



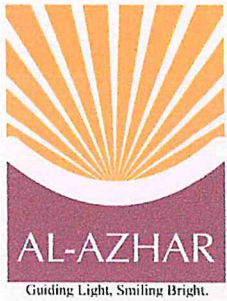
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ACADEMIC YEAR 2018-19



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SOFT SKILL DEVELOPMENT



AL-AZHAR

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A LECTURE ON PERSONALITY DEVELOPMENT “ CRITICAL THINKING AND PROBLEM SOLVING ”

BY DR. Binila S Babu. MDS

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha -685 605

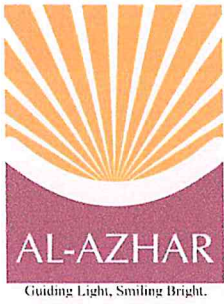


DATE: 19/07/2018

TIME: 10:30 AM TO 1 PM

VENUE : LECTURE HALL 1





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REPORT

Program : Critical Thinking and Problem Solving

Date: July 19, 2018

Venue: Lecture Hall 1

Speaker: Dr. Binila S Babu MDS

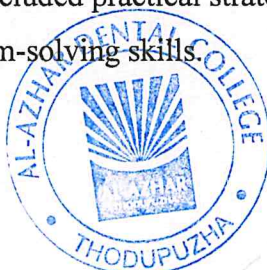
Number of Participants: 200

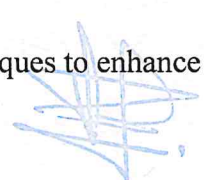
Summary:

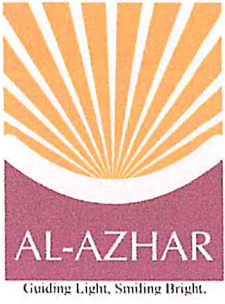
- The lecture, titled "Critical Thinking and Problem Solving," was delivered by Dr. Binila S Babu.
- The event took place on July 19, 2018, and it was hosted in Lecture Hall 1.
- A total of 200 participants attended the lecture, showing significant interest in the topic.

Key Points Covered:

- Dr. Binila S Babu's lecture centered on the important subjects of critical thinking and problem-solving.
- Critical thinking was explained as the ability to analyze and evaluate information objectively, without bias.
- The concept of problem-solving was highlighted as the process of finding solutions to complex issues or challenges.
- The lecture likely included practical strategies and techniques to enhance critical thinking and problem-solving skills.




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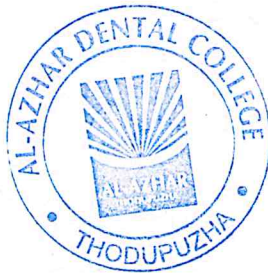
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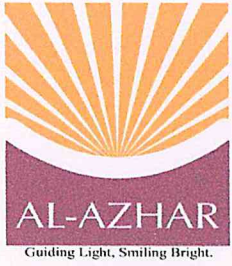
- Participants had the opportunity to gain insights into how these skills can be applied in various aspects of their personal and professional lives.
- Given the importance of critical thinking and problem-solving in education and decision-making, this lecture was likely valuable for all attendees.

The lecture by Dr. Binila S Babu have been a valuable opportunity for the 200 participants to enhance their critical thinking and problem-solving abilities, which are essential skills for personal and professional development.




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TOPIC: CRITICAL THINKING AND PROBLEM SOLVING

RESOURCE PERSON: DR. BINILA S BABU

DATE: 19/07/2018

TIME: 10:30 AM TO 1 PM

VENUE: LECTURE HALL 1



Question and Answer Session

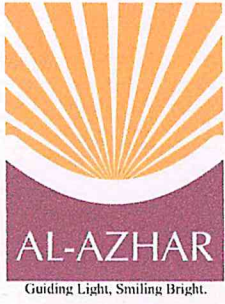


Interactions Of The Resource Person With The Students Of Al Azhar Dental College

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Prof. Dr. V.A. RIZAL, M.D.S.
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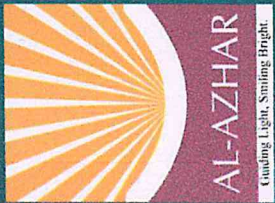
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LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT



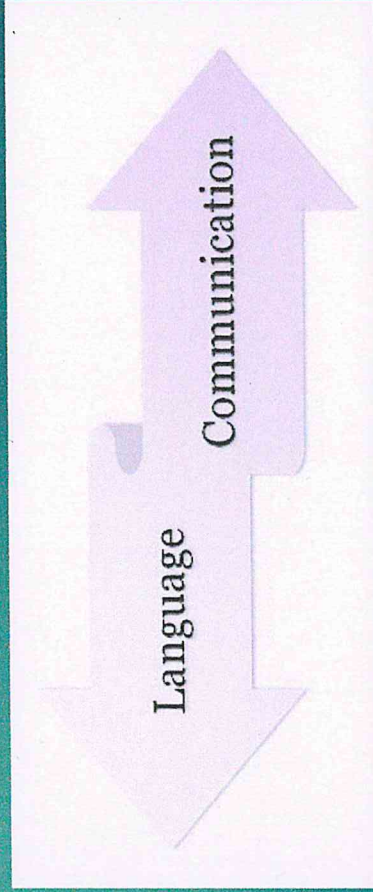
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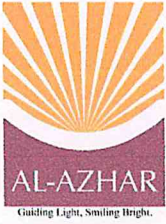
LANGUAGE AND COMMUNICATION

BY DR. SOMASHEKARAN B PILLAI

DATE: 14/01/2019-18/03/2019

TIME: 8 AM TO 9 AM





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REPORT OF LANGUAGE AND COMMUNICATION PROGRAM (2018-19)

Topic: Language and Communication

Resource Person: Dr. Somashekar B Pillai

Attendance: 100

Venue: Lecture Hall 1

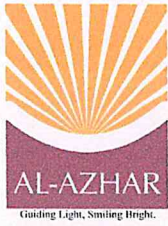
Introduction: This report outlines the Language and Communication program conducted by Dr. Somashekar B Pillai during the period of 14th January 2019 to 18th March 2019. The program was aimed at enhancing participants' language and communication skills to enable effective expression, comprehension, and interaction in diverse personal and professional situations.

Program Objectives: The program had the following objectives:

1. **Enhance Verbal and Written Communication Skills:** Participants were guided in improving their ability to articulate thoughts clearly through both verbal and written communication.
2. **Improve Active Listening and Comprehension Abilities:** Techniques for active listening and better comprehension of spoken and written content were emphasized to enhance overall communication effectiveness.
3. **Develop Non-Verbal Communication and Body Language Awareness:** The program aimed to increase awareness of non-verbal cues and body language, allowing participants to convey messages more effectively.
4. **Foster Empathy and Cultural Sensitivity in Communication:** Participants were encouraged to develop empathy and sensitivity towards different cultures and perspectives, fostering more inclusive communication.
5. **Encourage Effective Communication in Team Settings:** Strategies for effective communication within team environments were explored, highlighting the importance of collaboration and cooperation.
6. **Provide Practical Tools and Strategies for Effective Communication:** Practical exercises, workshops, and guest speakers equipped participants with tangible tools to enhance their communication skills.



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Program Highlights: Throughout the program, a variety of methods were employed to achieve the outlined objectives:

1. **Workshops:** Interactive workshops were conducted to provide participants with hands-on experience in applying communication techniques.
2. **Practical Exercises:** Participants engaged in role-playing, group discussions, and presentations to practice and refine their communication skills.
3. **Guest Speakers:** Experts from relevant fields were invited to share their insights, giving participants a broader understanding of effective communication.
4. **Feedback Mechanisms:** Regular feedback sessions allowed participants to receive constructive input on their communication strengths and areas for improvement.

Outcomes and Impact: The Language and Communication program yielded positive results:

1. **Enhanced Communication Skills:** Participants reported improved ability to convey their thoughts clearly and persuasively.
2. **Improved Interpersonal Relationships:** Communication being a key component of relationships, participants found their interactions becoming more positive and effective.
3. **Fostering Self-awareness:** Through exercises and feedback, participants developed greater self-awareness regarding their communication style and its impact.

Recommendations: To further enhance the program's effectiveness, the following recommendations are suggested:

1. **Continued Workshops and Exercises:** Regular workshops and practical exercises can help sustain and reinforce participants' communication skills.
2. **Diversified Guest Speakers:** Inviting speakers from various backgrounds can provide diverse insights into effective communication.
3. **Long-term Feedback and Evaluation:** Implementing a long-term feedback and evaluation system can track participants' progress beyond the program's duration.
4. **Integration of Technology:** Utilizing modern communication tools and platforms can help participants adapt to evolving communication trends.



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Conclusion: The Language and Communication program conducted by Dr. Somashekar R Pillai successfully enhanced participants' communication skills, fostering improved interpersonal relationships and self-awareness. The program's comprehensive approach, including workshops, practical exercises, guest speakers, and feedback mechanisms, played a pivotal role in achieving these positive outcomes. By incorporating the provided recommendations, the program can continue to empower individuals to communicate confidently and effectively across various contexts.

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Topic: Language and Communication

Date: 14/1/19 - 18/3/19

Venue: lecture hall 1

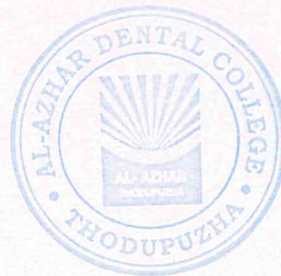


Question and Answer Session by Students

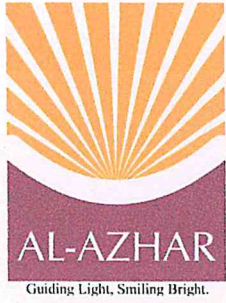


Language and communication class by Dr. Somashekar B

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YOGA AND WELLNESS

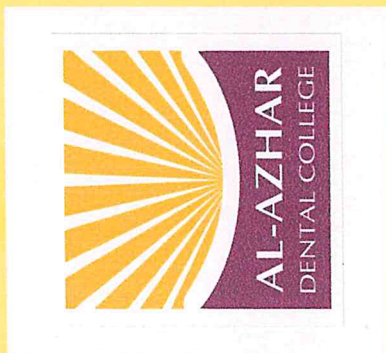
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YOGA FOR STRESS MANAGEMENT

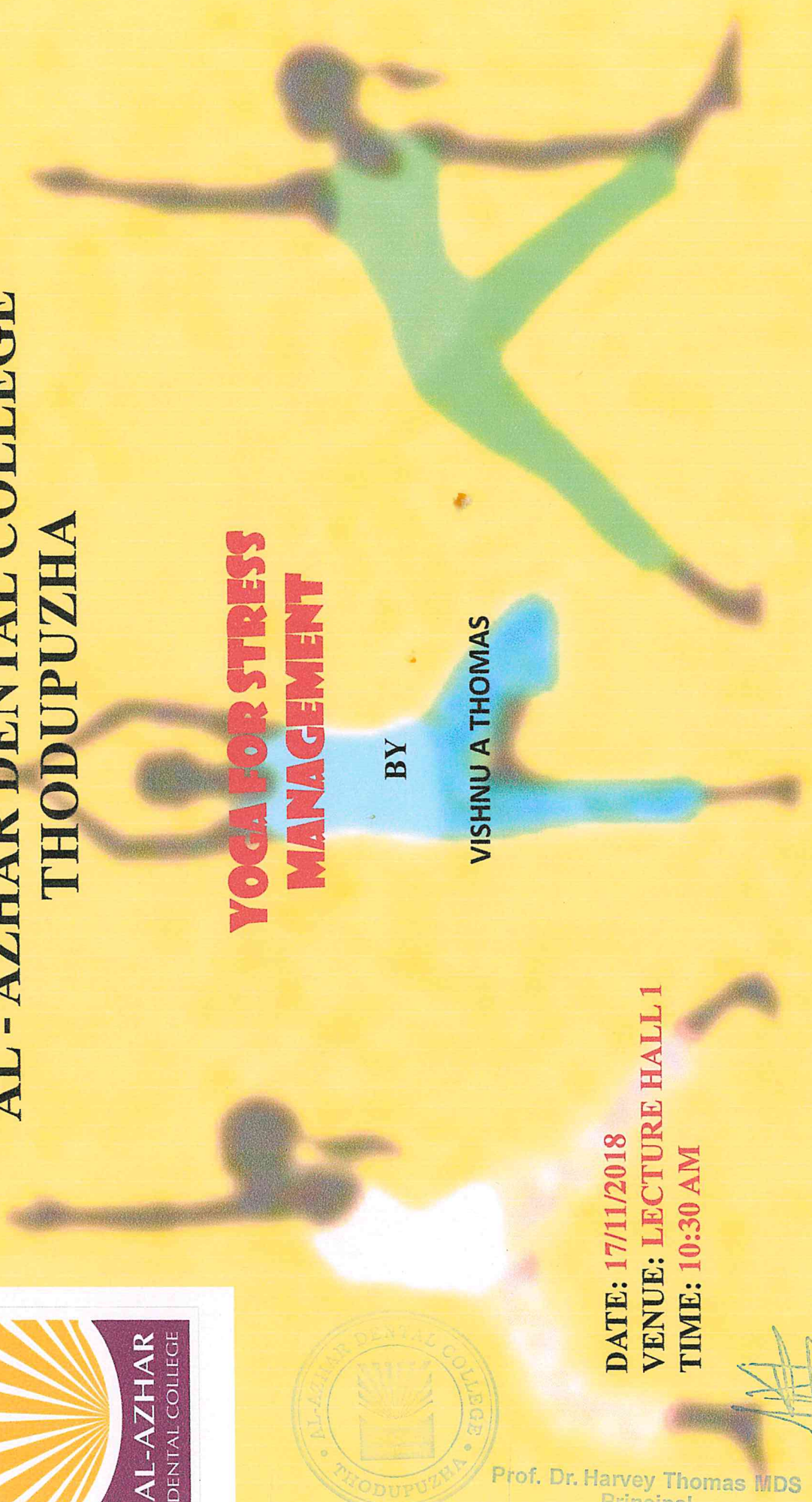
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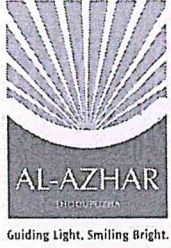
VISHNU A THOMAS

DATE: 17/11/2018
VENUE: LECTURE HALL 1
TIME: 10:30 AM



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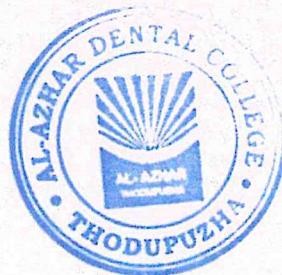
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REPORT

PROGRAMME : Yoga and wellness
ORGANISED BY : CEC, Al Azhar Dental College, Thodupuzha
TOPIC : Yoga for stress management
RESOURCE PERSON : Vishnu A Thomas
DATE : 17-11-2018
TIME : 10:30 am to 1:00 pm
VENUE : Lecture hall - 1
NO. OF PARTICIPANTS : 100

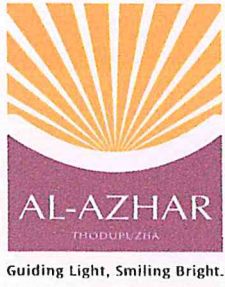
Registration of participants for "Yoga for stress management" started at 10:00am. The programme started with a prayer song at 10:30 am. The inaugural address was delivered by Dr. Afzal.V.A. (Principal). The session started at 10.30am by the speaker on the topic "Yoga for stress management". He spoke about the benefits of practicing yoga and also trained the participants to perform yoga. All the participants actively interacted throughout the session and also performed some relaxation techniques on instruction. The talk ended at 1 pm. Certificates were distributed to all the participants. A memento was given as a token of appreciation to the speaker. A total of 100 participants attended the programme. Vote of thanks was given by Dr. Jayesh Unnithan. The participants found the talk both informative and useful.



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Topic: Yoga for Stress Management

Resource Person: Dr Vishnu Thomas

Date: 17/11/2018



Interaction of The Resource Person and The Students



Dr. Vishnu Thomas highlighting the importance of yoga in day to day life

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**“ KEEP CALM AND DO
YOGA ”**

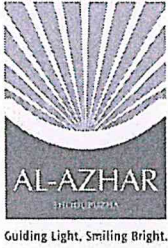
BY

VISHNU A THOMAS

**DATE: 20/05/2019
VENUE: LECTURE HALL 1
TIME: 10:30 AM**



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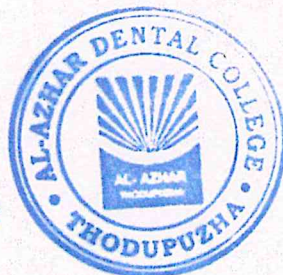
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REPORT

PROGRAMME : Yoga and wellness
ORGANISED BY : CEC, Al Azhar Dental College, Thodupuzha
TOPIC : Keep calm and do yoga
RESOURCE PERSON : Vishnu A Thomas
DATE : 20-05-2019
TIME : 10:30 am to 1:00 pm
VENUE : Lecture hall - 1
NO. OF PARTICIPANTS : 100

Registration of participants for "keep calm and do yoga" started at 10:00am. The programme started with a prayer song at 10:30 am. The inaugural address was delivered by Dr. Afzal.V.A. (Principal). The session started at 10.30am by the speaker on the topic "keep calm and do yoga". He spoke about the benefits of practicing yoga and also trained the participants to perform yoga. All the participants actively interacted throughout the session and also performed some relaxation techniques on instruction. The talk ended at 1 pm. Certificates were distributed to all the participants. A memento was given as a token of appreciation to the speaker. A total of 100 participants attended the programme. Vote of thanks was given by Dr. Moushmi. The participants found the talk both informative and useful.

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PROGRAM: KEEP CALM AND DO YOGA

DATE: 20/05/2019

VENUE: LECTURE HALL I

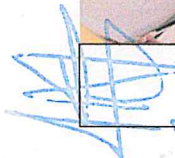
RESOURCE PERSON: DR. VISHNU THOMAS



Dr. Vishnu interacting with the participants

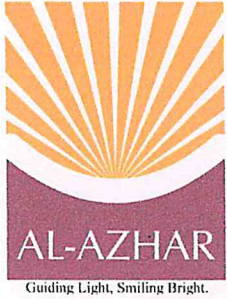


The faculty explaining the importance of yoga to the students



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ANALYTICAL SKILL DEVELOPMENT



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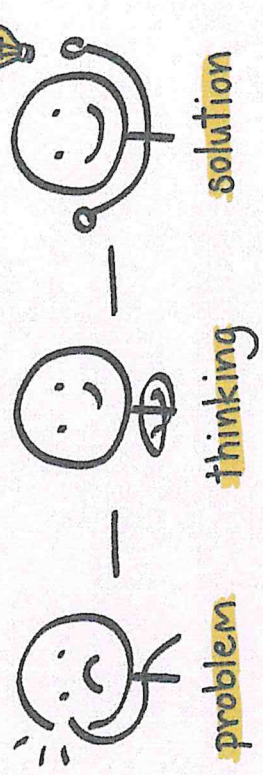
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A CLASS ON ANALYTICAL SKILL DEVELOPMENT
" FOCUS ON SOLUTION, NOT THE PROBLEMS "

BY DR. ABY KURUVILLA. MDS

PROBLEM SOLVING

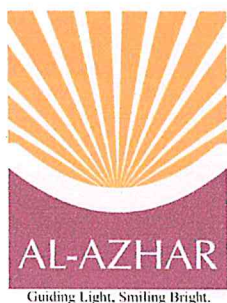


DATE: 10/09/2018

TIME: 10:30 AM TO 1 PM

VENUE : LECTURE HALL 1





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REPORT

Program: Analytical Skill Development

Lecture Title: Focus on Solution, Not the Problem

Date: September 10, 2018

Venue: Lecture Hall 1

Speaker: Dr. Aby Kuruvilla

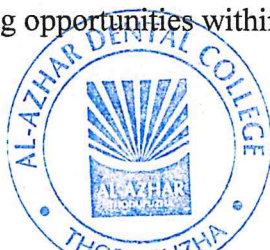
Number of Participants: 200

Summary:

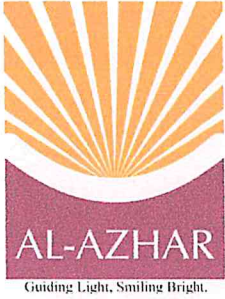
- The program focused on "Analytical Skill Development" and featured a lecture titled "Focus on Solution, Not the Problem" delivered by Dr. Aby Kuruvilla.
- It took place on September 10, 2018, at Lecture Hall 1, and attracted a significant audience of 200 participants.

Key Points Covered:

- Dr. Aby Kuruvilla's lecture centered on the importance of developing analytical skills.
- The core message was "Focus on Solution, Not the Problem," emphasizing the need to shift one's attention from dwelling on problems to actively seeking and implementing solutions.
- The lecture likely included practical guidance and strategies for honing analytical skills and problem-solving abilities.
- Participants had the opportunity to learn how to approach challenges with a proactive mindset, identifying opportunities within problems.



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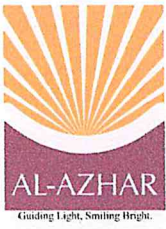
- Analytical skills are crucial in various aspects of life, including decision-making, critical thinking, and professional problem-solving, making this lecture valuable for all attendees.

Dr. Aby Kuruvilla's lecture on "Focus on Solution, Not the Problem" as part of the Analytical Skill Development program provided valuable insights to the 200 participants, empowering them to approach challenges with a solution-oriented mindset. Developing strong analytical skills is essential for success in personal and professional endeavors.



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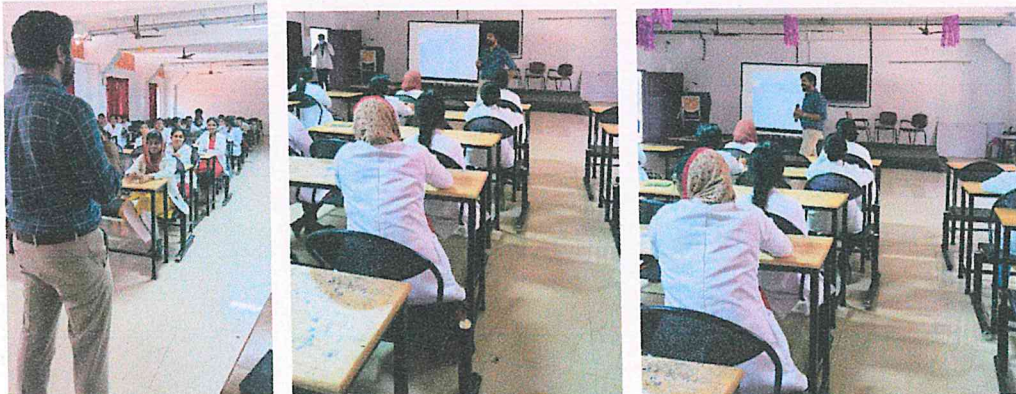
TOPIC: FOCUS ON SOLUTION, NOT THE PROBLEM

SPEAKER: DR. ABY KURUVILLA

DATE: 10/09/2018

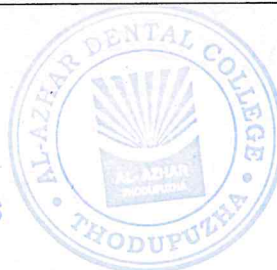



Resource person sharing his views with the audience

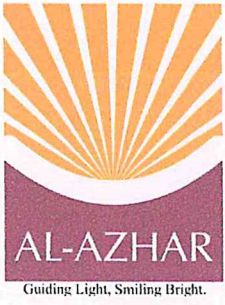


Interaction of the resource person with the students of Al Azhar dental college


Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha




Prof. Dr. V.A. AFZAL., M.D.S.
Principal
Al-Azhar Dental College
Perumpillichira P.O., Thodupuzha-685 605



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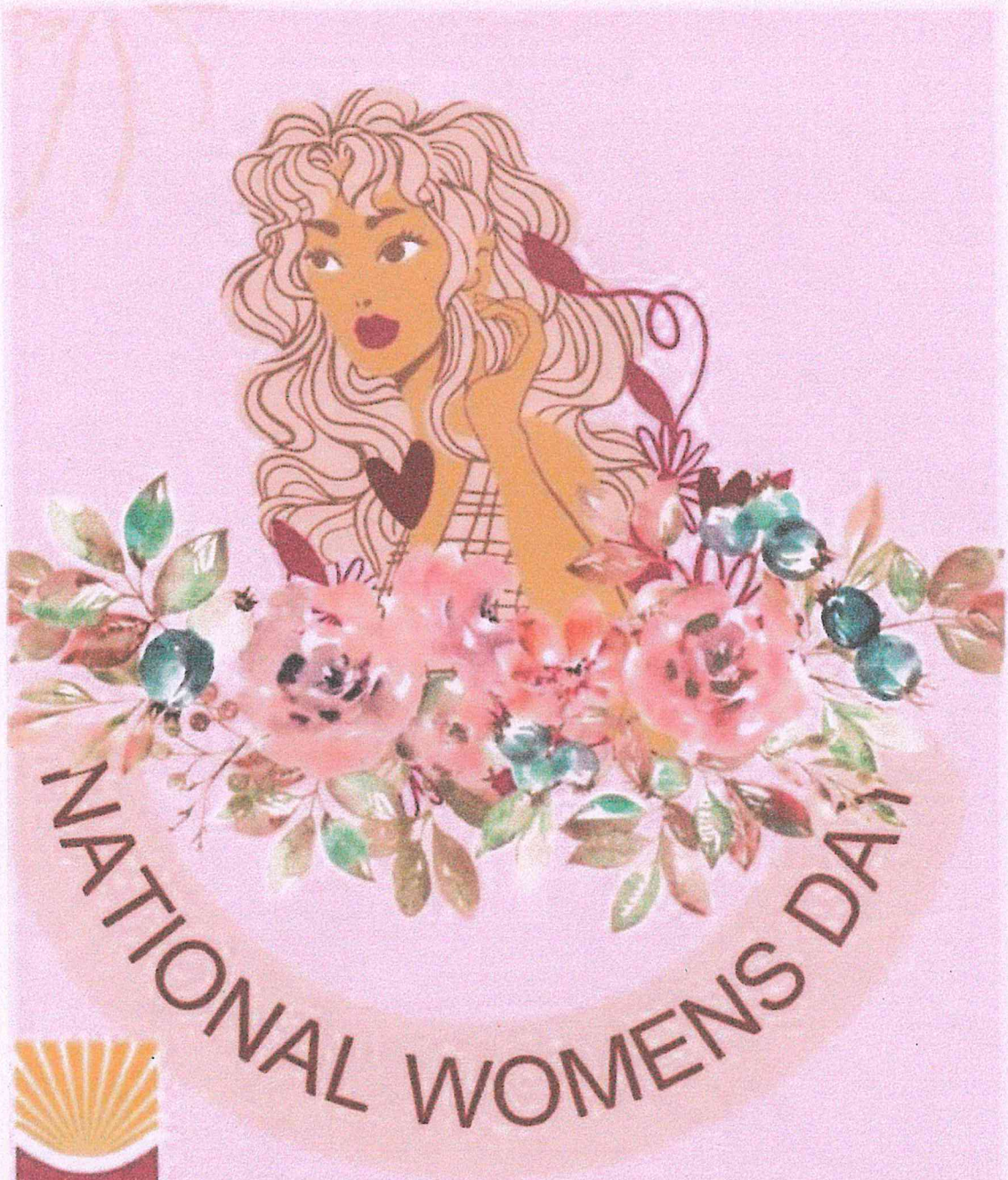
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HUMAN VALUE DEVELOPMENT



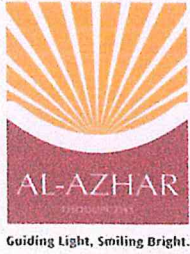
AL AZHAR DENTAL COLLEGE
THODUPUZHA

DATE:14/2/2019
VENUE:LECTURE HALL 1
TIME:10:30-2PM
TOPIC:SEMINAR ON WOMEN EMPOWERMENT
BY SHINY JOSEPH (DEPT.OF PERIODONTICS)



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REPORT

PROGRAMME: Seminar on Women Empowerment

ORGANISED BY: Dept of Periodontics

DATE: 14-02-2019

VENUE: Lecture hall - 1

TIME: 10.30 am-2 pm

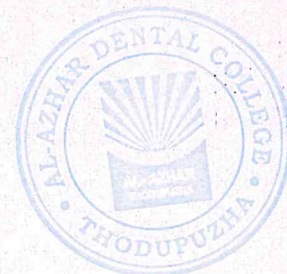
NO OF PARTICIPANTS: 72 (Students :48 ,Staffs : 24)

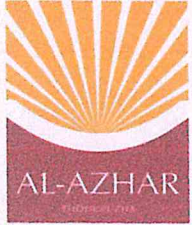
National Women's Day is celebrated globally on 14th February every year to highlight the social, economic, cultural, and political achievements of women and to promote gender equality. In 2019, Al-Azhar Dental College celebrated this day with great enthusiasm and excitement. The primary purpose of celebrating Women's Day at the college was to create awareness about the status and dignity of women among the students.

As part of the celebrations, a seminar on women empowerment was organized, which was presented by Prof. Dr. Shiny Joseph, MDS, from the Department of Periodontics, AADC. The seminar was attended by 48 students of AADC and aimed to inspire and motivate them to be agents of change in promoting gender equality.

The session started at 10.30 am with a prayer, followed by the principal's address. Then, Dr. Shiny Joseph delivered a powerful talk on women empowerment. She highlighted the importance of promoting women's self-worth, their ability to make their own choices, and their right to influence

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social change for themselves and others. Dr. Joseph also emphasized the need for gender-sensitive policies and laws to ensure equal opportunities for women.

The seminar received an excellent response from the audience, and the students actively interacted with Dr. Shiny. The session must have been a thought-provoking and empowering experience for the students, and it would have helped them to recognize and appreciate the role of women in society.

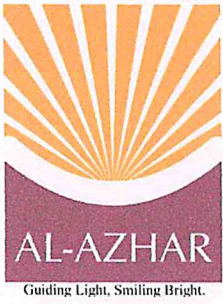


Dr Shiny Joseph interacting with the audience during the session

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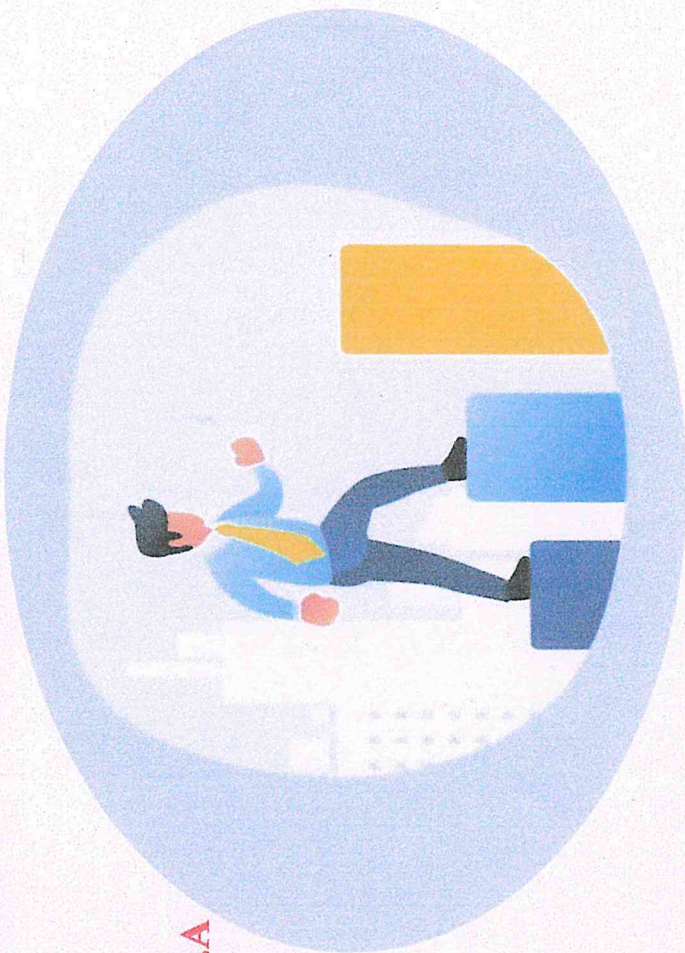
PERSONALITY AND PROFESSIONAL DEVELOPMENT



AL - AZHAR DENTAL COLLEGE THODUPUZHA

PERSONALITY DEVELOPMENT PROGRAMME

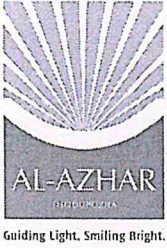
BY
DR. AMAL.E.A



DATE: 12/06/2018
VENUE: LECTURE HALL 1
TIME: 10:30 AM



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REPORT

PROGRAMME : Lecture on personality development
ORGANISED BY : CEC, Al Azhar Dental College, Thodupuzha
TOPIC : 'Personality Development Programme'
RESOURCE PERSON : Dr. Amal. E.A
DATE : 12-06-2018
TIME : 10.30 am to 1.00 pm
VENUE : Lecture hall - 1
NO. OF PARTICIPANTS : 100

Registration of participants for the Personality Development Programme started at 10:00am. The programme started with a prayer song at 10:30 am. The inaugural address was delivered by Dr. Afzal.V.A. (Principal). The session started at 10.30am by the speaker Dr. Amal.E.A on the topic 'Personality Development'. He stressed the importance of having a good personality which include traits like loyalty, honesty, courage, integrity and other important virtues that promote good behavior. All the participants actively interacted throughout the session. The lecture ended at 1 pm. Certificates were distributed to all the participants. A memento was given as a token of appreciation to the speaker. A total of 100 participants attended the programme. Vote of thanks was given by Dr. Moushmi. The participants found the talk both informative and useful.

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Topic : Personality Developemnt


Venue : Lecture Hall 1

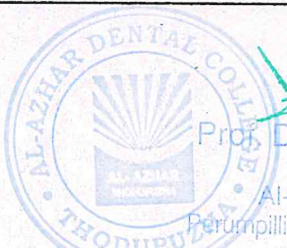
Date: 12/06/2018

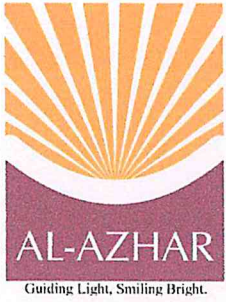
Resource Person : Dr. Amal EA



Dr. Amal EA Personally Interacting with the Students During the Session


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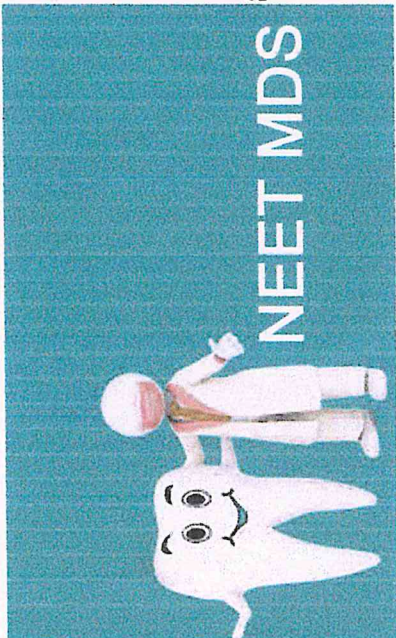
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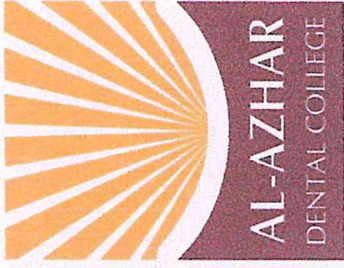
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EMPLOYABILITY SKILL DEVELOPMENT



AL- AZHAR DENTAL COLLEGE



A SEMINAR ON

TIPS FOR NEET MDS

DR.RENU ANN MATHIEW, MDS

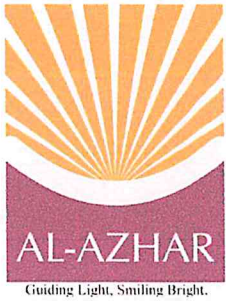
**15-10-2018(MONDAY)
LECTURE HALL 1 – AL-AZHAR DENTAL COLLEGE
TIME: 10.30a.m-2pm**

**DR. V A AFZAL
(PRINCIPAL)**

A handwritten signature in blue ink, appearing to read "Harvey Thomas".



**Prof. Dr. Harvey Thomas MD
Principal
Al-Azhar Dental College
Thodupuzha -685 605**



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REPORT

Program : Seminar on TIPS on NEET MDS

Date: October 15, 2018

Venue: Lecture Hall 1, Al Azhar Dental College

Participants: 155

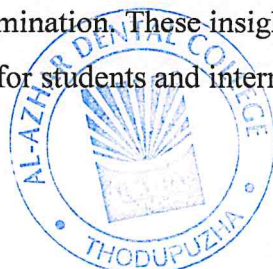
Session Timeline:

- The session commenced at 10:30 AM with a prayer.

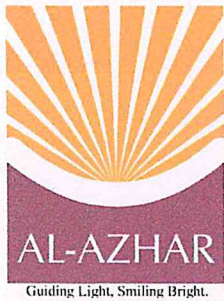
Seminar Content:

- Dr. Renu Ann Mathew, MDS, was the main speaker of the day
- The focus of the talk was on providing tips and tricks to successfully crack NEET MDS, which is known for its high level of competition.
- Dr. Mathew emphasized the following key points:
 1. **Setting Targets:** The importance of setting clear and achievable goals for NEET MDS preparation.
 2. **Study Patterns:** Discussing effective study patterns and strategies for better time management and retention of information.
 3. **Proper Study Materials:** Highlighting the significance of using quality study materials and resources for preparation.

The session was well deemed with active interaction with the audience. It was great that such seminars are organized to assist aspiring dental professionals in preparing for the challenging NEET MDS examination. These insights and strategies provided by Dr. Renu Ann Mathew was be valuable for students and interns looking to excel in their dental careers.



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Program: Tips for NEET MDS

Date: 15/10/2018

Venue: Lecture hall 1

Speaker: Dr. Renu Ann Mathew



Dr. Renu interacting with the participants



The Faculty with the participants

Prof. Dr. Harvey Thomas MDS
Principal
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