



Off : 04862 224366

Fax: 04862 229586

AL-AZHAR DENTAL COLLEGE

(APPROVED BY DENTAL COUNCIL OF INDIA & AFFILIATED TO KUHS)

RUN BY NOORUL ISLAM TRUST

PERUMPILLICHIRA P. O., THODUPUZHA, IDUKKI DIST., KERALA- 685 605

1.3.2 Number of value-added courses offered during the last five years that impart transferable and life skills.

INDEX SHEET

SI No:	DESCRIPTION	PAGE No:
1.	Certificate of Head of the Institution	02-03
2.	Consolidated list of value-added courses	04-05
3.	Brochure or any other document related to value-added course.	06-36
3a.	Value-Added Courses 2018-19	07-13
3b.	Value-Added Courses 2019-20	14-19
3c.	Value-Added Courses 2020-21	20-23
3d.	Value-Added Courses 2021-22	24-30
3e.	Value-Added Courses 2022-23	31-36



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Principal
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Thodupuzha -685 605

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CERTIFICATE OF THE HEAD OF THE INSTITUTION



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DR HARVEY THOMAS, MDS

PRINCIPAL

TO WHOMSOEVER IT MAY CONCERN

This is to certify that the following table includes number of value-added courses offered during the last five years that impart transferable and life skills.

Year	2022-23	2021-22	2020-21	2019-20	2018-19
Number of value-added courses offered	05	06	03	05	06



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CONSOLIDATED LIST OF VALUE ADDED COURSES



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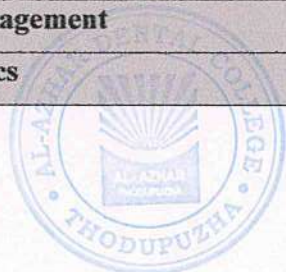
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LIST OF VALUE-ADDED COURSES IMPARTING TRANSFERABLE AND LIFE SKILLS OFFERED DURING THE LAST FIVE YEARS

S No	Name of the value-added courses (with 15 or more contact hours) offered during the last five years	Year of offering	Number of students who successfully completed the course in the specified year
1.	Stress Management	2018-2019	71
2.	Work Ethics	2018-2019	65
3.	Grandiloquence	2018-2019	55
4.	Biomedical Waste Management	2018-2019	64
5.	Women Suffrage	2018-2019	86
6.	Hospital Infection Control	2018-2019	61
7.	Work Ethics	2019-2020	78
8.	Tobacco Cessation Program	2019-2020	92
9.	Stress Management	2019-2020	80
10.	Biomedical Waste Management	2019-2020	71
11.	Women Suffrage	2019-2020	66
12.	Work Ethics	2020-2021	93
13.	Hospital Infection Control	2020-2021	54
14.	Women Suffrage	2020-2021	53
15.	Tobacco Cessation Program	2021-2022	69
16.	Biomedical Waste Management	2021-2022	62
17.	Work Ethics	2021-2022	86
18.	Health And Yoga	2021-2022	73
19.	Interpersonal Skills	2021-2022	41
20.	Hospital Infection Control	2021-2022	37
21.	Soft Skill Development	2022-2023	78
22.	Biomedical Waste Management	2022-2023	55
23.	Professional Etiquettes	2022-2023	82
24.	Stress Management	2022-2023	56
25.	Work Ethics	2022-2023	93



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**BROCHURE OR ANY OTHER DOCUMENT
RELATED TO VALUE-ADDED COURSE**



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VALUE-ADDED COURSE 2018-2019



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STRESS MANAGEMENT

CONTENTS

- Introduction to Stress and its effects in life
- Conflicts and Stress Management strategies
- Mental & Physical Stress - Strategies
- Time Management tips



Dr. VISHNU THOMAS
(SENIOR LECTURER,
PROSTHODONTICS,
AADC)

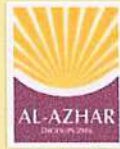
“TO GROW YOURSELF START FROM KNOWING YOURSELF”

**VENUE: LECTURE HALL 1
ALAZHAR DENTAL COLLEGE**

DATES
05.06.2018 TO 09.06.2018

TIME
2:30 PM TO 5:30 PM

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
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Perumpillichira P.O., Thodupuzha, Kerala - 685 605

GRANDILOQUENCE



CONTENTS

- Introduction to communication
- Nonverbal communication
- Active Listening
- Interpersonal communication
- Communication skills
- Writing skills
- Professional communication
- Body Language

SPEAKER



Dr. SOMASEKHARAN B PILLAI
Principal
Al-Azhar College of Arts and Science

02:30 - 05:30 PM

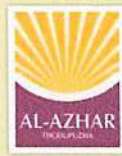
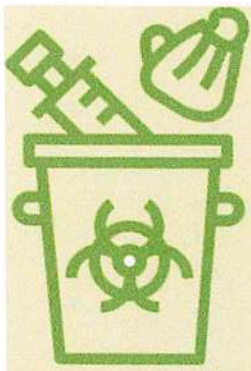


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Principal
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VENUE: LECTURE HALL 1
ALAZHAR DENTAL COLLEGE



DATES
09.10.2018
TO
13.10.2018



AL-AZHAR DENTAL COLLEGE
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BIO-MEDICAL WASTE MANAGEMENT

26-11-2018 to 30-11-2018



CONTENTS

- Types of Wastes
- Sources of Waste
- Biomedical Waste Storage & Handling – Intermediate and Final Storage Area
- Color Coding Systems
- Sharps management
- Liquid Waste Management from Clinical Dept and Laboratories
- Linen management
- Infection Control
- Biomedical Waste Treatment Technologies



TIME

02:30 PM – 05:30 PM

**VENUE: LECTURE HALL 1,
ALAZHAR DENTAL COLLEGE**

**DR LAKSHMI PRIYA
PROFESSOR, ORAL PATHOLOGY
& MICROBIOLOGY, AADC**



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605



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WOMEN SUFFRAGE.

'Women are the Largest Untapped Reservoir of Talent in the World'



SPEAKER



CONTENTS

- Women and society
- Strategies for women empowerment
- Women and development
- Gender equality and equity
- Organization and leadership
- Work and entrepreneurship

DATES

09.04.2019 to 13.04.2019

TIME

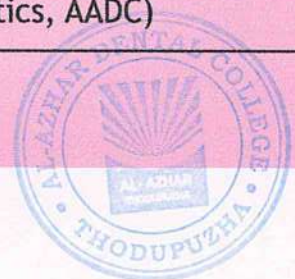
02.30 PM to 5.30 PM

Venue: Lecture Hall -1
Al-Azhar Dental College

DR. VINNI MARY OOMMEN

(Reader, Prosthodontics, AADC)

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605





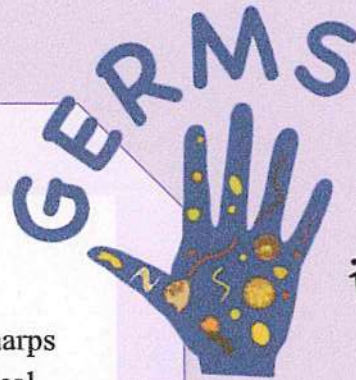
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HOSPITAL INFECTION CONTROL

CONTENTS

- Hand hygiene
- The use of personal protective equipment
- The safe use and disposal of sharps
- Reprocessing of reusable medical equipment and instruments
- Routine environmental cleaning
- Respiratory hygiene and cough etiquette
- Aseptic non-touch technique
- Effective waste management



*Their future is
in your hands*

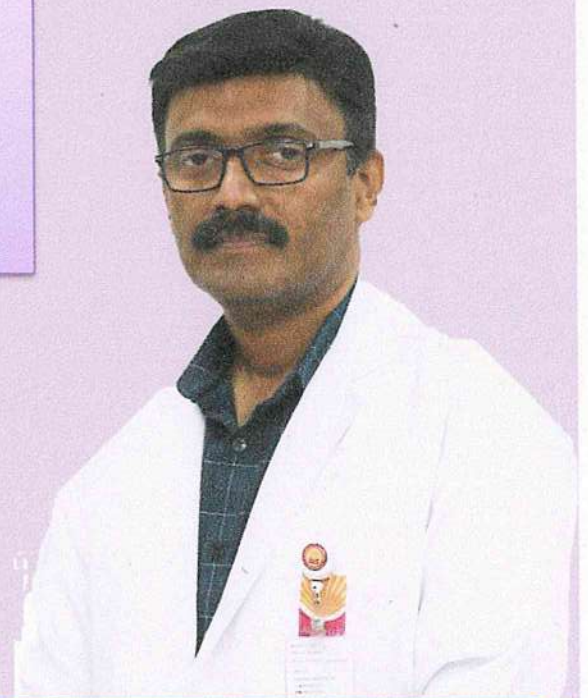
DATES

24-04-2019 to 29-04-2019

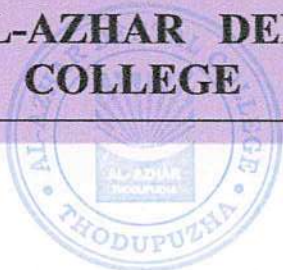
TIME

02:30 PM – 05:30 PM

**VENUE: LECTURE HALL 1
AL-AZHAR DENTAL
COLLEGE**



**Dr LITTO MANUAL
PROFESSOR,
PROSTHODONTICS, AADC**



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
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VALUE-ADDED COURSE 2019-2020



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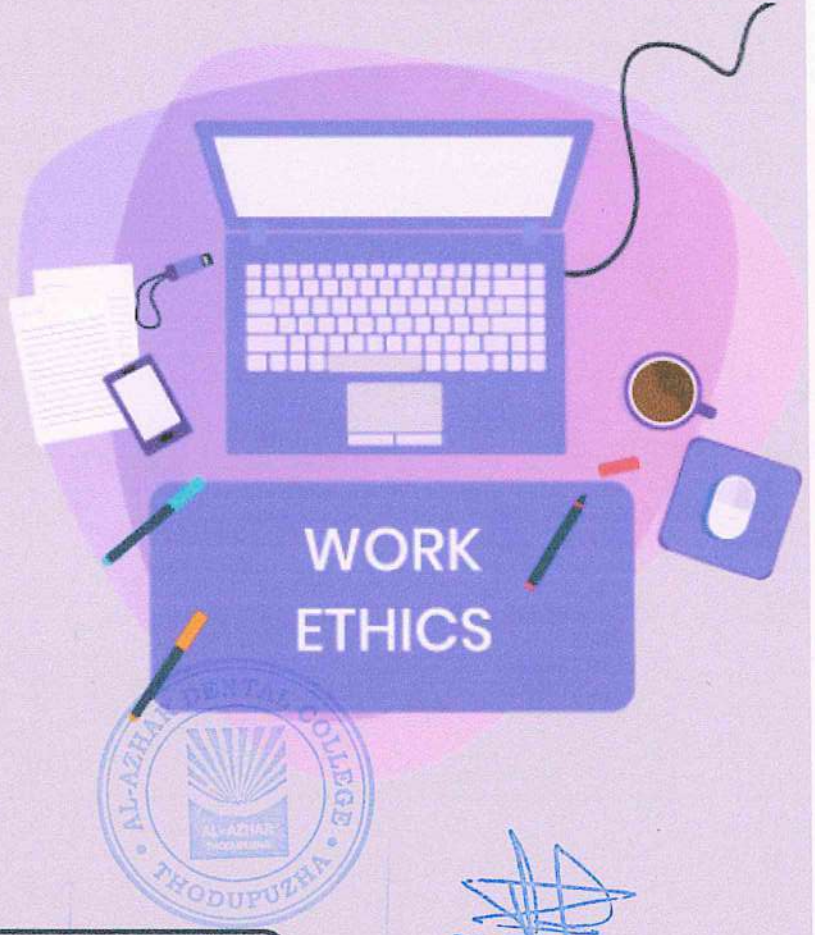
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19.07.2019 – 24.07.2019
02:30 – 05:30 PM



LECTURE HALL 1
AL-AZHAR
DENTAL COLLEGE



Prof. Dr. Harvey Thomas MDS
Principal

Al-Azhar Dental College
Thodupuzha - 685 605



Dr JAYESH J UNNITHAN
READER,
ORAL MEDICINE &
RADIOLOGY, AADC

CONTENTS

- Introduction to Ethics
- Ethics Meaning
- Personal Ethics and Morality
- Dental Ethics
- Principles of Dental Ethics
- Hippocratic Oath
- Codes of Ethics
- Unethical Practices



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TOBACCO CESSATION PROGRAM



20.08.2019 – 24.08.2019



02:30 – 05:30 PM



LECTURE HALL 1,
AL- AZHAR
DENTAL COLLEGE

CONTENTS

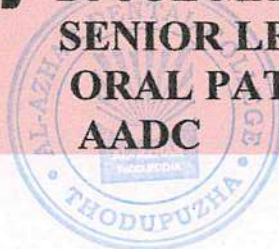
- Introduction to Tobacco Cessation
- Sources of Tobacco
- Approaches for Cessation
- Guidelines, Counselling, Behavioral Support
- Non-pharmacological & pharmacological intervention
- Nicotine Replacement therapy



Dr JOE MANUEL,
SENIOR LECTURER,
ORAL PATHOLOGY,
AADC

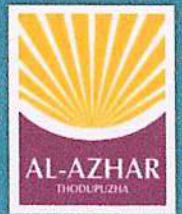


Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
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AL-AZHAR DENTAL COLLEGE

Perumpillichira P.O., Thodupuzha,
Kerala - 685 605



STRESS

MANAGEMENT

CONTENTS

- Introduction to Stress and its effects in life
- Conflicts and Stress Management strategies
- Mental & Physical Stress - Strategies
- Time Management tips

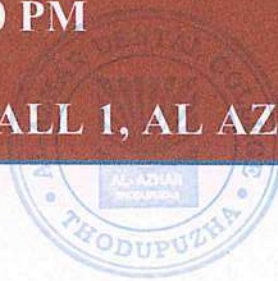


Dr. ABY KURUVILLA
(READER, CONSERVATIVE DENTISTRY & ENDODONTICS, AADC)

DATES – 15.10.2019 TO 19.10.2019

TIME – 02:30 TO 05:30 PM

VENUE: LECTURE HALL 1, AL AZHAR DENTAL COLLEGE



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Principal
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BIO-MEDICAL WASTE MANAGEMENT

CONTENTS

- Types of Wastes
- Sources of Waste
- Biomedical Waste Storage & Handling – Intermediate and Final Storage Area
- Color Coding Systems
- Sharps management
- Liquid Waste Management from Clinical Dept and Laboratories
- Linen management
- Infection Control
- Biomedical Waste Treatment Technologies

DR BINILA S BABU
SENIOR LECTURER
CONSERVATIVE DENTISTRY
& ENDODONTICS
AADC



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

DATE: 15.02.2020 TO 20.02.2020

TIME: 02:30 – 05:30 PM

**VENUE: LECTURE HALL 1,
ALAZHAR DENTAL COLLEGE**



DATE:
10.03.2020 TO
14.03.2020

TIME:
02:30 – 05:30 PM

WOMAN SUFFRAGE



DR SHINY JOSEPH
PROFESSOR
PERIODONTICS
AADC

CONTENTS

- Women and society
- Strategies for women empowerment
- Women and development
- Gender equality and equity
- Organization and leadership
- Work and entrepreneurship

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605

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685605

VENUE: LECTURE HALL 1,
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VALUE-ADDED COURSE 2020-2021



AL-AZHAR DENTAL COLLEGE

2
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2
1

WORK ETHICS



- Introduction to Ethics
- Ethics Meaning
 - Personal Ethics and Morality
 - Dental Ethics
 - Principles of Dental Ethics
 - Hippocratic Oath
 - Codes of Ethics
 - Unethical Practices

19-01-2021 TO 23-01-2021

02:30 - 05:30 PM

VENUE: LECTURE HALL 1,
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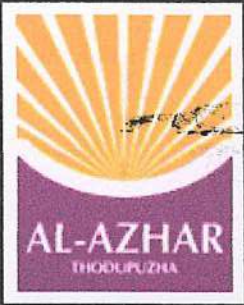


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DR RENU ANN MATHEW
READER

PEDIATRIC & PREVENTIVE DENTISTRY
AADC





CONTENTS

Hand hygiene

- The use of personal protective equipment
- The safe use and disposal of sharps
- Reprocessing of reusable medical equipment and instruments
- Routine environmental cleaning
- Respiratory hygiene and cough etiquette
- Aseptic non-touch technique
- Effective waste management

HOSPITAL INFECTION CONTROL



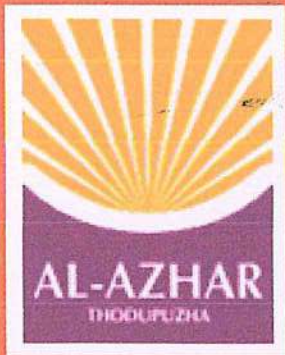
Prof. Dr. Harvey Thomas
Principal
Al-Azhar Dental College
Theodupuzha - 685001

DATE:
02.02.2021 TO 06.02.2021

TIME:
02:30 – 05:30 PM

**DR REMA J
PROFESSOR
ORAL MEDICINE & RADIOLOGY
AADC**

VENUE: LECTURE HALL 1, ALAZHAR DENTAL COLLEGE



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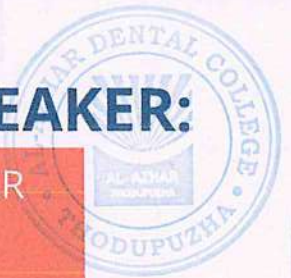
WOMEN SUFFRAGE



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

SPEAKER:

DR ANJANA MOHAN KUMAR
SENIOR LECTURER
ORAL MEDICINE &
RADIOLOGY
AADC



CONTENTS

- Women and society
- Strategies for women empowerment
- Women and development
- Gender equality and equity
- Organization and leadership
- Work and entrepreneurship



02:30 - 05:30 PM



10-03-2021 TO 14-03-2021



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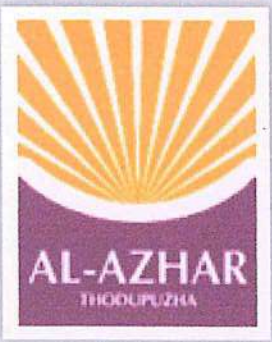
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VALUE-ADDED COURSE 2021-2022



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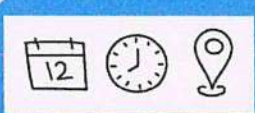


TOBACCO CESSATION PROGRAM

CONTENTS

INTRODUCTION TO TOBACCO CESSATION

- SOURCES OF TOBACCO
- APPROACHES FOR CESSATION
- GUIDELINES, COUNSELLING,
BEHAVIORAL
SUPPORT
- NON-PHARMACOLOGICAL &
PHARMACOLOGICAL INTERVENTION
- NICOTINE REPLACEMENT THERAPY



13.07.2021 TO 17.07.2021

02:30 – 05:30 PM

LECTURE HALL 1, ALAZHAR DENTAL COLLEGE

DR SURYA SUPRABHAN
SENIOR LECTURER
PERIODONTOLOGY
AADC

BIO-MEDICAL WASTE MANAGEMENT



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha-685 605

DR JOSE SUNNY
SENIOR LECTURER
ORTHODONTICS
AADC

CONTENTS

- Types of Wastes
- Sources of Waste
- Biomedical Waste Storage & Handling – Intermediate and Final Storage Area
- Color Coding Systems
- Sharps management
- Liquid Waste Management from Clinical Dept and Laboratories
- Linen management
- Infection Control
- Biomedical Waste Treatment Technologies

09 - 13
AUGUST 2021

**from 02:30 pm -
05:30 pm**



**AL-AZHAR DENTAL
COLLEGE**

**VENUE: LECTURE HALL 1,
ALAZHAR DENTAL COLLEGE**



AL-AZHAR DENTAL
COLLEGE

WORK ETHICS

CONTENTS

- Introduction to Ethics
 - Ethics Meaning
 - Personal Ethics and Morality
 - Dental Ethics
- Principles of Dental Ethics
 - Hippocratic Oath
 - Codes of Ethics
- Unethical Practices



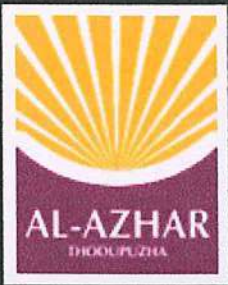
Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

DR SHARON VINCENT
SENIOR LECTURER
PEDIATRIC & PREVENTIVE
DENTISTRY
AADC

20 - 25 OCTOBER, 2021

Start 02:30 - 05:30 PM

**VENUE: LECTURE HALL 1,
ALAZHAR DENTAL COLLEGE**



AL-AZHAR DENTAL COLLEGE

HEALTH & YOGA

CONTENTS

- Introduction
- Health & Physical fitness
- Philosophical bases of health education & yoga
 - Role of institutions – policies
- Yoga – types, features, nature & implications
 - Meditation & stress management
 - Holistic health education
 - Health related fitness evaluation

DR VISHNU THOMAS
SENIOR LECTURER
PROSTHODONTICS
AADC

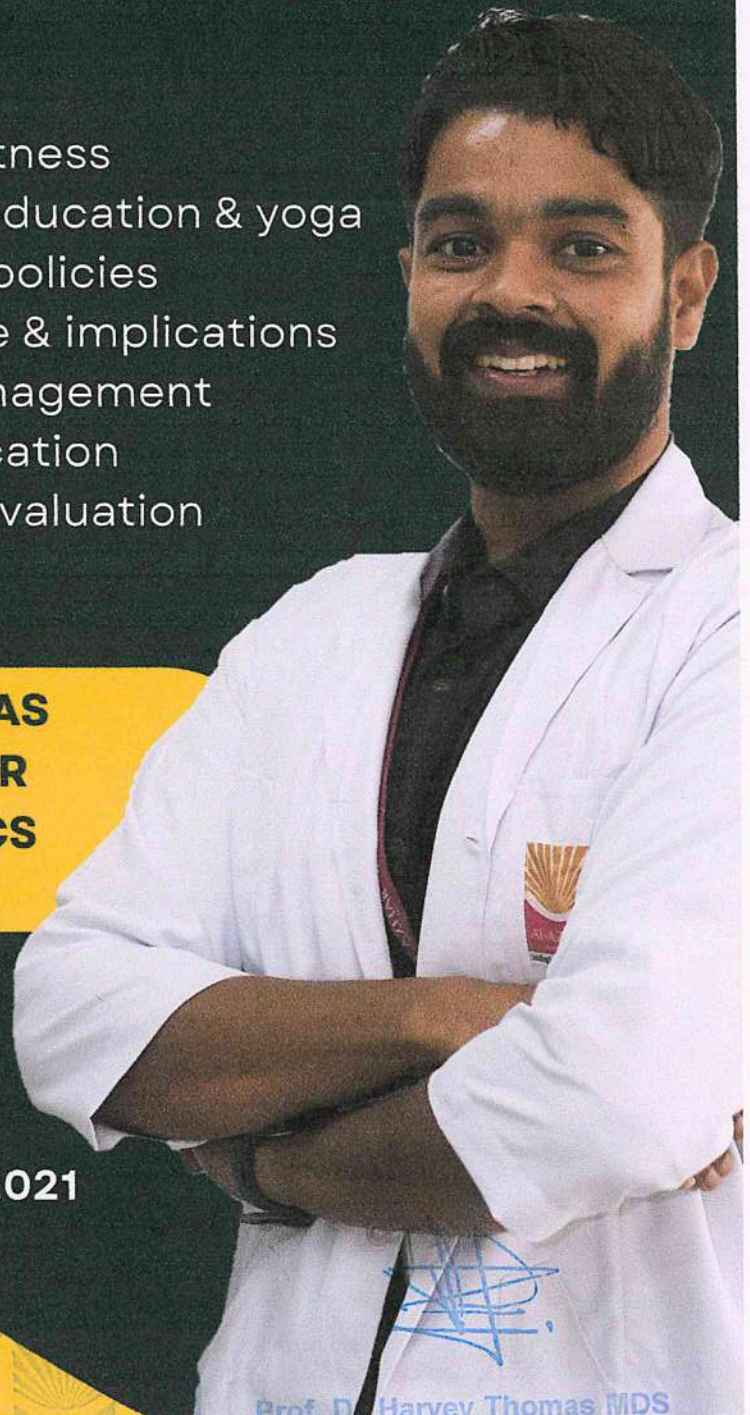


02:30-05:30 PM



23-11-2021 TO 27-11-2021

VENUE: LECTURE HALL 1,
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Prof. Dr. Harvey Thomas MDS
Principal
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DR SREELAKSHMI G
JUNIOR LECTURER
PEDIATRIC & PREVENTIVE
DENTISTRY
AADC

INTERPERSONAL SKILLS

CONTENTS

- Introduction
- Definition of interpersonal relationship
- Behaviour, Attitude, Ego
 - Rapport
- Transactional activity
 - Language
 - Evaluation

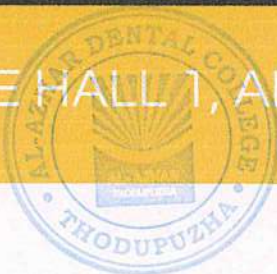


10-01-2022 to 14-01-2022



02.30 pm – 05:30 pm

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Principal
Al-Azhar Dental College
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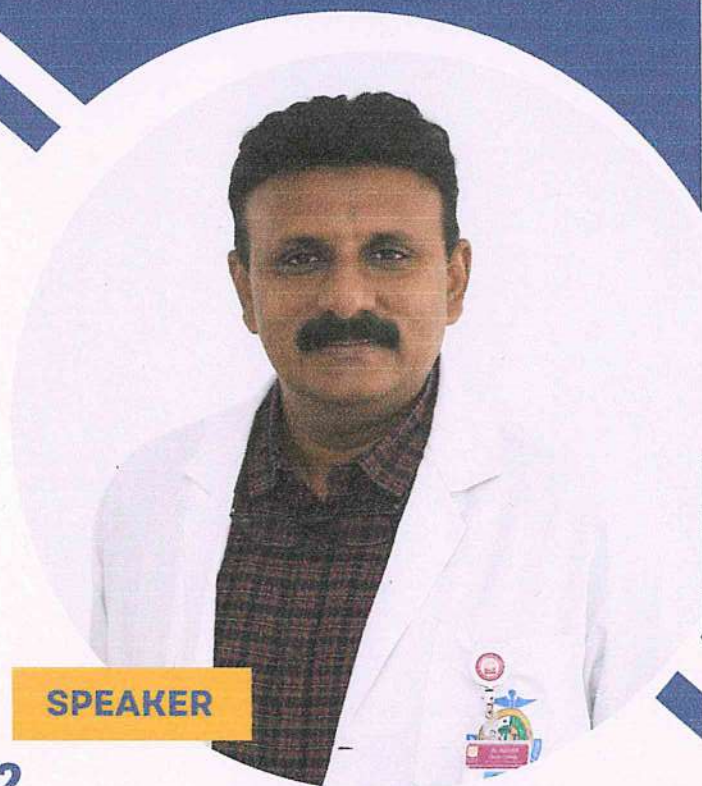
HOSPITAL INFECTION CONTROL

CONTENTS


Hand hygiene


- The use of personal protective equipment
- The safe use and disposal of sharps
- Reprocessing of reusable medical equipment and instruments
- Routine environmental cleaning
- Respiratory hygiene and cough etiquette
- Aseptic non-touch technique
- Effective waste management

SPEAKER



DR SAJIL JOHN
PROFESSOR
PERIODONTICS
AADC

 **18-04-2022 to 22-04-2022**

 **02:30 - 05:30 PM**

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Principal
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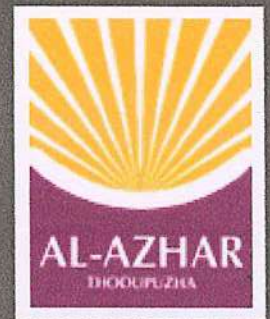
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VALUE-ADDED COURSE 2022-2023

AL-AZHAR DENTAL COLLEGE



SOFT SKILL DEVELOPMENT

CONTENTS

- Introduction
- Importance of interpersonal relationship b/w dentist & patient
 - Importance of empathy
 - Positive attitude
- Friendliness and social skills
 - Problem solving skills
 - Time management skills
- Good communication skills
 - Flexibility & adaptability
 - Strong work ethics
- Emphasis of inclusivity



DR MOUSHMI C B
READER
CONSERVATIVE DENTISTRY &
ENDODONTICS
AADC

DATE:
18-07-2022 to 22-07-2022

TIME:
02:30 – 05:30 PM

VENUE: LECTURE HALL 1,
ALAZHAR DENTAL COLLEGE

Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605



Bio-Medical Waste Management

CONTENTS

- Types of Wastes
- Sources of Waste
- Biomedical Waste Storage & Handling – Intermediate and Final Storage Area
- Color Coding Systems
- Sharps management
- Liquid Waste Management from Clinical Dept and Laboratories
- Linen management
- Infection Control
- Biomedical Waste Treatment Technologies



DR HISHAM M IBRAHIM
PROFESSOR
ORAL & MAXILLOFACIAL
SURGERY
AADC



15-08-2022 to 19-08-2022



02:30 - 05:30 PM

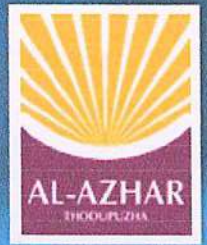


VENUE: LECTURE HALL 1,
ALAZHAR DENTAL COLLEGE



Prof. Dr. Harvey Thomas MDS
Principal
Al-Azhar Dental College
Thodupuzha - 685 605

AL-AZHAR DENTAL COLLEGE



PROFESSIONAL ETIQUETTES

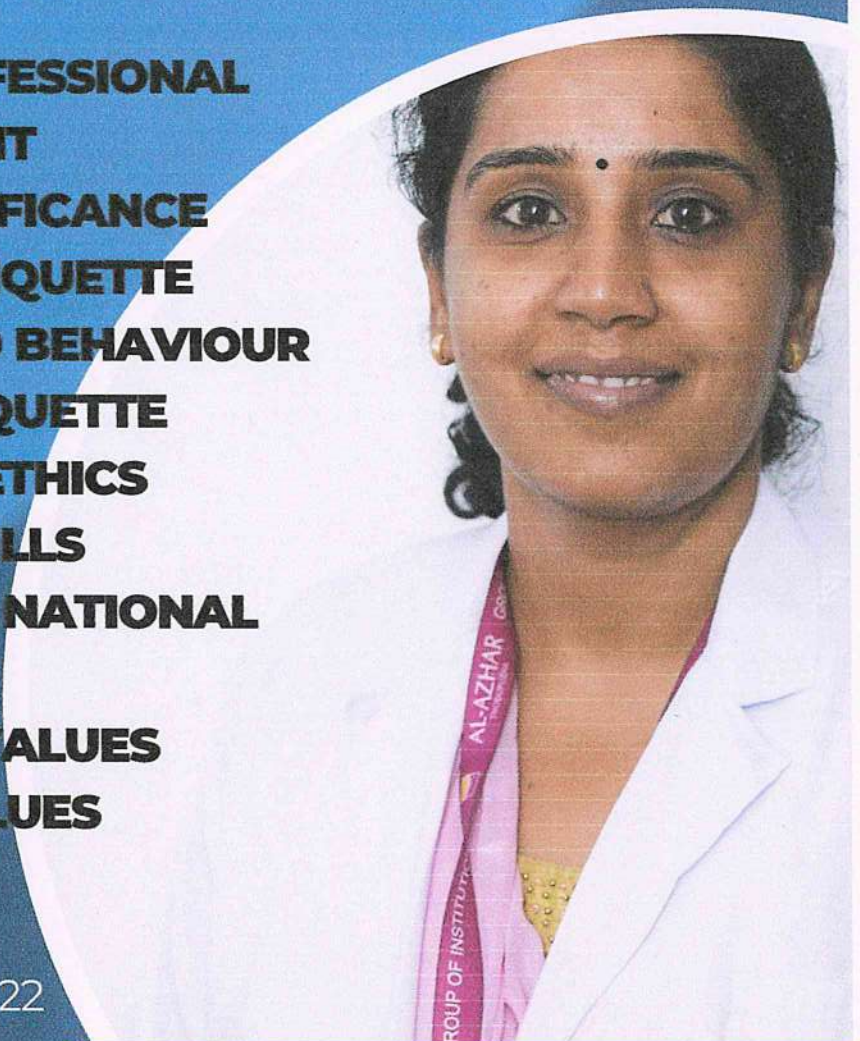
CONTENTS

- OBJECTIVES OF PROFESSIONAL DEVELOPMENT
- ETIQUETTES – SIGNIFICANCE
- PROFESSIONAL ETIQUETTE
- SOCIAL ETIQUETTE AND BEHAVIOUR
 - WORKPLACE ETIQUETTE
 - PROFESSIONAL ETHICS
 - EFFECTIVE SKILLS
- CONSTITUTIONAL OR NATIONAL VALUES
 - PROFESSIONAL VALUES
 - RELIGIOUS VALUES

DATE: 12-09-2022 TO 16-09-2022

TIME: 02:30 – 05:30 PM

VENUE: LECTURE HALL 1,
ALAZHAR DENTAL COLLEGE



DR RENU ANN MATHEW

READER

PEDIATRIC & PREVENTIVE DENTISTRY

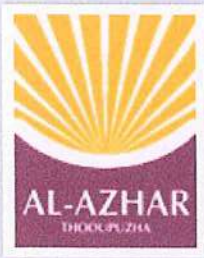
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Principal

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Thodupuzha - 685 605



**AL-AZHAR DENTAL
COLLEGE**

STRESS MANAGEMENT

CONTENTS

**Introduction to Stress and its
effects in life**

- **Conflicts and Stress
Management strategies**
- **Mental & Physical Stress -
Strategies**
- **Time Management
tips**

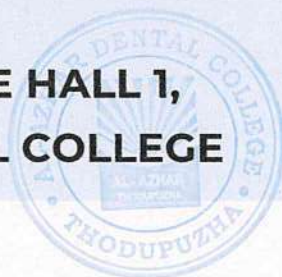


DR BHARATH SEKHAR NAYANAR
SENIOR LECTURER
PUBLIC HEALTH DENTISTRY
AADC

DATE: 24-10-2022 to 28-10-2022

TIME: 02:30 – 05:30 PM

**VENUE: LECTURE HALL 1,
ALAZHAR DENTAL COLLEGE**



Principal
Al-Azhar Dental College
Thodupuzha - 685 605



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DR LAKSHMI PRIYA
PROFESSOR
ORAL PATHOLOGY
AADC

WORK ETHICS



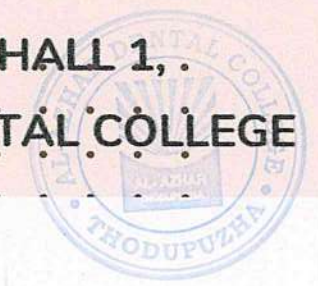
08-05-2023 to 12-05-2023

02:30 – 05:30 PM



LECTURE HALL 1,
ALAZHAR DENTAL COLLEGE

- Introduction to Ethics
- Ethics Meaning
- Personal Ethics and Morality
- Dental Ethics
- Principles of Dental Ethics
- Hippocratic Oath
- Codes of Ethics
- Unethical Practices



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Principal
Al-Azhar Dental College
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