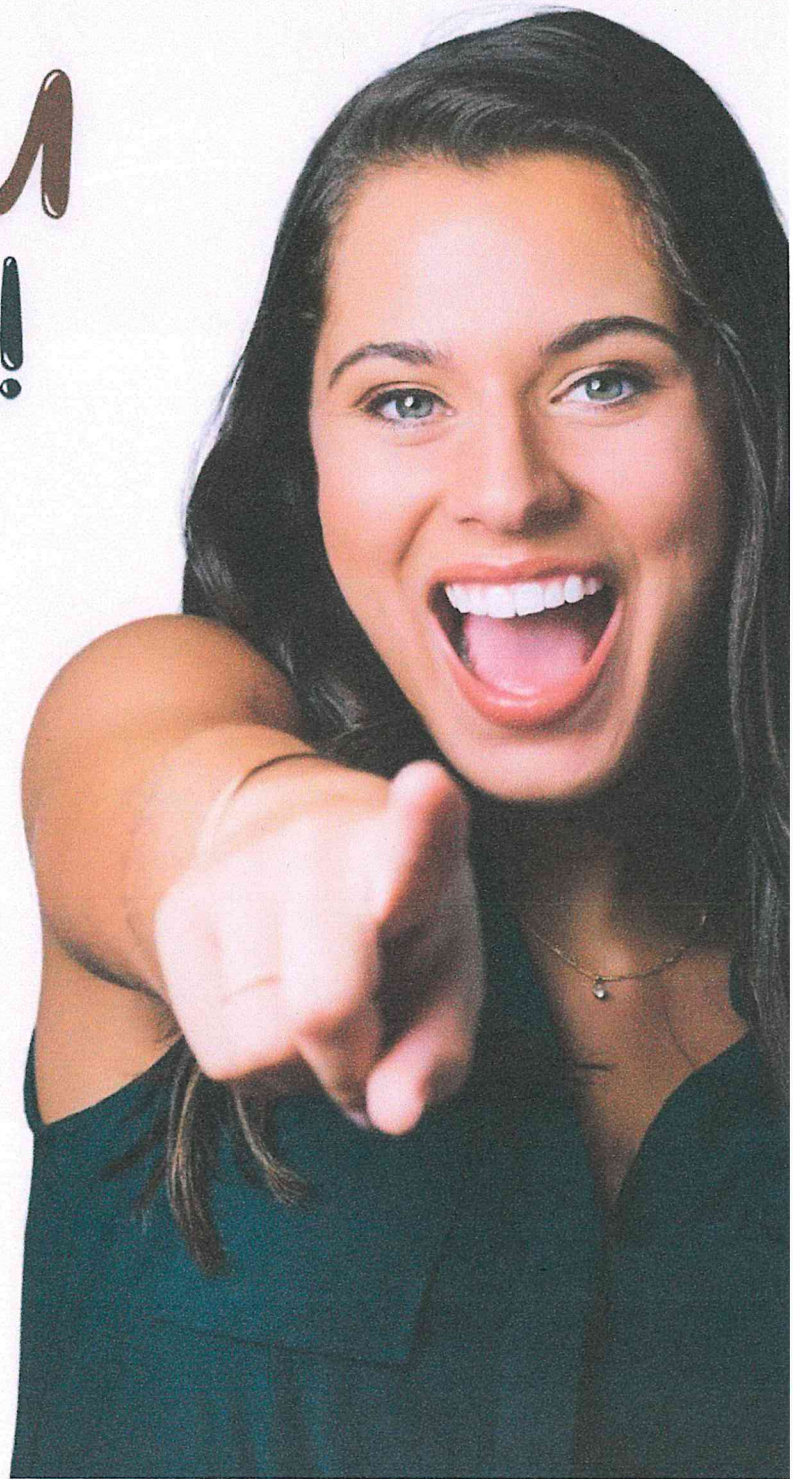
10.00 AM, Monday
06 February 2023



Lecture
Hall 1

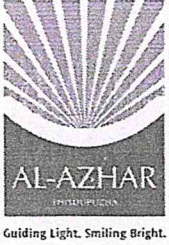


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A green ink signature of Prof. Dr. Harvey Thomas MDS.

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
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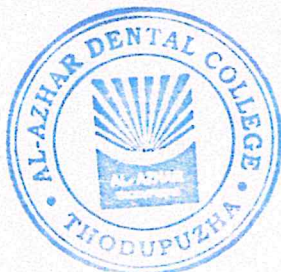
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REPORT

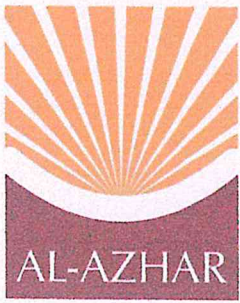
PROGRAMME : Interpersonal Skills
ORGANISED BY : IQAC, Al Azhar Dental College, Thodupuzha
TOPIC : The You Factor!
RESOURCE PERSON : Mr. Sajan Pappachen
DATE : 06-02-2023
TIME : 10.00 am
VENUE : Lecture hall - 1
NO. OF PARTICIPANTS : 79

Registration of participants for the programme 'The You Factor' started at 9.00am.

The programme started with a prayer song at 10.30.am. Representing IQAC Dr. Abhilash Mathews Thomas, welcomed the gathering. The introduction of the speaker was done by Dr. Harvey Thomas, Principal, Al- Azhar Dental College. The session started at 10.45am by the invited speaker Mr. Sajan Pappachen, on the topic 'The You Factor'. He stressed the importance on impacting the personal skills and find out their own potential to build up their future. All the participants actively interacted throughout the session. Lecture ended at 1.30 pm after the doubt clearing session. Certificates were distributed to all the participants. A memento was given as a token of appreciation to the invited faculty. A total of 79 participants attended the programme. Vote of thanks was given by Dr. Amal E.A, Administrative Officer, Al Azhar Dental College. The participants found the talk very informative and interactive. The participants enjoyed the session from first to last as the speaker kept entertaining with film visuals and games involving all the participants.



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TOPIC: THE YOU FACTOR

DATE:13/03/2023

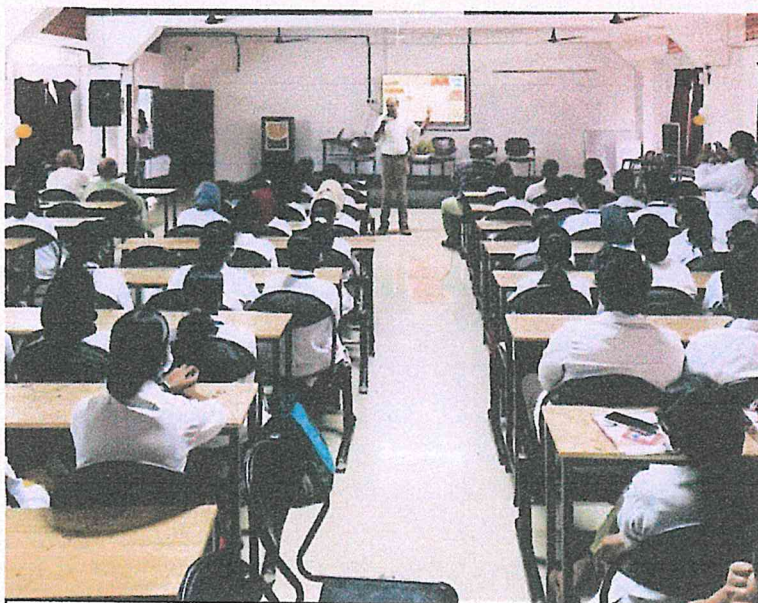
TIME: 10:30 AM TO 1PM

VENUE: LECTURE HALL 1

RESOURCE PERSON: MR. SAJAN PAPPACHEN




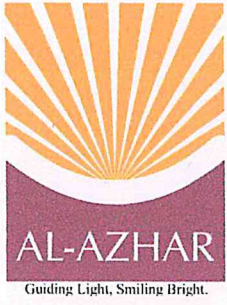
Inaugural Ceremony



Resource person interacting with the participants




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LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT



AL AZHAR DENTAL COLLEGE



Classes On

LANGUAGE AND COMMUNICATION

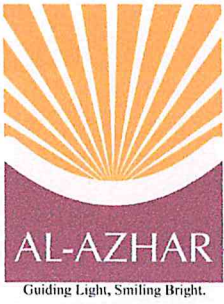
BY

NYNNU JAMAL

DATE : 22ND NOV 2022- 7TH FEB 2023

VENUE: LECTURE HALL 1

Prof. Dr. Nasser Thomas MDS
Professor
Al-Azhar Dental College
Theodoros-Chester St. 11



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Workshop Report: Language and Communication Workshop

Date: 22nd November 2022 to 7th February 2023

Time: 10:30 AM

Venue: Lecture Hall 1

No of participants: 100

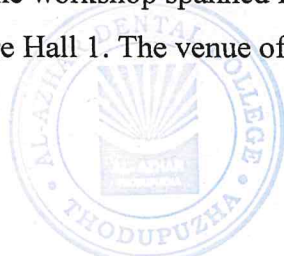
Introduction: This report offers a comprehensive overview of the Language and Communication Workshop held from 22nd November 2022 to 7th February 2023. The workshop aimed to enhance participants' language and communication skills, providing them with valuable tools for effective interpersonal interactions. The report outlines the workshop's objectives, presenter's profile, content covered, teaching methods used, participant engagement, and overall outcomes.

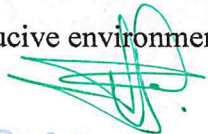
Workshop Objectives: The Language and Communication Workshop had the following objectives:

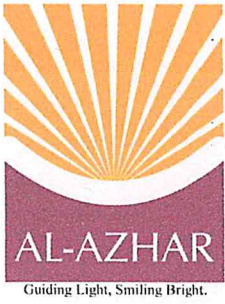
- To improve participants' verbal and written communication skills.
- To enhance participants' understanding of nonverbal communication cues.
- To foster effective interpersonal communication in various contexts.
- To provide practical insights into public speaking and presentation skills.

Presenter: The workshop was conducted by Nynnu Jamal, a seasoned communication expert known for her expertise in language, communication dynamics, and public speaking.

Workshop Details: The workshop spanned from 22nd November 2022 to 7th February 2023 and was held in Lecture Hall 1. The venue offered a conducive environment for immersive




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learning and active participant engagement. Nynnu Jamal, the presenter, skillfully navigated through diverse aspects of language and communication.

Content Covered: The workshop covered a range of topics, including:

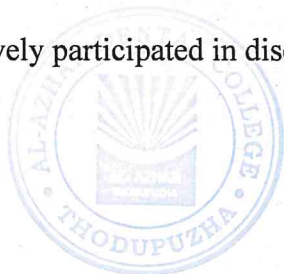
- **Verbal communication skills:** Effective speaking, active listening, and articulation.
- **Written communication:** Improving writing skills for clarity and impact.
- **Nonverbal communication:** Understanding body language, gestures, and facial expressions.
- **Interpersonal communication:** Building rapport, empathy, and conflict resolution.
- **Public speaking and presentation skills:** Overcoming stage fright, structuring speeches, and engaging the audience.

Teaching Methods: The success of the workshop was facilitated by employing various teaching methods:

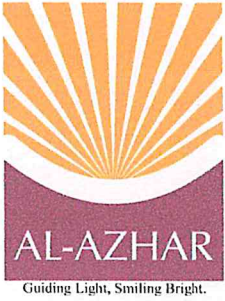
- **Lectures and Discussions:** Nynnu Jamal delivered engaging lectures, supplemented with real-life examples and case studies.
- **Interactive Activities:** Group discussions, role-playing, and interactive exercises encouraged participants' active participation and practical application of concepts.
- **Workshops and Simulations:** Participants were engaged in workshops focused on improving specific skills, followed by simulations to assess their progress.
- **Guest Speakers:** Guest speakers from diverse fields shared their experiences, providing valuable insights into effective communication in different contexts.

Participant Engagement: The workshop saw enthusiastic engagement from all participants:

- Attendees actively participated in discussions, workshops, and interactive activities.



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- Participants readily applied newly learned techniques in real-time scenarios during simulations.
- The hands-on approach enhanced participants' confidence and comfort with the material.

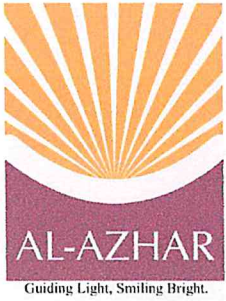
Outcome: The Language and Communication Workshop yielded positive outcomes:

- Participants reported improved language and communication skills.
- Increased awareness of nonverbal cues and their impact on interactions.
- Enhanced confidence in public speaking and presentation abilities.
- Attendees expressed a heightened understanding of effective interpersonal communication.

Conclusion: In conclusion, the Language and Communication Workshop was a success in equipping participants with valuable skills for effective communication. Nynnu Jamal's expertise and the interactive nature of the workshop fostered an enriching learning experience. The acquired skills are expected to have a positive impact on participants



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TOPIC: LANGUAGE AND COMMUNICATION

DATE: 22/11/22 TO 07/02/23

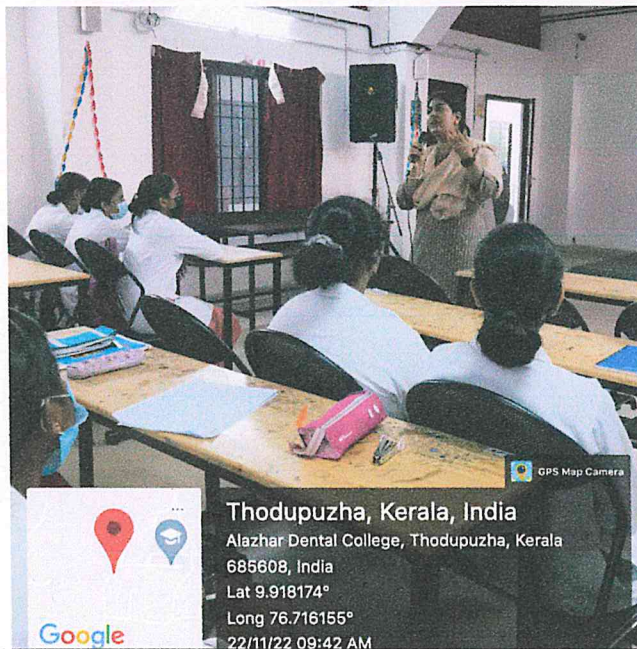
TIME: 10: 30 AM

VENUE : LECTURE HALL 1

RESOURCE PERSON : NYNNU JAMAL



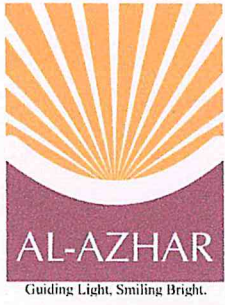
The faculty interacting with participants



The faculty interacting with the participants



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YOGA AND WELLNESS

YOGA:

Integrating Body, Mind and Spirit

A skill development workshop on Yoga to commemorate International Yoga Day - 21 June in association with IQAC AADC



Session by:
Dr Babitha Mathews
Assistant Professor,
T M Jacob Memorial Govt College,
Manimalakkunnu, Koothattukulam



20th June
at 10.30 AM

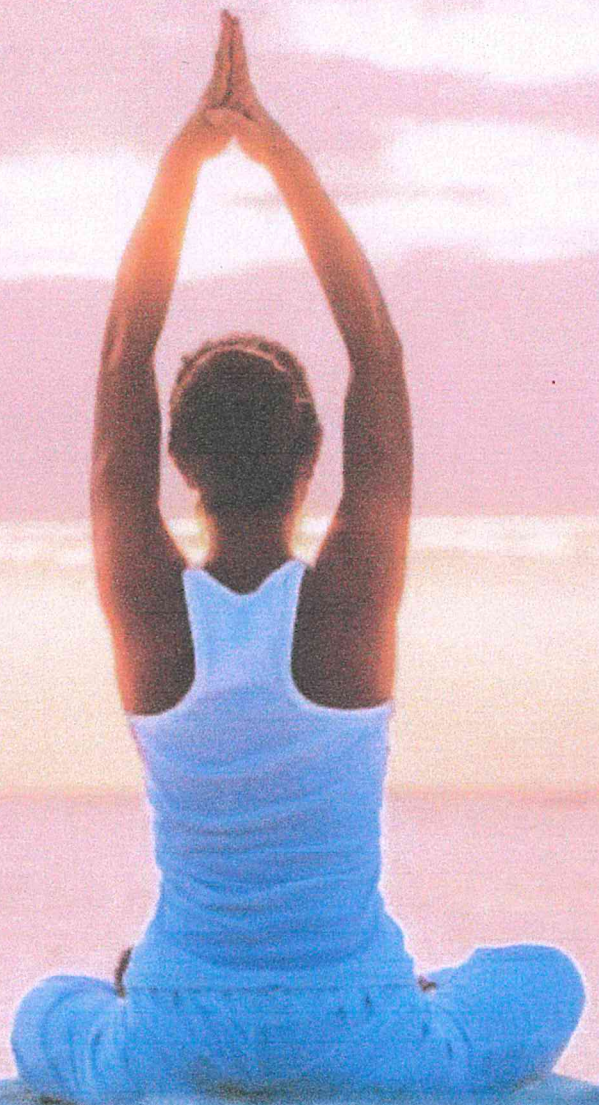


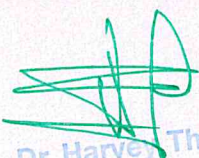
Lecture
Hall 1



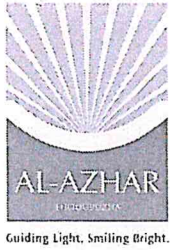
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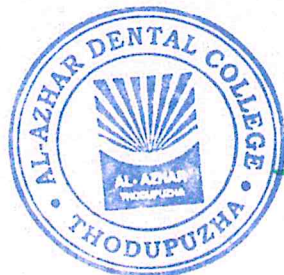
REPORT


PROGRAMME : Skill development programme
ORGANISED BY : IQAC, Al Azhar Dental College, Thodupuzha
TOPIC : 'Yoga: Integrating Body, Mind and Spirit'
RESOURCE PERSON : Dr. Babitha Mathews (Assistant Professor TM Jacob Memorial Government College Manimalakunnu, Koothattukulam)
DATE : 20-06-2022
TIME : 10.30 am to 1.00 pm
VENUE : Lecture hall - 1
NO. OF PARTICIPANTS : 110

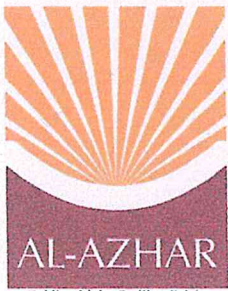
Registration of participants for the programme 'Yoga: Integrating Body, Mind and Spirit' started at 10.00am. The programme started with a prayer song at 10.30am. The IQAC Coordinator Prof. Dr. Litto Manuel MDS, welcomed the gathering. The introduction of the speaker was done by Dr.Surya Suprabhan MDS. The session started at 10.45am by the invited speaker Dr. Babitha Mathews on the topic "Yoga: Integrating Body, Mind and Spirit". She spoke in detail about the benefits of practicing yoga and also trained the participants to perform some relaxation techniques. The participants actively interacted with the speaker and performed the relaxation techniques on instruction. The talk ended at 1.00 pm. Certificates were distributed to all the participants. A memento was given as a token of appreciation to the invited faculty. A total of 110 participants attended the programme. Vote of thanks was given by the Administrative Officer Dr. Amal E.A. The participants found the talk both informative and useful.


Prof. Dr. Litto Manuel

IQAC Coordinator, AADC




Prof. Dr. Harvey Thomas MDS
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Topic: Yoga: Integrating body, mind and spirit

Date: 20/05/2022

Venue: lecture hall 1

Time: 10 am to 1pm

Resource person: Dr. Babitha Mathews



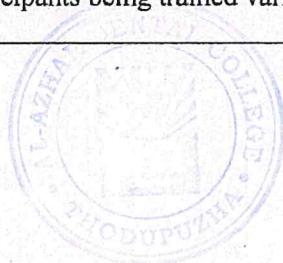
The faculty being presented with a token of appreciation




The faculty interacting with the participants



The participants being trained various relaxation techniques




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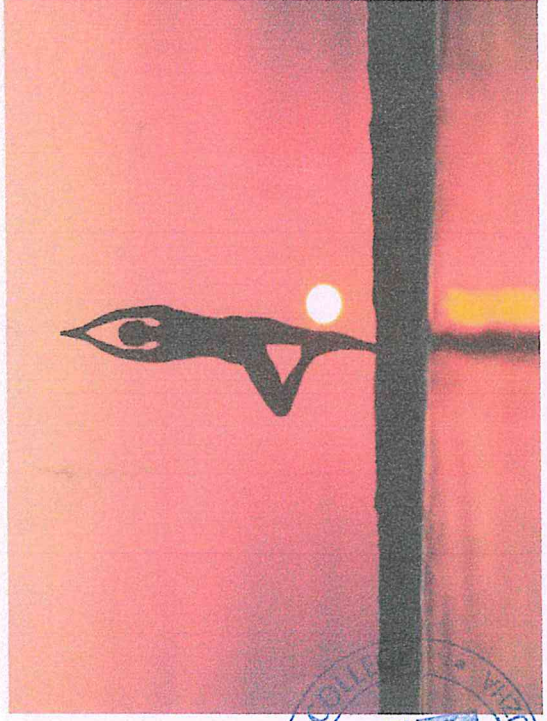
LIVE LOVE YOGA
BY
VYSHAK

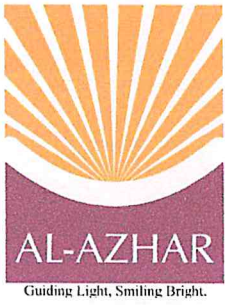
DATE: 18/112022

VENUE: Mini auditorium

TIME: 8:00 AM

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REPORT

Program Title: LIVE LOVE YOGA

Date: November 18, 2022

Venue: Mini Auditorium, Al Azhar Dental College

Presenter: Vyshak

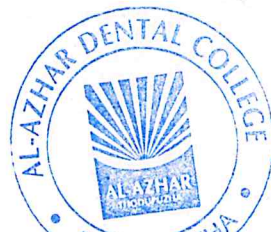
Number of Participants: 64 students

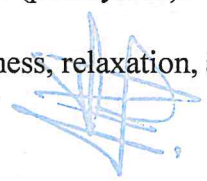
Summary:

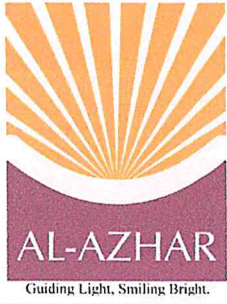
- The program, "Yoga and Wellness: LIVE LOVE YOGA," was designed to promote the practice of yoga and its positive impact on overall wellness.
- Vyshak, the presenter and likely a yoga practitioner or instructor, conducted the program with the participation of 64 students.
- The event aimed to introduce students to the principles and benefits of yoga for physical and mental well-being.

Key Points Covered:

- Vyshak may have started the program with an introduction to the philosophy and fundamentals of yoga.
- The program likely included practical sessions where participants were guided through various yoga postures (asanas) and breathing techniques (pranayama).
- Participants may have learned about the importance of mindfulness, relaxation, and stress reduction through yoga practice.




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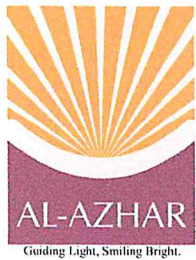
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- Vyshak might have discussed the significance of incorporating yoga into daily routines to maintain a healthy and balanced lifestyle.
- The program likely encouraged students to explore the practice of yoga and its potential to enhance physical fitness, mental clarity, and emotional well-being.

The "Yoga and Wellness: LIVE LOVE YOGA" program by Vyshak provided 64 student participants with an opportunity to engage in yoga practice and gain insights into its potential benefits for overall wellness. It likely inspired students to consider integrating yoga into their lives to promote physical and mental health.



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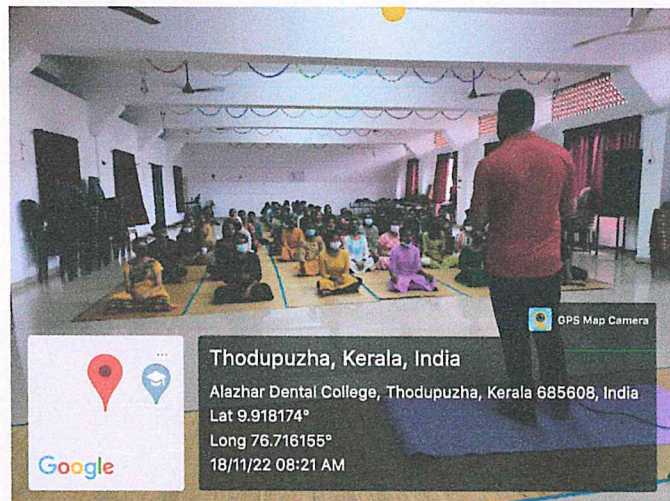
Program: LIVE LOVE YOGA

Yoga instructor: Vyshak

Date: 18/11/2022

Time: 8 am to 9am

Venue: Mini auditorium



Glimpses of the program: yoga instructor Vyshak with the students

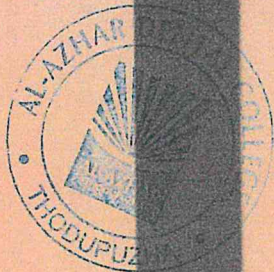


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THODUPUZHHA



YOGA: FINDING BLISS

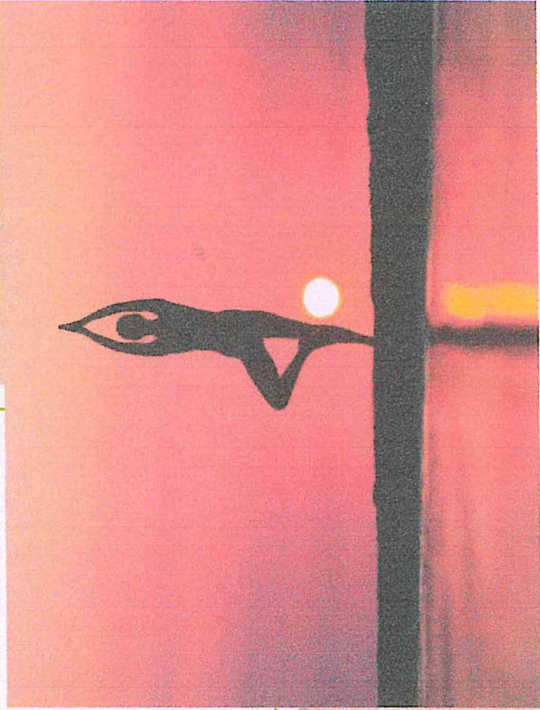
BY

VYSHAK

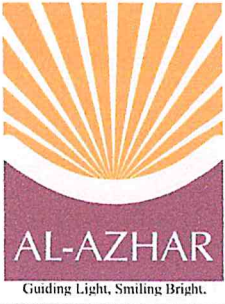
DATE: 24/01/2022

VENUE: Mini Auditorium

TIME: 8:00 AM



Prof. Dr. Henry Thomas BDS
Al-Azhar Dental College
Thodupuzha - 686 002



Off : 04862 224366
Fax: 04862 229586

AL-AZHAR DENTAL COLLEGE

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REPORT

Program Name: Finding Bliss

Date: January 24, 2023

Venue: Mini Auditorium, Al Azhar Dental College

Presenter: Vyshak

Number of Participants: 105 students


Summary:

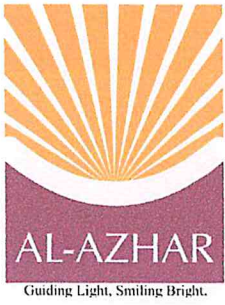
- The program "Finding Bliss" was designed to introduce participants to the practice of yoga and promote physical and mental well-being.
- Vyshak, the presenter and likely a yoga practitioner or instructor, conducted the program with the participation of 105 students.
- The event aimed to provide students with an opportunity to experience the positive effects of yoga on their overall wellness.

Key Points Covered:

- Vyshak may have started the program with an introduction to yoga's principles, philosophy, and its role in promoting holistic health.
- The program likely included practical yoga sessions where participants were guided through various yoga postures (asanas) and relaxation techniques.
- Participants may have learned about the importance of breath control (pranayama) and mindfulness in yoga practice.
- Vyshak might have discussed the potential benefits of yoga, including improved flexibility, reduced stress, enhanced concentration, and emotional balance.




Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605



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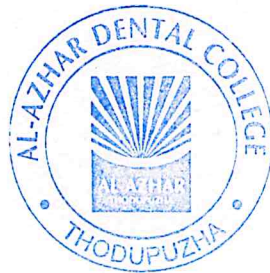
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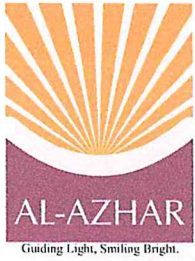
PERUMPILICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

- The program may have encouraged students to consider incorporating yoga into their daily routines as a means to achieve physical and mental well-being.

The "Finding Bliss" yoga program by Vyshak provided 105 student participants with an opportunity to explore and experience the practice of yoga. It likely inspired students to recognize the potential benefits of yoga for achieving physical and mental wellness, promoting relaxation, and enhancing overall quality of life

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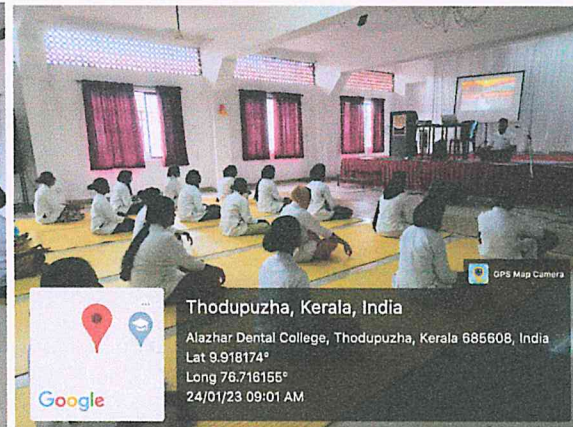
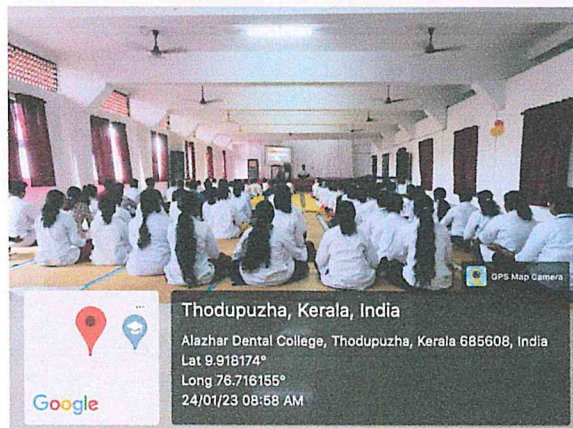
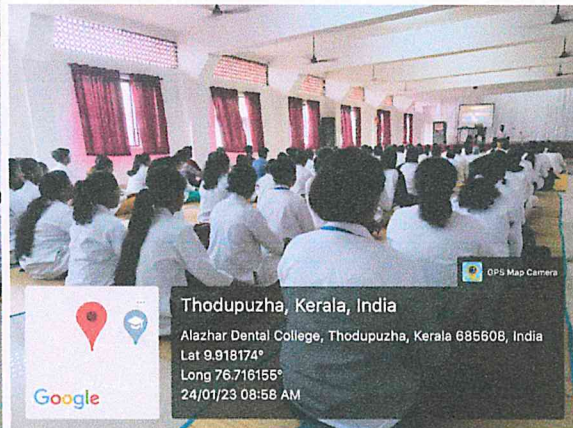
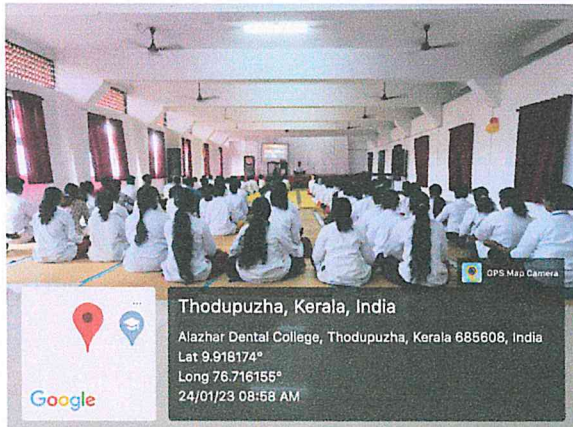
Program: FINDING BLISS

Yoga instructor: Vyshak

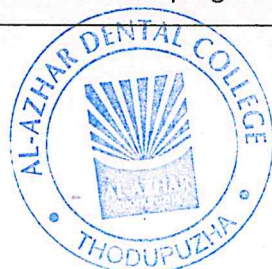
Date: 24/01/2023

Time: 8 am to 9am

Venue: Mini auditorium



Pictures of the program: participants with the yoga instructor



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Al-Azhar Dental College
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THODUPUZZHA

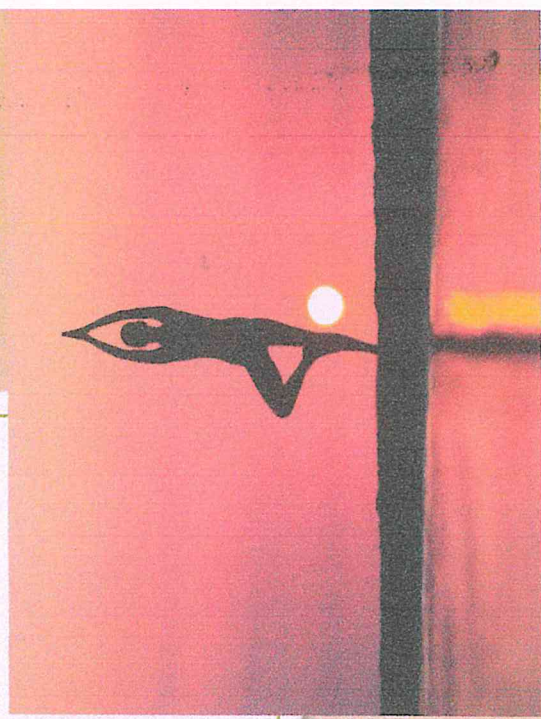
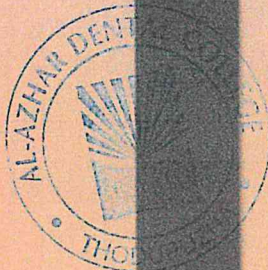
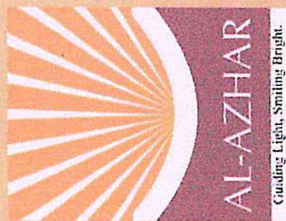
YOGA: DIVINE AFFAIR

BY
VYSHAK

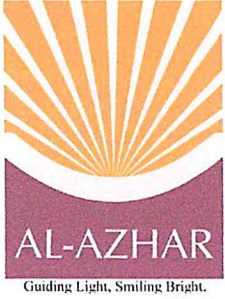
DATE: 12/05/2023

VENUE: Mini Auditorium

TIME: 8:00 AM



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Principal
Al-Azhar Dental College
Thodupuzha - 686 011



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REPORT

Program Name: Yoga: Divine Affair

Date: May 12, 2023

Venue: Mini auditorium, Al Azhar Dental College

Presenter: Vyshak

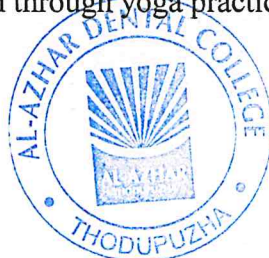
Number of Participants: 49 students

Summary:

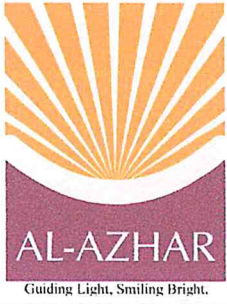
- "Yoga: Divine Affair" was a yoga program designed to introduce students to the practice of yoga and its potential benefits for physical and mental well-being.
- Vyshak, the presenter, likely an experienced yoga practitioner or instructor, conducted the program with the participation of 49 students.
- The program aimed to provide students with an opportunity to experience the transformative power of yoga.

Key Points Covered:

- Vyshak may have started the program with an introduction to the fundamental principles of yoga and its spiritual and physical aspects.
- The program likely included practical yoga sessions where participants were guided through various yoga postures (asanas) and breathing exercises (pranayama).
- Participants may have learned about the significance of mindfulness, relaxation, and stress reduction through yoga practice.



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Principal
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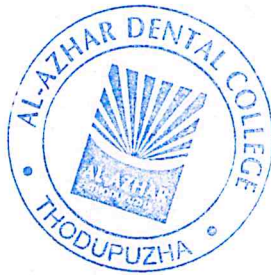
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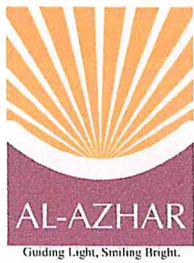
PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

- Vyshak might have discussed the potential benefits of regular yoga practice, including improved flexibility, reduced anxiety, increased concentration, and overall mental and emotional balance.
- The program may have encouraged students to explore the practice of yoga as a means to enhance their overall well-being and foster a deeper connection with themselves.

The "Yoga: Divine Affair" program conducted by Vyshak provided 49 student participants with a valuable opportunity to engage in yoga practice and gain insights into its potential benefits for their physical and mental health. It likely inspired students to consider incorporating yoga into their lives as a means to promote overall well-being and inner harmony.



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Principal
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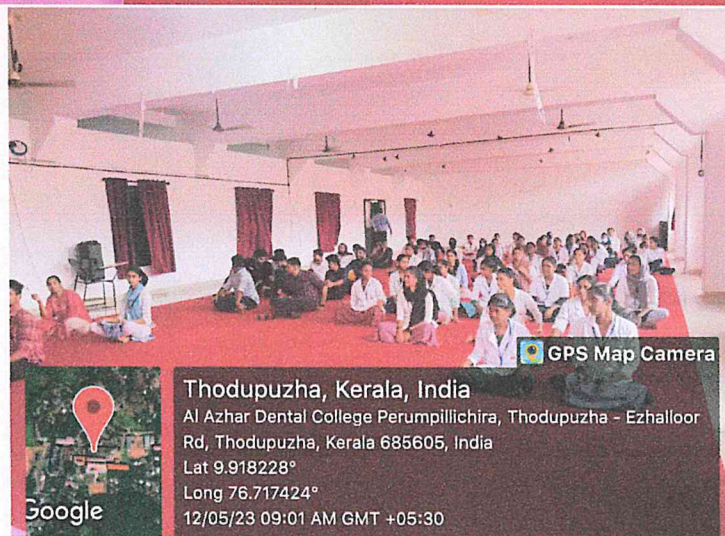
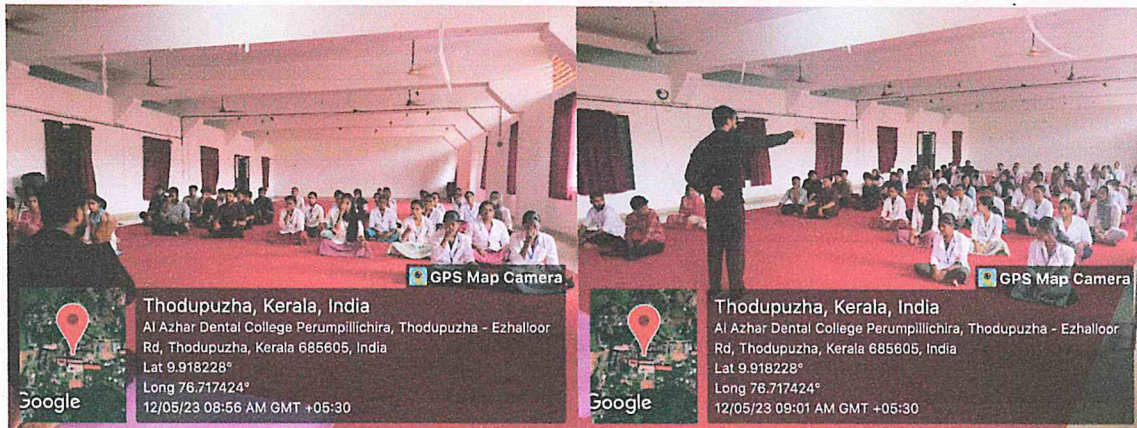
Program: YOGA: DIVINE AFFAIR

Yoga instructor: Vyshak

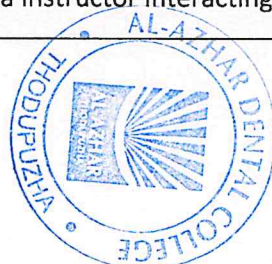
Date: 12/05/2023

Time: 8 am to 9am

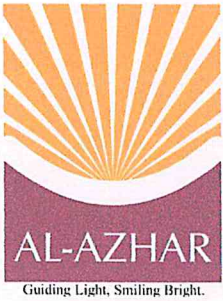
Venue: Mini auditorium



Yoga instructor interacting with the participants



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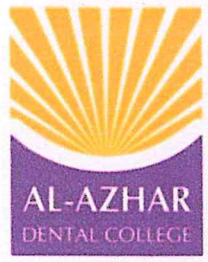
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ANALYTICAL SKILL DEVELOPMENT



AL-AZHAR DENTAL COLLEGE THODUPUZHA

IN ASSOCIATION WITH IQAC AADC



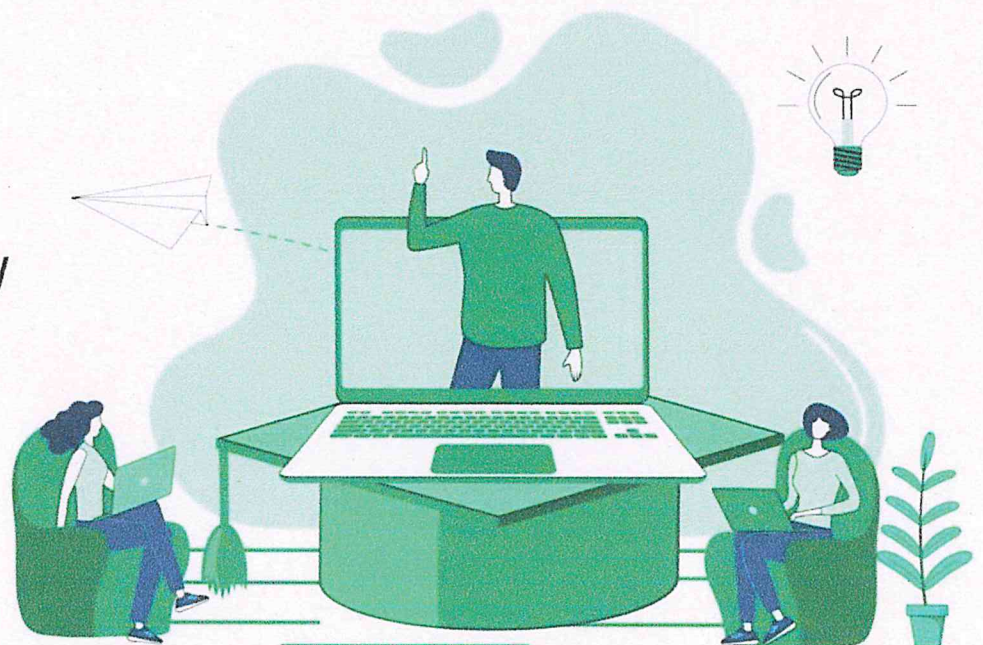
Mr. Sajan Pappachen

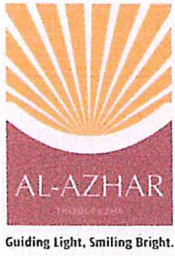
CATALYST THE CHANGE MAKER

Al Azhar Dental College
13th March 2023 Monday
10.30 am
Lecture Hall 1



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605





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REPORT

PROGRAMME : Interpersonal skills
ORGANISED BY : IQAC, Al Azhar Dental College, Thodupuzha
TOPIC : CATALYST – THE CHANGE MAKER
RESOURCE PERSON : Mr. Sajan Pappachen
DATE : 13-03-2023
TIME : 10.30 am
VENUE : Lecture hall - 1
NO. OF PARTICIPANTS : 43

Registration of participants for the programme 'Catalyst -The Change Maker' started at 10.00am. The programme started with a prayer song at 10.30. am. IQAC Co-Coordinator Dr. Surya Suprabhan, welcomed the gathering. The session started at 10.45am by the invited speaker Mr. Sajan Pappachen, on the topic 'Catalyst – The Change Maker. According to him, Catalyst is a term that refers to a person, group, or organization that sparks or drives significant change. They are often seen as change makers, innovators, and trailblazers in their respective fields. Catalysts can bring about change in various ways, such as through their ideas, actions, and collaborations with others. The speaker conducted many fun activities and all the participants actively interacted throughout the session. Lecture ended at 1.30 pm after the doubt clearing session. Certificates were distributed to all the participants. A memento was given as a token of appreciation to the invited faculty. A total of 43 participants attended the programme. Vote of thanks was given by Dr. Sharon Vincent, IQAC member. The participants found the talk very informative and interactive.

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TOPIC: CATALYST: THE CHANGE MAKER


DATE:13/03/2023

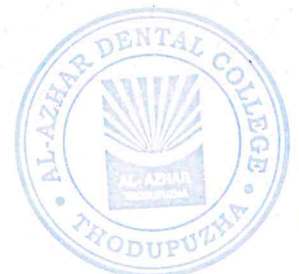
TIME: 10:30 AM

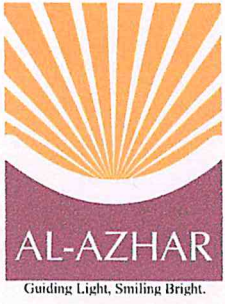
VENUE: LECTURE HALL 1

RESOURCE PERSON: MR. SAJAN PAPPACHEN




Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605





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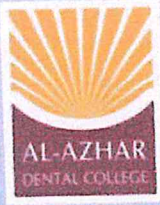
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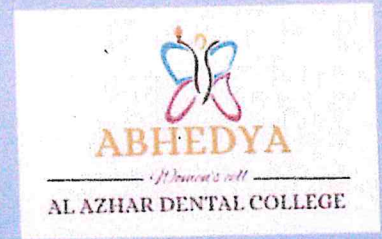
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HUMAN VALUE DEVELOPMENT



**AL-AZHAR
DENTAL COLLEGE**
THODUPUZZHA



Organized by Abhedya Women's Cell, AADC
In association with IQAC, AADC

Awareness session

TOPIC

**THE ATTITUDE OF
SOCIETY TOWARDS
VIOLENCE AGAINST
HEALTH WORKERS**



RESOURCE PERSON

Smt. Justeena Thomas

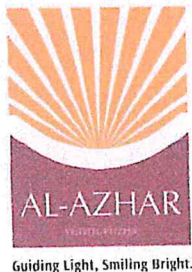
Senior Manorama News Health Correspondent



Date - 18th May | Time - 10:30am | Venue - Lecture Hall 1

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REPORT

PROGRAMME	: AWARENESS TALK ON THE ATTITUDE OF SOCIETY TOWARDS VIOLENCE AGAINST HEALTH WORKERS
ORGANISED BY	: WOMEN'S CELL OF IQAC, AL AZHAR DENTAL COLLEGE, THODUPUZHA
RESOURCE PERSON	: SMT. JUSTEENA THOMAS
DATE	: 18-05-2023
TIME	: 10.30 am to 12.00 pm
VENUE	: LECTURE HALL - 1
NO. OF PARTICIPANTS	: 127

Violence against healthcare personnel is a major public health problem. The programme started with a prayer song at 9.am. The women's cell Coordinator Prof. Dr. Bijimole Jose, HOD, Dept of Pediatric Dentistry, welcomed the gathering. This was followed by the inaugural address delivered by Prof. Dr. Harvey Thomas. Prof. Dr. Litto Manual, IQAC chairman, HOD Dept of Prosthodontics, felicitated the gathering. The introduction of the speaker was done by Dr. Athira Benny, lecturer, Dept. of Oral Medicine. The session started at 10.30am by the invited speaker Smt. Justeena Thomas, Senior Manorama News Health Correspondent, on the topic 'The attitude of society towards violence against health workers.

As an expert in health news field, she explained her views on the topic. Changes in the attitude of society, unrealistic expectations, communication problem, medias influence etc. have great impact on this. She stressed the importance of prevention of violence. She also explained the recent ordinance on hospital protection act meant to safeguard medical professionals against physical and verbal attacks. It was a very useful and interactive session. All the participants actively interacted throughout the session. The lecture ended at 12.00 pm. A memento was given as a token of appreciation to the invited faculty. A total of 127 participants attended the programme. Vote of thanks was given by Dr. Pallavi Ammu Thomas, Senior Lecturer Dept of Public Health Dentistry. The participants found the talk both informative and useful. Feedback forms were collected.

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Al-Azhar Dental College
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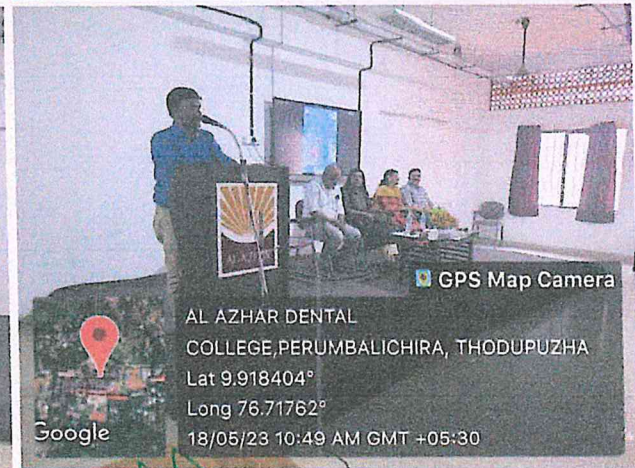
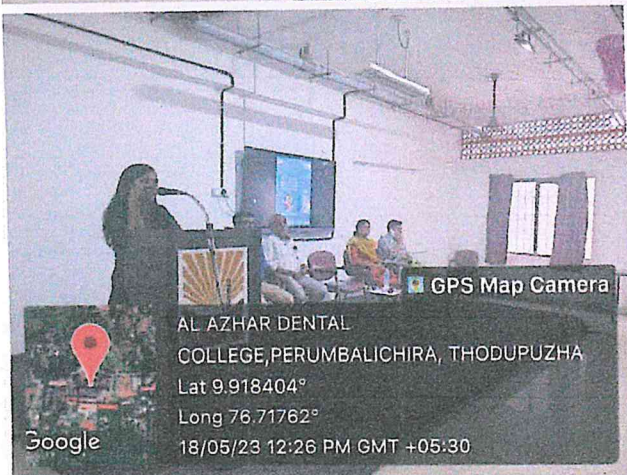
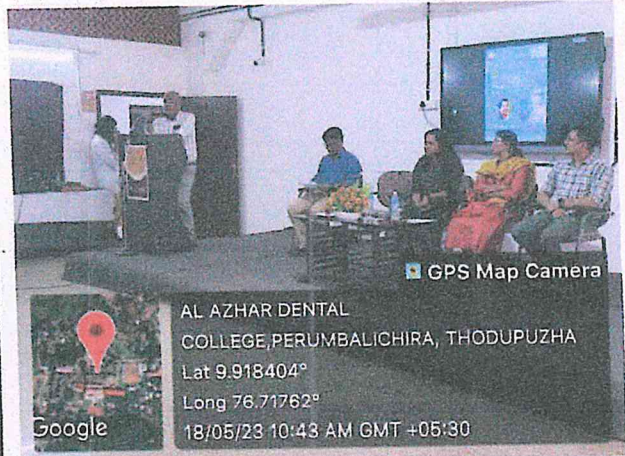
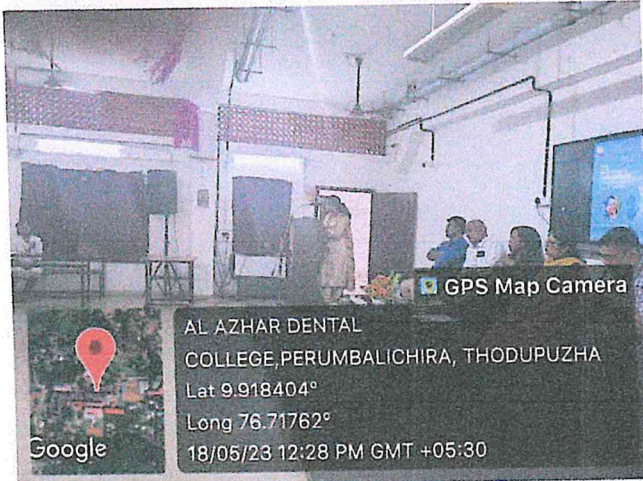
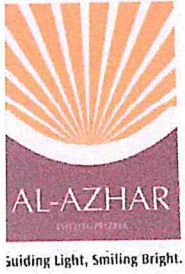
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AL-AZHAR DENTAL COLLEGE

THODUPUZHA

Welcomes

Prof. Dr. Mohammed Sagir

(Member, Dental Council Of India)



SEMINAR ON "ANTI RAGGING"

IN ASSOCIATION WITH IQAC-AADC



12th JULY



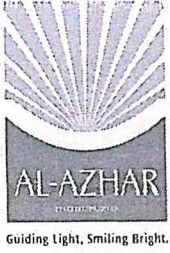
1 pm



LECTURE HALL 1

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
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REPORT

PROGRAMME	: Seminar on "Anti Ragging"
ORGANISED BY	: IQAC, Al Azhar Dental College, Thodupuzha
TOPIC	: 'Anti- ragging'
RESOURCE PERSON	: Prof. Dr. Mohammed Sagir (Member of Dental Council of India)
DATE	: 24-06-22
TIME	: 1.00 pm
VENUE	: Lecture hall - 1
NO. OF PARTICIPANTS	: 103

Anti- ragging awareness program was organised by Al-Azhar Dental College in association with the Internal Quality Assurance Cell on Tuesday, 12 th of July, 2022 as per the DCI mandate vide circular No. DCI/ARPM/ARC/ARM/Gen/167/2022-23/2022/2806 dated 24-06-22. The program was conducted in the mini auditorium of the institution at 1 pm. The seminar commenced with a prayer song. The IQAC coordinator and Head of the Department, Dept. of Prosthodontics and Crown and Bridge, Prof. Dr. Litto Manuel delivered the welcome address and drew attention towards the rapid rise in ragging cases reported in the country, especially in the last few years. He welcomed the chief speaker of the day, Prof. Dr. Mohammed Sagir, Member of Dental Council of India, Principal, Prof. Dr. Harvey Thomas and Administrative Officer Dr. Amal E. A, along with all the members of the anti -ragging committee, faculty members and students. Adhering to the guidelines of the University Grant Commission, (UGC) and Raghvan Committte, Al Azhar Dental College has been taking various measures in checking and curbing the menace of ragging in the institution. The Principal addressed the gathering on the importance of a conducive and peaceful learning atmosphere within the campus and all the necessary steps undertaken to prevent, prohibit and curb ragging of any type. He also emphasised on the zero tolerance policy of the institution and assured unbiased and timely redressal of the ragging complaints.

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605

(1)

Prof Dr. Mohammed Sagir, Member of Dental Council of India, emphasized on the gravity of the situation and highlighted the DCI regulations and anti- ragging policies in Dental Colleges across India. Various forms of ragging with examples were enumerated in his talk. He also elucidated on the mental and physical distress caused by ragging. The specific roles of anti- ragging committee, anti- ragging monitoring cell, anti-ragging squad, hostel wardens were described with paramount importance on their periodic training and sensitisation. The students were made aware of the consequences of ragging and punishment under the law. Students were also informed of their role in approaching the concerned personnel in case they are faced with any instances of ragging. During the program, the role of institution in ensuring safety of students at all times was highlighted. The seminar was concluded with vote of thanks by Administrative Officer Dr. Amal E A and national anthem.

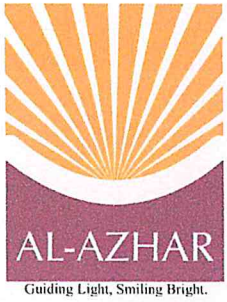


Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
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Prof. Dr. Lito Manual

IQAC Coordinator, AADC





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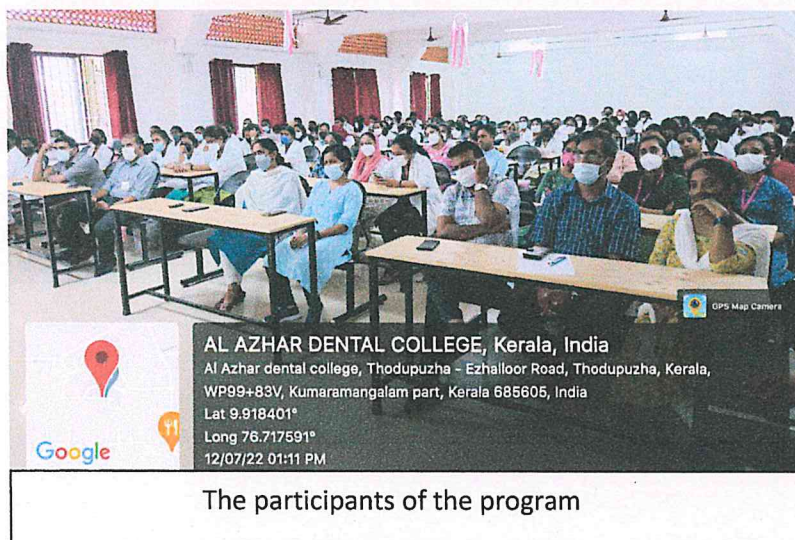
TOPIC: SEMINAR ON ANTI-RAGGING

DATE:24/06/22

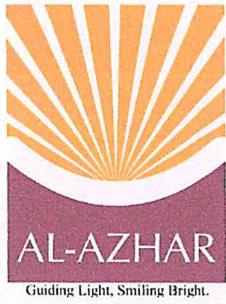
TIME:1PM- 2 PM

VENUE: LECTURE HALL 1

RESOURCE PERSON: PROF. DR. MUHAMMED SAGIR



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
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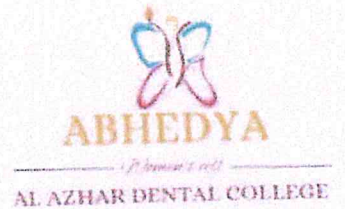
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PERSONALITY AND PROFESSIONAL DEVELOPMENT



**AL-AZHAR
DENTAL COLLEGE**
THODUPUZHA



**Organized by Abhedya Women Cell, AADC
In association with IQAC, AADC**

**Observance of
INTERNATIONAL WOMEN'S DAY**

MARCH 8TH 2023

Al Azhar Dental College Women's Week

1st March 2023 to 8th March 2023

Theme : Embrace Equity

**TOPIC - " IMPORTANCE OF
IMAGE MANAGEMENT IN PROFESSIONAL LIFE "**



Chief Guest

Mrs. Geophy Mathew

Image Consultant & Style Coach
Founder Adorn Image Consulting, Kochi

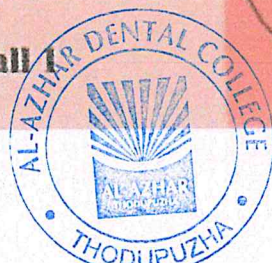


Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

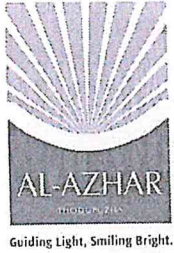
Date - 2nd March 2023

Time - 10am

Venue - Lecture Hall



Al-Azhar Dental College
Thodupuzha-685 605



Off : 04862 224366
Fax: 04862 229586

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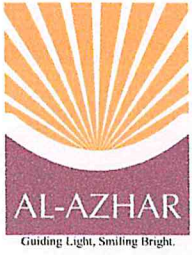
REPORT

PROGRAMME : Women's week celebration
ORGANISED BY : Abhedya Women's Cell, in association with IQAC, Al Azhar Dental College, Thodupuzha
TOPIC : 'Importance of image management in professional life'
RESOURCE PERSON : Geophy Mathew (Founder Adorn IMAGE consultation, Kochi)
DATE : 02-03-2023
TIME : 11.00 am to 12.30 pm
VENUE : Lecture hall - 1
NO. OF PARTICIPANTS : 94

The programme started with a prayer song at 11.am. The women's cell Coordinator Prof.Dr. Bijimole Jose, HOD Department of pedodontics, AADC welcomed the gathering. The introduction of the speaker was done by Dr. Binila S Babu, Reader Department of conservative dentistry and endodontics. The session started at 11.00am by the invited speaker Geophy Mathew (Founder Adorn and IMAGE consultation, Kochi), on the topic '**Importance of self image in professional life**'. 'Self image affects our personality and our outlook. It has a direct bearing on how we look at ourselves and also how we are looked upon by others. The way we present ourselves in a society is very important. It has a huge effect on our career and mindset'. All the participants actively interacted throughout the session. Doubts were raised by few of the students and staffs among the gathering and was rectified and presented beautifully by the speaker. The session ended at 12.30 pm. A memento was given as a token of appreciation to the invited faculty. A total of 94 participants attended the programme. Vote of thanks was given by Dr. Pallavi Ammu Thomas, Senior lecturer Department of public health dentistry followed by the National Anthem. The participants found the talk both informative and useful.



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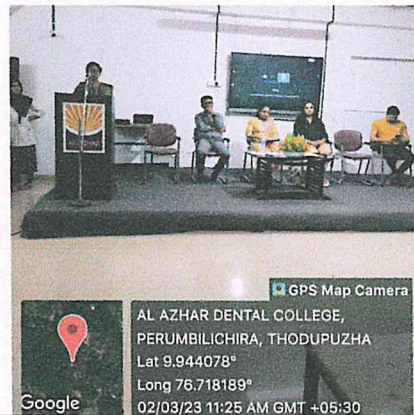
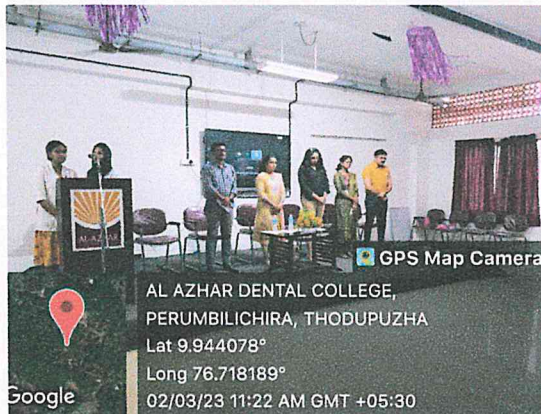
Program: IMPORTANCE OF IMAGE MANAGEMENT IN PROFESSIONAL LIFE

Date: 02/03/2023

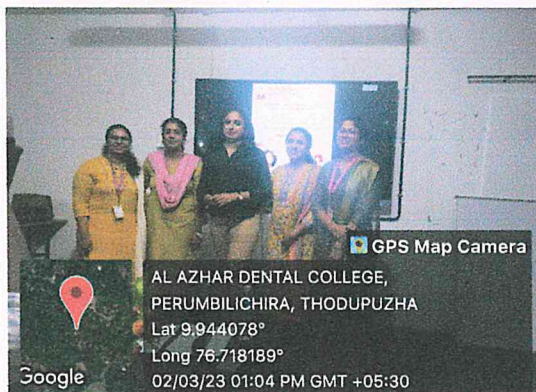
Venue: lecture hall 1

Time: 10 AM

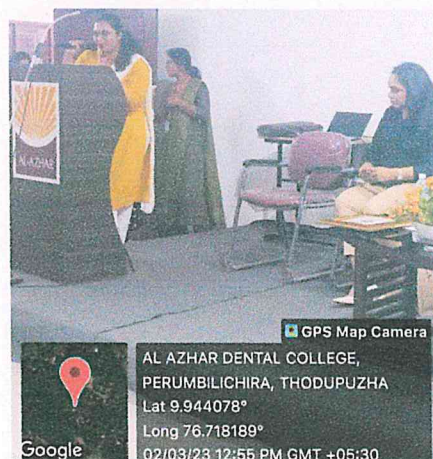
Resource person: Miss Geophy Mathew



Inauguration ceremony



The resource person with the faculties of Al Azhar Dental College



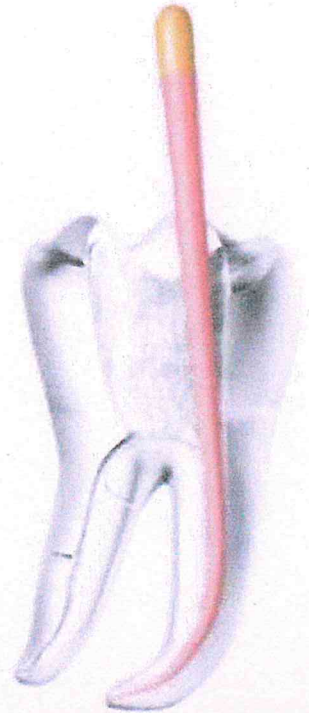
Dr. Pallavi delivering the vote of thanks



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ENDODONTICS:

In Auto Mode, Tips N Tricks
to Cruise Control



SESSION BY

Dr. Jojo Kottoor

Professor, Dept. of Conservative Dentistry
and Endodontics, Royal Dental College

A joint effort by Department of Conservative Dentistry and
Endodontics and IQAC AADC in association with IDA Malanadu



Friday, 05
August 2022



09:00 A.M.
I.S.T.



Lecture Hall 1
Al-Azhar
Dental College



Chief Patron

SRI. K H MOOSA

Chairman
Al-Azhar Group of Institutions



Advisor

DR HARVEY THOMAS

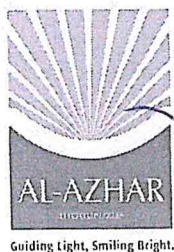
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REPORT

PROGRAMME : CDE on Endodontics in Auto Mode, Tips & Tricks to cruise Control

DATE : 05-08-2022

VENUE : Lecture hall – 1

Platform : Offline

NO. OF PARTICIPANTS : 104

A CDE session along with hands on training on Endodontics, throwing light on 'Tips & Tricks' to cruise control was held on 5 August 2022, Friday by our esteemed speaker, Dr. Jojo Kottoor. The programme was jointly organized by the department of Conservative Dentistry & Endodontics in association with IQAC, AADC & IDA Malanadu.

The session commenced at 9.00 am in Lecture hall 1 of AADC & there were 104 participants, comprising of interns, students & staff. Our principle, Prof. Dr. Harvey Thomas, Administrative officer Dr. Amal E.A, IQAC Coordinator Dr. Litto Manuel IDA, President IDA Malanadu, Dr. Murali Krishna CDE convenor & Dr. Romin sebastian. IDA Marked were among other present.


The event started with a prayer followed by an academic note by our principal, Prof. Dr. Harvey Thomas. Felicitation address were rendered by IDA malanadu Dr. Murali Krishna & IQAC coordinator AADC, Prof. Litto Manuel.

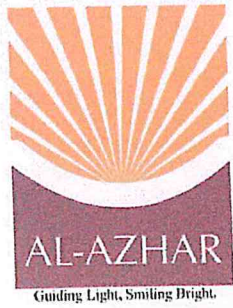
The session commenced with introduction to Endodontics wherein essentials of proper diagnosis were emphasized. This was followed by a short tea break. After the tea break, the programme resumed with our distinguished speaker, Dr. Jojo Kottoor concentrating the fundamentals of root canal treatment.

The session inculcated vast array of knowledge regarding Endodontics among our audience active participation from the gathering was also perceived.

The talk was then followed by a hands on training session which comprised of 12 participants. The participants also received Endodontics kits supplied by Dentistry. Participation certificate too were awarded to them. The programme concluded with vote of thanks by our administrative officer Dr. Amal E. A.




Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
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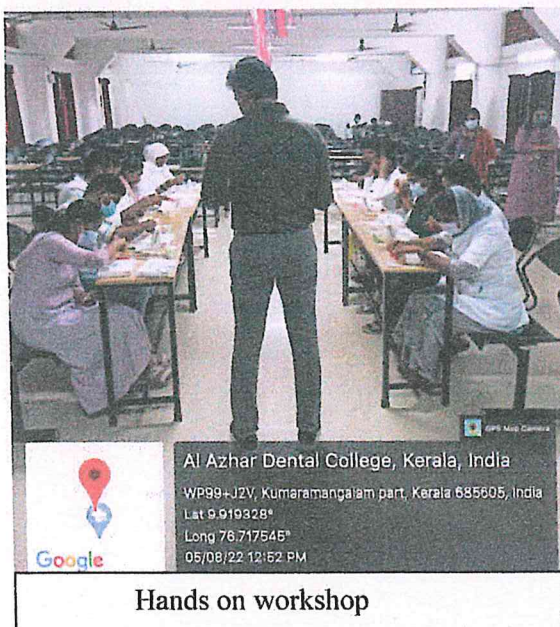
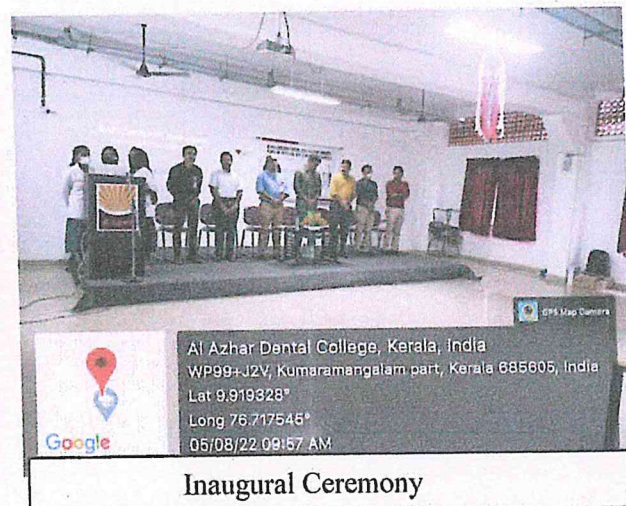
TOPIC: ENDODONTICS: IN AUTO MODE, TIPS AND TRICKS TO CRUISE CONTROL

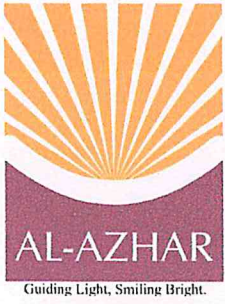
DATE: 05/08/2022

TIME: 9 AM TO 1 PM

VENUE: LECTURE HALL 1

RESOURCE PERSON: DR. JOJO KOTTOOR





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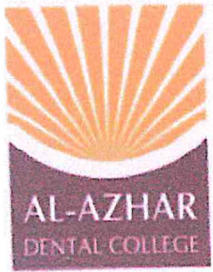
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EMPLOYABILITY SKILL DEVELOPMENT

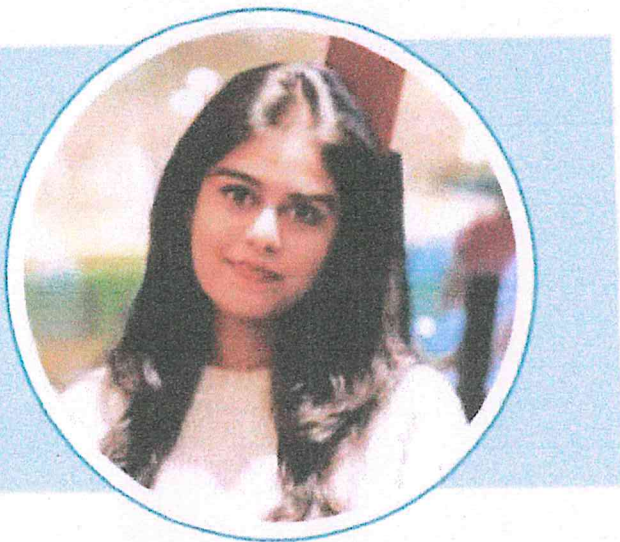


**AL-AZHAR
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THODUPUZHA

Santa monica
Study Abroad Pvt. Ltd.

IN ASSOCIATION WITH AAMC
AL-AZHAR ACADEMY FOR MDS COACHING & CAREER GUIDANCE
DEPT OF PUBLIC HEALTH DENTISTRY & IQAC AADC

OVERSEAS CAREER GUIDANCE SEMINAR



Mrs. Sobhitha Thomas

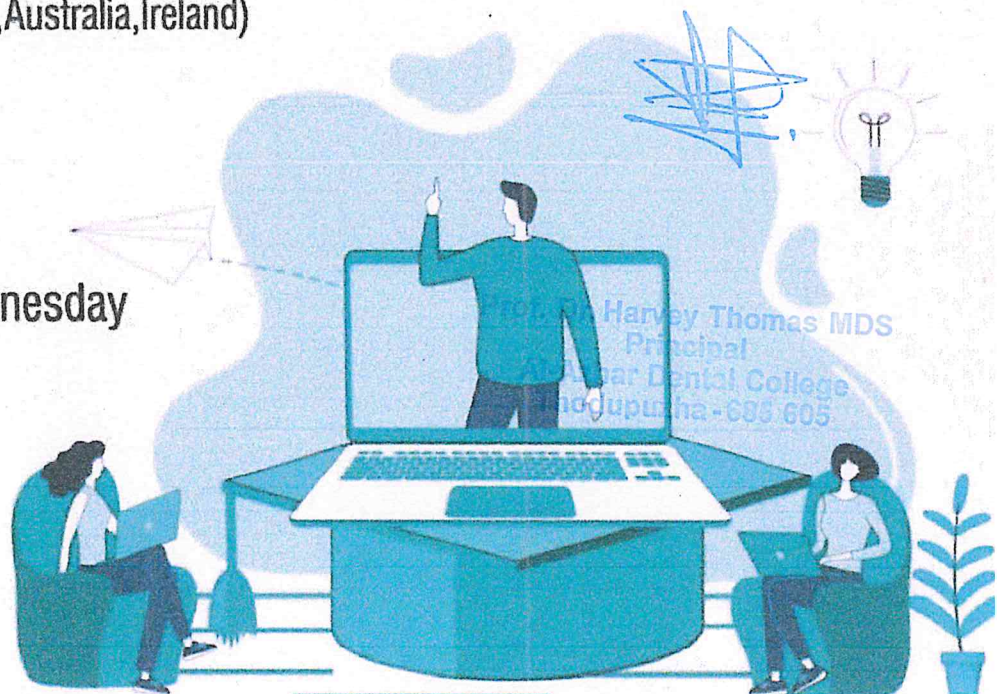
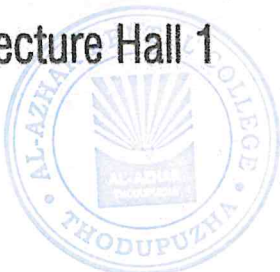
Project Manager Santa Monica (UK, Australia, Ireland)

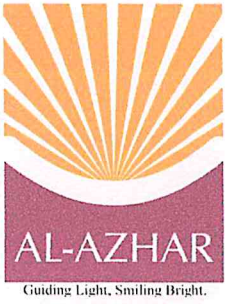
Al Azhar Dental College

22nd February 2023 Wednesday

11.00 am

Lecture Hall 1





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REPORT

Seminar Title: Overseas Career Guidance Seminar

Date: 22nd February 2023

Venue: Lecture Hall 1, Al Azhar Dental College

Speaker: Miss Shobitha Thomas (Project Manager, Santa Monica)

Number of Participants: 182

Summary:

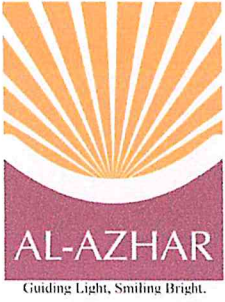
- The seminar on "Overseas Career Guidance" aimed to provide valuable insights and guidance to individuals interested in pursuing overseas career opportunities.
- Miss Shobitha Thomas, who holds the position of Project Manager at Santa Monica, served as the resource person for this seminar.
- The event gathered a substantial audience of 182 participants, all of whom were likely interested in exploring career options abroad.

Key Points Covered:

- Miss Shobitha Thomas likely discussed various aspects of overseas career opportunities, including studying abroad, working internationally, and immigrating for career purposes.
- Topics may have included information about different countries as study or work destinations, visa requirements, admission processes for international universities, and scholarship opportunities.
- The seminar may have covered career paths and job prospects in various fields and industries overseas.



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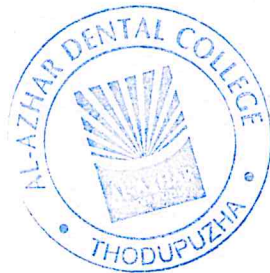
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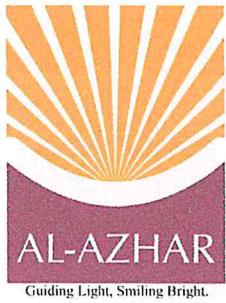
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- Participants may have received insights into the challenges and benefits of pursuing a career abroad, as well as advice on making informed decisions.
- Miss Shobitha Thomas may have shared practical tips on preparing for exams like IELTS or TOEFL, which are often required for international admissions.
- The seminar likely aimed to empower participants with knowledge about global career options and the steps needed to embark on an overseas career journey.

The "Overseas Career Guidance Seminar" conducted by Miss Shobitha Thomas provided valuable information and guidance to the 182 participants who were interested in pursuing career opportunities abroad. It likely played a crucial role in helping individuals make informed decisions about their international career aspirations, whether in education or employment.



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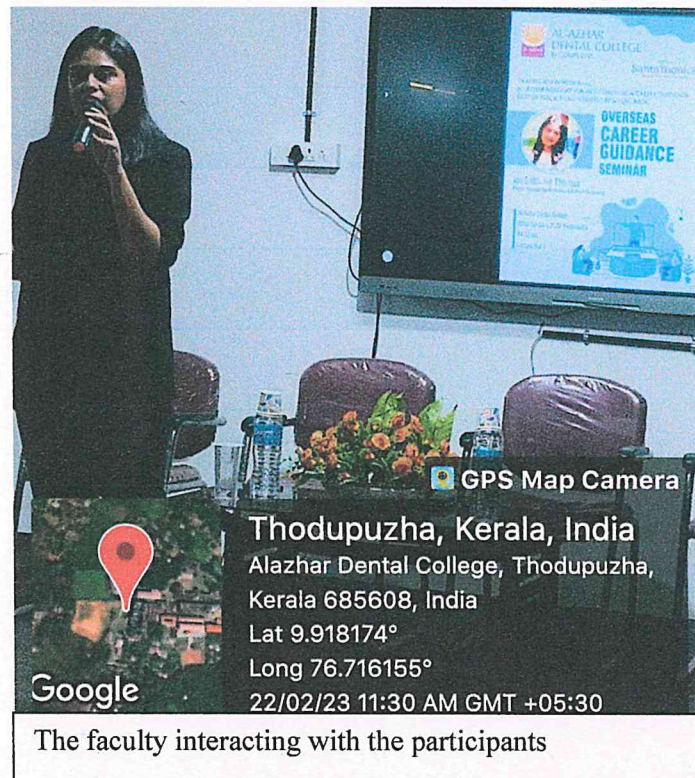
TOPIC: OVERSEAS CAREER GUIDANCE SEMINAR

DATE: 22/02/2023

TIME: 11AM TO 1 PM

VENUE: LECTURE HALL 1

RESOURCE PERSON: MS. SHOBITHA THOMAS



Dr. Harvey Thomas MDS
Principal
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